MC 2035

POOR DOCUMENT

THAT "SALADA" FLAVOUR
The fine flavour and downright goodness of

"SALADA"

Tea will please you. Buy a package to-day from your grocer—You'll like it.
Send for sample — Address "Salada" Montreal.

BABY'S OWN SOAP

For Nursery Use

you cannot take chances on Soap. Four generations of Canadians have enjoyed the creamy, fragrant skin healing lather of Baby's Own Soap—the Standard in Canada for nursery use, on account of its known purity.

Baby's Own is Best for Baby—Best for You.

ALBERT SOAPS, LIMITED, Mfrs., - MONTREAL.

WORLD'S PRODUCTION OF WHEAT

Crop in 1911 About the Same as In Previous Year—Other Cereals

Final estimates of the production of wheat in 1911 have been received by the department of agriculture, Ottawa, from all the important countries. The total production in the Northern Hemisphere is 3,154,360,000 bushels, against 3,185,565,000 in 1910, a decrease of 31,205,000 bushels. The exceptional decrease of 286,000,000 bushels in Russia was almost balanced by large increases in Canada and in most of the countries of Europe. The total for the Southern Hemisphere (preliminary estimate) was 290,988,000, compared with 275,810,000 in 1910. This makes the world's total, 3,445,348,000 bushels as against 3,461,375,000 produced by the same countries in 1910. Adding the production of a number of smaller countries as given by Dornbusch we have 3,568,148,000 bushels for 1911 against 3, 575,375 for 1910. The world's total for 1911, according to Broomhall is 3,451,992,000 bushels, according to Beerbohm, 3,456,000,000.

The total production of rye in the Northern Hemisphere was 1,574,033,000 bushels, against 1,660,469,000 in 1910; barley, 1,377,746,000, against 1,377,388,000; oats 3,655,650,000, against 4,003,261,000; corn, 3,181,133,000, against 3,550,786,000.

The production of oats in Argentina is estimated at 57,255,000 bushels, against 34,337,000 in the previous year; New Zealand, 17,597,000, against 11,578,000. The Argentina corn crop is 275,577,000 bushels against 27,558,000 last year, when most of the area was abandoned.

The wheat harvest will begin in Central India in March, in Upper India in April, and will be completed in May. A complete estimate of the acreage to be harvested this spring has not been made, but figures received referring to about 89 per cent. of the wheat regions, give the acreage for these regions as 25,570,000 acres or 99 per cent of the acreage of the same regions last year. The total area harvested in 1911 was 29,670,000 acres, and the production was 370,414,000 bushels. According to Broomhall's latest report, the outlook for the crop about to be harvested is very good and a bumper yield is expected.

Broomhall's latest cable says:

United Kingdom—Crop report is favorable, although dry weather would be beneficial.

France —Crop outlook generally favorable, except there are some complaints of the plant being too forward and infested with weeds as a result of the continued damp weather. Weather is mild.

Germany—Outlook generally favorable; weather mild.

Russia —Crop outlook good. In the south the weather is rainy.

Roumania —Conditions favorable; weather springlike.

Hungary—Outlook good, although weather unseasonable.

Spain—Rain wanted.

Italy — Moderate complaints regarding crop in the south on account of drought, elsewhere the crop is very forward.

White Swan Yeast Cakes

combined with good flour and careful baking make the most delicious home-made bread you ever tasted. Insist upon your grocer giving you White Swan Yeast Cakes—5c. a package of 6 cakes. Sample sent on request, White Swan Spices & Cereals, Limited, Toronto, Ont.

A Portland, Me., pastor has filed a petition in bankruptcy, giving his debts as $1688 and his assets as five suits of clothes and two overcoats, all of the value of $25.

A SEVERE COLD
DEVELOPED INTO
PNEUMONIA.

Doctors Said He Would Not Live.

DR. WOOD'S NORWAY PINE SYRUP Cured Him.

