

A Corrector of Pulmonary troubles... Many testimonials could be presented showing the great efficacy of Dr. Thomas' Electric Oil in curing disorders of the respiratory processes...

LOOK AT YOUR LABEL.

WINTER TERM FROM JANUARY 3rd Central Business College STRATFORD, ONTARIO

Western Ontario's best commercial school with Commercial, Shorthand and Telegraphy departments. We give individual instruction, hence "Entrance" standing is not necessary.

D. A. McLACHLAN, Principal.

ELLIOTT Business College Yonge and Charles sts., Toronto. Is strictly first class in all Departments and unexcelled in the Dominion.

JAMES NEWELL, PH. B., M. C. L.R.C.P.S., M.B.M.A., England Coroner County of Lambton

C. W. SAWERS, M. D. Phone 13, Watford, Ontario. Office—Main st. Residence—Ontario street, east.

W. G. SIDDALL, M. D. WATFORD OFFICE—Next to Public Library. Day and Night calls phone 26.

DENTAL. GEORGE HICKS, D.D.S., TRINITY UNIVERSITY, L.D.S. Royal College of Dental Surgeons, Post graduate in Bridge and Crown work.

G. N. HOWDEN, D.D.S., L.D.S. GRADUATE of the Royal College of Dental Surgeons, of Ontario, and the University of Toronto.

Veterinary Surgeon. J. McGILLICUDDY Veterinary Surgeon, HONOR GRADUATE ONTARIO VETERINARY College, Dentistry a Specialty.

Auctioneer J. F. ELLIOT, Licensed Auctioneer For the County of Lambton.

THE LAMBTON Farmers' Mutual Fire Insurance Company. (Established in 1875)

JOHN W. KINGSTON, PRESIDENT; JAMES SMITH, VICE-PRESIDENT; ALBERT G. MINIBLY, DIRECTOR; THOMAS LITHGOW, DIRECTOR; GUILFORD BUTLER, DIRECTOR; JOHN PETER MCVICAR, DIRECTOR; JOHN COWAN K. C., SOLICITOR.

STOMACH TROUBLE? INDIGESTION?

Here's Good News for You



Lindsay, Ont.—"Dr. Pierce's Golden Medical Discovery is the best medicine I have ever taken for stomach trouble. For many years I suffered with gastric stomach trouble and nervous indigestion. Would be so bad at times that it was necessary for me to be in bed two or three days at a time."

Mrs. Fawcett Gives Advice to Mothers

St. Catharines, Ont.—"I took Dr. Pierce's Favorite Prescription during expectancy when I felt especially in need of a tonic and it benefited me greatly. I always take pleasure in recommending this 'Prescription' to young mothers because I know it will not fail to help them."

A. D. Howe

PAINTER AND DECORATOR PAPER HANGING WATFORD - ONTARIO GOOD WORK PROMPT ATTENTION REASONABLE PRICES ESTIMATES FURNISHED SATISFACTION GUARANTEED RESIDENCE—ST. CLAIR ST.

CHANTRY FARM

Shorthorn Cattle, Lincoln Sheep Silver Grey Dorkings Black Leghorns An extra good "Roan Lady" bull calf, good enough for any pure bred herd and priced right, also 1 ram 3 years old, 4 shearlings, and a number of lambs, both sexes. Now is the time to invest in a few sheep. Can spare a few nice cockerels. ED. DE GEX KERWOOD ONTARIO

GRAND TRUNK RAILWAY SYSTEM

TIME TABLE Trains leave Watford station as follows: GOING WEST Accommodation, 11:11 a.m. 8.42 a.m. Chicago Express, 12:12 p.m. Detroit Express, 6:54 p.m. (c) Express, 10:10 p.m. GOING EAST Ontario Limited, 7:48 a.m. Chicago Express, 11:22 a.m. Accommodation, 5:26 p.m. (c)—Stops to let off passengers from Kingston and east. C. W. VAIL, Agent, Watford.

DO YOU KNOW of any good reason you should not patronize your own home goods? Remember you are part of the business of this town, when you help develop this business you help the town. Our bread is always good and full weight.

8c PER LOAF AT

Lovell's Bakery and Confectionery

Holloway's Corn Remover takes the corn out by the roots. Try it and prove it.

GET READY FOR GOOD TIMES

Get ready for the good times coming in 1922 and boost wherever it is possible. Don't wear crepe in your hat but with extra energy and optimism step into the ranks of the "Believers" and set out to win. Many folk are governed by what they see and hear without going into the study of situations, hence it is a dangerous role to play the part of a discourager.

