SUNLIGHT SOAP

Sunlight Soap is made for the housewife's profit, for only thereby can the makers hope to profit. Sunlight Soap makes your work lighter, your clothes whiter, your home brighter. It is mild and pure and does not harm either hands or fabric.

145

Sunlight Soap

A PAGE OF INTEREST TO WOMEN

RED CROSS AND C. W. C. A. COLUMN

During the month of May donations were received from the following: Alvinston, Red Cross of Burns Church, Mosa; Alvinston, Walnut Red Cross Circle; Appin, Ladies' Institute; Appin, Ladies of Ekfrid; Arkona, Presbyterian Ladies' Aid; Aylmer, Red Cross Branch; Belgrave, Patriotic Society and Red Cross; Belmont, Salem Women's Institute; Blenheim, Women's Patriotic League; Blenheim, Ransom Patriotic Society; Bothwell, Women's Institute; Bothwell, Edith Cavell Memorial League; Brownsville, Women's Institute; Brucefield, Red Cross Workers; Byron, Red Cross Circle; Camlachie, Red Cross Circle 6th Line, Plympton; Camlachie, Aberarder Red Cross Circle; Carlingford, Red Cross Workers; Christina, Sewing Circle; Denfield, Red Cross Circle; Denfield, Bryanston Presbyterian Church; Denfield, Birr Women's Institute; Denfield, Carlisle Helpers; Dorchester, Red Cross Circle; Dresden, Bentpath Women's Institute; Delaware Patriotic League; Dutton, Talbot Chapter, I. O. D. E.; Eberta, Women's Institute; Edy's Mills, Patriotic League; Ekfrid Patriotic Society; Embro, West Harrington Circle; Ettrick, Ballymote Red Cross Circle; Forest, Lake Shore Circle; Forest, Ravenswood Circle; Forest, North Plympton Circle; Forest, Jericho Women's Institute; Forest, Red Cross Workers; Fullarton, Women's Institute; Glanworth, Women's Missionary Society St. Andrew's Church; Glencoe, Red Cross Circle; Goderich, Bethel Ladies' Aid; Grand Bend, Red Cross Circle; Granton, Whalen Red Cross; Granton, Glendale Red Cross Workers; Granton, Prospect Hill Circle; Granton, Women's Institute; Hensall, Chiselhurst Red Cross Circle; Highgate, Patriotic Association; Highgate, Turin Auxiliary; Hyde Park, Medway Red Cross Circle; Hyde Park, Women's Institute. Ilderton, Coldstream Women's Institute.

