From the Nineteenth Century From the moment of arrival until leaving Nordrach the patient never breathes one advantage in this is that it keeps the mouth drach is in the Black Forest, at an elevation, makes him familiar with the pole on either of 1,500 feet, surrounded by trees, and a side. After a colt has been driven double long way from a town or even a village. for, say, ten days or two weeks, and has be-The casement windows of the sanitorium are | come "waywised" and handy in turning, kept wide open day and night, summer and backing, standing and knows the meaning winter, and in some instances the windows of "Whoa," hitch singly to a cart, and for are taken completely out of the frames. | the first few times at least use a kicking Thus it is practically an outdoor life the patient lives continuously. There is, therefore, no danger of chills on going out in any

is properly adjusted—that is, about half way
fore, no danger of chills on going out in any

is properly adjusted—that is, about half way
down into them, if you don't want them to kind of weather or at any hour, as the tem- and fastened in the proper position to prevent perature within and without is equal. So slipping either way, thus preventing frightand so hardy is the patient made, and so than good. Then buckle loosely to the shafts invigorated, that on his return to this coun- on either side of the cart. try it is the greatest misery for him to have

feet, with a raise in the longer walks of anwhich the easy walking uphill is eminently ca'culated to effect, while at the same time turbed, and so permits the healing process as at home. There is quite as high a rain- and better wind. fall, and in winter it is much colder. But

o remain in a room with closed windows.

without ever thinking of changing their

perfectly true. country who are ill of phthisis! Why, then, | boot, from scalping. toria not erected at once to cure the hundreds of thousands of those who are ill, and who have not the means to go abroaddoomed to death as if they were already un-der the sod, if some such steps be not at once taken? It is sad to think that all these people must die, when they might easily be

To Prevent Premature Burials.

A bill has been presented in the legislature at Albany, N. Y., which has for its object the prevention of premature burials, and of a doubt that death has actually taken place. It provides that in cities or places where there are 100 or more interments each cemetery shall have a mortuary or mortuarwhich shall provide rooms of sufficient number to enable every body that is received to be placed and kept therein a certain time.

The mortuary shall be constructed of stone, brick or metal, each room to be at least ten feet in length by six in width and ten feet in height; with a door at least six and one-half feet high by four feet wide. Over the door shall be a transom kent open at all hours, and the door shall be kept tantly unlocked. Permission to inspecthe body deposited shall be given at all hours of the day to the relatives and friends

of the deceased, provided that the officer may refuse to permit more than fifteen per sons in one day to inspect the body. No body shall be received unless acc panied by a statement from an attending physician or coroner as to whether or r he has found the following signs of death.

2-Purple discoloration of the dependent parts of the body. 3-Appearance of blistering around part of the skin touched with a red-hot iron.

4-The characteristic stiffness known a riger mortis. 5-Signs of decomposition.

No body shall be buried, cremated or otherwise disposed of in any of the cemeteries, crematories or other places for the final dis posal of the dead before twelve hours shall have elapsed from the time of death, as stated in the certificate of the attending physician or coroner, and before unequivocal signs signs of decomposition shall have appeared. No body shall be exposed in the mortuary death from smallpox, scarlet fever, diphtheria or Asiatic cholera, nor need such exposition take place where death shall have resulted from an injury which shall have used the destruction of any vital organ. In this age of hurry and drive, it is esse ally necessary to ascertain that death has mature burial should be used. The num of those who are buried alive will never known but now and then a case is proven ich shocks the entire country.

he Hindoos hawe no word for "friend.

he Italians have no equivalent for "huhe Russian dictionary gives a word the nition of which is "not to have enough tons on your footman's coat," a secon ins to kill over again," a third "earn by have all learned to consider as of excluely Russian meaning and application, aves upon investigation to be their word nut," and to mean only a " whin of any

The Germans call a thimble a "finger hat," which it certainly is, and a grasshopper a "hay horse." A glove with them is a hand shoe," showing evidently that they wore shoes before gloves. Poultry is "feather cattle," while the names for the well known substances "oxygen" and hydrogen" are in their language "scur stuff" and

The French, strange to say, have no verb to stand," nor can a Frenchman speak of "kicking" any one. The nearest approach ten to give a blow with his foot," the same thing probably to the recipient in either and the energy of our "kick." Neither has he any word for "home" nor "comfort." ns "up stairs" and "down stairs are also unknown in French.

Ask for Minard's and take no other.

