TORTURED BY RHEUMATISM

"FRUIT-A-TIVES" Brought Quick and Permanent Relief

MR. P. H. McHUGH
108 Church Street, Montreal.
December 10th, 1917.

"I was a great sufferer from *Rheumatism for over 16 years*. I consulted specialists, took medicines, used lotions; but nothing did me good.

Then, I began to use "Fruit-a-tives"; and in 15 days, the pain was easier and the Rheumatism was better. Gradually, "*Fruit-a-tives*" *overcame my Rheumatism;* and now, for five years, I have had no return of the trouble. Also, I had severe *Eczema and Constipation*, and "Fruit-a-tives" relieved me of these complaints; and gave me a good appetite; and in every way restored me to health". P. H. McHUGH.

50c. a box, 6 for $2.50, trial size 25c. At dealers or sent post paid on receipt of price by Fruit-a-tives Limited, Ottawa, Ont.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO—For God and Home and Native Land.

BADGE—A knot of White Ribbon.

WATCHWORD—Agitate, educate, organize.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. B. O. Davidson.
1st Vice President—Mrs. G. W. Miller
2nd Vice President—Mrs. W. O. Taylor
Recording Sec'y—Mrs. Ernest Redden
Cor. Secretary—Mrs. (Dr.) McKenna
Treasurer—Mrs. H. Pineo.

Total Abstinence an Aid to Rec'y from Bat. Mounds and Disease.

The question of the best means to be utilized for recovery from wounds and disease both in conservation of vitality, in order to give the body the greatest possible resistant and recuperative power, and also in the actual treatment of the wounds and disease, has ever been of deep importance. It has become immeasurably more so during the present appalling warfare.

What can materially assist the speedy and sure recovery from battle wounds and disease must be an incalculable boon to individuals and nations. It means that the grief and despair of bereavement will be spared many a home. It means that victory will be more certainly assured and hastened by the quick return of the wounded to the ranks of those upholding the country's flag and honor. Among such invaluable aids to recovery one of the chief is that of the practice of complete abstinence from alcoholic beverages. We subjoin brief particulars of striking evidence from proof thereof.

In 1906 three distinguished British surgeons returned from Russia after a year's service in charge of the Anglo-Russian hospitals there. As with the Russian soldiers generally since the prohibition decree, the 6,000 patients under their care took no alcohol. Commenting on their experience these eminent surgeons stated that 'the Russian soldier is an ideal patient,' and 'his powers of endurance are indeed marvellous,' and sustained by a very simple and comparatively meagre diet, despite exposures to temperatures thirty degrees lower than those of his comrades on the western front, he 'is far less liable' than the latter 'to suffer from frost bite or trench feet.'

The first Graeco-Turkish war of a few years past afforded astonishing proof of the extraordinary endurance of which lifelong teetotalers are capable under most acute physical sufferings. In an interview with the heads of the Turkish Medical department of the 'Red Crescent,' one apparently a Russian surgeon, and the other a Turk—a British correspondent was told that to the date of the interview 1,300 wounded on the Turkish side had been treated, and of these in one case only had amputation been necessary, and in ten only had chloroform been administered. Most of the wounded had waited two or three days before medical attention could be given, and had been 'exposed generally to the fierce rays of the sun in this hot country, and yet they would be found free from fever and would speedily recover.'

The Turkish soldiers were almost invariably strict abstainers. So strict were they that, as stated by the nurses on the Greek side, a wounded man in complete delirium would scornfully refuse brandy.

Similarly both the British and the Boers in the South African conflict in 1899-1902 evidenced the aid to physical vigor and endurance which total abstinence confers.

The first men to succumb on the long exhausting marches were the alcoholic drinkers. Very largely, in the opinion of various physicians rendering medical assistance during that conflict, the Boers' remarkable ability to withstand extremes of heat and cold and the strain of constant bodily effort, and to recover so speedily and surely from wound and accident was attributable to their abstinence from spirituous drinks.

Experiments and Tests.

