

Housekeeping, Nursery, Gardening and News of Interest to Women

SEX INSTRUCTION MERE EXPERIMENT

Inspector Cowley Issues Unfavorable Report on Proposal to Introduce Course.

SCHOOLS OVERTAXED

Elimination of Subjects Needed in Toronto More Than Additions.

Chief Inspector Cowley has made the following adverse report on the movement for the introduction of sex instruction in the public schools:

It is being claimed that a certain false modesty has existed in regard to informing children of the biological facts of sex.

There is yet no agreement of opinion as to how this information shall be imparted, or who shall be the instructor.

There are serious impediments in the way of such instruction being given by either the teacher, the clergyman, or the physician.

As to method, it has been proposed to teach the facts of sex by suggestion—for instance, on the basis of lessons on the reproduction of plants. This method is criticized as indirect, quite uncertain as to effect, and improperly evasive.

Frank Talks on Sex.

A few educators appear to favor frank talks to boys and girls when the proper age is reached, preferably in groups, and necessarily with the sexes separated.

The use of text books on the subject is generally disapproved, but perfect frankness is urged as preferable to clouded mystery.

In face of the difficulties, sex instruction has found its way into the public schools of some cities, but no claim is made that it has passed beyond the experimental stage.

Detroit, Elmhurst, Washington, and some other cities have begun with the lecture method.

The plan carried out in Elmhurst last year is reported as fairly successful. After conference with the parents, arrangements were made for a woman physician to give a series of plain talks to the girls, and for a man to give a similar series to the boys of the fourth form classes.

No pupils were admitted to the classes except by permission of their parents. Thus far, no injurious effects have been reported, but it is recognized that it is soon to be judged fully of the after effects.

It is still the general opinion of school men that sex instruction is, to say the least, a doubtful school duty.

There is also some consensus of opinion that the greatest responsibility of instruction rests on the parents, and that the wisest course is not to relieve them of this responsibility, rather to encourage, such as suitable evening lecture courses, to fit them for this duty.

Situation in Toronto.

Our public schools are already carrying their "peak load." If the energies of teachers and pupils are to be employed within their proper sphere the time is at hand for elimination, rather than addition. Otherwise, thorough grounding and practical extensions cannot be secured.

People who would capture the public schools to propagate many well-meant schemes should realize that all valuable information cannot be imparted thru the public schools, and that the line must be drawn somewhere.

It should be noted in the present case that sex hygiene is not recognized by the department of education as a subject that may be taken up in the public schools, and that unless such provision were made, it could not be introduced into the public schools of Toronto.

**FIFTIETH ANNIVERSARY
OF THEIR WEDDING DAY**

Judge and Mrs. Chisholm of Berlin Celebrated Jubilee in Presence of Friends.

(Special to The Toronto World.)

BERLIN, Ont., Nov. 17.—Judge and Mrs. Chisholm celebrated their golden wedding anniversary yesterday, surrounded by their family and friends.

Duncan Chisholm and Mary Craig became man and wife in Port Hope in 1863. The judge was elevated to the bench of Waterloo County many years ago, and has since resided here.

Among those from a distance present at the reunion were Mr. and Mrs. W. C. Chisholm and six children of Chisholm; Mr. and Mrs. D. H. Chisholm, Port Hope; Dr. and Mrs. G. H. Neider and four children, Toronto; Mrs. A. C. Jones and three children, Toronto.

The Wise Goose Says



Mary Duck had asked her to be a bride's maid, but she didn't propose to act as servant for anyone, but who might offer the use of her cook if they wanted a maid so badly.

A DAILY STORY FOR CHILDREN

THE TINDER BOX

A soldier came marching along the road, one, two, one, two. He had his knapsack on his back and his sword by his side.

As he was walking along he met a very old witch who said to him, "Good evening, soldier. would you like a lot of money?"

"Yes, I would," replied the soldier. "Climb that hollow tree," answered the witch, "and at the top you will see a hole. Let yourself down with this rope and you will find yourself in a great hall. There you will see three doors. Open the first door and you will find a great chest and on the chest a dog with eyes as big as tea-cups."