Too much stress cannot be laid on the fact that when a person catches cold it must be attended to immediately, or serious results are liable to follow.

There is only one way to prevent pneumonia, and that is, to cure the cold just as soon as it appears.

Dr. Wood's Norway Pine Syrup will do this quickly and effectively.

Mr. Hugh McLeod, Esterhazy, Sask., writes:—"My little boy took a very severe cold, and it developed into pneumonia. The doctor said he would not live. I got some of your Dr. Wood's Norway Pine Syrup, and he began to improve. Now, he is a strong healthy child, and shows no sign of it coming back."

Dr. Wood's Norway Pine Syrup is put up in a yellow wrapper; three pine trees the trade mark; price 25 cents.

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

WHAT I WENT THROUGH

Before taking Lydia E. Pinkham's Vegetable Compound.

Natick, Mass.—"I cannot express what I went through during the change of life before I tried Lydia E. Pinkham's Vegetable Compound. I was in such a nervous condition I could not keep still. My limbs were cold, I had creepy sensations, and I could not sleep nights. I was finally told by two physicians that I also had a tumor. I read one day of the wonderful cures made by Lydia E. Pinkham's Vegetable Compound and decided to try it, and it has made me a well woman. My neighbors and friends declare it had worked a miracle for me. Lydia E. Pinkham's Vegetable Compound is worth its weight in gold for women during this period of life. If it will help others you may publish my letter."—Mrs. NATHAN B. GREATON, 51 N. Main Street, Natick, Mass.

The Change of Life is the most critical period of a woman's existence. Women everywhere should remember that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound.

If you would like special advice about your case write a confidential letter to Mrs. Pinkham, at Lynn, Mass. Her advice is free, and always helpful.

APIOL & STEEL PILLS for Ladies.

are the acknowledge "leading remedy for all Female complaints. Recommended by the Medical Faculty. The genuine bear the signature of WM. MARTIN registered without which none are genuine). No lady should be without them. Sold by all Chemists & Stores WM. MARTIN, Pharm. Chemist, [illegible]

This Will Stop Your Cough in a Hurry

Save $2 by Making This Cough Syrup at Home.

This recipe makes 16 ounces of better cough syrup than you could buy ready made for $2.50. A few doses usually conquer the most obstinate cough—stops even whooping cough quickly. Simple as it is, no better remedy can be had at any price.

Mix two cups of granulated sugar with one cup of warm water, and stir for 2 minutes. Put 2½ ounces of Pinex (fifty cents' worth) in a 16-ounce bottle; then add the Sugar Syrup. It has a pleasant taste and lasts a family a long time. Take a teaspoonful every one, two or three hours.

You can feel this take hold of a cough in a way that means business. Has a good tonic effect, braces up the appetite, and is slightly laxative, too, which is helpful. A handy remedy for hoarseness, croup, bronchitis, asthma and all throat and lung troubles.

The effect of pine on the membranes is well known. Pinex is the most valuable concentrated compound of Norwegian white pine extract, and is rich in guaiacol and all the natural healing pine elements. Other preparations will not work in this formula.

This Pinex and Sugar Syrup recipe has attained great popularity throughout the United States and Canada. It has often been imitated, though never successfully.

A guaranty of absolute satisfaction, or money promptly refunded, goes with this recipe. Your druggist has Pinex, or will get it for you. If not, send to the Pinex Co., Toronto, Ont.

TO START SAVINGS BANKS IN SCHOOLS

Architect Mott is Voted Sum Asked — Matters of Importance

The school trustees last evening heard a favorable report from a committee on the introduction of penny savings banks in Albert, Dufferin, St. Malachi's and Winter street schools, the Bank of New Brunswick to look after the arrangements.

In spite of the protests of C. B. Lockhart, who wished the new department to be fitted up in the La Tour school it was decided to instal another manual training class room in Centennial school.