Ilderton, Red Cross Circle; Ilderton, Vanneck Red Cross Circle; Ingersoll, Soldiers' League; Kerwood, Keyser W. I.; Kerwood, Patriotic Circle; Kincardine, Red Cross Workers; Kintore, Red Cross Circle; Kirkton, Ladies' Aid, St. Paul's Church; Komoka, Lobo W. I. and Melrose Ladies' Aid; Lakeside, Brown's Corners Circle; Lambeth, Ladies' Aid, Tempo Presbyterian Church; Lucan, Frazer and Saintsbury Circle; London, R. R. No. 6; Grove Church, Mandaumin Union Branch W. I.; Mandaumin, Patriotic League; Melbourne, Red Cross Circle; Merlin, Ouvry Patriot Society; Mossley, Harrietsville W. I.; Mossley, Rer Cross Circle; Crampton and Avon Patriotic and Red Cross League; Mount Brydges, Circle; Mount Elgin W. I.; Muirkirk, Dorcas Society; Muncey, District Patriotic League; Huron County, C. W. C. A.; Newbury, Red Cross Circle; Elgin County, C. W. C. A.; Oakdale, W. I.; Oil Springs, Patriotic League; Putnam, Circle; Ridgetown, Patriotic Women; Ridgetown, Rushton's Corners Branch; Ridgetown, Morpeth W. I.; Ripley, Red Cross Circle; Salford, Red Cross Workers; Sarnia, Lucasville W. I.; Shetland W. I.; Stratford, S. S. 4; Downie, Chapter I. O. D. E.; Stratford, 28th Regiment Chapter I. O. D. E.; Stratford, Thos. Delamere Chapter I. O. D. E.; Stratford, John Wm. MacDonald Chapter I. O. D. E.; Stratford, Pride of Perth Chapter I. O. D. E.; Strathroy, Red Cross Women; Strathroy, Cairngorm Patriotic League; Strathroy, Bethesda Circle; St. Marys, Anderson Patriotic League; St. Marys, Patriotic Society, S. S. No. 10, Blanchard; St. Marys, Metropolitan Patriotic League; St. Marys, Motherwell Circle; St. Marys, Women's Patriotic League; St. Marys, Welburn Circle; St. Marys, Zion Patriotic League; St. Marys, Lakeside Circle; St. Pauls, W. I.; Thamesford, War Relief Society; Thamesville, Red Cross Circle; Thorndale, S. Nissouri Presbyterian Church Circle; London, Ladies' Aid St. Andrew's Presbyterian Church; Thamesville, Thorncliffe Red Cross Workers; Verschoyle, Red Cross Workers; Walkers, Fergusons Crossing Needle Club; Walkers, Patriotic Society; Wallacetown, Red Cross Workers; Wallacetown, St. Peter's Church Patriotic Club; Wanstead, Uttoxeter Union Society; Warwick, W. I.; Warwick, the Newell shipment; Warwick, Women's Patriotic League; Watford, Wisbeach Patriotic League; Watford, Kingscourt Sewing Circle; Watford, Fourth Line East Willing Workers; Wilton Grove, W. I.; Windsor, Patriotic League, Wyoming Circle.

Money donations were received from the following:

Watford, Tecumseh Chapter, I.O.D.E.; Stratford, D.F.G. Club; London Junction Red Cross Auxiliary; Deer School Section Dramatic Club; Tait Corners Red Cross Circle; East Elgin W. I.; Embro, Bennington Sewing Circle; Sarnia Red Cross Society; Thedford, Ladies' Aid, Knox Church; Armow, Red Cross Circle; Ferguson Crossing Needle Club; Vanneck Red Cross Circle; People of Mooresville; Stratford, John Wm. MacDonald Chapter, I.O.D.E.; Bothwell Epworth League; Stratford, Pride of Perth Chapter, I.O.D.E.; Lawrence Station, Patriotic League; London East Red Cross Auxiliary; West Elgin, W. I.; Granton Red Cross Auxiliary; West Kent W.I.; Aylmer Red Cross Branch; Ridgetown Patriotic Women; Delaware Buds of Promise Bible Class; S. Essex W. I.; Leeburn, Presbyterian Church Sunday School Class; Brucefield; Blenheim Women's Patriotic League; London, Christ Church Guild; Seaforth.

MARIAN KEITH,
Press Secretary.

WOMEN! MOTHERS! DAUGHTERS

You who tire easily; are pale, haggard and worn; nervous or irritable; who are subject to fits of melancholy or the "blues," get your blood examined for iron deficiency.

NUXATED IRON taken three times a day after meals will increase your strength and vigorance 100 per cent in two weeks' time in many cases.—Ferdinand King, M.D.

F. King, M.D.

NOTE—NUXATED IRON recommended above by Dr. King can be obtained from any good druggist on an absolute guarantee of satisfaction or money refunded. It is usually prescribed for five-grain tablets to be taken three times daily after meals.

Standard Drug Co., Ltd.

After the "storm"— MOIR'S chocolates: they dispel clouds and spread sunshine

INFANTS-DELIGHT TOILET SOAP

Baby's delicate skin requires a *pure* soap—one that will soothe as well as cleanse. Thousands of healthy and happy Canadian babies are washed every day with INFANTS-DELIGHT.

JOHN TAYLOR & CO., LIMITED, TORONTO
(Established 1868)
Makers of Fine Soaps and Perfumes.