Colt Training

The late A. J. Feek, one of the most suc cessful developers of young stock of the past ten years, believed in giving the colt his first lesson hitched double with an older horse, especially were the colt of high mettle and spirited, putting him first one day on the near and the next day on the off side. The but the purest air, as Nor- straight, better accustoms him to the bit and strap for safety, being careful that the strap | ing foods to be devoured.

Do not attempt too long a drive at first. Oftentimes one mile the first few days is daily in proportion of one pint to a mess of Being at such a considerable height-1,500 better than two. Judgment must be used soft feed sufficient for 200 hens. Milk also here as well as in all other stages of a colt's deother 1,500 feet-the patient, to get the same | velopment. However, it may be safe to asamount of oxygen into the system, must same that better results will be obtained by thing else mentionable. No matter how breathe relatively more of the rarefied air, hitching a colt up three times a day for one well balanced it may be, endeavor as much breache relatively more of the raremed air, and thus expand the lungs. In this way the lungs are completely flooded with pure this drive than to hitch him up (at least at this stage of the development) once a day ton. Better bring him in while he has something

air; all the odd corners and crannies, which and drive three miles before unhitching. the almost absolute rest the patient enjoys left in him. A little more time will be seeds are preferred if obtainable,) and let Look well to your colt's feet. I think this it and see. it has been demonstrated beyond a doubt is one feature of colt training that has had Do not forget to examine your hen house

hope of success in this country. He said foot, without cutting the hoof or using nails, it. that it could be worked here quite as well | These tips pass around the hoof about two as at Nordrach, or as in the balmiest clime : | thirds of the way to the heel, as protection that all that was required was a place where to the toe is all that is needed for colts. pure air was to be had, situated well away Another advantage tips have over regular half an acre, and better be two acres. A from a town, at a fair elevation, and the shoes is, that with the latter colts are apt to man to see that the system was properly car- get leg weary and hit themselves, a habit a horse saving much hand labor, which is re ried out. I am now convinced that this is which, once formed, is apt to become permanent. Tips may be used like horseshoes. dom from wind, a high average of sunshine, of iron or steel, with the weight regulated dry climate, and all such other things as are to suit the requirements of the case. An- Or the area can be devoted to potatoes, or generally supposed to be so necessary, go other advantage of tips is claimed by a roots for stock can be increased. Being near

> the coronet—a very sensitive part—he soon fering from an injury by hitting his hind feet with the front ones and when there is no protection from scalping. -Ex.

> > The Farmer's Possibilities.

\$1,600,000 to over \$16,000,000. knowledge. We can make like progress in fresh vegetables for the table all the year other lines by the adoption of similar me- round. - Orange Judd Farmer

"More cheese factories have been built as han as a result of what people have read in books or papers. One cheese factory was an lustration station which served to show how ent home the side yard sloped precipit the work should be done. Similar illustra-tive work should be done in connection with other branches of agriculture."

ccasion to once more advocate the establisher side with coal ashes and a few winter establishing such illustration stations.

"Let me give you another comparison

is required is that the best methods of cul-tivation shall be applied not only to the lands May caught well, and walking over its brought into occupation later on."

Cigarettes. Suppose a boy has a lot of cigarettes and smokes a few of them every day. Is there any injury in this? I can tell you, for I have had such boys as patients. Such smoking, even in so called moderation (as if there were any such thing as moderation in stimulants for the young!) will do three things for him: 1. It will run his pulse up to one hundred or more per minute. 2. It will reduce his weight below the healthy standard. 3. It will reduce his strength and general vitality, as will appear in his pale complexion and his diminished appetite. Cigarette smoking is one of the worst habits phys ically that a boy can form. It injures the heart and digestion, and it tends to check the growth. It gives a lad false and silly notions, and does not bring him into good

company .- Harper's Young People. Snow in the Forest. In the stillness and silence of a dense growth of trees snowfall lies more evenly than it can anywhere else, and even to this day the depth of snow in the woods is in country districts the only recognized measure of the depth of the snowfall. There is a great advantage to the trees having this uniform depth of snow all around them. It prevents deep freezing of the soil, and in many cases prevents it from freezing at all, as there is always a bed of more or less decayed leaves under the snow, and these hold agood deal of air which prevents the descent of the cold. In most cases when a forest becomes so thinned that winds will blow the snow in heaps, some of the older trees will begin to die out. The ground freezes deeper and they no longer get water enough.

—If you have been sick you will find Hood's Sarsaparilla the best medicine you can take to give you appetite and strength.

Keep Minard's Liniment in the House.

Agricultural.

