

either during health or disease. Consumptives do not need condensed air, artificially organized air. *They need pure fresh air, and power to breathe enough of it.*

In order to secure this, the capacity of the chest must be enlarged, the motions of its walls restored, so that they will readily and fully expand with every breath. The requisite quantity of fresh air will thus be secured without perceptible effort. The respiratory muscles must be invigorated, and the blood circulation controlled. In proportion as these indications are accomplished, the breathing becomes calm and deep, even when indulging in exercise. The blood is abundantly supplied with oxygen. The life forces no longer languish for want of this vital gas, their natural stimulus, and the symptoms of disease give place to the evidences of returning health. In many cases all these ends can be accomplished by the medical specialty known as the Swedish Movement Cure.

THE OPINIONS OF AN EMINENT PHYSICIAN REVIEWED.

Dr. Chambers, Physician to H. R. H., the Prince of Wales, says:—"It is truly by the aid of the digestive viscera alone, that consumption is curable. The chest is the battle ground of past conflict, the stomach the ripening ground for new levies of life; your aim should be to get the greatest possible amount of albuminous food fully digested and applied to the purpose of the renewal of the body, at the same time that the renewing agencies are brought to their highest state of efficiency. In this way, a healthy cell-renewal takes the place of that morbid cell-renewal that appears in the shape of tubercular matter."

The views of the distinguished lecturer are right so far as they go. To increase the appetite of a consumptive to a healthy standard, and enable him to make his food into good blood, is to cure him. But the amount of food a man can dispose of, bears an exact ratio to his respiratory capacity. Diminish this, or supply him with