97-C

DAUGHTERS OF THE EMPIRE

London Daughters of the Empire, whose shipments for overseas service go to the C. W. C. A. in England, primarily for the benefit of the Queen's Canadian Military Hospital at Shorncliffe, will be interested in the third annual report of that body, copies of which can be obtained from the Municipal officers. This hospital is under the management of a special committee, with Mr. George McLaren Brown as chairman, and the ladies' committee, with Lady Perley as chairman and Mrs. McLaren Brown as secretary. The entire staff, including physicians and other officers, are Canadians: though, of course, the patients, while largely our own men, come from all parts of the Empire. The hospital receipts in cash for 1916 were $32,728, and the expenditures $28,660. In addition there has been received large quantities of supplies, chiefly from Canada. All shipments through the Municipal Chapter of the I. O. D. E. here go to this hospital. Hospital and surgical supplies are used there as required, also special comforts. Articles more suitable for the men in the trenches, such as socks, etc., are forwarded to France for the Canadian boys. During the year 1916 the C. W. C. A. sent to the front 11,000 bales, averaging 56 pounds each, containing comforts of every variety for wearing, eating, drinking, smoking, sports, etc. Of these the following came direct from Canada: 280,000 pairs socks, 12,500 flannel shirts, 1,600 gauze shirts, 5,000 wristlets, 4,500 muffters, besides handkerchiefs, gloves, helmets and many thousand bales of comforts. The report of the association makes special mention of the assistance received from the Daughters of the Empire in London.

A letter from the secretary of the Ontario branch of the Secours National received by the treasurer of the London Municipal Chapter, acknowledging the receipt of $50 sent through her as a contribution by the Havelock Chapter of Woodstock, gives the following appalling statement of conditions in France: "Just now we are trying very hard to raise a special fund of $50,000 for the relief of those unfortunate people in the liberated districts of France. Our latest advices state that 400,000 children (not counting those whose fathers have been disabled and mutilated) have been orphaned, and that 60,000 homes in the Aisne district alone have been desolated." Last year the London I. O. D. E. sent $2,755.70 to the Secours National, and no doubt they will respond again to this call. Already the Seventh Regiment Chapter has opened the list with a grant of $100; others are expected to follow.

The Western Ontario Regimental Depot is located at Branshott Camp, in England. Here the recruits from this section are in training until they are sent over to France in detachments to reinforce the 1st and 18th Battalions when required. New arrivals take the place of those leaving, so that some 3,000 men are always in camp. With a view to keeping the men in the lines as much as possible, and thus save them from the temptations that surround them when they go into town, the officers are providing recreation huts where, especially in the evenings, the men can find some enjoyment, and not be tempted to seek it elsewhere. It will be a good thing if those interested in the morals as well as the comfort of the men would forward books, magazines, games and such like to the depot. Donations of money would also be useful. The chapters and members individually might bear this in mind. The following contributions have already been voted: Overseas Chapter, $50; Seventh Regiment, $25; Campbell Becher, $25; and doubtless more will come.

The convener of the supply committee for soldiers' comforts acknowledge the following contributions for the bales: Princes Navy Chapter, I. O. D. E., Strathroy, 84 pairs socks, 12 suits pyjamas and two trench suits.

The London I. O. D. E. have sent overseas during April and May: 3,000 pairs of socks and 1,680 other articles.

The Janey Canuck Chapter was organized the middle of January. It is composed of young women engaged in business during the day, and they can only meet in the evenings for patriotic work. During the short period of their existence, however, they have raised four hundred dollars and have prepared a large number of socks and other articles for the front. At their last meeting they were visited by Mrs. Niven, regent of the Municipal Chapter, and Mrs. Ch. T. Campbell, treasurer, who congratulated them on their energy and the success they had already attained. At this rate of progress the Jany Canuck Chapter will soon stand in the front rank.

The Princess Patricia Chapter have forwarded to the Secours National three cases during the month of May. Case 1—Thirty pillow cases, 20 suits pyjamas, 12 trench towels, 24 wash cloths, 12 huck towels. Case 2—Fifty-nine pairs socks, 6 suits pyjamas, 66 towels, 12 wash cloths, 6 pillow cases. Case 3—Twenty-four wash cloths, 12 suits pyjamas, 12 pillow cases, 36 towels, 9 pairs socks.

