

PANAMA AND THE SIERRAS: A DOCTOR'S WANDER-DAYS.—By F. Frank Lydston, M. D. Illustrated from the author's original photographs. Cloth, \$1.75. Published by the Riverton Press, Chicago, Ill.

Dr. Lydston is one of the clever American physicians whose reputation is not alone that of a very excellent surgeon, but also that of a criminal anthropologist and that of a *litterateur*. Some years ago his "Tales of a Talkative Doctor," won for him acknowledgement as a writer of more than ordinary versatility, and afforded much enjoyment to those who read the work. In his new book, therefore, one expects to find both amusement and information—and one finds both. The book is a light narrative of travel in a most interesting country, with which the author is intimately acquainted. The description is never wearisome, yet it is sufficient, and no opportunity is lost to enliven it with witty quip and humorous reminiscence. It is well tended to pass the busy doctor's leisure hour very pleasantly and profitably.

Notes.

A RELIABLE TREATMENT FOR CHRONIC BRONCHITIS.—It is only within comparatively recent years that the medical profession has been able to assert positively that chronic bronchitis can be successfully treated without frequent discouraging recurrences of the attack. The key to the solution was found in the final proof that the determination and treatment of the cause was essential to complete relief. A permanent cure is questionable unless the primary cause is removed, and this may find its origin in tuberculosis, kidney trouble, disorders of the heart or infiltration of the connective tissues of the lungs with air. Coupled with the necessity for a permanent cure is found the desire for a remedy that will accomplish the desired result quickly. In this latter respect advanced medical research has brought to light a contributing remedy that is of the utmost value. Cod liver oil has always been regarded high by the profession in chronic bronchitis, but an obstacle was encountered by reason of the frequent tendency of the oil to upset the stomach and defy digestion. In Scott's Emulsion this stumbling block has been removed and the approved treatment of chronic bronchitis can now be followed literally by reason of the ease and safety with which Scott's Emulsion can be taken by the patient. There is an element of risk attached to the use of cheap and often unreliable emulsions of cod liver oil, that physicians will do well to guard against. The tendency of such preparations to lose their value by the separation of the different ingredients and the frequent use of inferior hypophosphites and spices, is sufficient reason for the careful practitioner to avoid them.

In using and prescribing Scott's Emulsion there is no uncertainty as to the quality of the article, nor is there the slightest doubt relative to its efficacy or the uniformity of its preparation. Scott's Emulsion has, moreover, the advantage of a food-medicine, being a direct contributor of nourishment to the blood and tissues during its treatment of chronic bronchitis.

CLINICAL NOTES AND COMMENTS.—Dr. T. D. Crothers, editor, *Quarterly Journal of Lachriety*, in the January, 1901, number, writes:—"Antikamnia has become one of the standard remedies, particularly in Influenza. It is prepared with various drugs in tablet form, the latest, a laxative tablet, with quinine and some mild cathartics, called "Laxative Antikamnia & Quinine Tablets." All of these forms are very attractive and palatable. We have never seen a case of addiction to antikamnia, hence we prize it very highly as one of the most valuable remedies for diminishing pain without peril. We have used it with excellent results to quiet the pain following the withdrawal of morphia. We have received from this company many complimentary notices showing the vast influence it has secured among regular practitioners. The object of the antikamnia in "Laxative Antikamnia & Quinine Tablets" besides its antipyretic and analgesic effect, is the prevention of all griping, nausea and other unpleasant effects generally produced by purgatives when administered alone."

SANMETTO IN PROSTATIC AND BLADDER DISEASES.—I have used Sanmetto in my practice for several years, and believe it to be a preparation of more than ordinary merit for the cure of prostatic and bladder diseases. The ethical manner in which it is put before the profession allows the physician to prescribe it, without fear of its use by the laity, in all cases where it is indicated.

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