It Has Proved a Revelation -To Millions of Tea Drinkers

Rich in Flavor — Absolute in Purity. Sealed Packets Only . . ' TRY IT!

Runaway Julietta

By Arthur Henry Gooden

CHAPTER XIV.—(Cont'd.)

Except for her promise to Maggie nothing could have haled Julietta to town on this morning, with the memory of that kiss hot on her lips. She shrank from the possible meeting with Clay Thorpe.

What kind of madness, she wondered she horse jogged along the dusty road, had seized upon her last night? What kind of madness had impelled her, not only to allow, but to return that kiss? She sat stiffly in the jolting buggy, staring straight between the ears of the horse, her face changing from white to read.

Was it madness after all, or was it something else? She thought of Paul Morrow, and was miserable. With a pang she realized how simple, honest, kindly Paul Morrow must love, her with all his big, generous heart.

The horse slowed to a walk, and stopped under the big cottonwood, but Julietta sat rigidly ummindful, the reim daugling from her cold hands.

Black-Green or Mixed | B406

Since that day when Parkis the Odious had cast insinuations before her, Julietta had known that some time there must be an auditing and settling of accounts with Paul Morrow. And now—the time had come, and payment was not shirked. Juliette folt a lift.

of accounts with Paul Morrow. And now—the time had come, and payment was not shirked. Julietta felt a little proud of herself, even through the hurt that ached somewhere inside her.

"Miss Dare!" She heard a voice calling, and saw Burt hastening toward her from the warehouse, hat in hand. "Miss Dare! It's a hot day. Guess you didn't see me, eh? By George, if you didn't go right past me!"

"Did I?" She studied him, unsmiling.

Saw I wanted to see you

ing.
"Yep! Say, I wanted to see you mighty bad. Can you step over to the bank a minute?"
"No, I can't," she returned curtly.
"What do you want?"
"Well, well—hurry never got nobody anything," and Burt laughed



CANNING PEAS AND CARROTS.

less during the processing and thus cause a loss of time and material. It is important to thoroughly sterilize all utensils that are to be used. of additional time required for this pur-pose will pay big dividends in good canned products.

Owing to the composition of the

With a pang she realized how simple, honest, kindly Paul Morrow must love, her with all his big, generous heart.

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Fill into jars and adjust the rubbers and lids. Partially tighten the lids and then place the jars in a hot-water bath and process for three hours for pint jars and four hours for quart jars. Carefully follow the directions for sealing and cooling the canned

It is most important to have water about four inches above the top of the jars when starting to process in the hot-water bath. Failure to have the water about this height will cause the jars to be only partially filled with liquid after the processing is finished. This fact can be explained in this way: If the tops of the jars are not covered with water the intense heat will cause evaporation to take place through the tops of the jars and

of water content of the jar.

To partially tighten the lids before placing them in the water bath: If

CANNING PEAS AND CARROTS.

Under existing circumstances to-day, it, is vitally necessary that we can, dry and conserve every bit of available food. Do not let as much as a single hundful of vegetables go to waste. From now on plenty of available war garden products will abound.

To Can Peas

First, see that the jars are in good condition: that is, see that the lids fit securely. Fill the jar with water and fasten the lid tightly; invert and test for leaks. This is most important. No matter how long you sterilize the product, if the jar does not seal airtight, the contents will be lost. Many lids are damaged by the house-wife using a knife to open the jars. This forces the rim of the lid out of position.

When in doubt, purchase new lids. The best grade of rubbers are the cheapest in the end. Hard, leathery rubber will crack and became worth-less during the processing and thus cause a loss of time and material. It is entire period of the time required the contents are some container sufficiently give the product, if the par does not seal airtight, the contents will be lost, the part of the lid out of position.

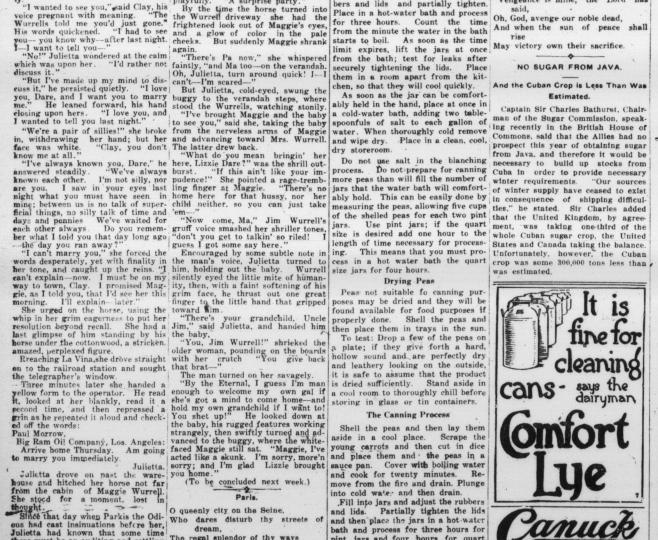
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In Memoriam.

the entire period of the time required

(To the memory of our nurses and doctors lost when the Llandovery Castle was sunk by a U-boat). Brave sisters lie beneath the sea





QUEEN MARY LIKES BOOKS.

Dees Not Read Much Fiction Bu

The Manchester Guardian publishes this interesting intimate sketch of Queen Mary on the occasion of the royal silver wedding:

"Queen Mary does not care particular larly for sport, animals or opera, nor has she the modern interest in variety

Louis XV Model \$550.00

WOULD WIELD

Cream Wanted BRITON WHO SANK

We are in the market for cream all through the year. We pay the HIGHEST market price. Our plant is right up-to-date. In business since 1908. Drop us a bostcard for particulars.