Architect Mott claimed a commission of 1 1-2 per cent on the original specifications in addition to his commission of five per cent on the work on King Edward school on account of a change in the plans. After some discussion this was granted. The amount is $4,600. The board also passed bills for $797.97 for extras on this building.

A communication from the common council announced that the Corporation Gold Medal would be open for competition to all pupils of grade eleven.

Miss Lillian Hazen of Garden street, wrote offering prizes of $10 and $5 for essays on kindness to Animals. The matter was referred to a committee.

The board decided to ask that two days after the opening of the term be allowed to arrange the manual training classes.

The committee on evening technical schools reported favorably, and suggested that the cost of equipping and maintaining should be shared by the provincial government.

D. F. Pidgeon complained that Douglas avenue school was unsanitary.

The Alumni Association was given permission to use the High School Assembly room for an entertainment.

M. Coll was appointed chairman of the board until the return of R. B. Emerson.

A committee was appointed to provide for the accommodation of the overflow from St. Thomas' school. The question of replacing Douglas avenue school with a new building came up, but no action was taken.

Mr. Coll presided, and there were present, Messrs Agar, Lockhart, Nase, Bullock, Day. Mrs. Skinner, Mrs. Dever and Secretary Leavitt.

HOW TO DO IT

A "Man Doctor" unchivalrously declares that women do everything rather less perfect than men. They don't cook so well, they don't make dresses quite so well, they don't (so we have heard, though the medical accuser is dumb on this point), trim hats quite so well as a man who sets himself to millinery.

If you have a feeling that your wife doesn't cook so excellently as she ought just you take home a bottle of H. P. Sauce tonight. Suggest to her in the mildest possible manner, that you like H. P. with cold meats, that its good with eggs and bacon, delicious with crust of bread and cheese—unparalleled as a flavoring to insipid gravies, ragouts or made up dishes. In this, as in most other domestic matters, a grain of help is worth a bushel of fault-finding. But you should be quite sure that it is H. P. Sauce that you take home with you.

FREDERICTON ELECTIONS

The municipal elections in Fredericton yesterday resulted in a complete victory of the "citizens'" ticket over the "good government forces. Ald. W. S. Hooper was elected mayor, defeating Ald. W. J. Osborne by 171 votes. The other members of the new council are: Michael Ryan, P. A. Guthrie, A. B. Kitchen, Edward Moore, C. A. Burchill, T. S. Wilkinson, Hugh O'Neill, H. C. Jewett, Hugh Calder and Wm. Cruikshank. Mr Cruikshank formerly belonged to St. John.

A former St. John man, F. Elwood Jenkins, a son of Thomas Jenkins of the postal department in this city, is meeting with success in Grand Junction, Colorado, and after having been for the last two years and a half connected with the firm of Boyer & Jenkins, architects, he has gone into business for himself.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O.

We the undersigned have known F. J. Cheney for the last fifteen years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

McADAMITE CO. DETROIT BRANCH

(Fredericton Gleaner)

The McAdamite Metal Company, in which local and provincial people are largely interested, has opened a branch factory in Detroit, Mich.

While here this week en route to Montreal, James Robinson, ex-M. P. received a copy of the Detroit News-Tribune containing the following:

"The United States McAdamite Metal Co., of Brooklyn, N. Y., has purchased property here and will start a branch plant. They have acquired a frontage of 350 feet at the corner of Isabella avenue and E street, in Beecher's factory subdivision.

"At present there are two large frame buildings on the site, each 50x100, in addition to a two-story office building. The company will erect a complete, modern up-to-date building at once, the plans being approved and the contract let on Friday, Feb. 16, and construction work is already under way. It is expected the plant will be in operation by April 1. The building now under way is of brick and steel construction, 90x150 feet with a foundry.

"Leroy M. Gibbs, business manager of the board, has been in correspondence with J. P. Carritte managing director of the McAdamite, Metal Co., for several months, and Mr. Carritte said yesterday that it was largely through the aid furnished him by the board of commerce that he was locating here.

