the unequal heat upon the different parts of the body that produces colds, by disturbing the uniform circulation of the blood, which in turn induces congestion of some part. If you must keep a partially wet garment on, it would be as well perhaps to wet the whole of it uniformly. The feet are a great source of colds, on account of the variable temperature they are subjected to. Keep these always dry and warm, and avoid draughts of air, hot or cold, wet spots on the garments, and other direct causes of unequal temperature, and keep the system braced up by plenty of sleep, and the eschewing of delilitating foods and drinks, and you will be proof against a cold and its results.

The Coal Area in the Cinited States numbers 196,550 square miles; in Creat Britain 5400 : France 984; Delgium 510; Spain 200; Russia 100. It is estimated that the British coal fields contain 190,000,000,000 tons of this fuel, computing the coal veins at an average thickness of 35 feet. The North American coal fields, placing the average thickness at 20 feet, have the enormous amount of $4,000,000,000,000$ of tons.

A Remariabie Spring.-The Gallatin (Teun.) Examiner says:-Col. James Glover, of the California Overland Mail Company, informs us of the existence of a remarkable spring, on his route, 250 miles east of 1 ll Paso, on the road leading to San Antonio. It is fully 150 fect in diameter, and has been sounded to the depth of 8000 feet without finding bottom. The surface is as smooth as that of a mountain lake. It breaks out, ruming about threc miles, when it disappears, and again six miles distant re-appears, forming a stream fifteen to twenty feet deej) in some places. It is slightly impregnated with alkali, and contains five varieties of fish. It is called the Leon Hole.

Fumas Endurasol.-During the Arctic voyares in search of Sir John Pramklin, it was ascertained what a scaman can do in the way of traveling, carrying, and dragsing. The maximum weight proper perman was ascertained to be 220 lbs ., and of that weight, 3 lbs. per diem was consumed by each man for food and fuel-namely, 1 lb . of bread, and 1 lb . of meat, while the other pound comprised his spirits, tea, cocoa, sugar, tobacco, and fuel for cooking. Upon this estimate it was found that, for a hundred days' journey, they could march ten miles per diem, and endure with impunity a temperature of $50^{\circ}$ or $60^{\circ}$ below the freczing point.

Knowledge, softened with complacencand good-breeding, will make a man equal. ly beloved and respected; but when joinè with a severe, distant, and unsociable tem. per, it begets fear rather than love.

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The Westminster Remiew. April 1860.-New Iork: Leonard Scott \& Co: Toromo: 11. Rowsell and the other Beos sellers. The contents of this number are. Vedic Religion ; Manin and Venice in 18.409 ; The Ethics of War; Plutarch adi his Times; Austria, and the Government of ILungary; Parliamentary Reform, the Dangers and the Safeguards; Japan; Dar win on the origin of Species: Contempo rary literature; as will be seen, a very it teresting table.

The Edinbchai Revew for Aprll 1860.-New Jork : Leonard Scott \& Co. Toronto: HI. Rowsell. The Articles areCu:mercial Relations of England an: Frarce; The Youth of Milton; The E pense of Public Education in England: English Local Nomenclature : Civil Corre pondence and Memoranda of the Duke e: Wellington; De Broglies' Church and Rc. man Empire; The Alleged Shakespears Forgeries ; Darwin on the Origin of Sp cies; France, Savoy and Switzerland.
We have received the American reprins of these valuable Quarterlies, through Mr. Rowsell of this city. The price of eithel Review is $\$ 3$ per annum; any one of the Reviews and Blackwood's Magamine, \$5 pe annum; the four Reviews and Blackwood $\$ 10$ per anmum.

Professon Buckland, of Toronto Tres versity, our accomplished and highly e: tcemed collaborator in the conducting d the Agriculturist, took his ideparture fros Qucbec on the 19th of the present mont (May) in the steamship Bohemiau, for Eng land. He designs spending the summer it Lurope, and will risit the great agricaltam! cattle and implement shows in England

