

SPARKS FROM OTHER ANVILS.

The Advance: Men noted for their courtly treatment of the devil in the pulpit should at least maintain the forms of politeness in a controversy with their Christian brethren.

South Western Presbyterian: Resisting storms makes the sturdy tree. The tempest beating upon its head makes it sink its roots deeper into the earth and get both a firmer grip on the rock beneath around which it winds its roots and more nourishment from the soil which feeds and strengthens it.

Herald and Presbyter: When a minister begins to talk about the "insincerity of the clergy," and says that ministers don't preach "because they have something to say, but because they must say something," he is ordinarily giving a picture of his own state. If he can see nothing but insincerity in his brethren, the insincerity is probably all in his eye or in his own heart. One who thinks the whole world crazy is ordinarily crazy himself.

Christian Observer: Our Saviour cautions his followers against the mistake of thinking they "shall be heard for their much speaking." This caution is needed in a great many things besides prayer. Many an able sermon or lecture is ruined by this mistake. The truth is plainly, powerfully presented, but the speaker, be he lecturer, or advocate, or preacher, does not know how to stop when he has produced the all impression on the mind of the hearer, and by what follows, he blurs and perverts what he has said, and the result is that he has obliterated the lesson he tries to teach.

HEALTH AND HOME HINTS.

To Test Jelly.—When there is a doubt of jelly or jam not setting, set the pots in the sun and cover with a sheet of glass; remove the glass from time to time and wipe off any moisture that the sun may have caused to accumulate on it. After having remained one whole day in the sun the jam may be covered down.

To prevent pictures from getting spoiled by hanging against a damp wall nail small, flat pieces of cork at each corner of the back of the frame.

Never think that the feet will grow large from wearing proper shoes. Pinching and distorting makes them grow not only large, but unsightly. A proper, natural use of all the muscles makes them compact and attractive.

Southern Rice Bread.—Beat two eggs without separating until very light; add a pint and a half of milk; mix; add one tablespoonful of melted butter, one pint of white cornmeal, half a pint of cold water, a teaspoonful of salt, and beat thoroughly for about three minutes; then add two tablespoonfuls of baking powder and beat quickly until thoroughly mixed. Grease three jelly-cake tins, turn in the mixture, and bake in a quick oven for thirty minutes.

LIQUOR AND TOBACCO HABITS.

A. McTaggart, M. D., C.M.
75 Yonge Street, Toronto.

References as to Dr. McTaggart's professional standing and personal integrity permitted.

Sir W. R. Meredith, Chief Justice.
Hon. G. W. Ross, Ex-Premier of Ontario.
Rev. John Potts, D.D., Victoria College.
Rev. Father Teefy, President of St. Michael's College, Toronto.
Right Rev. A. Sweatman, Bishop of Toronto.

Dr. McTaggart's vegetable remedies for the liquor and tobacco habits are healthful, safe, inexpensive home treatments. No hypodermic injections; no publicity; no loss of time from business, and certainty of cure. Consultation or correspondence invited.

AN ENGLISH PEERESS.

Praises Dr. Williams' Pink Pills for Pale People.

From the London (Eng.) Star.

Though sharing with many of our old nobility their traditional reluctance to emerge from aristocratic privacy and come before the public as the subject of a newspaper article, the light ion. Lady Haldon has expressly permitted the publication of a statement recently made to a representative of the Star regarding her wonderful cure by Dr. Williams' Pink Pills.

Recognizing that the words of a titled lady in her position must necessarily bear great weight with the public; realizing that in respect to the ailments of the body, prince and peasant, lord and laborer are alike; earnestly desiring that the benefits she had derived from Dr. Williams' Pink Pills should be publicly acknowledged, in the hope that other sufferers might be influenced by her testimony, Lady Haldon waived all personal reluctance and told a story which cannot but impress every reader who considers for a moment the serious reasons which must have prompted a member of the British peerage to come forward in this way.

Lady Haldon's opening words emphasize the lofty motive with which she granted the interview.