"Set the dog on my blue apron, which I now give you, open the chest and take all the money you wish, which is of copper."

"If you prefer silver open the second door and set the dog, with eyes like mill wheels, on my apron and then take all the silver you want from the second chest."

"But if you want gold go into the third room. There you will find a fierce dog with eyes as big as tea-cups. He won't hurt you if you put him on my apron. Then you may take all the gold you want from the third chest."

"And what do you want for all this?" asked the soldier.

"Only a tinder box," replied the witch, "which my grandmother left me. So the soldier climbed the tree, dropped into the great hall, and placed the dogs in the three chambers."

He threw away the copper and silver money to fill his pockets with the gold which the witch handed him. He was so curious about the tinder box that he asked the witch why she wanted it. When she refused he drew his sword and cut off her head.

Then he went to the best inn in the village and lived like a rich gentleman. While there he heard much about the beautiful princess whom the king would let nobody marry because it had been prophesied that she would marry a common soldier.

After a while his money gave out, until at last he had not even a candle to light his way. He was obliged to move.

He suddenly thought of a candle in the tinder box, and as soon as he struck the flint the candle lit, and he went to the best inn in the village and lived like a rich gentleman.

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EFFICIENT HOUSEKEEPING BY HENRIETTA D. GRAUEL DOMESTIC SCIENCE LECTURER

Wheat, Barley, Oats.

"NOBODY knows how oats, wheat and barley grow. What an old rhyme this is, and how true. Why, we are only just beginning to discover how nutritious and wholesome these good cereals are after using them since before time was counted."

Barley is known to the average housewife as a hard little grain, stubborn to cook and not of much use except in vegetable or clear soups. Of course, she suddenly remembers the doctor did order barley water for the baby last summer, so maybe there is something more to it, but she seldom experiments with it and so it remains unknown to the family.

The truth is that barley is a better winter food for us than oats or wheat for it makes carbon or fat and keeps those who eat it warm and healthy.

Its delicious nutty flavor is extracted by long, slow cooking. Put a cupful to cook in the double boiler, after washing it free of dust and starch. As barley swells to three times its original size, cover it with three cups of rapid, salted water. A very good way to cook barley is to start it on the fire and when it is cooking nicely, to transfer it quickly to the fireless cooker and let it steam over night.

When it is done, each little pearly grain will be almost transparent and very soft. It may now be dressed with sugar and cream or with salt and butter.

It molds readily, so some persons pack it in little cups and serve it cold with a sauce for dessert.

At our house we like it best when it is steamed and then molded into a loaf shape and sliced like mush, and fried in butter. To fry it crisp and brown you must dip each slice in flour and not plenty of butter or oil for frying. Serve it with maple syrup or honey, and I am sure you will like it better for winter breakfasts.

Rolls of oats are usually purchased because Scotch or whole oats and entire wheat require such long cooking. Now that cold weather is here and we have a continuous fire in the kitchen range, we can utilize these wholesome whole grains. Both whole wheat and entire oats should be soaked an hour before they are put to cook slowly in cold water.

All crushed or broken grains must always be started cooking with boiling salted water as this immediately bursts the starch grains.

THE GARDEN CONDUCTED BY RACHEL R. TODD M.D.

A Dahlia Query Answered

A "Gardener" from Shelburne, Ont., writes that his dahlias were far from satisfactory this summer. He planted out four dozen plants, of which only one flowered. A friend has informed him that it is not worth while lifting the ones that did not flower, as they will not bloom next summer.

This query is so important a one, coming as it does just at this critical season, that we must answer it now. All dahlia bulbs should be out of the ground now, if they are to be set out right away. Already we have had one or two sharp warnings of approaching winter, which may set in with unusual severity any day. Every bud and branch should be under cover at the present time of writing, or as soon as possible after this final frost. There are too many equally important questions to discuss to permit us to mention "winter covering" again.

T. W.—Every dahlia bulb, of fair size when planted, should produce a flower the first summer. But there are several factors other than the size of the bulb that may prevent the ultimate blooming of the plant. The dahlia may have been allowed to run too much to seed, so that a coarse overgrown plant, too large to support flowers, resulted. Or the situation may have been too shady, too damp or too sandy and dry.