"The company will manufacture castings of McAdamite metal, which has an aluminum base. "The new plant will furnish employment for from 100 to 200 men.

"Mr Carritte spent a week during the latter part of January going over conditions in Detroit, the deal for establishing a plant here being practically closed at that time, his visit here yesterday being to close up the final details."

Here's the crisp ready-to-eat cereal you don't tire of

Kellogg's TOASTED CORN FLAKES

TRY IT

87

IN THE LEGISLATURE

Debate on Address is Ended—Gibson-Minto Railway May Be Ready By November

Fredericton, N. B., March 11—The derangement of the train service upon the Intercolonial prevented Hon. F. J. Sweeney, who adjourned the debate upon the address Saturday, from making train connections from Moncton, and when the house met this afternoon a recess was taken until this evening, awaiting his arrival.

The Pacific express was so late at Moncton that no hope was held of making connection with the Fredericton branch train and Mr. Sweeney postponed his departure until tomorrow morning's early train, but railway managers are sometimes susceptible to the importunities of members of the legislature, and when quite a number of them at St. John asked for the branch train to be held their request was granted and they arrived in Fredericton at 9 o'clock.

In the absence of Mr. Sweeney the debate on the address was not continued and it was passed by the house.

On resuming, Mr. Wilson presented a petition in favor of the bill to incorporate the New Brunswick Hydro-Electric Company.

Mr. Hatheway presented a petition in favor of a bill of St. John city and county to fix a valuation of the Wilson Box Company.

On the order of the day being called, and Mr. Sweeney, who had moved the adjournment of the debate, being absent, the address was adopted without division, and the speaker appointed Mr. Baxter, Mr. Guptill and Hon. Mr. Murray a committee to present the address to his honor.

Hon. Mr. Flemming introduced a bill to amend the act to aid the development of coal areas of Queens and Sunbury counties.

He said that Sir Thomas Tait, a man of great ability and experience in railway work, had taken up the project of the construction of a railway from Gibson to Minto and expected to bring it to a successful execution.

Arrangements had been sufficiently advanced for an agreement to be drafted and agreed to for a lease of the railway for ninety-nine years to the C. P. R. which would also under provisions of the bill passed at last session, lease and operate the New Brunswick Coal and Railway.

The first section of the bill provided for the road to connect at Gibson with the Intercolonial railway, instead of the C. P. R.

There was also a provision in the bill that the bonds of the railway would be guaranteed by the province on the report of an engineer appointed by the lieutenant-governor-in-council instead of having the bonds guaranteed on the road in sections of ten miles each, as each section was completed.

The C. P. R. had engaged to buy for their own use and haul over the railway 50,000 tons of screened coal annually for ten years. This would mean increasing the production of coal at Grand Lake 100 per cent. It would mean that where one ton of coal was now mined there would be two tons lifted and carried over the road. There would also be from 10,000 to 20,000 tons of slack coal which would be used for fuel, and already a market had been found for the entire amount that would be available. The building of the railway would also put western New Brunswick and the St. John Valley in close touch with the Grand Lake coal fields, and would make cheaper coal for the people of that section, as well as also making it so that the mines of Sunbury-Queens county would be able to compete successfully and profitably with the Nova Scotia coal. All this would be sure to produce traffic that would make operation of the road on a sixty and forty per cent. basis profitable.

Under a provision of the act passed last session it was impossible to go ahead and have an agreement signed until a subsidy act had been passed at Ottawa, but a new provision was made in this bill so that as soon as there was an assurance given by the minister of railways that a subsidy act would be passed at Ottawa the agreement could be signed. He had already received a written assurance to that effect from the minister of railways.

It was Sir Thomas Tait's intention to have the railway built and carrying coal not later than November next.

Mr. LaBillois gave notice of inquiry regarding work on bridges in Restigouche county since the close of the fiscal year.