The annual report of the Dominion Experimental Farms for the year ending March 31st, 1917, is a comprehensive document of some 150 pages, containing matter well worth studying by progressive farmers. It describes briefly and concisely the experiments and tests which have taken place at every farm and station which practically means all over the country, seeing that every province is represented. Just as there is not a branch of agriculture undealt with, so there is not a district the capabilities and possibilities of which have not been tried in the matter of better production by improved methods. In former years the report has been given in two and three volumes and contained accounts of the scientific experiments that have been made during the year, or that were still in progress, written by professional experts of the experimental farm system, but henceforth these are to be given in bulletin form and the Report confined to statements of the year's doings at the score and more farms and stations at different parts of the country. The Report, which, as has been said, will well repay study, can be had free on application to the Publication Branch, Department of Agriculture, Ottawa.

Nerves are Exhausted.

When you have frequent headaches find yourself easily irritated and annoyed, feel discouraged and down hearted, cannot rest and sleep well and find appetite fickle and digestion bad, you may know that the nerves are in a bad condition. Don't wait for these symptoms to become chronic, but start in early with the use of Dr. Chase's Nerve Food and head off disaster.

'I want to have a tooth drawn,' announced the small boy with the steel grey eye, 'and I want gas.'

'You're too young to have gas, my little man', said the dentist. 'Besides, I'm sure you aren't afraid of being hurt. Sit still and be a man.'

'It isn't that at all,' said the boy, 'but I'm afraid I shall not be able to help giving a bit of a squeal when it comes out.'

'Well, that won't matter at all,' said the dentist. 'I'm sure I shall not mind.'

'No but I shall. Look out of that window.'

The dentist looked and saw a lot of grinning lads standing under the window.

'They're all the kids I've fought and licked,' said the customer, 'and they've come to hear me holler.'—Pitsburg Chronicle

DR. A. W. CHASE'S CATARRH POWDER 25c. is sent direct to the diseased parts by the Improved Blower. Heals the ulcers, clears the air passages, stops dropings in the throat and permanently cures Catarrh and Hay Fever. 50c. a box; Blower free. Accept no substitutes. All dealers or Edmanson, Bates & Co., Limited, Toronto.

Pangs of jealousy were in Miss Coldfoot's heart when she heard that her late admirer had been accepted by Miss Lovebird, and when she happened to run across her in the bargain rush could not resist giving her a thrust.

'I hear you have accepted Jack,' she gushed. 'I suppose he never told you he once proposed to me.'

'No,' answered Jack's fiancee. 'He once told me that there were lots of things in his life he was ashamed of, but I didn't ask him what they were.'

CASTORIA
For Infants and Children
In Use For Over 30 Years
Always bears the Signature of Chas. H. Fletcher

One hot day in summer a grave digger was very busy, so he sent his half witted son to the 'pub' for some refreshments and told him to tell the publican that he would pay him when he got finished.

When the boy came back he was empty handed.

The father asked him why he did not get the refreshments.

The boy said: 'Because he chased me when I told him that you would pay him when you came out of the grave.'

Children Cry
FOR FLETCHER'S
CASTORIA

Mr. Talkerton on the eve of a business trip had told his wife a choice bit of scandal concerning one of their neighbors. 'And remember,' he admonished her, 'while I am away that story is to be kept between us two.' 'Oh, certainly,' assented his wife. 'But you must remember while you are away there'll be a lot of people between us two.'

Nothing pleases a man more than steering his wife up against an echo that is bound to have the last word.

The Thrift Car
Overland

BUILT for war-winning work, with roomy accommodations but with no waste space, nor unnecessary weight, Model 90 stands out strikingly as a car which completely measures up to meet conditions *today*.

Its energetic motor gives ample power for any emergency. Its fuel consumption is surprisingly low.

In fact, it is *just* the right car for you right now.

Back of it is a real Canadian institution fortunately prepared to care for all service and parts requirements now and later

Five points of Overland superiority:
Appearance, Performance, Comfort, Service and Price

Light Four Model 90 Touring Car *Model 90 Sedan*
Model 85-4 Touring Car

W. A. Reid, Local Dealer
Phone 70—4

Willys-Overland, Limited
Willys-Knight and Overland Motor Cars and Light Commercial Wagons
Head Office and Works, West Toronto, Ontario
Branches, Montreal, Que., Winnipeg, Man., Regina, Sask

A Comedy of Errors.

The Fire Marshal of the state of Wisconsin has issued a bulletin which he terms a 'Comedy of Errors.' It should have been called a tragedy. It says:

He looked for a gas leak with a match, and found it.