A dahlia may have been infected with vermin beneath ground, a common danger. Once more, the soil may have been too deficient in flowering material.

All dahlias love a deep, fertile soil. The ground should be dug and well manured several weeks before planting and allowed to settle. During the dry spells water in quantities, and liquid manure will be beneficial. If the growth seems to be too slow at first and no buds appear, dissolve one ounce of nitrate of soda in one gallon of water, and with this solution thoroughly saturate the roots. If the branches threaten to become thick, cut some of them out, as the centre of the bush should be kept open.

Mr. Shelburne gardener must dig up his dahlias, big and little, and store them in a cool, dry place, away from frost, not too dry, spot, and not too damp. Each one must be planted early in February or March, in rich soil, indoors, so that an early start will be obtained. Young strong shoots will push up, and when transplanting comes, they may be placed in their chosen situations as soon as the earth outdoors is workable (as described above).

In this way the non-flowering bulbs will be made use of. You will find that, after a day or two, the dahlias that either are vermin-infected or that the original bulb has multiplied many times.

Should the first be attacked by a destroyer of tiny holes, mouths of myriads of little grubs, to keep the skin healthy, the perspiration and natural oils have been blocked up by a combination of dirt, grease, roughness, blotches or pimples.

As a substitute for all cosmetics, I recommend ordinary mercurized wax, it not only does what the various face preparations are supposed to accomplish, but it also absorbs the dirt and grease, and purifies the skin, and makes the complexion healthy, youthful and clear. One ounce of this wax, to be had at any drug store, usually suffices to rejuvenate a night, like gold cream, and wash off in the morning.

Look at a section of skin under the microscope, and you will readily understand why cosmetics generally injure the skin. The skin, smooth as it looks to the naked eye, under the glass exhibits a network of tiny holes, mouths of myriads of little grubs, to keep the skin healthy, the perspiration and natural oils have been blocked up by a combination of dirt, grease, roughness, blotches or pimples.

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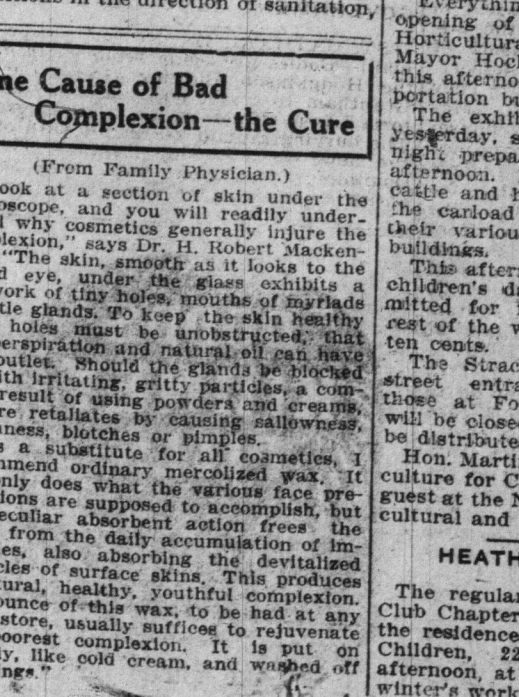
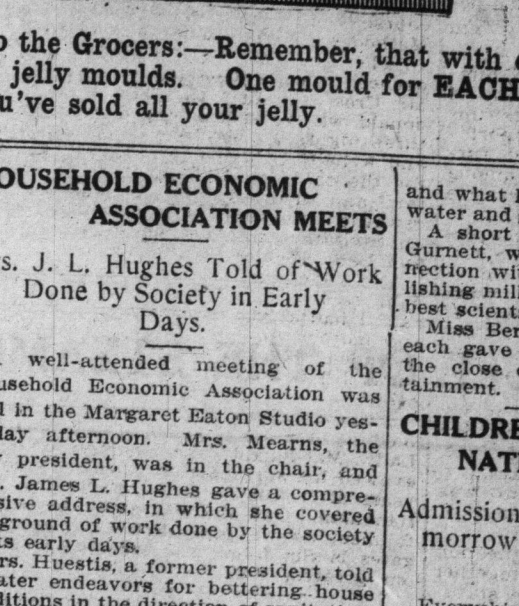
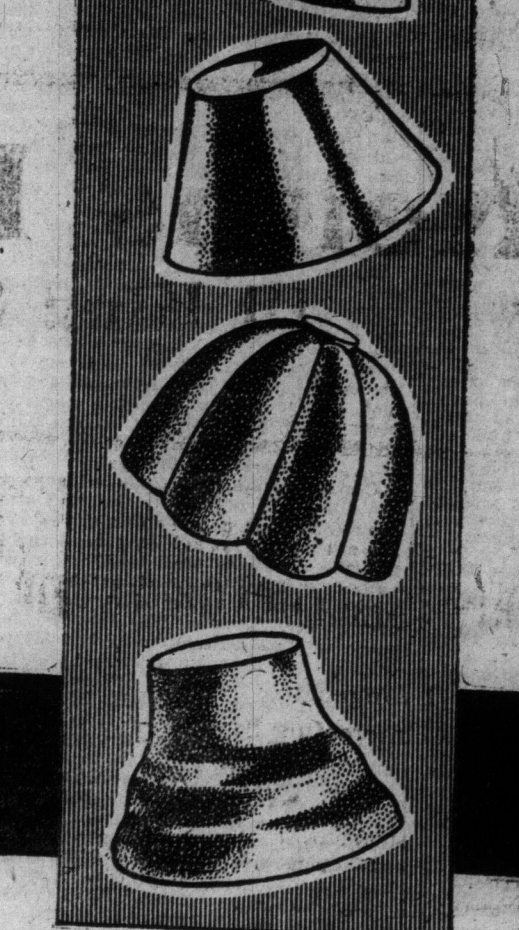
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Delicious and Attractive
Desserts at Little Cost

