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#### FIVE-MINUTE SERMONS.

Sixteenth Sunday after Pentecost.

THE ROOT OF ALL SIN. "He that exalteth himself shall be humbled and he that humbleth himself shall be ex-alted." (St. Luke, xiv. 11.)

There is a place in the Atlantic Ocean which sailors call the " Devil's Hole." Contrary currents hurl their torrents upon each other there, caus ing such commotion in the waters that navigation is always difficult. If you ever passed over it when the weather was good, you wondered why the sea was so rough and the ship rocked so much. If you asked one of the seamen for an explanation of this strange phenomenon, he answered you : "This is the Devil's Hole ; the currents meet

In the voyage of life, my dear breth-ren, there is a "Devil's Hole" in our It is the abyss of pride. the whirlpool, it is very much hidden; the appearances are all fair, and this makes the danger all the greater. You are, when swayed by pride, unconscious of the condition of your soul. You feel disturbed and blinded as to its cause. Envy and hatred rise up in your heart, but you do not see their hidecusness, because, forsooth, your self-conceit or self-will has been offended by those who are wiser and better than you, and this galls you. You can't have your own way, and you are sad. You want to rule, and be cause you cannot you fancy yourself wronged. The whole difficulty is simply this: You have too good an opinion of yourself. Now, when you come to look seriously into your own heart, are you not forced to acknowledge this? Is not this the root of the tion is done with. With the ticket in whole evil? When you begin to my pocket and money scarce in my to conquer self-esteem, you become tranquil and find peace. Your passion subsides.

St. Bernard says that in order to cure pride we should reflect upon three questions: "First, What was I before I was created? Absolute nothingness. And in what state did I come into the world? It was as a poor, helpless infant that would have and peace of conscience for twenty perished but for the care of others. 'I was conceived in iniquity, and have I not committed countless actual sins?' What consideration can teach humility better than this? Ah, yes! if we would escape from the "Devil's Hole," the abyss of pride, we must constantly be mindful of our own nothingness.

Secondly, St. Bernard asks again : What am I now? I am one subject to a thousand ills. My soul inhabits a tenement of clay which my be dissolved in a moment. I am surrounded by temptations on every side. I am in danger of losing God's grace at any time. What reason have I for trusting in myself? What cause for self-exaltation? There is, instead, reason for constant fear and trembling. I am such a weak vessel that only Divine Omnipotence can prevent me

from sailing to my destruction."
Thirdly, "What shall I be?" continues St. Bernard. "I shall be, perhaps, before I am aware of it, in eter nity. The earth will soon claim my body, which was formed from its slime. And my soul, whither will it go? Before the divine Judge, who will de mand an account of every idle word.' These three considerations, What was What am I? Where shall I be?

with it. Greatness, men had come to believe, was in the palace of the Cæsars, but the stable of Bethlehem proves the contrary. The form of a servant was what the God-Man took not that of the ruler. Instead of honor He had ignominy, and with the most humiliating of all the punishments which the world could inflict — crucifixion — He suffered death to remove that curse of pride. The saints have made it the chief

object of their lives to imitate and share in the humiliations of Jesus Christ. His blessed Mother stood at the foot of the cross and suffered crucifixion of soul. St. John, who under stood better than the other apostles the divinity of Jesus, witnessed with sorsow, faith and love His humiliating death. There is a tradition that St Peter once started to leave Rome, but not far from the city's gate he met our Lord going towards the city. The apostle asked the Lord where He was I am going to Rome to be crucified again, "said Jesus. St. Peter cried out, "No, you shall not," and went back to die himself for his Master. To day in Rome one sees a sanctuary which has been erected to mark the place of this apparition, and you have only to look from this spot to the dome of St. Peter's church to under stand the fruit of the humility of the prince of the apostles. The lives of all the faithful in the Church point to this virtue as a straight way to heaven.

One advantage of taking Ayer's Sarsaparilla to purify the blood is that you need not infringe upon your hours of labor nor deny yourself any food that agrees with you. In a word, you are not compelled to starve or loaf, while taking it. These are recom

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Great battles are continually going on in the human system. Hood's Sarsaparilla drives out disease and restores health.

#### OUR BOYS AND GIRLS.

I'll be There.