He lighted a match to see if his gasolene tank was empty. It was not.

He smoked while filling his auto tank, but he will do so no more.

He smoked in bed; so did the bed clothes.

He threw the matches into the waste paper basket. He is wiser now.

He threw a cigarette stub into the rubbish.

He saved his oily waste and oily rags and they burned the shop.

He washed his hands in gasolene near the stove. The doctor washes them now.

He did not worry about fires as he had 'plenty of insurance,' and forgot the safety of his wife and children upstairs.

He stuffed up the chimney holes with paper and rags.

She cleaned her gloves with gasolene and saved fifty cents, but paid the doctor and druggist fifteen dollars.

She poured kerosene into the lamp while the wick was burning.

She put gasolene into the washboiler on the stove to make washing easier.

She dried clothes too near the stove.

She used the wrong oil can.

She burned sulphur all over the house to fumigate.

She used the wood box back of the range as a waste paper receptacle.

She gave matches to her children to go out to burn leaves in the yard. The cotton dresses burned easier than the leaves.

She was 'coming right back,' so felt the electric current on in her iron.

She swung the gas bucket too close to the curtains.

She fixed up a fine tissue paper shade for the lamp.

She filled the tank of her gasolene stove while one burner was going.

The comedies have turned to tragedies: many of the scenes of action were in ashes and too many of the actors are maimed or dead, more will follow, no doubt, as they are prone to ignore advice and experience of others instead of profiting by their errors and sufferings

Children Cry
FOR FLETCHER'S
CASTORIA

Sometimes a man loses his job because he doesn't know enough and sometimes because he knows too much.

Children Cry
FOR FLETCHER'S
CASTORIA

A wise man does a great deal of silent thinking and a fool man does a great deal of thoughtless talking.

There is apt to be a bitter taste in a man's mouth after he is forced to eat his own words.

WHEN USING WILSON'S FLY PADS
READ DIRECTIONS CAREFULLY AND FOLLOW THEM EXACTLY
Far more effective than Sticky Fly Catchers. Clean to handle. Sold by Druggists and Grocers everywhere.

For Sale
Hay, Straw, Oats.
Supply Co., Ltd.
CANNING, N. S.

SALE OF LANDS FOR TAXES.

Province of Nova Scotia
Town of Wolfville.

In the matter of 'The Assessment Act' in the matter of lands of Charles Stewart.

To be sold at public auction by the Town Clerk of the Town of Wolfville, at the Town Hall in the said town, on the third day of October A. D. 1918 at eleven o'clock in the forenoon: pursuant to a warrant under the hand of the mayor and seal of the said town of Wolfville bearing date the twenty-seventh day of August A. D. 1918 commanding the undersigned to levy upon and sell the lands hereinafter described for the arrears of rates and taxes due thereon, with interest and expenses, unless, before the time of sale the same be paid to the said clerk:—All that certain lot, piece or parcel of land situated in the said town of Wolfville and described as follows:—

On the north by the road leading from Mud Bridge to Gaspereaux, on the east by lands now or formerly belonging to the estate of the late C. D. Randall, on the south by lands of Martin Pick and the Cemetery land, and on the west by lands of Watson Duncanson, and containing six acres more or less.

TERMS OF SALE:—Ten per cent deposit at time of sale, remainder on delivery of deed.

Wolfville, the 27th day of August A. D. 1918

H. V. BISHOP, Town Clerk.

PORT WILLIAMS FRUIT CO.
LIMITED
Get Our Prices
on Flour and Feed. Oats also on hand. Try a bag of Ground Wheat or Barley. Best feed on the market to-day for pigs or horses.

What about the cows next fall? Bran and Middlings will be very scarce. Place your order now for Oil cake—34 per cent. protein—and avoid the rush.

Open Wednesday mornings only during July and August.

Port Williams, N. S.

NOW IS THE TIME!
To Get Your Furniture Upholstered.
Carpenter work is slack at present, and I am prepared to do Upholstery of all kinds of Furniture also Carriage and Sleigh Seats will also repair Furniture of all kinds.
I have had a large experience in this work and can guarantee satisfacion.
J. C. Bishop, - Wolfville.