Some Practical Points. Kerosene, remember, is the cheapest of al insecticides. Therefore, don't be afraid to use it liberally on the hen-roosts to prevent lice. Apply some now, for lice do damage

even in cold weather. As the weather grows colder, and the hens have to be confined, it is advisable to place a rusty nail in their drinking fountain. Corn meal mush is an excellent fattener. and especially if fed warm. In case it takes away the fowl's appetite, feed some fruit and vegetables, such as apples and cabbage, These will not cause any loss of the fatter

eat their eggs. A hen rarely attempts to eat eggs unless she can get to them convenient. asant does this living in the open become, ening the colt and possibly doing more harm ly, and generally she requires abundance of room for this purpose. If you cannot obtain meat for your fowls

buy them some cottonseed meal. Feed it is an excellent substitute for meat, being preferred by some poultry-keepers to any-

he has hardly used for years, are ventilated, | Care must also be taken not to keep the | Cover the floor with fine dry leaves or chaff, colt in harness long enough to get tired. to the depth of not less than a foot. Among allows the lungs to be practically undis. needed to break a celt in this way, but the the fowls scratch for it. The fact is, the result will justify the extra time and patience more they are induced to scratch the better to proceed. The climate is much the same in a better broken colt, with a stout heart they will look, the happier they will be, and the more eggs they will lay. Just try

that climate has absolutely nothing to do less careful attention than most any other and see if it is in good condition. If there one thing. Do not let them get footsore are any cracks stop them at once, for to There the patients, who go out regularly day after day, in all kinds of weather, some to break up or their feet begin to get tender the cause of roup. Also, clean out the hentimes walk for hours at a time in the rain, put on a light shoe or tip. Various kinds of house at least once a week, and sprinkle the latter are in use, weighing from three to the floor and roosts with crude carbolic acid wet clothes afterward. This course I still eight ounces each, as required. One kind of (ten cents worth will suffice for a long time,) adopt, and find that such a wetting-sometimes twice in one day—never does me any harm whatever. I asked Dr. Walter if he extending upward about an inch and adapted water is kept fresh at all times, and when thought his system could be carried on with to receive a screw to fasten the tip to the the weather is quite cold never fail to warm

The garden should never contain less than garden of this size can easily be worked with quired in smaller plots. If more is grown than required for home use it can usually be disposed of at some near-by market, or to some neighbor who will not have a garden. Or the area can be devoted to potatoes, or roots for stock can be increased. Driver in the process of the stock of the process of the p both in front and behind, and should be made disposed of at some near by market, or to some neighbor who will not have a garden. for nothing. And this is the crux of the prominent writer on horse development, in the house, it is of easy access, and the farmwhole matter. It is possible to cure here, that they should be used on the colt's hind er can spend many half hours working his on the spot, almost all the people of the feet as a protection, in connection with a toe garden, when he would not think of going to the field for that length of time. fruits, such as berries, currants, etc. Plant begins to hitch and hobble. A colt which is these in single rows, and far enough apart so often called "mix gaited" is in reality sufspace between can be devoted to some vege table, which will compel working around th

shrub. If the market gardener, upon lands ranging in price from \$300 to \$1,000 per The Farmer's Possibilities.

acre, can upon a half doz n acres sell more dollars' worth of produce than are sold off ported to have said:

"We do not realize the marvelous progress grow in his own garden articles for food which has been made in connection with some that will take the place of much of the branches of agriculture. In twenty six years | more expensive commodities bought in town? our cheese factories have increased in number | The garden cannot be had without I bor from 353 to 2,759, and the output from but with less, considering the amount produced, than is required for general farm "Is it possible to make similar progress | crops. Two and sometimes three crops can in other lines in the next twenty-six years? | be grown upon the same ground in one sea-

Soil of Coal Ashes.

a result of seeing a cheese factory in operation A FLOWER LOVER TELLS OF HIS EXPERIENCE When we came into possession of our pres toward the east and was flooded with water during every rainfall, says a writer i Vick's Monthly. Not wishing to have the In this connection Prof. Robertson took expense of grading, we began filling the low-

nent of illustrative stations, such as he spoke sufficed to remedy these evils, but tradition of at the Experimental Union at Guelph, and said: "You cannot raise flowers in ashes," he announced further it was probable that a therefore we fought the weeds which we grant would be made by the Dominion Par- found would grow there, and tried to be paliament at next session for the purpose of | tient. This spring we determined to try a least a few of the hardiest flowers, and re Prof. Robertson then again proceeded to sults have been such that I think they will speak in glowing terms of the importance | be of interest to others. In March the ashes and possibilities of agriculture.

