

DR. PITCHER CURES A TORONTO TOBACCONIST

Mr. C. F. Helmkey, the Proprietor of the "New Century Cigar Store" 94 Queen St. East, Cured of Acute Kidney Trouble.

He is Strong in His Endorsement of Dr. Pitcher's Backache Kidney Tablets

There are not a few people in the eastern portion of Toronto who know Mr. C. F. Helmkey, who keeps the New Century Cigar Store at 94 Queen Street East. Hundreds who do not know him personally are at least acquainted with his place of business. For some time past Mr. Helmkey has been a victim of kidney complaint in its most acute form, and every remedy he tried seemed to be of no avail to cure him.



MR. C. F. HELMKEY.

He read that Dr. Pitcher's Backache Kidney Tablets were curing cases of severe kidney complaint that other remedies seemed unable to cure, and in consequence he decided to try them. The results were simply marvelous. A few bottles of Dr. Pitcher's Tablets soon removed every trace of the distressing kidney trouble and made Mr. Helmkey feel like a new man. When interviewed about the following particulars:

"Yes," said he, "I suffered from kidney trouble in the most acute and tedious form, and can never be thankful enough for what Dr. Pitcher's Backache Kidney Tablets did for me."

"What were the symptoms of your complaint?"

"Well, I had a terrible pain across the small of my back, an irritable condition of the bladder that caused much suffering. My appetite was poor, and when I ate anything it gave me great distress."

"Had you been troubled that way for any length of time?"

"Yes, for some considerable time. Of course I took all sorts of remedies, hoping to be cured, but kept getting worse all the time."

"Then you say it was Dr. Pitcher's Backache Kidney Tablets that cured you?"

"Most certainly do. I think Dr. Pitcher's Tablets are the only remedy in the world for kidney troubles. This statement may seem extravagant, but I have gone the rounds of all the advertised kidney mania, and Dr. Pitcher's was the only one that touched the spot and cured me."

Dr. Pitcher's Backache Kidney Tablets are prepared from the formula of Zina Pitcher, M.D., formerly Professor of Materia Medica and Genito-Urinary Diseases, Michigan College of Medicine, Detroit, Mich. They are the most effective, scientific treatment for backache, lame or weak back, puffiness under the eyes, swelling of the feet and ankles, dizziness, mist before the eyes, bleeding, gravel, stone in the bladder, high colored urine, sediment, scalding or smarting, irritability of the bladder, frequent calls during the day or night, rheumatism, pains in the joints or muscles, uric acid in the blood, kidney troubles of women, bedwetting of children, and all forms of kidney, bladder, or urinary troubles of young or old.

There is no other remedy so good as Dr. Pitcher's Backache Kidney Tablets. They are chocolate coated, small in size, and easy to take, and every dose helps the cure.

Price 50 cents a bottle, or three bottles for \$1.35; at all druggists, or sent by mail by addressing the Dr. Zina Pitcher Co., Toronto, Ont.

He Got His Tip.

He was a tiny little fellow, surely not more than five years old, and as he called for his afternoon papers at the corner of Twelfth and Market streets many people gazed at him with mingled amusement and pity. He had long brown curls, wet with the drenching rain, and his shrill little voice had a baby lisp. A very stout, elderly woman, apparently weighing close to 200 pounds, paused at the south side of Market street and looked askance at the miniature river of water and at the passing procession of wagons and trolley cars.

The little newsboy was quick to size up the situation. Running up to her, he exclaimed: "Don't be afraid, lady. I'll help you across." Reaching up his tiny little hand, he clutched her by the arm, and together the ridiculous pair threaded their way to the opposite curb. Then the stout woman opened her purse, gravely handed the little fellow a coin and disappeared into the Reading terminal.

WHAT IS THIS
Malt Breakfast Food?

Malt Breakfast Food is a true health food, recommended by the best physicians. Malt Breakfast Food is made from the choicest strength-yielding wheat, and the purest health-giving malt. Malt Breakfast Food is a partially cooked food, and predigests, quickly assimilated, and requires no digestive effort.

Malt Breakfast Food enriches the blood and builds up nerve centres and tissues of the body. Malt Breakfast Food is invaluable for growing children, invalids and convalescents; it is retained on the weak-stomach.

Malt Breakfast Food stands first in public estimation as a grain breakfast food. Malt Breakfast Food is the acknowledged king of all cereal foods; it is used by royalty and the masses.