Reports given at the last regular meeting of the Overseas Chapter were very encouraging. Three Sunday evening recruiting meetings were held, as the result of which a number of men enlisted. Two military euchres were held at the Thistle Club to raise money for soldiers' comforts, and on the 24th of May a khaki dance was given for the soldiers in London. During the month the chapter raised $281.75, and contributed $27.50 for socks in response to C. W. C. A. call, $10 for library in the west, $25 for Salvation Army rest huts in France. Grade III. of Lord Roberts' School sent in patches for two quilts, which have been quilted by the chapter, and one donated for the tuberculosis soldiers at the Sanatorium, while the proceeds from the sale of the other will go for French relief. The usual weekly parcels of socks and tobacco, etc., have been forwarded to relatives of members in France. Every Thursday the chapter sends home-made cakes, ice cream for the sick soldiers at the Heights and a supply of cut flowers and magazines for each ward. Khaki dances will be provided at Springbank every Saturday evening, to which all soldiers are invited.

Advertiser Patterns

NEW AND COMFORTABLE UNDERGARMENT.

1967—Ladies' Combination Corset Cover and Drawers.

This model combines several practical points, and insures comfort and ease. The drawers are cut with yoke and flounce sections. The corset cover has full body portions joined by shoulder straps, which may be replaced by ribbon, lawn, nainsook, batiste, crepe, dimity or silk are suitable materials, with lace or embroidery for trimming. The pattern is cut in six sizes: 34, 36, 38, 40, 42 and 44 inches bust measure. It requires three yards of 36-inch material for a medium size.

A pattern of this illustration mailed to any address on receipts of ten cents in silver or stamps.

ADVERTISER PATTERN DEPT.

Please send above-mentioned pattern, as per directions given below:

Name .....

Town .....

Province .....

Age (if child's or misses' pattern .....

Measurement: Bust..... Waist.....

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust tern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot measure. When misses' or child's pattern measure you need only mark 22, 34, or whatever it may be. When in waist measure, 22, 24, 25, or whatever it may be. If a skirt, give waist and length reach you in less than one week from date of application.

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

Has Adopted Four.

Dear Miss Grey,—Would you please send me "Scottie Frae Dundee's" address? I rather fancied his way of writing. I have now four adopted soldier boys, and it keeps me on the jump sending letters and parcels. Thanking you for your trouble, I remain, as ever,

THE GIRL OF THE LIMBERLOST.

Ans.—Good for you, little "Limberlost Lass"! Somehow I fancy those four lads are rather lucky to be adopted by you. "Scottie's" address has gone forward.

Both Made Happy.

Two readers, "Sally" and "Brownie," will have their hearts made glad by the receipt of the songs which they requested. Copies were kindly sent for each by "Mrs. W. A. R."

Those Crochet Terms.

Dear Miss Grey,—Here I come to this corner, trying to get help also. I am trying to crochet—have done a little, but thought if I understood such expressions as slip stitch, single stitch, double and treble stitches, and picot, I could pick up patterns in journals, etc. I know the chain stitch. I will send stamped envelope, hoping you will answer by mail as soon as possible.

FOREST.

Ans.—But, dear lady, I don't know the meaning of all those perplexing terms myself, as I am not an expert at crocheting. If any of our Pageites can explain them, or if somebody has a needlework magazine showing the stitches illustrated, I have "Forest's" address.

"Pansy," who offered to write to "Lanny," will you please send full address, as I do not seem to have it complete?

Those Rhubarb Leaves.

Dear Miss Grey,—I come troubling you again. I see in Wednesday's paper where "Signal Sapper's Sister" has a new wrinkle. I am hoping that it won't have the sad effects that I see it has had in the old country. I'll inclose you two clippings I cut out of the Daily Mirror, which we get from England. If you think fit to print them before there is trouble caused through eating rhubarb leaves, do so. I am waiting for a lonely soldier's address. If the other boy has lots of aunts and cousins to adopt him, I'll be glad to try and cheer up a lonely to fill the gap, as I do miss sending to my son. Oh how they do enjoy sharing a parcel with their mates. It seems to be their only pleasure in the trenches. Trusting all are well. Kind regards from

PRISONERS' FRIEND.

