

FIVE-MINUTE SERMON

FIFTH SUNDAY AFTER PENTECOST

A PROFITABLE SUMMER

Brethren: Summer is come, and that means for many a great relaxation of attention to their religious duties.

And this powerful, crafty spirit is our enemy. A cheerful prospect, you will say I say, not a very alarming one, if we but "watch and pray."

We are too fond of ourselves and of our comfort, especially in the summer months. We forget that we have all eternity wherein to rest, if we do not work each day brings us.

Summer is at hand, and with the warm weather comes a whole troop of spiritual enemies to be met.

Against all these dangers we must take a bold stand. We should not act as if we believed that there was one set of commandments for the winter and quite another for the summer.

What do you think of one who will climb big mountains week-days, and be unable to walk a mile or two of a pleasant country road on Sundays?

Let us grant, what is unquestionably true, that there are men who can drink without ever going too far.

Let our young people, therefore, put aside foolish visions of what seldom comes to pass and survey the situation calmly and practically.

Do this, and then you can say with the Hebrew children: "O ye fire and heat, bless ye the Lord; ye praise and exalt Him above all forever."

TEMPERANCE

AN EVERYDAY VIEW OF TEMPERANCE

The supernatural view of temperance as of all the virtues, is, of course, the highest one to take, and consequently the one generally taken by Catholics.

No one in our day can fail to see how deplorably handicapped the drinking man is in every walk of life.

But what drinking man ever begins with the intention of becoming an inebriate? Probably none. But let us look at the matter sanely.

ENJOYING THE BEST OF HEALTH

"Fruit-a-tives" Cured the Rheumatism



Prof. J. F. DAVIS 563 Church St., Toronto.

I want to say to the people of Toronto and elsewhere that "Fruit-a-tives" is my only medicine and has been for the last four years.

Prof. Davis, that celebrated teacher of dancing and deportment in Toronto, is quite frank in stating that "Fruit-a-tives" alone cured him of distressing Rheumatism and Kidney Trouble.

It is for these we are writing—leave the seductive beverage severely alone. You have no natural appetite for it.

And it is for these we are writing—leave the seductive beverage severely alone. You have no natural appetite for it.

Let us grant, what is unquestionably true, that there are men who can drink without ever going too far.

Let our young people, therefore, put aside foolish visions of what seldom comes to pass and survey the situation calmly and practically.

Do this, and then you can say with the Hebrew children: "O ye fire and heat, bless ye the Lord; ye praise and exalt Him above all forever."

Let our young people, therefore, put aside foolish visions of what seldom comes to pass and survey the situation calmly and practically.

Do this, and then you can say with the Hebrew children: "O ye fire and heat, bless ye the Lord; ye praise and exalt Him above all forever."

TEMPERANCE

AN EVERYDAY VIEW OF TEMPERANCE

The supernatural view of temperance as of all the virtues, is, of course, the highest one to take, and consequently the one generally taken by Catholics.

No one in our day can fail to see how deplorably handicapped the drinking man is in every walk of life.

But what drinking man ever begins with the intention of becoming an inebriate? Probably none. But let us look at the matter sanely.

scattered and the enemy will be in full possession of the citadel. Those of us who have had acquaintance with the actions of men given to the use of drink to excess, know that these men often go so far as to be almost helpless, so that when they see a sign advertising liquor, or when they smell the vile stuff, they have absolutely no control over the demand of their nature.

GREAT TEMPERANCE LEADER

"Throughout his life as a priest and Bishop," says the C. T. A. U. Advocate, "Archbishop Ireland has cast his influence upon the side of temperance. It was to be expected that one who has always been so goulard and so strong a man, and so honest in his convictions, would seal his convictions on any question by his deeds as well as by his professions.

CARDINAL NEWMAN'S CONVERSION

The perennial fascination exercised by the famous Oratorian has this year received an added fillip from the publication of Mr. Wilfrid Ward's "Life."

The cordial welcome extended to the biography written by the Editor of The Dublin Review was approached only by that given the Editor of The Tablet, when a couple of years ago, he published his Life of Cardinal Vaughan.

Most students of the "Apologia" remember the simple letter in which Newman announced his intention to join the "One Fold of Christ," as he expressed it. "I am," he wrote, "expecting Father Dominic, the Passionist, to be here. He is a simple, holy man, and withal, gifted with remarkable powers. He does not know of my intention; but I mean to ask of him admission into the One Fold of Christ."

Newman's conversion was the prelude to the break-up of the most famous intellectual coterie Oxford has known. Some, like himself, entered the Church; others, like Pusey, came near; many drifted into agnosticism, and in any case, the galaxy of which Newman was the center, disappeared never to come again together.

Mr. Gladstone, speaking many years after of Newman's relation to the religious mind of England, said: "Of this religious mind, thirty years ago, he held the leading office as an office, and from which none but himself could elect him. It has been his extraordinary case at a critical period, first to give to the religious thought of his time and country the most powerful impulse which for a long time it has received from any individual, and then to be the main, though no doubt, involuntary, cause of disorganizing it."

It is noteworthy that the first step in the conversion of Newman to Catholicism is to be traced to the period when the Church of England put forward a proposal to reform the Roman Breviary and adapt it to the uses of the Anglican Church. In undertaking the enterprise, Newman plunged into the history of the fourth and fifth centuries by which, above all others, the real character of the Church must ever be determined, since these centuries embrace the Church's settlement of her doctrine on the Incarnation.