"Stop and Rest" Inn.
AN EXCLUSIVE RESORT for Motorists, House and Week-End Parties.
Evening Functions and After-Theatre Suppers arranged. Afternoon Teas.
W. G. STACKHOUSE,
WOLFVILLE, N. S.
PHONE 101

SMELTING IN EXCELSIS

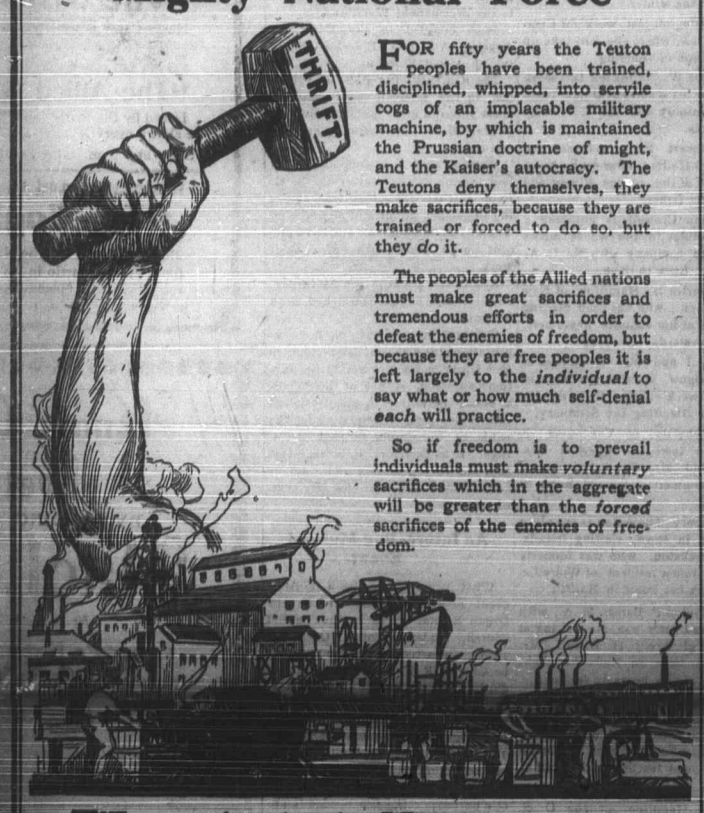
Canada's Only Refining Centre

The Great Smelter at Trail, B.C.

ALTHOUGH, as is well known, a world-wide attention was first directed to British Columbia by reason of the discoveries in the late "fifties" and early "sixties" of alluvial gold in the Fraser river and in the streams of the Cariboo district—and for many years a rich harvest was reaped from these sources—mining as an important basic industry of the Province—and it is now by far the most important industry in British Columbia—was not, fairly launched until nearly forty-five years later; and the building of the Trail smelter, in 1896 by that brilliant young American financier and copper king, F. Augustus Heinze, not only made Rossland, whose mines have since produced gold, silver and copper to the value of $70,000,000 in round figures, but had the effect of enormously stimulating mineral development and the investment of capital in mining in other sections of the province. But Heinze was essentially a business man, and in establishing his smeltery was certainly not actuated by philanthropic or eleemosynary motives. It was no part of his plan to operate the smelter for the profit of anyone but himself. Hence although he received a land grant from the Provincial Government as a consideration for the construction of the smelter and of a narrow-guage railway to afford connection between the works at Trail and the mines at Rossland, and also obtained an assurance from the Dominion Government of a bonus of a dollar on each ton of ore treated, he also took care that the rate imposed on the treatment of customs ores should be a tolerably stiff one. In fact ere long, as the development of the mines progressed and it became necessary to market ore of a lower grade average, the margin of profit left to the miners after paying treatment charges became considerably restricted; and consequently the satisfaction was very general when in 1898 the reduction works and railway were acquired by the Canadian Pacific Railway, and the rates were at once reduced very materially. It is fair, however, to state that the new owners were in a much better position to undertake to smelt at a lower cost owing to the great cheapening of fuel following the development of the Crowsnest coalfield. In 1906, the smelter became the property of the Consolidated Mining and Smelting Co., of Canada, which also acquired at that time the War Eagle—Centre Star group of mines at Rossland, the St. Eugene lead mine at Moyie and other properties, (which since have been further augmented) and the capacity of the plant was greatly increased, so that the undertaking now ranks as one of the largest and most important of its kind in the British Empire. This is attested by the fact that the smelter has treated to date 5,179,307 tons of ore having a gross value of $94,215,754 and representing 1,778,921 oz. gold, 27,500,350 oz. silver, 458,326,524 lb. lead, 75,047,410 lb. copper, and 23,056,196 lb. zinc.