Ans.—I am quite certain "Signal Sapper's Sister" wrote her recipe in good faith, as fortunately members of her family escaped any harmful results. Perhaps some varieties of rhubarb are more injurious than others. For the benefit of our readers I may say that one of "P. F.'s" clippings refers to the demise of an English clergyman after eating rhubarb leaves cooked as a vegetable. "People had been advised to use rhubarb tops in place of spinach, proceeded the coroner, and at this time no one with sense would attempt to prevent the substitution of one food for another.

"Statements had also appeared in the press as to the inadvisability of using rhubarb tops, and Dr. Warren of Enfield had already called attention to the fact that there was danger of irritant poisoning from using rhubarb in this way."

Another clipping states: "Eight cases of poisoning caused, it is stated, by eating boiled rhubarb leaves, are under treatment at Chelmsford and Braintree."

"Sapper's Sister" will be rather appalled upon reading these statements, but we'll hope no one has tried the cooked tops and met with harm.

The address of "Scottie" and another lonely lad has been sent you.

Do Her Duty.

Dear Miss Grey,—Will you kindly send me three or four names of "lonelies," either boys in England or in France? I will do my duty by both if you will be so kind as to send them to me as soon as possible. I will not bother you any longer, so will say good-bye for the present. I will sign myself as before,

A SOLDIER'S FRIEND.

Ans.—Three names received from various readers have been sent this "Friend."

Cannot Help Itself.

Dear Miss Grey,—As I expect to attend Normal School this fall, would you please give me a little advice as to the clothes I would need and which would suit a moderate purse?

Have any of the readers ever grown peanuts? You see I am getting my normal entrance certificate by the farm employment plan, and I just wish that some of the pageites could come and see the result of my efforts in raising vegetables when everything begins to grow nicely. My garden just can't help being a success because I have made such plans and do not intend to have any more weeds in it than I can possibly help. My onions, beets and radishes are up, and I have hoed them well. Yesterday I planted a long row of peanuts in a shallow trench, but am not sure that I know just how to raise them. If any of the Mail-Box family have ever raised peanuts I will be very grateful if they would give me a few hints. If my venture is a success I will send you some of the nicest ones, Miss Grey. Here is the recipe for my favorite candy: Put in a saucepan two cups of granulated sugar and ½ cup of hot water. Boil for ten minutes then add one-half cup of cream or rich milk and a piece of butter the size of a walnut. Boil again for twenty minutes, and then take off stove, add lemon or pineapple flavoring and beat until the candy is stiff and creamy. It will not harden, but resembles cream cheese in appearance. When the candy is cool it may be molded into small rolls and rolled in melted chocolate or shredded cocoanut. This is certainly a long letter for the first one to the Mail-Box, and so will close with best wishes to the page.

SCHOOL GIRL.

Ans.—Wonder the reply to "M.C.K." in Thursday's issue would help you any? Maybe you would like to correspond with her, as she has made a request of this kind. May that garden meet with every success. I'm particularly interested in your peanut venture. Have not read anything about their culture, so cannot advise, but always understood they were treated much as potatoes. Don't be offended, "School Girl" at my asking you, but I hope you planted un-roasted peanuts. If not, I am afraid you can have but a poor harvest. Your candy sounds so delicious. It is easy to guess that you do not reside where cream is purchased by the bottle, and a small one at that!

When They Left.

Dear Miss Grey,—To settle a dispute, could you tell me the exact date that the 142nd Battalion left Carling Heights for Camp Borden, and oblige,

E. M.

Ans.—The 142nd Battalion, "London's Own," left this city for Camp Borden on Friday evening, July 7, 1916, via C. P. R.

Leaving the Old Home.