Your grocer sells it.

RUDE.

"When the lecturer made a grammatical error it brought down the house," said Miss Gurley. "I don't think the house had been so brought up," commented Mrs. Gurley, gravely.

MORE COLDS are cured by Pyn-Pain-Balm than any other remedy. It cures quickly and certainly. Bronchial affections give way readily to it. Manufactured by the proprietors of Perry Davis' Pain-Killer.

Guinea hens yield a handsome profit in eggs.

UP late nights, endless engagements, generally run down? Take "The D. & L. Emulsion of Cod Liver Oil." It will tone up your system and make you feel yourself again. Made by Davis & Lawrence Co., Ltd.

Experience is good if not bought too dear.

Infants too young to take medicine may be cured of croup, whooping cough and colds by using Vapo-Cressoline—they breathe it.

RISTORI AS A DIPLOMAT.

How the Great Actress Won Gortchakof to Her Cause.

Ristori was charged with the mission of bringing round Prince Gortchakof to the side of Italian unity when she went in 1890 to a play at St. Petersburg. As the court was in mourning she was commanded to come and recite "Maria Stuarda" at the Winter palace. Mme. Ristori recited her great part and electrified the court. The czar shed tears.

After she retired from the room where the imperial party was to a salon filled with courtiers, the czar's wife brought up Prince Gortchakof and presented him. He had something to say about the emotional character of Ristori's recitation. He wondered how she could have been so deeply stirred by the sufferings of one who had perished so many centuries ago.

"I was not thinking of her," cried Ristori. "I was thinking of a living and disowned martyr, supposed to be dead, but living. I was thinking of my beloved Italy. I wanted, under the image of Maria Stuarda, to represent to the minds of their imperial majesties the cause of Italian independence in unity, and I think they vibrated in sympathy with my patriotic efforts. I now want to convert you, prince, for I am afraid you think Italy must not be resuscitated, though she has risen as if from the dead and is full of life, energy, hope."

Gortchakof answered in diplomatic commonplace. At length he appeared moved by Ristori's eloquence and said: "I promise to refer the matter to my imperial majesty. You have not pleaded in vain."

Ralph Waldo Emerson's Speech.

There is an old tradition that tells how Ralph Waldo Emerson, the Sage of Concord, once went on a wild, reckless spree. Wary of Marcus Aurelius, Alcott and the serene heights of Concord, he resolved to make a plunge into the vortex of crime and folly in a great city to see vice and the vicious at close range and thus learn by experience of the underworld.

He went straight to the saloon of one Brigham in Boston, in those days famed among Harvard students as the aboriginal inventor of more "fancy drinks" than any one since the days of Elyzer Bacchus. Bewildered by the festive scene and the endless list of beverages he had never heard of, he asked Brigham which one of the whole blubbery catalogue would be relied on to impart the largest sum total of pleasure in the shortest possible time, to which Brigham replied, "Oh, I guess a glass of lemonade would be the right thing for you!"

Supplied the Want.

A certain writer while in San Francisco visited the new house of an old friend, a gentleman of Irish extraction. The hostess evidently took great pride in the house, the furnishings of which were new and beautiful and gave every evidence of taste and refinement. The writer, who has an eye for the beautiful, gave unstinted praise to everything he saw.

"But," he said, "I am sorry to see that your house, beautiful as it is, lacks one ornament which no Irish house should be without."

"What is that?" she asked unexpectantly.

"A pig," replied the writer, with a satisfied chuckle.

The hostess eyes sparkled.

"It did," she said indignantly, "but you have supplied the want."

English Names For Towns.

Many names of towns in England have been appropriated for a similar use in this country. These names frequently indicate in themselves the origin of the towns. For instance, names ending in "chester" or "caster" or "cester," such as Dorchester, Worcester and Lancaster, undoubtedly apply to sites of old military settlements or camps, and the termination is derived from "castra," the Latin word for camp.

Like Lincoln, then it too, is of Roman origin, because the Latin word for color is "lincoln." The syllable "by" ends the word, like Rugby, we then know that the Danes are responsible for the name, for the Danish word for town is by.

Judicial Differentiation.

Dipper (at wayside tavern)—That was Judge Case, who just took a solitary at the bar; know him, I suppose.

Tipper—Oh, fairly well.

Dipper—Extracting fellow. I owed him a small bill at one time, and, being tied up at the time, I went to him for a little indulgence, and he wouldn't even give me thirty days.