"For the sake of all sufferers," said her ladyship, "I want to tell you what Dr. Williams' Pink Pills for Pale People did for me when I had given up all hope, even though, as was natural in my position, I had the best available professional treatment.



LADY HALDON.

"I have been a great traveller. Five years ago, when I was residing in Australia, my heart became seriously affected. Symptoms of advanced Anaemia showed themselves. One of the results was the most acute indigestion you can imagine. I suffered severely in the back and under the shoulder blades; but there were present in an aggravated form all the symptoms of indigestion, including an especially severe oppression of the chest. I was most careful in my choice of food, but dieting brought no relief. Even after a glass of water my discomfort was almost unbearable. Food of any kind caused me such misery that I grew to have a strong aversion to it. I ate less and less, till I was practically starving myself. I could hardly get about, for in attempting to walk even the shortest distance the dreadful palpitations of the heart would make me feel as though I were suffocating.

"As the anaemia developed, I grew still more alarmingly ill. I could not sleep at night. My whole system was deranged. My nerves broke down; my head ached constantly until I could only read by the aid of glasses."

"Such suffering must have interfered with your enjoyment of life, Lady Haldon?"

"It did, indeed, and it also took all the pleasure out of travel. When I was in Russia I really thought I was dying. I was ready to do anything or go anywhere to seek relief and release from anxiety. I had the advantage of the treatment of many leading physicians. My illness seemed so deeply rooted that I determined to go to Switzerland for a course of treatment at the Clinique de la Caroline, where I was, for a time, assiduously attended by physicians of European reputation.

"To attempt to enumerate the medical men who have prescribed for me at various times, unfortunately without any lasting success, would indeed be a lengthy task, and outside the object of this interview. Suffice it to say that about August, 1903, after my return from Australia, I was nearly prostrate with one of my attacks. I was travelling by train, but felt too ill to read until, casually picking up a small pamphlet referring to Dr. Williams' Pink Pills for Pale People, I became so interested in some cases mentioned therein that I determined to give a trial to the medicine which appeared to have effected such miracles.

"What arrested my attention was the straightforward simplicity of the stories. We are all human—all liable to the same complaints—and I found my sufferings were exactly like those of other women who had been cured. As I read the simple facts of their experience, I became convinced. I procured a supply of Dr. Williams' Pink Pills and commenced taking them as directed.

"Within a few weeks I was astonished at the change that had already taken place, and the great improvement that had resulted in so short a time. I procured further boxes of pills, and very soon I was delighted to find that all traces of my complaint had practically vanished.

"I could now walk moderate and even long distances with an entire freedom from pain. My appetite had returned with a heartiness and vigor that surprised me, and my general health was such as I had not enjoyed for many years.

"I have ever since made it a rule never to be without Dr. Williams' Pink Pills, and both at home and abroad I find them to be my truest and best friends. Through their aid I have, at various times, in distant and out-of-the-way parts of the world, been able to give relief to sufferers. I remember how, when I was in Roustoff, South Russia, I met at the Hotel Continental, a poor, anemic creature whose sufferings were terrible. I advised her to try Dr. Williams' Pink Pills, and gave her some from the supply which I always carry with me. To her great surprise and delight the pills speedily cured her; and she was so grateful to me that she gave me a beautiful snake-ring as a keepsake. I treasure that ring," said Lady Haldon, impressively, "for I, too, know how to be grateful for relief from pain."

"Have I your permission, Lady Haldon," inquired the interviewer, "to publish these facts without reservation?"

"I shall be delighted if you will," her ladyship replied. "It gives me the greatest pleasure to testify as to the undoubted efficacy of Dr. Williams' Pink Pills for Pale People, and you have my full permission to publish my tribute to their merits."

Previous to his withdrawal, the journalist was entrusted with a portrait of the beautiful Lady Haldon, bearing her autograph, which he was desired to present to the Dr. Williams' Medicine Company. A portrait sketch from the photograph is published with this interview by her ladyship's express permission.

The Japanese government is printing a complete record of the war. The document will be made public at the close of hostilities. It will be issued in English and French, as well as Japanese. Willing to be willing