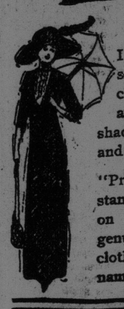
The house adjourned at 9.30 o'clock.

Jan. 7 Jack Miner of Lexington, Ky., liberated a number of wild ducks, each tagged with his name and address. Three of the ducks have been accounted so far. One was shot at Saludo, Va., Jan. 12; another at Circleville, O., Jan 15, and the third at Martha, Tenn, Feb. 15.

IF YOU WANT AN EXQUISITE HOUSE GOWN

or something unusually dainty for evening wear, ask to see

Priestley's



AMBROSE

It is a beautifully soft silk-and-wool cloth—and comes in all the most wanted shades for afternoon and evening wear.

"Priestley's Limited" stamped every 5 yards on the selvedge of genuine "Priestley's" cloth. Look for the name.

DINNER SPOILED BY HIS GOOD NEWS

What Matter When he Had Just Won $200,000 in a Lottery

Paris, March 12—The great prize of £40,000 in the Million Franc Lottery, the last state lottery to be held in France, has been won by M. Cauffre, a well-to-do sixty-year-old Parisian, who lives with his son, an engineer, in a comfortable flat in the Boulevard Pereire.

The lottery, the proceeds of which were to go to charitable works, had a number of drawings. As the final drawing approached there was a great rush for tickets. M. Cauffre paid $4 for his ticket.

He was just sitting down to luncheon with his son, when he heard newsboys in the street shouting the edition with the winning number. M. Cauffre sent the housemaid down to buy a copy, and idly unfolded the paper as his son helped him to soup. His eye fell on the winning number—2999946. He turns pale, gasped, and handed the paper, without a word, to his son.

The lucky winner left his luncheon untouched and drove straight to the bank, where he presented the ticket and received a draft constituting him a millionaire according to French currency. The old gentleman was so upset that he was unable to finish his luncheon, and it was not until the evening that he was in a position to celebrate his good fortune by a dinner party which he gave to his relatives.

MORNING NEWS OVER THE WIRE

Mrs. Emmeline Pankhurst, chief of the British militant suffragettes, was yesterday removed to the prison hospital in London because of serious illness.

Some 1700 cotton mill employes in Manchester, N. H., and 13,000 in Maine are to get increase of not less than five per cent wages at once.

Mrs. John McCumber, aged eighty-five was yesterday burned to death in her home in Erie, Pa., and her husband, aged ninety-five, met the same fate. They were overcome with smoke before they could escape.

The Spanish cabinet, organized in April 1911, resigned yesterday owing to a conflict of opinion arising between some of the ministers.

Fraser's Hotel at Plaster Rock was destroyed by fire yesterday. The hotel is owned by Donald Fraser & Son, and was managed by William Crowley. Fifteen people in the hotel at the time escaped. The fire hydrants of the town were frozen. The loss, it is said, will be about $6,000.

In the election in Maine yesterday the Democrats elected four mayors to one for the Republicans. The elections took place in five cities. The mayors elected were: Portland, Democrat, Augusta; Charles W. Mullen, Democrat; Edgar F. Hanson, Democrat; Belfast; A. C. Mareille, Democrat, Biddeford; V. H. Mutty, Republican, Brewer.

Boston, March 11—Jerry Marr, of Moncton, and James Walsh, of Houlton, are under arrest at Brunswick (Me.), charged with an attempt to break into the store of Eaton Hardware Co. They were held for a hearing.

ONE ST. JOHN ENTRY.

No less than sixteen entries have been received for the competition for the Earl Grey Musical and Dramatic Competition to be held in Ottawa during the week beginning April 15. The competition will be held in the Russell theatre there. As only twelve entries can be received, four will have to be rejected. The Loyalist Dramatic Club, which presented The Servant in The House so successfully here on two occasions, have entered and expect to make the trip to Ottawa. They are the only club entering from the maritime provinces.