Hardcase (interposing)—Excuse me, gentlemen, but I had a little different experience. I didn't owe him anything, and he gave me seven years.

Fertilizer of the Opossum.

The American opossum is one of the most curious animals living in the United States. It is the only one that carries its young in a pouch like the kangaroo. It is the only animal that can feign death perfectly. It is remarkable for hanging by its tail like a monkey. It has hands resembling those of a human being. Its snout is like a hog's, while its mouth is liberally furnished with teeth. Its eyes are like a rat's, and it hisses like a snake.

Too Attractive.

"Now, here," said the salesman, "is a very fine umbrella. The handle, you will observe, is especially attractive."

"That's just what I want to avoid. Every umbrella I ever owned has been entirely too attractive."—San Francisco Post.



Mrs. L. A. Harris, a Prominent Member of a Chicago Woman's Political Club, tells how Ovarian Troubles may be Cured without a Surgical Operation. She says:

"Doctors have a perfect craze for operations. The minute there is any trouble, nothing but an operation will do them; one hundred dollars and costs, and included in the costs are pain, and agony, and often death."

"I suffered for eight years with ovarian troubles; spent hundreds of dollars for relief, until two doctors agreed that an operation was my only chance of life. My sister had been using Lydia E. Pinkham's Vegetable Compound for her troubles, and been cured, and she strongly urged me to let the doctors go and try the Compound. I did so as a last resort; used it faithfully with the Sana-tive Wash for five months, and was rejoiced to find that my troubles were over and my health restored. If women would only try Lydia E. Pinkham's Vegetable Compound first, fewer surgical operations would occur."

—Mrs. L. A. HARRIS, 278 East 31st St., Chicago, Ill.

\$3000 FORFEIT IF THE ABOVE LETTER IS NOT GENUINE.

When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhoea, displacement or ulceration of the ovaries, backache, bloating (or flatulence), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, "all-gone" and "want-to-be-left-alone" feelings, blues, and hopelessness, they should remember there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound, at once removes such troubles.

AN OLD GARDEN.

The Joy It Gives Even Though the Plot Is a Small One.

Perhaps no word of six letters conveys so much human satisfaction as the word "garden." Not accidentally indeed did the inspired writer make paradise a garden, and still today, when a man has found all the rest of the world empty, he turns into his garden. What a need is there of a word to express in rich and poignant symbol his sense of accumulated beauty and blessedness, his first thought is of a garden. The saint speaks of "the garden of God." "A garden enclosed is my sister, my spouse, the love is a garden of spices in her face," he sings, and the soldier's stern dream is of a "garden of swords." The word "heaven" itself is hardly more universally expressive of human happiness than the word "garden."

And you have only to possess even quite a small garden to know why—a small garden. So long as it is old it hardly matters how small it is, but old it must be, for a new garden is obviously not a garden at all. And most keenly to relish the joy which an old garden can give you should perhaps have been born in a city and dreamed all your life of some day owning a garden. No form of good fortune can give you ownership that with which one thus city bred at last enters into possession of an old garden.

A Distressing Dream.

This story told by a man from Hamilton. He dreamed one night that there was concealed about the flat in which he lived a quantity of silver. The next night he dreamed the same dream and told it to his wife.

After a consultation they decided to relish the joy which an old garden can give you should perhaps have been born in a city and dreamed all your life of some day owning a garden. No form of good fortune can give you ownership that with which one thus city bred at last enters into possession of an old garden.

At last, by the advice of friends, he began a treatment of Dodd's Dyspepsia Tablets, and the results in his case were simply marvelous. The first dose gave him positive and instant relief, and before the first box was completely used he was almost entirely cured.

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PERFUMES AND HEALTH.

How Flower Scents May Be Obtained in Three Ways.

Pure violet essence is said to be especially suitable to nervous people, but themselves, not from the chemical imitations. Chemically derived perfumes are irritant, poisonous even, to persons of especially sensitive constitution.

True flower scents are obtained in three ways—first, by spreading fresh blossoms upon glass thickly smeared with pure grease, letting them stand in the sun and as they wilt replacing them until the grease is as fragrant as the flowers; second, by repeatedly infusing fresh petals in oil, and, third, by infusing them in ether, which is then distilled to a dry solid.

