2 19 1917

DNDER T CHANGE

s He Was on Nervous

own.

ends all tell me a different person ng Tanlac, and I r this medicin 'I can work as said Fred Baker. yed by the Steel lying at 39 Mari-

ago, when I went shift," he contin-hours and habit and I began t fast. My nervous as peevish all the rn out it was all st patience with ldn't even stand a around. I tried day, but my rest, and when the n again I could before the other. my strength and actually on the breakdown when

ppetite began to t better before I y first bottle, and to fill my lunch and then I don't and then I don't my nerves have I am never cross fore. I have got nout feeling, and ms to be just as y work used to be, and dandy all the

Toronto by Tame and by one regu-cy in every town,

, 93 Euclid ave September 5.
Indson, 31 Grace
itted to the Aug.
Rouen suffering
He is 23 years of

er, who formerly broke street, has acdonald Wilson . He is 19 years

ilson, son of J. A. street, is reported ars of age. nedy, 106 Marion nce Aug. 21. wn appears in the s missing. He is

62 Power street. , who went over-Battalion, is re-20 years of age.

GES MADE CAL SOLDIER

is Court-Marina Military

e serious violamilitary regula-AcGlade, formerly on, C.E.F., was -martial, presided R. H. Benson, of olion, Central On-Lieut.-Col. rt, and appeared oner. Capt. F. M. ry hospitals comprosecutor. The will not be made een confirmed by aff in about ten accused of hav-

D. B. Cramm, of August 13 by head with some ed in paper. was produced as eapon as the one him. The second were to the effect ck Sergt George military police, the command of a ving failed to re-room when told to deaded not guilty

TO JAIL.

F. Cook, J. Crisp came before Judge ay on charges of the premises of and the Universal e sum of \$19.50 of 33 Sherbourne ling a motor car, ur Wilson of Fuxesterday for senwas found guilty sentenced to one sp, guilty on two nonths, and Cook, tilty on all three ced to six months, tion for the jail

IL FARM.

ot William Dun-Toronto from days at the jail eared in police

ty and expense, it is reassuring dual boxes (ac-

LIMITED

NA, SASK.

WILL INAUGURATE TRAINING SHIP

Arrangements Completed for Interesting Ceremony Under Naval League.

An unique event will take place Saturday afternoon when for the farst time in its history Toronto will have an opportunity of seeing the boys of the naval brigade go thru their drill on board a real training ship. The sion will be the inauguration of the training ship, "Commodore Jarvis" which will take place in front of the club house of the R.C.Y.C. The final arrangements were made at pecial meeting of the Toronto Naval

ague, held yesterday afternoon, pre-1 over by Rev. Russell MacLean, dent. It was stated that Ludy on will act as hostess when the he boys of the naval brigade wil given, and in addition rowing com titions will be held. The trophy for owing will be the gift of Rev. A. Hall,

Many distinguished people will be present, including Sir William Hearst, the mayor, Commodore Jarvis and Justice Craig, chairman of the National Council of Sailors.

At yesterday's meeting it was an-nounced that E. B. Collett had presented a gasoline launch to the league.

HELD FUNERAL SERVICE

AT EDGE OF RAVINE Large Gathering of Friends Paid Last Tribute to Late Harry Ryrie.

The funeral of the late Harry Kyrie took place yesterday afternoon from his home, 1 Highland avenue Rosedale), at 3 o'clock The casket, surrounded with beau tiful floral tributes, was moved to the edge of the ravine. Here, in the pen, on the lawn, under the trees that he loved so well, the last solemn rites were conducted. The simple service was conducted by Rev. T. T. Shields, pastor of Jarvis Street Baptist Church, of which Mr. Ryrie was an active member, assisted by Rev. Dr. Cody of St. Paul's, a lifelong

friend of the family. After the funeral ceremony the motor cortege left the house for Mount Pleasant Cemetery, where in terment took place in the family plot. Both clergymen again took charge of the short service.

