

## OUR ALLIES' RATIONS

(Compiled from official information.)

	Great Britain.	France.	Italy.
Butchers' Meat.....	Weekly Ration—3 coupons at 7d. each. Quantity estimated at average for adults of 20 ozs.; for children, 10 ozs.	Meat scarce and prices very high. (Beef is difficult to obtain at 60 to 91 cents per lb.; Pork, 80 cents per lb.)	3 meatless days per week for all Italy. Meat scarce and prices very high. (Beef 72-89c. per lb. Veal 66-79c. per lb.)
Bacon.....	Cards not required now. Actual weekly consumption in recent weeks per head of civilian population, 9-1/9 oz.	Prices high; quantity available is limited.	Rationed locally in small quantities. (In Milan 5 ozs. per month.)
Bread.....	War Bread only..... Not Rationed.	Weekly Ration—Average 4 lb. 10 ozs. of War Bread.	Weekly Ration—Average for sedentary people 3 lbs. 8 ozs. of War Bread. Additional allowance for heavy workers. Macaroni rice and maize flour are also rationed.
Butter and Margarine.....	Weekly Ration—5 ozs.....	Little obtainable. Butter 90c. per lb.....	Rationed locally, 1 1/4 to 2 1/4 ozs: Olive oil, (more important) from 1/2 pint to 1 pint per month (recently less).
Lard.....	Weekly Ration—2 ozs.....	Little obtainable.....	Rationed locally. (In home, 2 1/4 ozs. weekly, alternatively with olive oil).
Sugar.....	Weekly Ration—8 ozs.....	Weekly Ration—4 1-10 ozs.....	Weekly Ration—2 1/4 ozs.
Tea.....	Distributed on basis of a ration of 2 ozs. per week.	.....	Rationed locally.

Baron Rhondda's last message to Canada before his death: "Dominion Day is a fitting occasion to express, on behalf of all those responsible for food administration in the United Kingdom, gratitude to Canadian men, women and youths for the way in which they have decreased their consumption of essential foods and increased production."