

regard any edible vegetable substance as medicine. They eat with great relish the northern blueberries and cranberries, and where they cannot get these, they take the leaves of the dwarf willows, a plant of the parsley family, called "scurvy-grass" (*Ligusticum*), and almost any kind of sea-weed. On the shores of Hudson's Straits they collect and eat the starchy roots of *Polygonum viviparum*, which grows there in considerable abundance. It is a singular circumstance that, notwithstanding the sameness of their food, and the fact that they never wash either their bodies or their clothing, the Eskimo appear never to be afflicted with scurvy, whereas white men, under a similar regimen, would be almost certain to be attacked.