When my feet have grown too weary
Further on to press their way,
And my spirit waits the bidding
To be severed from its clay.
I shall need some hand to guide me
O'er the dark and silent tide!
Will you meet me there, my little one,
When I reach the river side?

Will you leave your home of glory
In the mansion bright above,
And on angel's wings come near me,
By the mother whom you love.
Thro' the dark and silent valley
Shall I find you by my side?
Will you come to meet me, darling?
Will you be my angel guide?

Yes, I know you'll come to meet me
When I pass from life away:
You will come, my child, to greet me
In eternity's bright day!
On earth I had no other,
To share my grief or joy:
So, you won't forget your mother.

So, you won't forget your mother My own darling angel boy! -JOHN T. MCSHANE.

Edwin Norton's Integrity.

"Edwin, here is a ticket good for seventy-five miles," said Mr. Baird, as he set his valise down in the depot at Chillicothe one stormy day last winter. "I paid \$2.25 honest money for it, and that careless conductor never turned his head in my direction as he hurried through the train. You travel over this line every time you go to spend the holidays; make use of this on your next trip. It as good as when I first bought it."

Edwin Norton held the bit of cardboard between his thumb and fingers while Mr. Baird spoke; and then deliberately tearing it in two, walked to the fire and held the pieces over the flames until they were consumed.
"There!" he said, "that temptation is done with. With the ticket in

understand and realize this, and try purse I might have ventured to use "As I told you, it is bought with honest money, and it was no fault of mine that it was left in my possession.

The company would not have been any wiser if you had used it." "Nor much the poorer, either; but you see I would be the loser, Mr. Baird. I would not lose my own self-respect times the amount," Edwin replied,

earnestly. "It is an unfortunate thing to have a tender conscience in connection with so much pride and poverty," Mr. Baird muttered, as he watched the boy shoulder his load and start up the street.

Yet a few weeks later when one of his clerks proved dishonest, Edwin Norton was surprised to receive the offer of the situation.

"A boy who scorns to cheat a rail-road company will make an employee that can be trusted," the merchant said to himself; but to his neighbors he explained that he wished to assist a poor boy who was nobly striving to support an old mother and an invalid

#### Making Postage Stamps.

Do you ever wonder how these con venient little public servants are made? Some one has taken the pains to find out, and tell us about the interesting process. After reading about them we shall feel like treating them with great

respect In printing, steel-plates are used, on which two hundred stamps are engraved. Two men are kept at work covering them with colored inks, and

which the two hundred stamps are engraved is dry enough, they are sent into another room, and gummed. The gum used for this purpose is a peculiar composition made of the powder of potatoes and other vegetables, mixed with water which is better than any other material - gum - arabic, for instance, which cracks the paper

ure, somewhat similar to that of bank-notes. After having again been dried -this time on little racks that are fanned by steam power for about an hour-they are put between sheets of paste board and pressed in hydraulic presses capable of applying a weight of two thousand tons.

The next thing is to cut the sheet into halves—each sheet, of course when cut, contains one hundred stamps. They are then passed to two other squads, who, in as many operations, perforate the sheets between the stamps. Next, they are pressed once more, and then packed and labelled and stored away in another room, pre paratory to being put into mail-bags for despatching to fill orders.

If a single stamp is torn, or in any way mutilated, the whole sheet of one hundred is burned. Five hundred thousand are burned every week from this cause. For the past twenty years not a single sheet has been lost, such care has been taken in counting them. During the process of manufacturing, the sheets are counted eleven times. The Angelus.

#### Saved by a Picture.

One hot day in July, 1860, a herdsman was driving a lot of cattle to a new ranch near Helena, Texas. It was hot, and he drove part of the way at night. In passing another herd. the cattle became mixed. The next day about noon a dozen or so Texas rangers overtook the herdsman and demanded their cattle, which they said were stolen. They were a rough lot of men with long hair, slouch hats and covered all over with belts, pistols and bowie knives. The herdsman was alarmed. It was before the day of law

and court houses in that region, and he knew that he had better shoot five men than kill a mule worth 85. He felt the responsibility, and offered to explain, but they told him to cut his story short. He offered to turn over the cattle not his own; but they laughed at that, and said they gener-ally took the whole herd and hung the thief; to serve as a warning to others in like cases.

