

A DAILY DEFACATION

The Hon John Kelly, the head and front of Tammany Hall, a man of strict integrity, an indefatigable worker, early at his office, late to leave, so burdened with business that regular meals were seldom known by him, with mind in constant tension and energies steadily strained, finally broke down!

The wonder is that he did not sooner give way. An honest man in all things else, he acted unfairly with his physical resources. He was ever drawing upon this bank without ever depositing a collateral. The account overdrawn, the bank suspends and both are now in the hands of medical receivers.

It is not work that kills men. It is irregularity of habits and mental worry. No man in good health frets at his work. By-and-by when the bank of vigour suspends, these men will wonder how it all happened, and they will keep wondering until their dying day unless, perchance, some candid physician or interested friend will point out to them how by irregularity, by excessive mental effort, by constant worry and fret, by plunging in deeper than they had a right to go, they have produced that loss of nervous energy which almost invariably expresses itself in a deranged condition of the kidneys and liver, for it is a well-known fact that the poison which the kidneys and liver should remove from the blood, if left therein, soon knocks the life out of the strongest and most vigorous man or woman. Daily building up of these vital organs by so wonderful and highly reputed a specific as Warner's safe cure, is the only guarantee that our business men can have that their strength will be equal to the labours daily put upon them.

Mr. Kelly has nervous dyspepsia, we learn, indicating, as we have said, a break-down of nerve force. His case should be a warning to others who, pursuing a like course, will certainly reach a like result.—The Sunday Herald.

An Old Soldier's EXPERIENCE.

Calvert, Texas, May 3, 1882.

"I wish to express my appreciation of the valuable qualities of

Ayer's Cherry Pectoral

as a cough remedy. While with Churchill's army, just before the battle of Vicksburg, I contracted a severe cold, which terminated in a dangerous cough. I found no relief till on our march we came to a country store, where, on asking for some remedy, I was urged to try AYER'S CHERRY PECTORAL.

"I did so, and was rapidly cured. Since then I have kept the PECTORAL constantly by me, for family use, and I have found it to be an invaluable remedy for throat and lung diseases. J. W. WHITLEY."

Thousands of testimonials certify to the prompt cure of all bronchial and lung affections, by the use of AYER'S CHERRY PECTORAL. Being very palatable, the youngest children take it readily.

PREPARED BY

Dr. J. C. Ayer & Co., Lowell, Mass.

Sold by all Druggists.

NEWCOMBE PIANOFORTES.

Awarded First Silver Medal and Jurors Report of Commendation

WORLD'S EXPOSITION, New Orleans, 1885.

In competition with Foreign and American pianos. The greatest success ever achieved by a Canadian pianoforte.

OCTAVIUS NEWCOMBE & CO., Cor. Church & Richmond Sts., Toronto.

Recipe and notes how to harmlessly, effectually and rapidly cure obesity without semi-starvation diet, etc. European Mail, Oct. 21th, 1883. Its effect is not merely to reduce the amount of fat, but to affect the source of obesity to induce a radical cure. The disease. Mr. R. makes no charge whatever for persons rich or poor, can obtain his work gratis, by sending 6 cents to cover postage to F. C. RUSSELL, Esq., Woburn House, Store Street, Bedford Sq., London, Eng."

SITUATIONS To subscribers. Circulars free. Home 100, to Professors. Corr. University, 88 La Salle St., Chicago, Ill.

Sparkles.

SPEAK it is certainly silver at the telegraph office. Ten words for a quarter.

The pretensions of the new English minister must be taken cum grano Sals-bury.

It's stepping up the step that isn't there that shakes a man's faith in the integrity of the human organism.

VISITOR at a country house—"By-the-by, you didn't know who I was this morning, Marguerite!" "Small daughter of the house—"No, who were you?"

AN old bachelor says. "It is all nonsense to pretend that love is blind. I never knew a man in love that did not see ten times as much in his sweetheart as I could."

WHEN Dr. Holmes' brother John was advised to take a wife and live in a better house he said he presumed if he should get a better half he would be sure of better quarters.

JUST THE THING.