The pall-bearers were: Thos. A. Bradshaw. E. R. Wood, A. T. Web. ster, Chas. E. Lailey, Fred. Sparling. A. T. Reid, C. N. Candes, Geo. A. Warburton, T. A. Brown, W. A. Kemp. D. E. Thomson, K.C., Edmund Burke, Frank A. Rolph, W. M. Birks (Montreal), R. J. Cooper, N. C. Maynard, Representatives were present from Janvis Street Baptist Church Y. M. C. A., Lambton Golf Club, 'Trinity School (Port Hope), Ryrie Bros. staff, Henry Birks & Sons. Representing two sons, Ross and Jack; his son-in-law, T. H. Garrett of St. Louis, and brothers, W. P. Ryrie and Jas.

LODGES

amissions Presented to New Officers of the I.O.O.F.

arkdale Assembly Hall, Lansdowne snue, was the scene of a large and thusiastic gathering of Oddfellows umbering about 300, representing the ubordinate districts of 35 and 36, and neampment district 16B. It was the ceasion of the presentation of their commissions to T. E. Love, D.D.G.M., District No. 36, by Grand Master C. H. Mann, of Hamilton, and to C. H. Casson, D.D.G.P., District No. 16B, by Grand Senior Warden M. Sinclair. Presentations of collars and jewels were also made to each of the three members on behalf of their respective lodges and districts. Past district deputy jewels were also presented to the retiring officers in the districts, W. P. Goodman, P.D.D.G. M., and S. Wright, P.D.D.G.P. Following the ceremonies supper was served, when the usual toasts were honored. The chair was taken by S. C. Parks, P.G.M., and addresses were given by G. H. Mann, Grand Master; Grand Warden Sinclair, and many others.

WILTON LODGE, I. O. O. F.

It was reported at last night's meeting of Wilton Lodge, No. 242, I. O. O. F., in the Oddfellows' Temple, that the final arrangements have been completed for the program for the winter session. It will include social evenings, when addresses of a patriotic nature will be delivered, and special attention will be given to the degree work of the lodge. There was a large attendance and the chair was taken by W. Earle, noble grand.

PROSPECT LODGE, I. O. O. F.

The holding of the annual roll call was discussed at last night's meeting of Prospect Ledge, No. 314, I. O. O. F., in the Oddfellows' Temple. It was stated that this is advisable in order to enable the holge to get in touch with every member both in the city and cutside. This lodge has an honor roll containing 38 names, of whom two have been killed in action, one passed and one returned home wounded.

DISTRICT DEPUTIES MEET.

The first organization meeting of the district deputies of various branches of the order of NOO.F. in the city was held last evening in the Oddfellows' Temple. A. Rodway, D.D.G.M., was elected chairman, and C. H. Casson, D.D.G.P., secretary. The committee is made up as follows: E. R. Harris, D.D.G.M.; T. E. Love, D.D.G.M.; W. Johnstone, D.D.G. M.; G. Allward, D.D.G.M.; G. Ferris, D.D.G.M.; Mrs. Warwick, D.D.G.P.; Miss Bell, D.D.P., and Miss Gibson, D.D.P.

UNITED DEGREE MEETING

special united degree meeting was last evening by the Black Knights

The Toronto Sunday World IS FOR SALE BY ALL NEWS.

5c Per Copy

Readers and Dealers are advised that he price of The Sunday World HAS LOT been increased.

Members of sister lodges will be

GIDEON'S CHOSEN FEW L.O.L.

ried. The entertainment program is progressing favorably, and record meetings are looked for during the coming session. The chair was taken by W. A. Fenton, wor. master, WILSON LODGE, A.F. & A.M.

The regular meeting of Wilson Lodge. chair being taken by R. T. Lewis, wor. of \$100 to \$25. Stereoff was charged you if you are willing to settle with Sutherland (brothers), and Wm. Johnent, including E. A. Lewis, J. A. John-with robbing Vasit Stayanoff of \$110, the bartender.

Conviction Developed Out of Charge of Robbery.