The history of the early Councils had revealed to him the fact that Rome had some right to the claim of antiquity, and the actual state of affairs before his eyes, namely, the isolation of the Church of England from the rest of Christendom, could not be reconciled with St. Augustine's arguments as to the universality of the Church. How could England be right, and the rest of the Christian world be wrong? It was then that he declared his mind as being in the presence of "a vista, the end of which I do not see."

In all his perplexities, Newman at this juncture, was most tortured by the effect likely to be produced upon others by his secession. How could he justify himself to others while his conscience assured him beyond doubt of the Papal character of the Church in which he was about to be reborn?

Pain Almost Ceased

From the First Application of Douglas' Egyptian Liniment

The experience of Mr. Mc G. Hood, of Montreal, is a sample of what Egyptian Liniment will do. He tells it himself. "I met with a serious accident at Belleville, breaking my leg and dislocating my ankle. On leaving the hospital where I was confined eight weeks, I had to go on crutches, with my leg in a rubber bandage, suffering agony from swollen and contracted cords. For four weeks I tried every liniment without benefit, then I procured Egyptian Liniment and from the first application the pain almost ceased. In less than two weeks I put away the crutches and walked with a cane though I weighed 221 pounds.

Not only the severest cases, but the scores of little troubles that come up, cuts, bruises, burns and the like are quickly relieved and cured by Douglas' Egyptian Liniment.

TOBACCO HABIT

Dr. McTaggart's tobacco remedy removes all desire for the weed in a few days. A vegetable medicine, no hypodermic injections, no publicity, no loss of time from business, and a cure guaranteed. Price 25c.

LIQUOR HABIT

Marvellous results from taking his remedy for the liquor habit. Safe and inexpensive home treatment, no hypodermic injections, no publicity, no loss of time from business, and a cure guaranteed. Address or consult Dr. McTaggart, 75 Yonge Street, Toronto, Canada.

PRESIDENT SUSPENDERS Imitation is the Sincerest Flattery. Deep hearts, sage minds, take life as God has made it; it is a long trial, an incomprehensible preparation for an unknown destiny.

the fifth century? Further historical research; however, leads him irresistibly to the conclusion that "the Church of England is not One."

Deep hearts, sage minds, take life as God has made it; it is a long trial, an incomprehensible preparation for an unknown destiny. This destiny, the true one, begins for man with the first step inside the tomb. In the meanwhile, love and suffer, hope and contemplate. Woe, alas! to him who should have loved only bodies, form, appearance! Death will deprive him of all. Try to love souls; you will find them again.—Victor Hugo.

O'KEEFE'S Liquid Extract OF Malt with Iron

is an ideal preparation for building up the BLOOD and BODY. It is more readily assimilated and absorbed into the circulatory fluid than any other preparation of iron.

W. LLOYD WOOD General Agent Toronto :: Canada

THE E. B. EDDY COMPANY, LIMITED HULL, CANADA Makers also of Paper, Paper Bags, Toilet Paper, Tissue Towels, Etc.

NORTHERN NAVIGATION CO., Limited

"A Fresh Water Sea Voyage" to S. S. Marie, Port Arthur, Fort William & Duluth.

Sailings from Sarnia, Mondays, Wednesdays and Saturdays. Special Grand Trunk train service between Toronto and Sarnia.

"That Georgian Bay Trip" to Mackinac Island, S. S. Marie and way Ports, via North Channel. Effective June 22nd. Sailings from Collingwood and Owen Sound, Mondays, Wednesdays and Saturdays.

"Among the 30,000 Islands" Effective June 17th—Daily Service, Sunday excepted, between Parry Sound, Penetang and way Ports. Special Grand Trunk service between Toronto & Penetang.

STICKETS AND INFORMATION FROM ALL RAILWAY AGENTS, OR THE COMPANY AT SARNIA, TORONTO, COLLINGWOOD, ONT.

Kellogg's TOASTED CORN FLAKES Kellogg's with strawberries, raspberries, blackberries, blueberries. Kellogg's with sliced peaches, pears, or apples. Kellogg's with sliced oranges, bananas, or pineapple. Kellogg's in the centre of half a cantaloupe. Kellogg's with ice cream, fruit jellies, custards. Try Kellogg's with fresh fruits, stewed fruits, or preserves. Your palate will welcome variety.

Taking the Risk A great many men when urged to insure their life put the matter off by saying "I'll take the risk." By not insuring, however, a man does not take the risk himself, but on the contrary compels his wife and family to do so. Such a course is unfair, and certainly not manly, to say the least. It would be well for you to secure a policy on your life at once, allowing the risk to be assumed by the North American Life ASSURANCE COMPANY "Solid as the Continent" HOME OFFICE TORONTO

Every Eddy Match is a Sure, Safe Match IT is made of first quality materials by skilled workmen and mechanically perfect machines, and carries with it the Eddy guarantee that it's a sure light. ALWAYS make sure you are well supplied with Eddy's matches because "If you're sure they're Eddy's you're sure they're right." EDDY'S Matches are always full M. M. count—good dealers everywhere keep them.

THE E. B. EDDY COMPANY, LIMITED HULL, CANADA Makers also of Paper, Paper Bags, Toilet Paper, Tissue Towels, Etc.

Kellogg's TOASTED CORN FLAKES Kellogg's with strawberries, raspberries, blackberries, blueberries. Kellogg's with sliced peaches, pears, or apples. Kellogg's with sliced oranges, bananas, or pineapple. Kellogg's in the centre of half a cantaloupe. Kellogg's with ice cream, fruit jellies, custards. Try Kellogg's with fresh fruits, stewed fruits, or preserves. Your palate will welcome variety.