"We do not," he said, "realize the imside we dug a trench for sweet peas, abou were thoroughly raked and rolled. On one rtance of our calling. The output of our 16 feet in length. In this we planted a fisheries amounts to twenty millions, the sweet pea collection. The weather being output of our mines to thirty millions, and | very cold, they did not germinate until late our lumb ring industry to eighty million | in April, and as soon as they were well dollars. But the produce of the farms of started we drew the athes down about them, Canada is valued at \$600,000,000 a year. filling the trench. Once a week they were The farmers produce \$4.50 worth of goods watered with liquid fertilizer, and July 1 divided into several building lots if desired. for every dollar produced from all other they reached nearly to the top of their poulsources. try netting (six feet) and were covered with buds and blossoms. A row of nasturtiums The product of all the gold and silver mines | was equally fortunate and bore more flower of the whole world only amounts to \$410,- throughout the summer than those planted 000,000, while the products of the farms of | in proper garden soil. Dahlias were another Canada alone amounts to six hundred mil- success, bulbs planted in ashes and well watered daily outstripping those in rich "What has been done, however, is nothing loam and bearing more and more handsomer what can be done. We only cultivate flowers than we had ever before raised. thirty million acres in Canada. There are | We have tried several varieties, but cannot 300 million available for cultivation. What speak positively as to results, although the

now in use, but to those which will be green, luxuriant surface you would not dream that beneath lay several feet of coal Bringing Fruit Trees Into Bearing. Fruit trees of any kind frequently grow with great luxuriance. In this they are usually unfruitful. No tree commences to flower and fruit until its vegetative exuberance has been somewhat checked. Those who understand the art of fruit culture thoroughly can bring these way ward trees into a straighter line of duty by root pruning them. It is affected by digging a trench around the tree and then filling it up with the earth that has been thrown out. This cutting off the ends of the roots causes check to the extreme vigor, and the result is the production of flowers instead of branches. The distance from the trunk that the trench should be dug will, of course, depend upon the age and size of the tree, as also its ratio of luxuriance

> The aim should be to dig so as to cut off about one third of its roots. The pear, as well as other fruit trees, is particularly be efitted by root pruning. In recommending Monthly, says it can be carried out at an time during the fall or winter season.

from hulling is the better material, says a

DON'T TAKE

MEDICINE

If you are weak and run down, use Puttner's

Emulsion, which is FOOD rather than medicine. It will soon build you up.

Always get Puttner's, it is the Original and Best.

UNION BANK OF HALIFAX Incorporated 1856.

Head Office, Halifax, N. S. CAPITAL.... \$500,000

REST.....\$225,000 WM. ROBERTSON, Esq., President E. L. THORNE, Cashier

Savings Bank Department. Interest at the rate of

3 1-2 PER CENT. allowed on deposits of four dollars and up AGENCIES .-Kentville, N. S.—A. D. McRae, agent. Annapolis, N. S.—E. D. Arnaud, agent. New Glasgow, N. S.—R. C. Wright, agt. Dartmouth, N. S.—F. O. Robertson,

Korth Sydney, C. B.—C. W. Frazee, agent. Little Glace Bay, C. B.—J. W. Ryan, agt. Barrington Passage—C. Robertson, agent. Clarke's Harbor, sub. to Barrington Pas-

Wolfville, N. S.-J. D. Leavitt, agent. Lawrencetown, N. S.-N. R. Burrown CORRESPONDENTS .-Eng.; Merchants' Bank of Hal John's, Nfld.; Bank of Toronto and

f Exchange bought and sold, and general banking but N. R. BURROWS,

STOVES! STOVES!

R. ALLEN CROWE is still to the front

with his usual large assortment of Ranges, Cook Stoves, Parlor, Hall and Office Heaters.

He would invite an inspection before pur I believe it is. We have made progress in cheese by reason of the diffusion of exact sash the garden can be made to produce Furnaces and Heating a specialty.

Correspondence solicited and estimates Bridgetown, Oct. 15th. 'PHONE 21.

HANDSOME RESIDENCE FOR SALE

The Homestead of GEORGE B. MUR-DOCH, Esq., late of Bridget is now offered for sale.

The aforesaid property consists of six acres of land under a high state of cultivation, and has on it about two hundred and twenty-five upple trees, all in bearing and canable of yielding annually two hundred and fifty barrels of he best marketable varieties, besides plum, ear and chorry trees, with small fruit, brick welling house, containing cloven commodious cooms, besides halls, closets, pantry and porches. Also a large barn, coach-house and other outbuildings.

