David, in the third Psalm; "my glory, and the lifter up of my head."

Notice the slight change which the revisers give us in this verse, not a shield for me, but, a shield about me, as if the shield compassed him before and behind, and on every side, and was not simply a guard for the face or the heart.

"I laid me down and slept," he continued;
"I awaked; for the Lord sustaineth me."

It is thought that at this time he was fleeing from Absalom, his son. Enemies encompassed him about on every side. His own son had rebelled, and set up a new empire. Wherever he went, danger lurked in ambush for him, and the bloody sword of an unnatural child was lifted up against him.

But even in these circumstances God was his Refuge, and his ever present Deliverer, and he lay down and rose up, he slept and awoke, because God was with him.

Again, under very similar circumstances, he encourages his own soul, and cheers all those who come after him with a like phrase, the