Judge Coatsworth in the criminal A.F. and A.M., No. 86, G.R.C., was held court vesterday to change a finding he

Smile and the world smiles with deceased; Capt. George and John

The funeral of the late Donald

Sutherland took place Tuesday at 4 p.m. from his late residence, 109 Glenthat an assault had been committed, rose avenue, to Mount Pleasant, Ceme-Stereoff could be convicted on this tery. Among the floral tributes were charge. His honor accordingly found some from Cooke's Church Sunday Elihu Morris, counsel for Dove the accused guilty of assault. On School and Bible Class. The services Stereoff. succeeded in persuading stated case his honor changed his rule at the house were conducted by Rev. ing and reduced the fine from \$100 to Dr. Patterson and Rev. Mr. Shepherd. The pallbearers were Wm. H. Sutherland, Wilson Sutherland, sons of the



When You Eat Dinner To-day

Give thanks, please, to those valiant men who, on the fields of France and Flanders, hold back the Hordes of Destruction, and make possible the peaceful enjoyment of your meal.

Some of those men have not had a sight of a home meal for three years. Home to them is a vision—a hope—a prayer. Will you let them suffer still further for want of food?

You cannot—will not—must not. Resolve then, to sign and live up to the letter of the Food Service Pledge. Eat less Beef, Bacon and White Bread so

that we may have sufficient of these foods for export.

Instead of buying so much white flour (if you do your own baking), use one-third oatmeal, corn, barley or rye flour. If you get bread from a baker, order some brown bread each day.

Second, substitute for beef and bacon such equally nutritious foods as fish, peas, lentils, potatoes, nuts, bananas, etc.

Third, prevent the waste of a single ounce of food in your household.

For the honour of Canadian womanhood, Sign and Live up to the Food Service Pledge. Woman's Auxiliary, Organization of Resources Committee, in Co-operation with the Hon. W. J. Hanna, Food Controller.

Practical Housekeeping

HOW BEST TO USE CEREALS

Cereals rank first among vegetable foods. They contain in varying proportions all the elements necessary to support life. They contain a great deal of starch, which is needed to keep the body warm and to make it do its work. A bowl of oatmeal, eaten for breakfast, will furnish the average man with all the strength, heat and energy he will need. Cereals with cooked fruits are particularly appe-It is best not to buy cereals in very large quanti-

ties, because if they are kept too long insects are apt to develop in them. Cereals should always be kept in glass-covered jars.

Cereals are improved by long cooking. Therefore, oatmeal, hominy and other cereals which are left over can be added next day to the fresh-cooked

All cereals should be cooked at first for ten minutes directly over the fire, and then put into a double boiler. If you haven't a double boiler, place the saucepan containing the cereal in a larger sauce-

pan that contains hot water. By using a fireless cooker you can prepare your cereal at night, cook it on the stove for about ten minutes, put it in the fireless cooker, and when you get up in the morning you will find it all cooked and ready to be eaten. In this way you save both time and fuel.

Cereals requiring more than one hour to cook should be cooked the day before they are to be eaten and reheated in the morning.

Coarse, flaky cereals should be stirred as little as possible. Fine granular cereals may be beaten.

Sign and Live Up To Your Food Service Pledge

of Ireland, R.B.P., Nos. 96 and 292, when two were advanced to the Red Cross degree. The chair was taken by N. Ennis, and the following visitors were present who took part in the ceremony: Wor. Sir Knights Pogne, Powers and Dann, D.C.M.

CAVAN BLACK RED L.O.L. Cavan Black Red L.O.L.. No. 657, met last evening in Victoria Hall, Wor. Master W. J. Cordell presiding. There were many distinguished visitors present, including J. Nelson, D.D.M., who gave an of the members with has been inhored by being appointed to the office of Grand Chancellor of Ontario. Arrangements were completed for conducting a campaign to increase the membership, and a successful season is looked forward to. The chair was taken by W. Tobias,

cluding J. Nelson, D.D.M., who gave an

interesting address on the order. It was

reported that Bro. J. Cockburn has pro-

mised to attend a future meeting, when he will deliver a special filustrated lec-

AMICUS LODGE, K. OF P. A special reception was held last evening by Amicus Lodge, K. of P., No. 20, when a large number of the members extended a welcome to J. G. Wilson, one of the members who has been honored

At the regular monthly meeting

Gideon's Chosen Few L.O.L., No. 342, it was reported that W. J. McMurray had been wounded in action. He is a past master of 342, and deep regret was expressed at the news. There was a large number present, and a motion to provide a fund for cases of distress was carried. The entertainment program is proported.

last evening in the Temple Building, the reached last Friday and reduce a fine