

FIVE MINUTE SERMON

BY REV. WILLIAM DEMOUY, D. D. NINETEENTH SUNDAY AFTER PENTECOST

RENEWAL OF SPIRIT

"Brethren: Be renewed in the spirit of your mind, and put on the new man, who according to God is created in justice and holiness of truth." (Eph. iv. 23.)

From the fact that we are all sinners it follows that we must, at least periodically, endeavor to effect a reform within ourselves. Sin disposes us more and more to sin, and unless we renew ourselves, we are liable to come under the influence of our enemy, or become a slave to habit.

The victims of habit are hard to recall to the path of duty. Sin has made such inroads into their nature that they effectively feel inclined to nothing else. A strong will—a will that has been trained by stern discipline—and an abundance of God's grace, are the only medicines to apply to these sad cases.

But it is not only those who are in the clutches of bad habits who must recall themselves to duty and bring about continual reforms in their lives; it is the work of the virtuous as well. We have an injunction from God to perfect ourselves even up to the day of judgment.

But a terrible awakening followed. The blasphemous idol that had been erected in Russia is now devouring the children of those who helped set it up. Zionist papers publish a report from the pen of the public writer de Vries, the editor of a German paper appearing at Reval, on his impressions and experiences in Russia.

Christians, young and old, occasionally at least, should rouse themselves and see whether they are progressing. If not, though they think they are standing still and can save their souls while doing so, nevertheless they must renew themselves and advance. Salvation is

worked out only by advances, never by the so-called holding of one's ground. In virtue we must advance. As from a physical standpoint, an increase in age is inevitable; so, from a moral standpoint should growth in virtue necessarily come. Too many have gone backward simply because they were satisfied to arrive at a certain degree of sanctity. They thought further advance to be impossible, or else to be attained only by saints.

From babyhood to adolescence is the time of growth—the time when the body is being built. The food must be such as will build muscle, nerve tissue and bone. Virol is a food specially designed by Medical and Food Experts to meet the needs of growth.

FEED YOUR CHILDREN UPON GHOST CEREALS

—if you will, but a farmer would laugh at you if you told him to feed them to his live stock, for he would know that live stock will soon die if fed upon them exclusively.

Ghost cereals is the name science applies to certain unsubstantial cereal foods whose chief claim for your attention is flavor and ease of serving. Now would you not rather buy real foods, especially for your children, than to buy these fancy packages which, without milk, are hardly foods at all?

JEWIS ALSO PERSECUTED BY SOVIET REGIME

When the Empire of the Czars had been broken to pieces by Bolshevism and more and more Jews made their appearance as leaders of the new régime in Russia, there were not a few Jews in Europe who were exultant and thought that the beginning of a new dominion of Judaism had come.

This order," de Vries writes, "has fought the struggle against the Jewish bourgeois with the same consequences as it did in the case of the Christian bourgeois. It is a fact that in the large towns the Jewish race—as soon as its members have fallen away from their old faith—is subject to even more rapid decay and disintegration than other races.

As soon as the members of the Jewish race come into the large towns they are exposed to a



The Critical Age of Growth

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relentless and unsparring propaganda on the part of the Communist party, a propaganda which is directed against religion in general, but mainly against the Jewish religion.

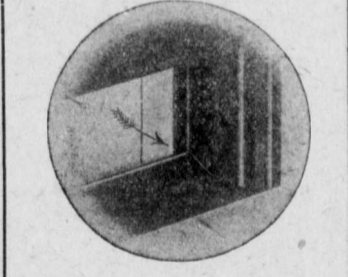
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Booze Must Not Come Back!

Only By Voting Can Ontario Citizens Defeat the Desperate Liquor Interests

THE lawless liquor traffic dies hard. But good citizenship is a patient executioner in Ontario. Again and again Ontario citizens have registered their determination that the moral and economic waste caused by booze must cease.

O.T.A. is Hated for Its Good Work

Desperate because the O.T.A. has cut down drinking by 90%, the liquor trade seeks the death of the finest temperance measure Ontario has ever had. Distiller, brewer and bootlegger are arrayed against the forces of reform.

Rally to Its Defence!

The same sordid story comes from every province where so-called government "control" has been blindly adopted. More drinking, more drunkenness, more crime, more accidents, more misery, more waste—and, above all, infinitely more of the curse of bootlegging.

To legalize the sale of booze for beverage purposes, though in sealed packages, is to re-establish the liquor shop

The Ontario Plebiscite Committee

2 Toronto Street, Toronto G. B. Nicholson, Chairman

INC. 1892 The Peoples Loan and Savings Corporation HEAD OFFICE: 428 Richmond St., London, Ont. BRANCH OFFICE: 14 Sandwich St. W., Windsor, Ont. Savings Department Investment Department

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Are you in favour of the continuance of the Ontario Temperance Act? Are you in favour of the sale as a beverage of beer and spirituous liquor in sealed packages under Government control? Your Ballot is Your Weapon You know that, but you must VOTE. Your weapon, the ballot, must be used. Vote yourself, and use your influence to have every qualified elector within your home and your place of work do likewise.