Dear Miss Grey,—I should have written before now, but unforeseen events prevented me. My son and daughter went over to Canada and packed me off to Detroit, as they didn't like to see me live alone any longer. They said as long as the farm was in our possession I would cling to it, so concluded to sell. Of course, it is to my advantage, but it was hard to leave where I spent forty years, and raised my family. But it is a long lane that has no turning. I am sorry I am not in a position to send anything to the prisoners' fund. Before I left the old home I donated a quilt that brought $12 for the Red Cross. An old reader.

F. R.

Ans.—There must be a-tearing of the heartstrings when the old ties have to be broken, and beloved places given over to strangers. I often think we younger ones are not as sympathetic with those more advanced in years as we ought to be, when such changes come. We will be sorry to lose our old-time reader, "F. R."

DAILY BIBLE QUESTION CLUB

By Rev. T. S. Linscott, D.D.
(All Rights Reserved.)

The six daily studies for this week constitute the International Sunday School Lesson for next Sunday. Read the Bible Story on which this study is based, as you ponder the following questions:

"The Risen Lord." John, xx., 1-18.

Golden Text—"Now hath Christ been raised from the dead, the first fruits of them that are asleep." I. Cor., xv., 20.

1. Verse 1.—Who came first to the sepulchre? (See Matt., xxviii., 1; Mark, xvi. 1-2; Luke, xxiv., 1.)

2. Who had taken away the stone from the sepulchre? (See Matt., xxviii., 2).

3. Verses 2-10—Why did none of these faithful disciples of Jesus expect him to be resurrected?

4. Seeing Jesus had clearly told them that he was to be put to death, and that he would rise again the third day, how can you explain that they did not understand him?

WINNIPEG MAN CURED

Says Dr. Cassell's Tablets Saved Him From Nervous Breakdown.

Mr. G. C. Inman, 330, Harcourt street, Sturgeon Creek, Winnipeg, for many years a well-known man in the business life of Canada, says: "I was terribly rundown and weak. I had no appetite, and I suffered if I forced myself to eat. My nerves were in a bad way, and my sleep very disturbed. Everything pointed to a nervous breakdown. Then I got Dr. Cassell's Tablets. The first result was that I could sleep, and then my health rapidly improved. It was really astonishing how my strength and fitness came back."

Mr. Inman is now in England, managing the well-known firm of A. W. Inman & Son, printers and publishers, Leeds. Letters will reach him there.

A free sample of Dr. Cassell's Tablets will be sent to you on receipt of 5 cents for mailing and packing. Address: Harold F. Ritchie & Co., Limited, 10 McCaul street, Toronto.

Dr. Cassell's Tablets are the surest home remedy for Dyspepsia, Kidney Trouble, Sleeplessness, Anaemia, Nervous Ailments, Nerve Paralysis, Palpitation, and Weakness in Children. Specially valuable for nursing mothers and during the critical periods of life. Sold by druggists and storekeepers throughout Canada. Prices: One tube, 50 cents; six tubes for the price of five. Beware of imitations said to contain hypophosphites. The composition of Dr. Cassell's Tablets is known only to the proprietors, and no imitation can ever be the same.

Sole Proprietors: Dr. Cassell's Company, Limited, Manchester, Eng.

COULD NOT LIFT STICK OF WOOD

Would Almost Faint From Severe Pain in Back—Doctors Could Not Get the Kidneys Set Right.

Benton, N. B., April 7.—A great many people suffer the results of deranged kidneys and do not understand the cause of trouble or the way to obtain cure. The writer of this letter suffered excruciating pains in the back and in vain his physician tried to cure him. For some reason or other his medicines did not have the desired effect.

Mr. Olts' brother was a merchant selling, among other medicines, Dr. Chase's Kidney-Liver Pills, and he heard his customers telling about how they were cured of kidney derangements by their use. This led to Mr. Olts putting them to the test, with the splendid results reported in this letter.