W. J. GRIPPY, druggist, of Newbury, writes: "Dr. Fowler's Wild Strawberry is just the thing for Summer Sickness. I sold out my stock three times last summer. There was a good demand for it." Dr. Fowler's Extract of Wild Strawberry is infallible for Dysentery, Colic, Sick Stomach and Bowel Complaint.

A rough pine board attached to the outermost walls of a Michigan Avenue, Detroit, place of business contains the following unique announcement: "Langwidges taught. Fortunes told. Seed pertaters."

Some people use Scripture quotations as recklessly as the boy did who on being asked to repeat a verse from the Bible as he dropped his Sunday school contribution into the box, gave the following: "The fool and hith money ith thoon parted."

PARSON Whangdoodle Baxter distinguished himself once more at the funeral of an aged coloured man: "Our deceased brudder was married foah times during his life," said Whangdoodle, "but only one ob de widows am so fortunate as to be able to survive him long enough to be present on dis heah solemnious occashun."

ONE moonlight evening an intoxicated individual who had been for some time swaying to and fro in earnest contemplation of a telescope in Union Square, New York, finally mustered his powers of locomotion and approaching the proprietor said in a persuasive tone: "Sec 'ere you, a'—say—when you goin' to touch her off? Mor'n a dozen people's slighted the thing. Now why don't you touch her off?"

A QUADRUPLE FORCE.

THE reason why disease is so soon expelled from the system by Burdock Blood Bitters is because that excellent remedy acts in a four-fold manner—that is to say, upon the Bowels, the Liver, the Blood and the Kidneys, driving out all bad humours, and regulating every organic function.

It was at a party and the subject under discussion was vanity. A lady maintained that men were also given somewhat to vanity. "The men are ten times more vain than the ladies," she remarked. "That's impossible," said several gentlemen. The subject changed and a few minutes later the lady remarked: "The handsomest man in the room has a spot on his white vest," whereupon every gentleman within hearing glanced down with a scared expression of countenance at his vest.

"I say you!" exclaimed the snubnosed boy, "you're a real English lord, bean't yer?" "Yes, my lad," replied his lordship, not altogether displeased at the boy's manner; "and what do you think of a real English lord?" "I think," said the youth, "as how there isn't no danger of England's running out o' stuff to make lords out o' if she ain't particularer than she seems to be."

"My, but these art works do run into money," remarked a passenger whose breath smelled of liquor. "It beats all, what fools some folks are over pictures. When I was in Chicago I saw a little painting, about a foot square, that was held at \$500. 'Spect some simpleton will come along and buy it. If I had a million of money you'd never catch me paying \$500 for a little painting like that." "That's the way you talk," epuke up a bashful drummer, "but you've paid four times as much money for a painting not a tenth part as big." "What I me?" "Yes, you." "What kind of painting?" "The one on the end of your nose."

Delicate Women, Pale-Faced Sickly Children, the aged and infirm alike, are benefited by the Strengthening and Blood-making Power of "Hanington's Quinine Wine and Iron." It stimulates the circulation, improves the Appetite, and removes all impurities from the Blood. It is the best medicine you can take to give you lasting strength. See that you get "Hanington's" the original and genuine.

THE General Manager in Canada of the Mutual Reserve Fund Life Association, in a recent attack on several of the regular companies, took occasion to say that the new commercial plan of the North American Life was similar to that of his society.

While it is not our intention to take any part in the controversy, it is but simple justice to our readers to state that the managing director of the last named company pointed out quite a number of vital differences between the two plans. The Manager of the Mutual Reserve in his reply, finds it convenient to overlook these differences, which, no doubt, are very difficult to reconcile, and thus allow public opinion against his company to go by default. Instead of discussing the real points at issue, he indulges in a mass of verbiage on irrelevant matters, with a view apparently to blindfold inspectors to the fatal weakness of his society, which does not increase its mortality calls as the age of the insured increases. Any company overlooking this essential principle, must fail in its mission. It does not require an actuary to see that the cost of insurance must increase with the age of the insured and this necessary element is fully recognized in the commercial plan of the North American Life. It is, however, entirely ignored by the Mutual Reserve.—Monetary Times, July 17th, 1885.

RELIABLE WATCHES.

WHERE TO GET THEM.

Ladies and Gents' Gold and Silver Watches of every grade in all styles at rock bottom prices

AT

The Indian Clock.

