

**Dr. Leslie E. Keeley**, of the Gold Cure Institute, Dwight, Ill.

"The appetite for Cigarettes is stronger and less easily cured than the liquor or opium habits."

**N. D. Gunn, M. D.**, Demonstrator of Histology McGill University, Montreal, P. Q.

Like Alcohol. "The habit of smoking Cigarettes entails catarrh of nose and throat, weak heart, anaemia, impaired digestion and stunted growth. These are among the physical effects; while irritability, neurasthenia, and depraved mentation are among the nervous disturbances produced by this poison. It will be noted that the consequences are practically the same as those attending the use of alcohol, which being the case, the sale of tobacco should be governed by laws equally as stringent as those governing the sale of alcohol."

**J. A. McArthur, M. D.**, Winnipeg, Manitoba.

"Cigarette smoking is greatly on the increase notwithstanding the deleterious effects on the human system."

**Geo. Hodges, M. D.**, Clinical Med., London, Ont.

"Tobacco in any form is very injurious to young people, and I believe it to be specially so in the form of Cigarettes."

**Dr. J. N. Nelson**, of Danville, Va., says:

Inhalation. "Cigarette smoking is dangerous because of the fact that much of the smoke is filtered through the air passages and lungs, every whiff leaving on them a deposit of nicotine, which is a very deadly poison."

**D. F. Gurd, M. D.**, Montreal, P. Q.

Stunts Growth. "The Cigarette habit is bad, in every way bad. It stunts the growth of the child, lays the foundation for nervous troubles, and often, as in the adult, does serious harm to the eyes and heart. To my mind, what is of greater importance, it has a very decided demoralizing effect—making it easier to do wrong and harder to do right."

**R. Keeley, M. D.**, Analyst and Microscopist Leslie E. Keeley Co.

Weakens Will. "Aside from the tendency to inebriety, Cigarette smoking by the immature causes a partial arrest of growth, both physical and mental, so that a bright child will develop into a weakling, exhibiting little or none of the bodily or intellectual perfection promised during the pre-Cigarette period. In this, as with other evils, prevention promises more than correction; for in this addition, as in others, there is a mental bias that in many cases prevents co-operation in the matter of cure."

**Dr. L. Bremer**, late Physician at St. Vincent's Institution for the Insane, St. Louis, Mo.

Leads to Opium. "There is an alarming increase of juvenile smokers, and, basing my assertion on the experience gained in private practice and at the St. Vincent's Institution, I will broadly state that the boy who smokes at seven will drink whiskey at fourteen, take morphine at twenty-five, and wind up with cocaine and the rest of the narcotics at thirty and later on."

ONTARIO W. C. T. U.—A series of questions sent by the Ontario W. C. T. U. to its 250 Unions contained this inquiry: "What is the age of the youngest smoker in your locality?" The average reply was eight years, though some said seven or six, and one five years.

**Dr. C. A. Clinton**, of the San Francisco Board of Education, has made a special study of the effects of Cigarette smoking among the public school children of that city, and expresses himself in the following unmistakable language:

Cigarette Fiend will Lie. "A good deal has been said about the evils of Cigarette smoking, but one half the truth has never been told. I have watched this thing for a long time, and I say calmly and deliberately that I believe Cigarette smoking is as bad a habit as opium smoking. I am talking now of boys, remember. The effect upon grown men is, of course, not so marked."

"A Cigarette fiend will lie and steal, just as a morphine or opium fiend will lie and steal. Cigarette smoking blunts the whole moral nature, and has an appalling effect upon the system."

**Robert C. Blair, M. D.**, Quebec, P. Q.

"The Cigarette is responsible for many a pale-faced, sickly boy in the City of Quebec. In this old Rock City the girls are ahead of the boys physically, and this is doubtless due to the tobacco habit, in which many of the boys indulge very early."