As this solid sells for about \$250 an ounce it is easy to understand why the ether process, though far and away the best, is not commonly used. But the scented grease used for the essence made by steeping it in pure spirit are never cheap. After all the scent possible has been extracted from the grease it is still fragrant enough to make the very finest perfumed soap.

All the citrine scents, bergamot, neroli, orange flower water, are refreshing and in a degree stimulating if properly prepared. To make a lasting perfume some animal base is essential—musk, civet or ambergris.

Getting Into Moral Debt.

Philip D. Armour, millionaire and philanthropist, continually warned young men against getting into debt. He loved free men and despised slaves. When asked if he admitted a certain brilliant orator, he said: "He may have a superb voice and fine presence, but can't you hear the rattle of his chain? That man is not free. He is under moral obligations that demoralize him. He is not speaking the deepest thing in his soul, and I haven't time to hear any slave talk. I want a man to be just as free as I am."

On another occasion he said: "Don't get into debt—I mean moral debt. It is bad enough to get into debt financially. There goes a young man who is mortgaged. That young man is legging it along with a debt, and it will take twice as much power to get him along as the man without a debt. There are other debts and obligations that are embarrassing in their entanglements. Don't get into debt morally, my boy; don't get into debt so that you may not exercise your freedom to its limits."

The Sun Is Seldom on Time.

The sun does not keep good time. He is almost always too fast or too slow. Once about the middle of April he is just on time, then not again before the middle of June. At the beginning of September he joins the clock a third time, and lastly once more late in December. Now, it would seem as if he were started at the way he had neglected us. In February he had made up for his neglect of the year before. By the beginning of March he had made up five minutes of his loss, and before the month is over he will have caught up to within five minutes of the schedule. Meanwhile the days have been growing longer very rapidly. We begin March with our nights longer than our days. We end it with our days longer than our nights. In the one month we have added to the length of our day an hour and twenty minutes, a bigger gain than any other month can show.—Professor S. C. Schmucker in Ladies' Home Journal.

The Going to Theater Foe.

Will some one please explain the "going to the theater foe" of the average New Yorker? The question is suggested by a long experience in lobbies while the auditors are passing into the houses for the evening performances. The writer stood for nearly an hour engaged in the seemingly hopeless task of discovering "the cheerful theater-goer." But in they poured, men and women, each and every one with firm set jaw, frowny brow and the look of despair. Perhaps it is because the long distances traveled on crowded cars and the thought of an equally uncomfortable homeward make a night at the theater seem just a bit like work to the residents of this narrow isle.

The Tumbler.

The seed of the globe turnip is about the twentieth part of an inch in diameter, and yet in the course of a few months this seed will be enlarged by the root and the air into 27,000,000 times its original bulk, and this in addition to a bunch of leaves. It has been found by experiment that a turnip seed will under fair conditions increase its own weight fifteen times in a minute. Turnips growing in peat ground have been found to increase more than 15,000 times the weight of their seeds in a day.

There Is a Difference.

City Editor—Why do you say, "He ran into the police station puffing and blowing?" "Puffing" and "blowing" are synonymous.

Reporter—Not at all. There's a vast difference, for instance, between puffing a man up and blowing him up.

An Intense Adaptation.

"Timonore" represented an Indian brave at the "mad ball."

"Oh, was that it? I have been laboring under the impression that he went as a feather duster."

Look.

I am a firm believer in luck. Why, some people are so unlucky that were they to travel backward they would stub their toe.

Old age makes a specialty of discovering lost opportunities.—Chicago News.

Accuracy.

Reporter—The name of that man on the west side who was struck by lightning is Hyslopstokivsky.

Assistant City Editor—What was his name before he was struck by lightning?

Loss of Flesh.

Loss of flesh, cough, and pain on the chest may not mean consumption, but are bad signs. Allen's Lung Balm loosens the cough and heals inflamed air passages. Not a grain of opium in it.

Diseases lurk in the well unless cleaned.

Cures Weak Men Free

INSURES LOVE AND A HAPPY HOME



L. W. KNAPP M. D.

How many a man may quickly cure himself after years of suffering from sexual weakness, lost vitality, night losses, varicocele, etc., and call large, small, weak organs to full size and vigor. Simply send your name and address to Dr. Knapp Medical Co., 1710, Hull Bldg., Detroit, Mich., and they will gladly send the free receipt with full directions as to how you may easily cure yourself at home. This is certainly a most generous offer, and the following extracts taken from their daily mail, show what men think of their generosity.