ALVENIA MURDOCH Executric BESSIE B. MURDOCH.

GRAND DISPLAY ___OF___

Special show days THURSDAY and FRIDAY of this week. COME AND SEE THE

Pattern Hats and Bonnets Also a large assortment of

Sailors and Walking Hats at low prices at

MISS A. L. LeCAIN'S.

Mone Cape East and Child Anchibalis PAIN BALSAM but the best hot medicine for COUGHS. COLDS. CRAMPS. CHILLS. CHOLERA, GOLIG. BEEN USED OVER ETHIRTY YEARS.

WALTER FORD. Fruit Broker BOROUGH MARKET, LONDON, S. E.

All Fruit sold by Private Sale. AGENTS:



Land of Evangeline" Route On and after Monday, Jan. 2nd, 1899. the Steamship and Train Service of this Railway will be as follows (Sunday except-

Trains will Arrive at Bridgetown: Express from Halifax..... 11.06 a.m Express from Yarmouth.... 1.17 p.m Accom. from Richmond... 4.35 p.m Accom. from Annapolis.... 6.20 a.m Trains will Leave Bridgetown: Express for Yarmouth... 11.06 a.m Express for Halifax...... 1.17 a.m Accom. for Halifax...... 6.20 a.m Accom. for Annapolis..... 4.35 p.m

S. S. "Prince George." BOSTON SERVICE,

far the finest and fastest steamer plyi Boston, leaves Yarmouth, N. S., every

Royal Mail S.S. "Prince Edward ST. JOHN and DIGBY. Monday, Thursday and Saturday

Leaves St. John..... 7.15 a.m. Arrives in Digby..... 10.co a.m. Leaves Digby...

Trains and Steamers are run on Eastern P. GIFKINS,



The Shortest and Best Route between Nova Scotia and United States THE QUICKEST TIME. 15 to 17 hours h

Two Trips a Week The fast and popular Steel Steamer BOSTON Commencing Oct. 22nd and until further notice will leave Yarmouth for Boston every WED-NESDAY and SATURDAY EVENING after arri-

rurning will leave Lewis w mart, rosek, ruesday and friday at 12 o'clock, nion Atlantic and Coast Raily of Nova Scotia,
the fastest steamer plying betwee
totia and the United States, and for
pleasant route between above poin
as safety, comfort and speed.

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20 Adelaide St. E

IMPORTANT TO FARMERS It will pay you to place your order with per fruit trees, fruit bushes, hedging, etc., ear ruit trees, fruit bushes, hedging, etc., earl season. As proprietors of the largest nur se in the Dominion (over 700 acres) we ar to speak advisedly Tarwe can utilize the services of a few goo men to sell our goods. DEMAND FOR OU. STOCK IS HEAVIER THAN EVER. Su STONE & WELLINGTON.

PALFREY'S CARRIAGE SHOP -AND-

REPAIR ROOMS. Oorner Queen and Water Sts. THE subscriber is prepared to furnish the public with all kinds of Carriages and Buggies, Sleighs and Pungs, that may be Buggies, Sloighs and Pungs, that may desired.

Best of Stock used in all classes of work.

Painting, Repairing and Vanishing executins after-class manner. ARTHUR PALFREY.

Rridgetown, Oct. 22nd. 1890. 921y

NOTICE. All persons having legal demands against the state of Robert FitzRandolph, late of Lawrencetown, in the Country of Annapolis, farmer leceased, are requested to render the same dulttested, within eighteen months from the dat hereof, and all persons indebted to said estat are requested to make immediate payment to ALDA R. FITZRANDOLPH,

Or BURPEE S. FITZRANDOLPH, Dec. 13th. 1897. Williamston, EXECUTOR'S NOTICE.

All persons having any legal demands agains the estate of Col. W. E. Starratt, late of Para files, in the County of Annapolis, deceased, are requested to render the same, duly attested within eighteen months of the date hereof and all persons indebted to said estate are requested to make immediate payment to SUSAN F. STARRATT, Executrix; A. STARRATT, Executor.

EXECUTOR'S NOTICE! A LL persons having legal demands against the estate of EMILY MESSENGER, lat of Centreville, in the County of Annapolis, decased, are requested to render the same dul attested within three months from the dat hereof, and all persons indebted to same arrequested to make immediate payment to MANLEY BENSON, Executor.