The site of the smelter was admirably selected having regard to engineering and commercial considerations and requirements on an elevated terrace of gravelly soil overlooking the Columbia river; and only a few miles distant are the magnificent Falls of Bonnington, from which the plant derives its power. Moreover, ore can be shipped for treatment to this centre most readily and advantageously from the various localities in both West and East Kootenay, and indeed from much farther afield. In consequence the Trail smelter has become almost a national if not an international institution, since in recent years it has treated, in addition to British Columbia lead, zinc and copper ores, ores from the Yukon, Manitoba, and Ontario, from the United States and from China. From quite small beginnings the works have been expanded until they now cover many acres of ground, and when working at full capacity give employment to 1,600 men, a large proportion of whom are necessarily skilled. In this article it is not proposed to go into technical details, but it may be stated briefly that the main smelting plant consists of four copper blast-furnaces, four lead blast-furnaces, and two 12-ft. basic-lined converters, the product of which is refined locally, employing electrolytic methods. This latter, perhaps, is the most interesting part of the story; and as a national achievement reflects the greatest possible credit on those responsible for its successful establishment. Before the war the only useful metal in refined form produced in Canada was lead, which was exclusively undertaken at Trail; but all our copper and our zinc, both being by the way essential metals in the manufacture of munitions, we shipped out of the country as matte, or in other unfinished state, to be refined, and then to satisfy our own requirements for these metals in finished or unmanufactured form we repurchased at, of course, a vastly enhanced price representing the profits of manufacture in a foreign country plus the import duty. All of which was the reverse of good business. But the war, which has had so stimulative an effect on the national energies in general, influenced action beneficially in this direction also; and upon the urging of the Munition Board those in charge of the Trail Smelter set to work with a will, and succeeded after much experimentation in producing refined zinc electrolytically on a commercial scale. The plant now in operation has a capacity of from 60 to 70 tons of spelter daily, and last year produced 10,000 tons of zinc, having a value of $3,000,000, which, as is stated in an official report, marks "an epoch in the metallurgical history of Canada." So also with the refining of copper, which before the war was on many sides pronounced to be an undertaking that could not economically be conducted in Canada, but which during the past two years has been most successfully carried on at Trail, the two copper converters installed in 1916 enabling the matte from the copper furnaces that previously had been shipped away for further treatment, to be converted into blister-copper, which in turn is refined electrolytically in a plane which has an initial capacity of 10 tons daily, but which since has been enlarged to handle twice that amount. Other products of the smelter are copper sulphate, lead pipe, shrapnel, wire, gold, silver, sulphuric acid, and hydrofluosilicic acid. In short, it is now as complete a metallurgical works as there is on the continent, and as such has played a most important and useful role in furnishing the metals needed for munition making in Canada, thus contributing materially to the effectiveness of the Dominion's war efforts. Nor does this complete its record for patriotic achievement. Since its proudest boast is that it has an honor roll on which is inscribed the names of something like three hundred of its employees, who enlisted voluntarily for overseas service early in the war. Among these are several members of the engineering staff, all of whom have won distinction for conspicuous gallantry and devotion to duty in the battle fields of France and Flanders.—N. L.

Build up the Mighty National Force



FOR fifty years the Teuton peoples have been trained, disciplined, whipped, into servile cogs of an implacable military machine, by which is maintained the Prussian doctrine of might, and the Kaiser's autocracy. The Teutons deny themselves, they make sacrifices, because they are trained or forced to do so, but they *do* it.

The peoples of the Allied nations must make great sacrifices and tremendous efforts in order to defeat the enemies of freedom, but because they are free peoples it is left largely to the *individual* to say what or how much self-denial *each* will practice.

So if freedom is to prevail individuals must make *voluntary* sacrifices which in the aggregate will be greater than the *forced* sacrifices of the enemies of freedom.

THE measure of your love of freedom is your willingness to deny yourself so that the strength of the nation for war effort will be increased.