"Dear Sirs—Please accept my sincere thanks for yours of recent date. I have given your treatment a thorough test and the benefit has been extraordinary. I am completely braced now. I am just as vigorous as when a boy and you cannot realize how happy I am."

"Dear Sirs—Your method worked beautifully. Results were exactly what I needed. Strength and vigor have completely returned and enlargement is entirely satisfactory."

"Dear Sirs—Yours was received and I had no trouble in making use of the receipt as directed, and can truthfully say it is a boon to weak men. I am greatly improved in size, strength and vigor."

All correspondence is strictly confidential, mailed in plain, sealed envelope. The receipt is free for the asking, and they want every man to have it.

Contentment gives a cry, where fortune hath denied it.

AN impossible thing to find is a plaster equal to "The Knapp Medical Co.," which is being limited. Get the genuine. For side aches, back aches, aches, nothing equals it. Made by Davis & Lawrence Co., Ltd.

Evil is soon believed.

THIS will remind you that the pain of strains, bruises and sprains, common incidents of active out-door life is drawn from seething bodies by Perry Davis' Pinkettes, as a magnet draws bits of iron from mud.

Strength and wisdom are not always found together. Remember Samson's fifth sin.

A WORD TO WOMEN.

Any sick woman is invited to consult by letter with Dr. R. V. Pierce, chief consulting physician of the Invalids' Hotel and Surgical Institute, Buffalo, N. Y. In an active practice of more than thirty years, assisted by a staff of nearly a score of associate physicians, Dr. Pierce has treated and cured over half a million women. All diseases peculiar to women are treated with success. This consultation by letter is absolutely free. Every letter is treated as strictly private and answered confidentially. Answers are mailed promptly, giving the best of medical advice. All answers are sent in plain envelopes bearing on them no printing of any kind. Write without fear and without fee to Dr. R. V. Pierce, Buffalo, N. Y.

Enjoy present pleasures in such a way as not to injure future ones.

Mrs. C. C. Richards & Co. Gentlemen—After suffering for seven years with inflammatory rheumatism, so bad that I was eleven months confined to my room, and for two years could not dress myself without help. Your agent gave me a bottle of MINARD'S LINIMENT in May '97, and asked me to try it, which I did, and was so well pleased with the results I procured more. Five bottles completely cured me and I have had no return of the pain for eighteen months.

The above facts are well known to everybody in this village and neighborhood.

Yours gratefully, A. DAIRY, St. Timothee, Que., May 16th, 1899.

Every bird likes his own nest the best.

VERY LOW RATES.

during the months of March and April via Chicago & Northwestern Ry.; \$30 from Chicago to Helena, Butte, Anaconda, Ogden and Salt Lake City; \$30.50 Spokane, \$33.00 Portland, Seattle, Tacoma, Vancouver, Victoria and a large number of other points. Tourist sleeping cars every day from Chicago to the Pacific Coast. For maps and particulars apply to nearest ticket agent or address R. H. Bennett, 2 East King street, Toronto, Ont. 71423

Example is better than precept.

NOTICE

Notice is hereby given that I will not be responsible for any debts contracted in my name without a written order signed by me.

JOS. A. MILLER, Woodgreen E. O.

TEA AND TEAS

Glenn & Co's., William St.

Import direct from London, England, the finest Oolong, Assam and China Teas. Try our English Breakfast Tea. No other so good.

VERY LOW RATES

Every day during the months of March and April, 1902, the UNION PACIFIC will sell Colonist one-way tickets at the following rates:

—FROM—

MI SOURI RIVER

\$20.00 To Ogden and Salt Lake City.

\$20.00 To Butte, Anaconda and Helena.

\$22.50 To Spokane.

\$22.50 To Points on the Great Northern Ry., Spokane to Wenatche Inc. via Huntington and Spokane.

\$25.00 To Points on Great Northern Ry., West of Wenatche, via Huntington and Spokane.

\$25.00 To Portland, Tacoma and Seattle.

\$25.00 To Ashland, Oregon, and Intermediate Points, including Branch Lines on S. P. Co. South of Portland, via Portland.

\$25.00 To San Francisco, Los Angeles and other California Points.

Full Particulars cheerfully furnished on application to:

G. G. Horring, G. A.

126 Woodward Ave., Detroit.

Money to Loan on Mortgages at 4 1/