EARN | We Want Reliable Men

"Probably no single drug is employed in nervous diseases with effects so markedly beneficial as those of cod-liver oil."

These are the words of an eminent medical teacher. Another says: "The hyoophosphites are generally acknowledged as valuable nerve tonics.'

Both these remedies are combined in Scott's Emulsion. Therefore, take it for nervousness, neuralgia, sciatica, insomnia and brain exhaustion.

50c. and \$r.oo, all druggists.
SCOTT & BOWNE, Chemists, Toronto

Furniture! Furniture

CRAND Mark Down Sale!

BARCAINS!

BARCAINS! 1.00 p.m. I am offering one of the finest stocks of Furniture to be found in the valley at Cut Prices for December only. Stock selected especially for the Holiday trade and com-plete in growtheast for the Holiday trade and com-Arrives in St. John...... 3 45 p.m.

> Kentville, N. S. Parlor, Dining Room, Hall, Bedroom and Kitchen Furniture in great variety.

> > It will pay you to see this stock. We will be undersold. No trouble to show goods. H. S. REED N. B.—Have one Sewing Machine in stock which will be sold at a great bargain.

EDDY'S Indurated Fibre Ware,

TUBS, PAILS, Etc., e become household necessities. When you ask your storekeeper for INDURATED FIBRE WARE

Insist on getting E. B. EDDY'S Goods. Our Name is a guarantee of quality Inferior Imported Goods

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The above works, for many years conducted by the late THOS. DEARNESS, will

e carried on under the management of MR. OHN DEARNESS, who will continue the Monuments,

in Marble, Red Granite, Gray Granite and Freestone Tablets, Headstones, &c

All orders promptly attended to.

Granville St., Bridgetown, N. S.

SCREEN DOORS. WINDOW SCREENS to fit any size window. Can be

placed on outside, allowing sash to be raised or lowered without taking out screen. POULTRY NETTING. ICE CREAM FREEZERS. CROQUET SETTS,

GARDEN TROWELS, HAMMOCKS. BICYCLE SUNDRIES, TERRA COTTA PIPE, PORTLAND CEMENT.

CALCINED PLASTER

4, 6 and 8 Balls,

HAYING TOOLS! Fine India Steel and Green Ribbed Clipper Scythes. Every Scythe warranted.

GLASS! GLASS! 200 boxes Window Glass (assorted sizes) . a very low price.

H. W. BENSON

CAN YOU AFFORD TO SAVE A small sum each months from your earning A sure way to provide for a start in life. Take shares for your children. \$3 per month, if kept up till maturity, will yield \$500. This will take from eight to nine years. The Equitable Savings, Loan & Building Association.
Apply for prospectus to

In childhood the sleep is somewhat disturbed by what are called night terrors. A child that has gone to bed apparently wel and for an hour or two has slept soundly, or perhaps been slightly restless, suddenly

The Mousehold.

starts with a piercing cry.

He is found, seemingly wide awake, sit ting up in bed or standing in the middle of the room, trembling, screaming and looking tently at some imaginary object. His skin is moist and his hands clutch each other or anything within reach, and when spoken to he does not appear to understand He calls for his mother or nurse, but does not know them when they come, and often alternately clings to and repulses them. After a time, lasting from a few minutes to an hour, or even longer, the child recognizes those about him, and gradually falls into a sleep from which he does not awake

until morning. The conditions which cause them are ometimes easily discovered, but frequently no immediate cause can be found. As a rule however, night terrors occur in children who

are delicate and excitable. An attack is often caused by a disturbance of the digestive organs, resulting from a weak digestion or improper food. Other frequent causes are a catarrhal condition of the nose and throat, enlarged tonsils morbid excitement of the mind during the day fever, worms, teething, irritation of the skin and ill-ventilated sleeping rooms. Fright is one of the least common causes of

his disturbance. Night-terrors of themselves result in little if any, serious harm; but as an indication of a nervous organization they are most valuable. They have been likened to the "slack en speed" signal of the engineer, a signal which must always be heeded. An essential part of the treatment of this

disturbance, then, is a strict attention to the child's surroundings and a careful supervis ion of his training, to prevent, as far as possible, any undue mental or nevous strain. Equally important is it that his food hould be easily digested and nutritious, but not stimulating, and that an effort should be made to improve his general health by bathing, and exercise in the open air. Whenever indigestion, catarrh, enlarged

Fashion Notes.