This self-denial must take the form of *money-saving—thrift*. Each person knows in what way he or she may save.

The national need says you must save, but free Canada leaves it to *you* to say by what means and to what extent you *will* save.

NOW, it is for you, *each* of us, *everyone* of us to say how much patriotic endeavor, how much loyal sacrifice we will make by *saving our money*, by "doing without" so that each day will see a surplus to add to our own and the *nation's strength*. No matter how small the surplus it is important because each saving is an *effort made*, and many small individual efforts make the *mighty national force*.

Published under the authority of the Minister of Finance of Canada.

19

Is Your Paper Paid For?

Eczema Cured Five Years Ago

A Treatment Which Has Proven a Wonderful Healer of the Skin—Certified Evidence of Lasting Cure.

The old notion that eczema is a disease of the blood is refuted time and time again by the cures that are daily being effected by Dr. Chase's Ointment.

It matters not what the cause may have been, if you apply Dr. Chase's Ointment regularly you will obtain relief and cure of eczema. Here is the proof:

Mrs. Stephen G. Thwaites, Box 205, Jordan, Ont., writes: "My brother had a bad case of eczema on his legs. He was troubled nearly all one fall and winter with it, and could not work for days at a time. He tried different salves and ointments, but none cured him. One day he tried Dr. Chase's Ointment, and it gave almost instant relief. He continued its use, but had not quite finished the second box when he was cured. It is now about five years since then, and it has never returned. We certainly can recommend Dr. Chase's Ointment, and are very grateful for my brother's cure."

(Rev. S. P. Coffman, Vineland, Ont., states: "This is to certify that I know Mrs. Thwaites and the party to whom she refers, and her statements are correct.")

Mr. J. M. Jones, 238 University avenue, Kingston, Ont., writes: "I have eczema in my hand for about five years. I tried a great many remedies, but found that while some of them checked it, none cured it permanently. Finally I tried Dr. Chase's Ointment, and in six weeks my hand was completely better. I would not do without a box of Dr. Chase's Ointment in the house if it cost $2 a box. I am giving my name to this firm so that it will get to those who suffer as I did."

Dr. Chase's Ointment, 60 cents a box, at all dealers or Edmanson, Bates & Co., Limited, Toronto. Substitutes will only disappoint you. Insist on getting what you ask for.

Even If War Is On You Must Have Clothes
And we are well prepared to serve you in this line.
Our work in
MEN'S CLOTHING OF ALL KINDS
Is winning us a reputation. We use the best materials, employ the best workmanship and our styles are always right.
We guarantee every garment and shall be pleased to show goods and quote prices.
A. E. Regan, Wolfville

Professional Cards

DENTISTRY.
A. J. McKenna, D. D. S.
Graduate of Philadelphia Dental College
Office in McKenna Block, Wolfville.
Telephone No. 43.

M. R. ELLIOTT
A. B., M. D. (Harvard)
Office at residence of late Dr. Bowles,
Telephone 23.
Hours—8-1 a. m., 1-3, 7-9 p. m.

Charles Hogan, C. E.
Provincial Land Surveyor.
Surveys, Plans, Levelling & Estimates
Church Street.
Greenwich, Kings Co., N. S.
Long distance telephone, Wolfville exchange.

D. S. HART,
Consulting Accountant and Auditor.
WOLFVILLE AND HALIFAX

Expert Piano Tuning Guaranteed
Voicing, Regulating, Repairing. Organs Tuned and Repaired.
M. C. Collins.
P. O. Box 321, Wolfville, N. S.

F. J. PORTER
Licensed Auctioneer for towns of Kentville and Wolfville, N. S.

FOR SALE.

The residence and tenements of late C. H. Borden (3 properties), on north side of Main Street. For sale together or separately. Apply to.

E. S. CRAWLEY,
C. W. MORSE,
Trustees.

E. B. SHAW
Repairing of Boots and Shoes of all Kinds
Has resumed business at the old stand in his new building.
Orders Solicited and Carefully Executed.

COAL COAL! COAL!
Carefully Screened and Promptly Delivered.
Springhill, Albion Nut and Old Sydney.
GIVE US A TRIAL.
Burgess & Co.

'Do you assimilate your food, aunty?' 'No, sah. I doesn't. I buys it open and bones', sah.'

Minard's Liniment Cures Distemper.