Mr. E. C. Olts, Benton, Carleton County, N. B., writes: "I am glad to let you know how much your medicine has done for me. I suffered from my kidneys, which at one time were so bad I could not lift a stick of wood without getting on my knees, and then would almost faint from the pain in my back. I consulted a doctor about it, and he gave me some medicine, but it did not help me. My brother, who is a merchant, and carries all your medicines, advised me to try Dr. Chase's Kidney-Liver Pills. I got one box, and they helped me, so I got another one, and kept on until I had taken five boxes, which cured me. I have had no trouble with my back since, and am never without Dr. Chase's Kidney-Liver Pills in the house. Last summer I also suffered from piles. I used three boxes of your Ointment, and it cured them. I can certainly recommend Dr. Chase's Pills and Ointment."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25c a box, 5 for $1, at all dealers, or Edmanson, Bates & Co., Limited, Toronto.

WILL ENTERTAIN SOLDIERS' MOTHERS

Members of the Ealing Mothers' Club are planning an unique entertainment for Thursday evening next, the first of the kind ever held in the city. On that evening the mothers, wives and widows of soldiers of the Ealing district will be the guests of the Ealing Mothers' Club at supper at 6 o'clock, on the lawn of Mrs. Lee's home, "The Pines," opposite the Ealing school. Mrs. A. E. Tutt, president of the Union Mothers' Club, will attend and will deliver an address as a part of the program between 6 and 8 o'clock. From 8 to 9:30 it is planned to take the supper guests on an automobile drive. Some 40 cars will be required and already only about 18 have been secured. Mrs. Heritage, the new president of the club, phone number 4931, will be pleased to receive offers of cars from any who will be interested in giving a pleasure trip to women who have made the great sacrifice of giving up their men folk to the war.

GARDENING FOR CHILDREN.

An illuminating talk on "Gardening for Children" was delivered at the June meeting of the Lord Roberts School Mothers' Club by Principal Parkinson of the Tecumseh school, who dwelt particularly upon the tendency of gardening to uplift the child. Miss Isabel Davidson gave a practical talk on "Salads." A program feature that was much enjoyed was a solo by Mrs. L. Keenleyside. The election of officers resulted in the return of the executive of last year to office, as follows: President, Mrs. U. A. Buchner; vice-president, Mrs. Kennedy; secretary-treasurer, Mrs. Jack Morrison.

PUPILS' RECITAL.—The recital at Conservatory Hall was given Saturday afternoon by the following pupils: Kenneth Cooper, Viola Stevens, Sylvia Granger, Muriel Jarvis, Mabel Carroll, Valerie Thornicroft, Thornton Fitzgerald, Kathleen Partridge, Katherine Campbell, Dorothy Collyer and Kathleen Collyer.

WRIGLEY'S

To Somebody— Somewhere at the Front—

Every day boxes from home are going to the boys in the trenches. And of the things they get, a great prize is *Wrigley's*, the Gum with Lasting Flavour.

It takes the place of food and drink in case of need—which is often. It keeps spirits up—gives vigour and vim. A packet in the pocket lasts a long time.

The Flavour Lasts

Chew it after every meal

Made in Canada

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Comfortable—because they help the figure by gently supporting it.

D & A Corsets are fashioned on Canadian women and help to increase the beauty of the figure without harsh pressures.
The D & A embody the latest and most fashionable designs and sell at half the price of imported corsets.
Made by the Dominion Corset Co., makers also of the La Diva Corsets and the D & A "Good Shape" Brassières.

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Guaranteed Not To Shrink.

COMPASS OIL

the handy remedy that quickly heals all cuts, scrapes, bruises, etc. 2

BURNS-SCRATCHES-SCALDS-

SPEEDY RELIEF FROM THE MADDENING PAIN OF BURNS AND SCALDS OBTAINED BY USING Dr. Thomas' ECLECTRIC OIL

THOUSANDS TESTIFY TO THE SOOTHING QUALITIES OF THIS WONDERFUL REMEDY; EQUALLY EFFICIENT WHEN APPLIED TO CUTS, SCRATCHES AND OTHER ABRASIONS OF THE SKIN

ASK YOUR DEALER FOR DrThomas' ECLECTRIC OIL 25¢ ALL DEALERS

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ASPARAGUS, large bunches ..... 10c, 3 for 25c
SPINACH, peck 25c

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