wheat or corn, thin as fine paper, is toasted to a crisp and delicate brown, with the result that "Egg-O-See" and "E. C. Corn Flakes" are much more easily digested than toast. The Egg-O-See Cereal Co., Chicago, will send free on application full size packages of these foods to physicians.

THE STORMING OF BADAJOS.—There is always something suggestively educational connected with the brilliant spectacle given annually at the Canadian National Exhibition, Toronto. Last year we were reminded of Sir Walter Scott's most picturesque work, "Ivanhoe." This year we are to be introduced to perhaps the most striking incident of the Peninsular War—"The Storming of Badajos," in connection with which visitors are to be treated to an exceptionally fine military, musical and pyrotechnical display.

Transmissibility and Curability of Cancer.—Dr. William Seaman Bainbridge, of New York City, after reviewing the evidence concerning the theories of heredity, congenital transmission, and contagiousness or infectiousness as causal factors in the production of cancer, concludes that the hereditary and congenital acquirement of cancer are subjects which require much more study before any definite conclusions can be formulated concerning them; that the contagiousness or infectiousness of cancer is far from proved; that the evidence to support this theory is so incomplete and inconclusive that the public need not concern itself with it; that the danger of the accidental acquirement of cancer is far less than from typhoid fever, syphilis or tuberculosis; that in the care of cancer cases there is much more danger to the attendant of septic infection, of blood poisoning from pus organisms, than from any possible acquirement of cancer; that the communication of cancer from man to man is so rare, if it really occurs at all, that it can practically be disregarded; that in cancer, as in all other disease, attention to diet, exercise, and proper hygienic surroundings, is of the utmost importance; that cancer is local in its beginning; that, when accessible, it may, in its incipiency, be removed by radical operation so perfectly that the chances are overwhelmingly in favor of its non-recurrence; that once it has advanced beyond the stage of cure, in many cases, suffering may be palliated and life prolonged by surgical means;