nsils or any of the conditions which might cause this disturbance are present, they short of them. Perfectly sober and perfectly sane men ould receive their appropriate treatment. Children who, with the exception of an casional attack of night-terrors, are apparently in perfect health, are frequently their own. ured of attacks by eating a supper of bread and milk.

afford a valuable study to the psychologist, but they serve a better purpose perhaps in

giving occasion for laughter as we jog on or The shirtwaist is once more an established hent the stile. act. "Linen material," a new class of goods in cotton and linen, show ginghamlike patterns, and the assortments of genuine giogham in stripes is large and attrac . As a feature peculiar to this year. either diagonally or across and cuffs are as he readjusted his diamond. bunded. Tuckings, likewise, are perferably in graduated rows, but appear in front only, other week. He was an old man, carrying as the back is strengthened by a yoke that reaches well below the shoulders. Cordings and especially hemetitching are noteworthy, and beautifully refined shirtwaists in fine, white linen are varied by rows of hemstitching set in diagonal squares. Cordings run register around, requested him to register. ross or diagonally and in general there is, at least in early styles, a noteworthy prefernce for such outlinings rather than the

engthwise. Pique shirtwaists are made elegant by reason of cordings or hemstitchings nd become useful because thicker than materials just noted, while less warm than Black skirts to be worn with independen waists are again a power, since nothing shows off a colored waist so effectively, and ladies who have black crepon skirts left over from last season, can again count on of his trousers pocket an ancient lo them as serviceable. This from the authorwallet, extracted a greasy \$1 bill and handed itative announcement that crepon weaves come forward with all an original prestige, and not only so, but their influence is plainly perceivable in classes of goods quite foreign, such as grenadines and etamines, both showing crinkles that find a termination in stripes or plaids, since both are very fashionable in all the workings of a modern hotel before he he varieties of fabric under consideration. left him. Polonaises and overskirts, like princess gowns, are established facts and many atractive contrasts and fine pieces of economy as well can be expected, since combination of fabric always tend to economy. Lace

nticipations regarding jacket fronts will ot find disappointment. - Boston Transcript. "Waal,' said he, as he clutched his pocketbook, "how much is it ter come

A Valuable Recipe. Here is a recipe that should be cut out and where it can be seen, for it will save many lollar's worth of time and strengh. Shave ve cakes of good hard soap into just enough boiling water to dissolve them nicely. Stir constantly until soap is dissolved, then add two teaspoonfuls of powdered borax, and a scant teacup of kerosene. Stir it well, then pour it into a covered stone jar, and use it henever anything very dirty, either cloth, tinware, woodwork, or iron utensils, is to be cleaned. Apply a little to the outside of your teakettle, while it is hot, using a flannel cloth for the purpose, and see how bright it will be. Use a little also, when cleaning your windows, and you'll never regard that task as something to be put off as long as possible. For cleaning sinks, wash basins and slop jars, there is nothing that can equal it, and by its use the dish towels can be kept nice and white without rubbing. Put them into a pan of cold water add enough of the A slight coolness followed compound to form a good suds, and let them come slowly to a boil. Let them boil until they are sufficiently clean, then rinse them and hang them out. Such work will almost do itself while one is attending to other duties, and the task of keeping clean is thus

polonaises have been so lovely during win-

er that their continuance must be taken as

robbed of more than one half its terrors. -Wrinkles are caused naturally by age, by the gradual absoption of the little cushion of fat under the skin. They are caused prematurely by loss of sleep, by worry, by ill maturely by loss of sleep, by worry, by in nature, by the very ugly contortions of the features which so many people indulge in of fuestion. He is very iona of expressing this views in general, and his great admiration of his arguments. If he fails to get a listence of the control of the co while talking. Look in your mirror, laugh he will talk to himself in lieu of something wrinkles form. If women would only learn one day at his constant muttering, which he to let their words express their meanings was unfortunate enough to hear, sent for his eyes and mouth into knots, if they would put expression into their eyes instead of vainly trying to make expressions out of are a great annoyance to people who happe ines about the eyes, if they would laugh lightly and pleasantly instead of with the away to yourself, anyhow?" oud guffaw "that speaks the vacant mind." f they would not scold or fret and would sleep enough, they would escape wrinkles, which may be "honorable," but surely are not attractive, for years longer than they

now do.

Cure for Nervous Headache. When suffering from nervous headache, be done very slowly. Relief is certain and in meet cases speedy. Physicians explain the cure by saying that the r-flex action of the body causes a reflex action of the body causes are flex ac

Joker's Carner.

Funny Failures.