They consulted apart a few moments

and said: "We've made up our minds to give you ten minutes to explain yourself; so you can begin. The poor fellow was completely over-come. He looked at the men, turned pale, and commenced. "How many of you men'have wives?" Four or five nodded. "How many have children?" They nodded again. "Then you will know what I mean, and I'll talk to you. I never stole any cattle. I came here three years ago. I am from New Hamsphire; I failed there in the panic paid part of my debts; here are the receipts (and he unfolded a lot of them).

My friends live East, for Loc first My friends live East, for I go from place to place; and have no home here. like months to me, and months like

looking customer, but this is a hard country; these clothes are rough, but I am honest. Days seem like months to me, and months like Chrysostom's chapel, at Seventh avenue years. I expect to sell out and go home Here are the receipts, my wife's letters. Now, men), send these home—and can't you send half what the cattle come to? My family will need it much more

when I am gone.' "Hold up, now! stop right there," aid a rough ranger. "Not another said a rough ranger. "Not another word. I say, fellers, such men don't steal! You can go free. Give us your hand, old boy! That picture and them letters did the bisness. But you're lucky, mind you."

"I'll do better un that," said a rough ranger with a bowie knife in his hand. "I say, boys, let's buy his cattle and let him go home now."

They did; and when the money was counted the herdsman was too weak to stand. The sudden change unnerved him completely. An hour later he left on horseback for a near stage route; and when he left, the rangers shook hands with him, cheered, and looked

#### FROUDE ON THE MIDDLE AGES.

James Anthony Froude was not lover of the Roman Catholic Church. Every chance he got he made a point against Catholicism. Yet even Froude could not withhold his praise from the Church of the Middle Ages. In his 'Short Studies on Great Subjects," he writes:

"Never, in all their history,

ancient times or modern, never, that we know of, have mankind grown out of themselves anything so grand, so useful, so beautiful as the Catholic Church. In these times of ours, well-regulated selfishness is the recognized rule of action: every one of us is exbe abhorred. The Bishops and the Almighty; and they seem to me to have really deserved that high estimate in their character. Wisdom, justice, self-denial, nobleness, purity, high-mindedness-these are the quali ties before which the freeborn of Europe have been contented to bow and in no order of men were such qualities found as they were found six hundred years ago in the clergy of the Catholic Church. They allowed to rule because they deserved to rule, and in the fulness of reverence kings and nobles bent to their power, which was nearer to their Over prince and subject, chiefown. tian and serf, a body of unarmed, defenseless men reigned supreme by the magic of sanctity. They tamed the fiery Northern warriors who had broken in pieces in the Roman empire. They taught them—they brought them really and truly to believe—that they had immortal souls, and that they would one day stand at the awful judgment bar, and give account of their lives there.

#### Asked to Care for Lepers.

The Board of Control of the Leper Home, of Louisiana, has finally appealed to the Sisters of Charity to take charge of the lepers. There is a considerable number of these unfortunates in Louisiana, and the last Legislature determined to get rid of the disease, and made an appropriation for a leper home on a farm, which has been estab-

Other nurses cannot be procured be cause of the great danger of infection. so an appeal has finally been made to the Sisters of Charity.

Archbishop Janssen approves the

idea and will submit it to the head of the Order in Emmittsburg, Md.
No Sister will be required to become

a leper nurse and confine herself to the Leper Home, but volunteers will be needed to do so, and there are Sisters ready to volunteer whenever per-



THE RESERVE THE PROPERTY OF TH

EPISCOPAL MONKS.

The Protestant Community of St. Benedict and its Work.

Since last May the monks of the Protestant Episcopal Order of the Com-munity of St. Benedict have conducted tion of a permanent home. There the I have lived on hard fare. I have members of the community, which slept outon the ground. I am a hard-began its life in New York city last and West Thirty-ninth street, have in November for Thanksgiving. You know, married men, if it was not for those letters from home (here he pulled out his wife's letters) I should give factory arrangements for a permanent out his wheels letters I should give up; but I must get out of debt and live some way, men. I can't say no more, but if you must kill me for what I'm innocent of, send these home. Obtained land. On this land the community will erect a temporary build-Here's my little girl's picture—God ing of wood, at small expense, hoping bless her! (and he kissed it tenderly). later to build a suitable structure of

This location in the Pennsylvania mountains is especially adapted to the revival of monastic life in the Episcopal Church, as it offers almost complete seclusion and yet can be reached