Waltham Watches at reduced prices.

Send for lowest net quotations

TO

KENT BRO'S.,

WHOLESALE & RETAIL JEWELLERS,

168 YONGE ST., TORONTO.

BOYS FOR CANADA.

DR. BARNARDO, of London, England, is sending out about the last week in July, a party of one hundred boys for

Farm and other Employment.

Those desirous of engaging boys should apply early to Mr. EDWARD DUFF, Superintendent, Hazel Brae, Peterborough, Ont.

WHAT IS CATARRH?

Catarrh is a mucopurulent discharge caused by the presence and development of the vegetable parasite amoeba in the internal lining membrane of the nose. This parasite is only developed under favourable circumstances, and these are:—Morbid state of the blood, as the blighted corpse of tubercle, the germ poison of syphilis, mercury, toxomera, from the retention of the effete matter of the skin, suppressed perspiration, badly ventilated sleeping apartments, and other poisons that are germinated in the blood. These poisons keep the internal lining membrane of the nose in a constant state of irritation, ever ready for the deposit of the seeds of these germs, which spread up the nostrils and down the fauces, or back of the throat, causing ulceration of the throat; up the eustachian tubes, causing deafness; burrowing in the vocal cords, causing hoarseness; upsetting the proper structure of the bronchial tubes, ending in pulmonary consumption and death. Many attempts have been made to discover a cure for this distressing disease by the use of inhalants and other ingenious devices, but none of these treatments can do a particle of good until the parasites are either destroyed or removed from the mucous tissue. Some time since a well-known physician of forty years' standing, after much experimenting, succeeded in discovering the necessary combination of ingredients which never fail in absolutely and permanently eradicating this horrible disease, whether standing for one year or forty years. Those who may be suffering from the above disease, should, without delay, communicate with the business managers—Toronto Mail, Messrs. A. H. DIXON & SON, 305 King St. West, Toronto, Canada. Inclose stamp for their treatise on Catarrh.

USE GOLD SEAL BAKING POWDER. ABSOLUTELY PURE.

Ladies who are particular about their baking must use it in preference to any other powder.

ASK YOUR GROCER FOR IT.

Dr. FOWLER'S EXTRACT OF WILD STRAWBERRY CURES CHOLERA CHOLERA INFANTUM DIARRHŒA AND ALL SUMMER COMPLAINTS SOLD BY ALL DEALERS.

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Manufacturer of and dealer in

ALL KINDS OF FURNITURE.

ORDER WORK A SPECIALTY.

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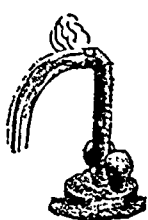
BRANCH OFFICES:—

413 YONGE STREET; 536 QUEEN STREET EAST.

YARDS AND BRANCH OFFICES:—

ESPLANADE EAST, near Berkeley St.; ESPLANADE, foot of Princess St.; NIAGARA, cor. DOWR.

TEACHERS WANTED.—TEN PRINCIPALS, twelve Assistants, and a number for Music, Art, and Science. Application form mailed for postage. SCHOOL SUPPLY BUREAU, Chicago, Ill. Mention this journal.



THE IMPROVED Model Washer and Bleacher

ONLY WEIGHS 6 LBS. Can be carried in a small valise.

Pat. Aug. 2, 1884. C. W. DENNIS, Toronto.

SATISFACTION GUARANTEED OR MONEY REFUNDED.

\$1,000 REWARD FOR ITS SUPERIOR Washing made light and easy. The clothes have that pure whiteness which no other mode of washing can produce. No rubbing required—no friction to injure the fabric. A ten-year-old girl can do the washing as well as an older person. To place it in every household, the price has been placed at \$3, and if not found satisfactory, money refunded. See what The Baptist says: "From personal examination of its construction and experience in its use we commend it as a simple, sensible, scientific and successful machine, which succeeds in doing its work admirably. The price, \$3, places it within the reach of all. It is a time and labour-saving machine, is substantial and enduring, and is cheap. From trial in the household we can testify to its excellence." Delivered to any express office in Ontario or Quebec, charges paid, for \$3.50.

C. W. DENNIS, 213 Yonge St., Toronto. Please mention this paper.