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"She is a lady with her strong dis-likes as well as likes and to her mind

lecting the Williams New Scale Piano has been fol-

lowed by many of the

world's most renowned musicians. This fact has

largely because they do not take proper care of their complexions. Ingram's Milkweed Cream will keep you looking

Milkweed Cream will keep you looking younger than you are. It keeps the complexion clear and colorful. It keeps the skin soft and in a healthy condition because it has a distinctive the repeated of the color the delicates kin tessues. Two sizes, 50c and 51. For shininess of the nose and forchoad try largram is Velvools Souveraine Face Powder. It is so fine and delicate in texture that you can scarcely detect it yet it stays on and can searcely detect it yet it stays on and of complexion and hides perspiration, 50c. A full line of Ingram's toller products including Zodenia for the teeth, 25c, is at your drugstore.

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Milkweed Cream

"Safety First" in Preserving

Parowax on preserving day means happiness on opening day. The preserves come out with all their original flavor and freshness.

Melted Parowax poured thinly on the jelly glasses does the trick. Air can't enter. On fruit jars, adjust cover and dip in the melted liquid.

Parowax is odorless, tasteless, and absolutely pure. Sold in inexpensive 1 lb. and ½ lb. cartons. Your grocer or druggist has it.

IMPERIAL OIL, LIMITED Branches In All Cities.

air-tight seal.

Don't take chances with your preserves. Protect them from mold and fermentation with Parowax, the

THE DEUTSCHLAND

CAPTAIN JOHN THOMPSON WAS TWICE HUN CAPTIVE.

ply, feelingly, and with much force of diction. She corresponds at length with her children, especially the Mediterranean and Captured

the Crew.

Captain John Thompson, who has there is no special virtue in the word been called "the man who sank the 'smart.' Queen Mary's taste in dress

Deutschland," is exceedingly modest there is no special virtue in the word 'smart.' Queen Mary's taste in dress Deutschland," is exceedingly mourants for the own—not fashionable or unabout the achievement that won him fashionable, but above or outside of the D.S.O. ribbon and a substantial cash benus from the British governance.

Many varns have found their way Armies can't fight with empty guns what happened to the German U-boat Deutschland, and the final disposition of the merchant submarine has been variously reported as having taken place in the North Sea off the north coast of Scotland, in the wide Atlantic and in Kiel Harbor. As a matter of fact, the giant submarine was sunk, through ramming, in the Mediter-ranean in June, 1917. The vessel that rammed the Deutschland was com-manded by Captain Thompson, and he not only destroyed the submarine which had been converted into an armed raider, but effected the capture of her crew.

Stabbed in Hand by Hun.

Before this happened Captain hompson had a vessel torpedeed under his feet, and on another occasion he was captured by a submarine and was questioned by the German com-mander when a question of veracity came up between them. It culminated in Captain Thompson knocking the German officer down and the latter running his sword through Captain Thompson's hand. The Briton still bears the mark of the encounter. Captain Thompson's third experience with a submarine was that with the

with a submarine was that with the Deutschland. He was on a voyage through the Mediterranean from Malia to Alexandria, when he encountered the Deutschland lying on the surface, and for an hour jockeyed for position with the Hun U-hoat. The Deutschland did not dare sub-

merge, because Captain Thompson kept his bow straight at the sub-marine's beam. Finally the British commander was able to get full speed shead and struck the huge submer sible fairly amidships. Her crew was

Again U-Boat Captive.

Some time after the Deutschland incident the vessel commanded by Captain Thompson was torpedoed and he was taken on board the submarine. where he was kept prisoner for two weeks. Had the German commander known who had sunk the Deutschland it is doubtful if Captain Thompson

Twice since then Captain Thompson has met with disaster because of German U-boat, but has always managed

The New "Victory" Bread.

The Canada Food Board has required all bakers to use at least a specified percentage of substitutes for wheat flour. As a guarantee that these proportions have been used, every baker is required to place on every loaf of bread a label or sticker bearing his name and address, and the words "Victory Bread." When this order was passed, the Food Board was not aware that the word "Victory" had been registered as a trade mark by Mr. Dent Harrison, of Mont-real. Mr. Harrison has, however, real. Mr. Harrison has, however, patriotically surrendered to the Board his rights to the trademark for the duration of the war. He writes: "I find I can produce a very good loaf of bread, both white and brown, twenty per cent. substitutes.

Important Saving of Food

cooking under the British Columbia Committee of the Canada Food Board, reports that much attention is being given by the women of the province to conservation of food and particularly to the saving of white flour. She states that she believes the saving in this way has been very large. Mr. T.
A. Robley, secretary of our Food Conservation Committee at Trail, B.C., had reported that the recent visit of Miss Hayes to that city resulted in greatly increased interest in food con-

MEAT SHORTAGE IN FRANCE.

Beef Sold in Paris at Average Price of Sixty Cents per Pound.

As a result of the meat shortage and also in order to check the slaughter of dairy animals, three meatless days per week have been instituted in France and the number of animals slaughtered has been limited to two-thirds of the weekly average in March, 1917. In Paris recently beef averaged 43 cents per pound whole-sale, and 60 cents per pound retail. Moreover, some difficulty has been experienced in obtaining adequate supolies of fresh meat for the armies

Food Regulations Imperative.

"If present restrictions should be in the slightest degree relaxed it would result in serious want for the people in Europe before the wheat crop coreach the market."—Herbert Hoo United States Food Administrator.