DENT'S

DENT'S D MAKE

GLOVES

MADAM!

Ask For and Insist On Getting "Dent's" Gloves

The price is the same, BUT you get a perfectly made article, beautifully soft, pliable, perfect fit, not a flaw anywhere.

Dent's cost the same as the ordinary kind, but there's no comparison.

All Good Stores Sell Them.

Use the Original Genuine

WONDER-SHINE

SILVER CLEANER

for cleaning Silver, Gold and Plated Ware

Saves labor and time
Saves your silver
Shine lasts longer

At all Leading Dealers. 25c and 50c per package. 129

A LITTLE DANDERINE WILL MAKE YOUR HAIR LUSTROUS, SOFT, FLUFFY, ABUNDANT

Get a 25 Cent Bottle Now and Forever Stop Falling Hair, Itching Scalp and Dandruff

If you Wish to Double the Beauty of your Hair in Ten Minutes surely Try a Danderine Hair Cleanse

Your hair becomes light, wavy, fluffy, abundant and appears as soft, lustrous and beautiful as a young girl's after a Danderine hair cleanse. Just try this—moisten a cloth with a little Danderine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of dust, dirt and excessive oil and in just a few moments you have doubled the beauty of your hair.

A delightful surprise awaits particularly those who have been careless, whose hair has been neglected or is scraggy, faded, dry, brittle or thin. Besides beautifying the hair at once, Danderine dissolves every particle of dandruff, cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair.

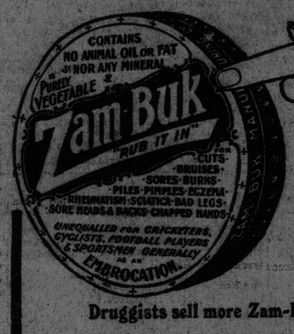
Try as you will, after one application of Danderine you cannot find any dandruff or a loose or falling hair, and your scalp will never itch, but what will please you most will be after a few weeks' use when you will actually see new hair—fine and downy at first—yes—but really new hair sprouting all over the scalp. Danderine makes the hair grow long, heavy and luxuriant and we can prove it. If you care for pretty, soft hair and lots of it surely get a 25 cent bottle of Knowlton's Danderine from any druggist or toilet counter, and just try it.

MORNING LOCALS

In the police court yesterday afternoon Magistrate Ritchie referred to a statement made by Rev. F. S. Porter, that on a recent visit to the jail he found a young boy, charged with throwing stones, occupying a cell on remand. His Honor denied that such was the case. The little fellow had been in the police court on Saturday morning and was sent into the police station to be detained for a while and then allowed to go. Turnkey Cunningham of the jail, said that the magistrate's statement was correct, and that he never saw any such boys sent into jail.

A new club, to be known as the Fireside Club, was organized last night at the home of Mrs. Pitt, Haymarket Square. The members are from the Protestant denominations in the city, and the objects are to "broaden the views of young men and make them better men physically, mentally and morally." The officers elected were: C. Fraser McTavish, president; C. Vincent, secretary; James Riley, Marshal Stout, R. Isinor, B. Shepherd and R. H. Cother, executive.

The Free Kindergarten Association wish to gratefully acknowledge the following: Clothing, Miss Evans, Mrs. W. W. Allen, Mrs. A. P. Paterson, Mrs. Calhoun, Piece & Patchwork Club; cake and biscuit, St. Mary's church, Germain street B. church, Mrs. Hatheway, Women's Suffrage Society, Westfield Outing Association; song books, Mrs. Estabrooks.



TRY THAT JUST ONCE!

If you have any sore place—ulcer, eczema, burn, cut or cold sore, be well advised! Try Zam-Buk.

Druggists sell more Zam-Buk than any other salve.

Their profit on it is no greater than on others—is less than on many. Do you think Zam-Buk would be so much more widely used than any other salve if it were not so much better?

Sentiment and advertising might make first sales, but only QUALITY can produce repeat orders

More and more Zam-Buk is being sold every month, because the quality is there.

