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### **TROUBLED**

WITH

# CONSTIPATION

FROM 16 TO 20.

Constipation is one of the commonest ills of mankind, and one too often allowed to go unlooked after until some

lowed to go unlooked after until some serious complication sets in.

If the bowels are properly looked after there will be no constipation, jaundice, sick or bilious headaches, heartburn, coated tongue, sour stomach, floating specks before the eyes, etc.

Milburn's Laxa-Liver Pills will keep

your bowels so regulated that in no time the constipation will disappear entirely.

Miss Emma E. Melanson, Halifax, N.S., writes: "I am now 20 years of age, and since I was 16 I have been greatly troubled with constipation, much so that at times I would be in bed three or four days a month. I tried all the old-fashioned remedies, castor oil, cascara, etc., with only temporary relief until my sister-in-law gave me some of Milburn's Laxa-Liver Pills. From the first they seemed beneficial, and I gave them a fair trial. This was two years ago, and with an occasional dose I have kept entirely free from constipation for the period mentioned."

mentioned."

Milburn's Laxa-Liver Pills are 25c a
vial at all dealers, or mailed direct on
receipt of price by The T. Milburn Co.,
Limited, Toronto, Ont.

#### DR. JAS. BECKETT NOT DEAD AS REPORTED

CHATHAM, May 31.—A letter from Toronto today states that Dr. James Beckett, late of Thamesville, is alive and well, and that there was absolutely no foundation for the rumor, which was originated in Wabash, that he had been found dead in a New Ontario lumber camp where he is physician. The denial comes from Mrs. Martin, his sister.

sister.

In the death of Miss Janet Rorrison, Harwich Township loses one of its most active patriotic workers. She has been ill for the past three months, two of which were spent in the hospital. The deceased lady was almost 51 years of age. Surviving are four sisters, Mrs. Wm. Stephenson of Sarnia, Mrs. F. H. Collins of West Lorne, Mrs. Leslie Remington of Detroit, and Miss Margaret of Harwich Township, and two brothers, Robert and William, of Harwich. The funeral will be held on Sunday to Maple Leaf Cemetery for interment.

### CHATHAM COLLECTOR HAVING A BUSY TIME

CHATHAM, May 31.—Inland Revenue Collector Stewart Lamont today received advices that the new tax on moving picture houses would be collected at once and he so notified the proprietors. He is also busy making collections on tea stocks. Instructions have been received that a tax must be paid on all second-hand autos which were inventoried by dealers on May 1, but that second-hand machines taken in exchange since the first of the month are not effected by the new regulations. The jewelers' tax is held in abeyance for the time being.

#### FOUND NOT GUILTY OF OFFENCE AGAINST GIRL

ST. THOMAS, May 31.—John Taylor was found not guilty today when he appeared before Judge Colter, charged with ruining a girl under 16 years of age, a ward of the Children's Shelter and a resident of Aylmer. The offence was alleged to have been committed at a skating rink in Aylmer over a year ago. The girl is one of a family of fifteen, of whom twelve are living. Considerable evidence was heard by the court.

## MAKING YOURSELF WELL AND STRONG

You Can Improve Your Physical Condition by Keeping the Blood Pure.

People with strong constitutions escape most of the minor ills that make life miserable for others. Don't you envy the friend who does not know what a headache is, whose digestion is per-fect, and who sleeps soundly at night? How far do you come from this descrip-tion? Have you ever made an earnest effort to strengthen your constitu-tion, to build up your system, to ward off discomfort and disease? Unless you have an organic disease it is generally possible to so improve your physical condition that perfect health will be yours. The first thing to be done is to build up your blood, as poor blood is the source of physical weakness. To build up the blood Dr. Williams' Pink Pills is just the medicine you need. Every dose helps to make new blood which reaches every nerve and every part of the body, bringing color to the cheeks, brightness to the eyes, a steadiness to the hands, a good appetite and splendid energy. Thousands throughout the country whose condition once made them despair, owe their present good health to this medicine. If you are one of the weak and ailing give Dr. Williams' Pink Pills a fair trial and note the daily gain in new health and abounding vitality. Among those who have proved the truth of these state-ments is Mrs. Fred Goslin, R. R. No. 2, Ruthven, Ont., who says: "A few years ago I underwent an operation for a fibroid tumor. I had been ailing so long that I did not gain as the doctors said I should. I was in such a rundown condition that they said it would take me a very long time to recover. But instead of gaining, I was growing weaker, and the doctor said I must go back to the hospital. I did not want to do this, and having often heard of Dr. Williams' Pink Pills as a strength builder, I decided to try them. I was greatly sur-prised at the help I received from them. In three months I was able to go about, and our home doctor expressed his astonishment, as he had not expected me to recover, believing pernicious anaemia had set in. It took me about a year to recover my full strength, but ever since I have been doing my own housework, and have to give Dr. Williams' Pink Pills the praise for my present state of good health."

You can get these pills through any medicine dealer or by mail post paid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Company, Brockville, Ont.

#### Rheumatism

Muscular and Inflammatory - stiff and swollen joints, pains in the back, etc., promptly relieved. This potent, penetrating oil goes straight to the seat of the trouble, drives out the disease and establishes a normal condition. The standard family remedy fog

Eclectric Oil