DALTON'S Jelly Powders and PUDDING POWDERS

In Double Size Packages at the Same Price

We are now able to buy and manufacture in such large quantities as to enable us to double the size of the package without increasing the price.

For ten cents you can make a full quart of the most delicious Dessert—enough to serve the whole family beautifully—TWICE AS MUCH AS ANY OTHER TEN-CENT PACKAGE ON THE MARKET.

Remember that, although there are other jellies with which you get a mould free, there is only one package that makes a quart of jelly—Dalton's. And you get the aluminum mould with it, too. Be sure you get the quart package.

A dozen delightful flavors.

Jelly-Moulds Free

To help every housewife to serve Dalton's jellies and Puddings in the most attractive and purest form, we are giving away, free, with EACH OF THE NEW DOUBLE-SIZE PACKAGES a pure aluminum jelly-mould, the only metal in which jelly can be moulded without affecting its flavor.

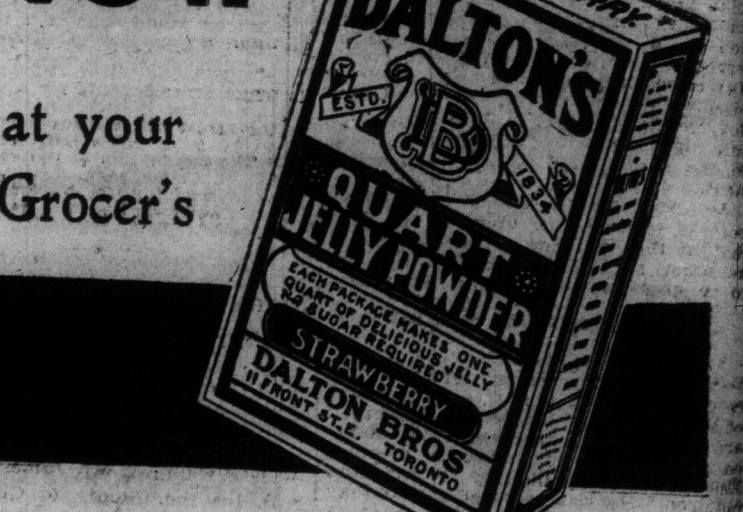
Get a different shape with each package and in no time at all you can accumulate a full set.