When the Community of the Brothers of the Church took possession of its priory on West Thirty-fifth street, near Ninth avenue, New York, Brother Hugh, the prior of the community, and his associates donned a semi-mon astic garb which they wore within doors and during their ministrations in the tenements of the neighborhood. Their life was also so ascetic as to cause comment on the part of those cognizant of the vows they had taken. These vows bound them to religious life for only a few years, provided they wished to sever the bonds eventu-

With the change in the name of the community the Brothers of the Church became the Fathers of St. Benedict and took the life vows of poverty chastity and obedience. Father Hugh, the abbot, and his fellow-members of the order now wear the full habit of the Benedictine, black, with sandals on their feet and shaven or tonsured heads, as did the monks of old. They never are permitted to appear in secular attire, even when they leave their monastery, and their peculiar dress makes them conspicuous when they go on errands of mercy among the towns and villages in their imme-

diate neighborhood.

The structure into which the monks humility.

But we have besides these reflections on our own misery, the example of our Divine Saviour to teach us humility.

He came down upon the earth to cure men of pride. The world was filled with it. Greatness, men had come to great the small sheet of paper on with it. Greatness, men had come to great the small sheet of paper on the same and passing them to a man and girl, who are equally busy at printing them with take care of his own interests. At the stime I speak of, the Church ruled the story to sufficie for the winter as least, but it is hoped that part of a stone chapel to suffice for the winter as least, but it is hoped that part of a stone chapel to suffice for the winter as least, but it is hoped that part of a stone chapel to suffice for the winter as least, but it is hoped that part of a stone chapel to suffice for the winter as least, but it is hoped that part of a stone chapel to suffice for the winter as least, but it is hoped that part of a stone chapel the story in the story of the order is poor and can at time I speak of, the Church ruled the story is speak of the winter and part of a stone chapel the story in the story of the order is poor and can at time I speak of, the Church ruled will move early next month will be an the small oratory to be used at first. clergy were regarded freely and in time, it is believed, suitable build-simply as the immediate ministers of ings will be constructed of a character make it possible for the community to do more for those outside it than can

be done at present.
The Community of St. Benedict is a begging order, having no resources of its as highly esteemed as he is widely its own and being wholly dependent known. To the editor of the Review upon the gifts of those interested in Mr Blasdell recently said: "I have he revival of monastic life in the Anglo American branch of the Church. Reports have been spread that the community is possessed of ample means, and these have done great detriment to its progress and work. It is thought that these reports arose from the fact that a conspicuous churchwoman presented to the community \$5500 when the removal to Fallsington was made in the spring. Father Hugh, the founder and abbot of the order, was formerly Russell Whitcomb, a young business man in Boston, and gave up a successful career in the world for a life of devotion to the Church. He and his associates belong to what is known as the Catholic party in the Episcopal Church.

#### How to Save Boys.

Open your blinds by day and light bright fires at night. Illuminate your rooms. Hang pictures upon your walls. Put books and newspapers upon your tables. Have must and entertaining games. Banish the de-mons of dullness and apathy, and bring in mirth and good cheer. Invent occupations for your sons. Stim ulate their ambitions in worthy direc-While you make home their lelight, fill them with higher purposes than mere pleasure. Whether they shall pass boyhood and enter upon manhood with refined tastes and noble ambitions depends on you. With ex ertion and right means a mother may have more influence over the destiny of her boys than any other influence

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Paris. Ont., Review.

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is known not only to all our citizens but to residents of this section, and he reason to speak in terms of the warmest praise of Dr. Williams' Pink Pills, as they not only saved me a big doc-tor's bill but have restored me to health, which was impaired by rheumatism and neuralgia. These troubles were, I think, the after effects of an attack of measles. After the latter trouble had disappeared I felt an awful pain in my head, neck, and down my back. I tried a number of remedies, but without effect. I was then advised by Mrs. Horning, of Copetown, who had been cured of paralysis by the use of Dr. Williams' Pink Pills, to give them a trial. I followed her advice, and after using a box or two I began to feel much better, and with their continued use I con-

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stantly improved in health, and am now feeling better than I have done before in ten years. I am satisfied that but for the timely use of Pink Pills I would to day have been a physical wreck, living a life of constant pain, and I cannot speak too highly of their curative powers, or recommend them too strongly to other sufferers. I cheerfully give permission to publish my statement in the hope that

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