"Jog on, jog on, the footpath way, And merrily hent the stile-a; A merry heart goes all the day, Your sad tires in a mile-a." When a college professor gravely apologizes to the cow he has stumbled against, or a literary woman repeatedly runs against one of her own shade trees while discussing metaphysics, the trifling blunders are oft attributed to some peculiar constitution of mind supposed to belong to genius; but there tricks of mind and muscle are common to many in the common footpath way. The lack of coordination between brain and mus-

cle leads to many a laughable mistake, a few instances of which are here given: A woman recently went to purchase some Hamburg trimming, and wishing to put on her glasses opened her umbrella instead, and having a merry heart as well as tricky biceps, she hurried away from the counter convulsed with laughter—the saleswoman no doubt thinking her would be customer was some-

A teacher in a well known academy has a habit of carrying his umbrella over his shoulder like a gun, and one cloudy morning picking up a broom instead of the umbrella he hurriedly walked off with it and would no doubt have gone directly to prayers so accoutred had not his wife called him back. A young lady took an ice cream soda, and took the long spoon away with her, discovering her mistake when she undertook to fan herself with the spoon at a lace counter. Who that uses pen and mucilage has not dipped the brush in the ink, and sprawled

over the paper with pen inadvertently dipped in the wrong bottle? One of the most embarrassing blunders, however, happened to a dainty little lady who has to wear not only false teeth, but two pair of glasses. Sewing at some Dorcas Society not long since, she wished to change careless child, but half attended to her brain and she discovered herself with her teeth in her hands instead of her eyes, as she laugh-

ingly said. Car conductors could tell many a laughable story of postage stamps offered for fares, and passengers both vexed and vexatious who pass their own stations or attempt to stop

have walked in at neighbors' doors and even entered the dining-room before discovering that they were perhaps several doors from These errors of hand, eye and ear would

He Misunderstood. AND THEREBY GAVE THE HOTEL CLERK A "A hotel is a clearing house for all sor and conditions of men," said the hotel clerk,

"An odd character wandered in here the a carpetbag of the vintage of 1849. He came up to the deak in an apologetic sort of way and cautiously asked me if he could get a place to hang out for the night. "I assured him he could and, turning the

"'What fer?" he asked suspiciously. "I informed him that it was customary for all guests to register upon their arrival, and at last I succeeded in convincing him that I was not trying to get be name for any base purpose. He tools the pen gingerly in his fingers and had laboriously succeeded in getting half of his name down, when he sudenly dropped the pen and demanded what the tax would be. I answered, '\$1 up.' "Putting his carpetbag on the floo nchoring is there with one foot, he drew out

it over with the remark that it was pretty steep.
"After prevailing upon him to finish writing his name on the register I handed him over to the beliboy with instructions to see that the old man was made familiar with

"About noon the next day a chambermaid sent down word that the old man was still n his room and refused to come out until he had seen me. I went up to see what the matter was and found the old man sitting on his carpetbag. "'See here, mister,' said he. 'Ye said matter of course, and once more favorable that yer rates was \$1 up?'

" Yes,' I answered.

down ?' ..

don't think ma is."

"I assured him that we wouldn't charge pasted in a corner of the kitchen mirror, him anything, seeing that it was him, and he departed with the promise that he would look us up the next time he came to town.

> Auntie-When I was your age, I never told a lie. Tommy-When did you begin A small boy, writing a composition or Quakers, wound up by saying that the Quakers never quarrel, never get into a fight, never claw each other and never "jaw back." He added, "Pa is a Quaker, but I really

Jones asked his wife, "Why is a husb like dough?" He expected she would give it up, and then he was going to tell her it is because his wife needs him," but she said it is "because he is hard to get off her hands." "Oh, George, said a nervous lady to her husband, "do you think we shall have a safe voyage?" "Perfectly safe," my dear," re-

plied George. "I have been talking with the captain, and he tells me he has nev been drowned yet, though he has been crossing continually since he was a cabin boy -There is an Irish porter employed in a large establishment in the city, one of the kind that will make a witty reply to any sort of question. He is very fond of expressing "Look here, John, did it ever occur to you that your constant talk and muttering

to be about? Why on earth do you chatter "Shure, I have two reasons for "Two reasons! Well, what are they ?" "One of them is that I loike ter talk to a sinsible man, and the other is that I loike ter hear a sinsible man talk."-Tit Bits.

Her One Desire. The pensioned-off "faithful nurse" in ry walking backward. The walking should aristocratic family took a mournful pleasure to done very slowly. Relief is certain and