Get a mould with each package of Dalton's QUART Jelly Powder and redeem your coupons at your grocer's.

Get the double-size package and the free jelly-mould at your grocer's today and have a real treat for dinner.

10¢

at your Grocer's



HOUSEHOLD ECONOMIC ASSOCIATION MEETS

Mrs. J. L. Hughes Told of Work Done by Society in Early Days.

A well-attended meeting of the Household Economic Association was held in the Margaret Eaton Studio yesterday afternoon. Mrs. Mearns, the new president, was in the chair, and Mrs. James L. Hughes gave a comprehensive address, in which she covered the ground of work done by the society in its early days.

Mrs. Hughes, a former president, told of later endeavors for bettering house conditions in the direction of sanitation.

One Cause of Bad Complexion—The Cure

(From Family Physician.)

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METHODISTS MEET AT HOWARD PARK

New Church Will Be Scene Today of Important Gatherings.

Children's Day at National Stock Show

Admission Will Be Five Cents Tomorrow After Mayor Touches the Button.

Everything is ready for the official opening of the National Live Stock, Horticultural and Dairy Show by Mayor Hocken, which will take place this afternoon at 2 o'clock in the transportation building.

The exhibitors were busy all day yesterday, some working till late last afternoon. Fruits, vegetables, poultry, cattle and horses were brought in by their various dealers and placed in the building.

This afternoon has been set aside as children's day, and they will be admitted for five cents, while for the rest of the week they will have to pay ten cents.

The Strachan avenue and Dufferin street entrances will be open, but will be closed. The sum of \$50,000 will be distributed in premiums and prizes. Hon. Martin Burrell, minister of agriculture for Canada, is expected to be a guest at the National Live Stock, Horticultural and Dairy Show on Thursday.

HEATHER CLUB, I.O.D.E.

The regular meeting of the Heather Club Chapter, I.O.D.E., will be held at the residence of the Hospital for Sick Children, 221 Elizabeth street, this afternoon at 3 o'clock. Plans for the winter work will be discussed.

One of the greatest meetings in the interest of Ontario Methodism, with the exception of the conference sessions, will be held in Howard Park Methodist Church today, concluding this evening with a great mass meeting under the auspices of the Ontario and the Brotherhood of Ontario and the Brotherhood of Ontario and the Brotherhood of Ontario.

Rev. J. W. Aikens, pastor of Metropolitan Methodist Church, and Ven. Archdeacon H. J. Cody, rector of St. Paul's Church, will speak in the evening. During the day Rev. C. W. Welch, president of the Ontario provincial and national councils will be in session.

GOOPS

By GELETT BURGESS



LUCY P. POTTLE
Some children love
to play with ink—
But is it prudent,
do you think?
I think that Lucy
Pansy Pottle
Is foolish when she takes a bottle
And puts it on
the window sill
She is a Goop
It's sure to spill!

Don't Be A Goop!

WALKED INTO SLIP AND WAS DROWNED

(Special to The Toronto World.)

KINCARDIN, Nov. 16.—John Vandal, stine, aged 55, was drowned in the slip at Kincardin street on Saturday night.

Vandaline missed his way along the unlighted slip and fell in. Roy, George's night watchman at Richardson's, saw him and called out to him, but he was too far away to hear him. Cousins telephoned to the police, and twenty minutes later the body was recovered with the use of grappling irons.

The victim of the drowning lived at Cuthbert. He was unmarried.

Mrs. Kelly to Speak.

Mrs. Florence Kelly, secretary of the Consumers' League of New York City, will give an address at the Margaret Eaton Studio at 8 o'clock next Monday afternoon, on "Wages and Morals."

Mrs. Kelly is an author, and has written several books, all of which are interesting and invited to attend next Monday's lecture.

The Double Track Way to Montreal

via the Grand Trunk Railway System. This however is by at 8.00 a.m. 8.30 p.m. and 10.45 p.m. Remember the Grand Trunk is the only double track line.

Berlin, reservation and makes fast particulars at City Ticket Office, 1000 King street west.

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