How about the children's sores and skin troubles? Don't you think they deserve the best remedy you can get?

That's Zam-Buk.

50c. all druggists and stores. Write Zam-Buk Co., Toronto, for free sample, and send this advertisement.

Health and Beauty Hints

BY MRS. MAE MARTYN

H. N. R.: To whiten and beautify the complexion you will find nothing better than a simple, inexpensive lotion made by dissolving 4 ounces spurmax in 1-2-pint witch hazel (or hot water), then adding 2 teaspoonfuls glycerine. This lotion will freshen up and improve any complexion without giving that artificial, powdered look. It does not clog the skin pores like powder and lasts much better. It gives to the skin a smooth, velvety tone and takes away that shiny, sallow look. For treating freckles and skin discolorations generally, spurmax lotion is very fine.

D. L.: To quickly get rid of that sallow, pimply look on your face, you should take a good system tonic to remove the impurities from your blood which come from lack of exercise and eating too much solid food in the winter. A good, old-fashioned tonic can be made by dissolving an ounce of kardene in 1-2-pint alcohol, then adding 1-2-cup sugar and hot water to make a quart. Take a tablespoonful before meals and you will be surprised how quickly the look of perfect health will come into your face and your energy and ambition be restored.

Nadie: To strengthen your weak eyes and rid them of that dull, overworked look, put in each eye daily two or three drops of a fine, strengthening tonic, made by dissolving an ounce of crystos in a pint of water. This eye tonic is very soothing and strengthening, and will make your eyes strong, clear and sparkling. I find it unequaled as a tonic for treating weak, inflamed, expressionless eyes.

Reader: There is one remedy above all others that I take pleasure in recommending for fat reduction. It is harmless and so very effective in regaining a shapely figure. Just dissolve 4 ounces of parnotis in 1 1-2 pints hot water and take a tablespoonful before meals. This simple remedy will remove your excess fat rapidly without dieting and strenuous exercising, and seems to produce best results in the winter months. Your skin will be firm and free from any flabbiness.

Mrs. T. B.: You will not catch cold from shampooing if you use for your shampoo a teaspoonful of canthrox dissolved in a cup of hot water, rinsing the hair thoroughly. You should never use soap shampoos, as the alkali dulls and deadens the hair, causing it to become brittle, streaky and split at the ends. Canthrox produces an indescribable softness and fluffiness that one gets only from a perfect shampoo. It relieves irritation and removes dandruff thoroughly. The hair will be very lustrous and you will have no trouble keeping the short hair in place.

Mrs. R. C.: Nothing is worse than stale or greasy beauty creams. Always use fresh-made, greaseless complexion creams and your skin will not be shiny or hair grow on it. By mixing into 1-2-pint cold water, 2 teaspoonfuls glycerine and one ounce almozoin, you have a dependable cream-jelly for cleaning, softening and beautifying the skin. This is excellent for chapped face and hands and keeps the complexion in perfect condition. Use it morning and night and you will soon have a charmingly smooth, refined complexion.

Ruby R.: Do not despair. You can easily save your hair, but not by using so-called hair tonics that have lost their strength. Get at your druggist's an ounce of quinzoin and 1-2-pint of alcohol; mix these with 1-2-pint cold water. Apply this tonic to the scalp about twice a week and you will be amazed to see how quickly it rids your scalp of dandruff and irritation, and your hair will stop coming out. This tonic makes the hair soft, lustrous and beautiful. By preparing your own hair tonic as directed you will have the best hair and scalp remedy known to science.

Anxious: It is not necessary to resort to the pain and expense attending the use of the electric needle. With powdered delatone and water mix enough paste to cover the hairy surface. After letting remain on two or three minutes remove, wash the skin, and the hairs will have vanished. This leaves the skin white, firm and hairless, and while druggists charge a dollar for an original one-ounce package, it never fails to do the work.