GOOD ROADS REVENUE

It is announced that the revenue of the Province derived from the licensing of motor cars and trucks will total almost three million dollars for the year 1921. Every dollar of that revenue that is spent on road building or the payment of interest on bonds issued for road building is spent outside the boundaries of the cities and towns of Ontario on Provincial roads.

In Toronto and its vicinity, where a fifth of the people of Ontario live and over a fifth of the license revenue is obtained, practically no return has been made for this great contribution. The city not only maintains its roads at its own cost, but helps to maintain the leading roads throughout York county, and materially assisted in building the Hamilton Highway, which stretches across Peel, Halton, and a part of Wentworth counties.

Not only does the Province refuse to do anything towards road building in the urban centres, but the Dominion Government grant for good roads, which comes out of the pockets of all citizens, whether they live in town or country, is also spent entirely on country roads. It is important that these facts shall be spread among the people of Ontario. There is an impression abroad that costly roads are being built throughout the Province chiefly for the benefit of city motorists at the general expense. That is far from the truth. The country roads of Ontario are being built largely at the cost of motorists, including those who live in cities and towns. The cities and towns build their own roads at their own cost.—Globe.

HOW ABOUT THAT AUCTION SALE?

Going to have a farm auction sale soon? Well you want it to be a good one, don't you? Now, listen! About this Auction Sale Business. Did you ever stop to think how much conditions have changed the last few years. People—you and your neighbors—travel in autos nowadays and they go down the concessions so fast that they don't always see an auction sale bill tacked on the corner fence post.

Oh well they might see it but they don't stop to read it—they are going somewhere and they haven't time to stop. Isn't that true? Sure it is. You pass 'em yourself. But you are going to have a sale. You want a big crowd, for the larger the crowd the better the bidding, and the better the bidding the better the price.

Now having a sale is your business. Getting a crowd is our business. Our interests are mutual and right here we want to say that an advertisement of your sale in The Guide-Advocate will be seen by many hundreds of people. If you have the goods that will draw the crowd.

An extra bid on the brindle cow or the roan mare will cover the few dollars to sure.

To be sure get out bills because many look for them alone. The majority of farmers nowadays are having both the bills, and the list in the paper. But remember this, that the ESSENTIAL thing nowadays is the sale list in the paper.

So come in and see us. We will

The "Quality" Tea

"SALADA"

Annual Sale Exceeds 30 Million Packets

BLACK, MIXED or GREEN Steadfastly Refuse All Substitutes.

Don't Pay Twice



If you pay bills in cash, there is always the chance of receipts being lost or destroyed, and of your being asked to pay the same bill twice. How much better to deposit all your pay in a Savings Account in The Merchants Bank and pay the bills by cheque. There can be no dispute then, because the endorsed cheques are indisputable evidence that you have paid.

THE MERCHANTS BANK

Head Office: Montreal, OF CANADA Established 1864. WATFORD BRANCH, F. A. MacLEAN, Manager. ALVINSTON BRANCH, G. H. C. NORSWORTHY, Manager.

IF YOU DO NOT GET YOUR GUIDE-ADVOCATE REGULARLY

If you do not get your Guide-Advocate regularly

If your Guide-Advocate does not arrive promptly and regularly by the first mail we will regard it as a favor if you will notify the Circulation Department immediately, stating the weeks in which the irregularity occurred.

Unless we are notified we have no means of remedying the inconvenience caused by faulty mail service or other trouble.

help you arrange your list of stuff and arrange the advertisement, and help you on the whole deal. We are also prepared to print sale bills in the best shape.

WHOLESALE FOOD MEANS A HEALTHY PEOPLE

There is much in the report of the Veterinary Director General for the year 1920-21 that must be very gratifying to Canadian readers. From it we learn that Canadian Live Stock continues to maintain its enviable reputation as among the healthiest in the world, that none of the great plagues, such as rinderpest, foot-and-mouth disease and contagious pleuropneumonia, has been allowed to enter the country; that hog cholera and glanders have been so effectively dealt with that losses have become comparatively trifling, and that mange has been practically eradicated from the great range country of Alberta. The last mentioned is a particularly heavy task, as can easily be understood when it is stated that 2,082 townships, approximately 74,952 miles, a territory as large as Scotland, had to be covered. Cattle could stray for hundreds of miles. Restrictions and dipping regulations had to be imposed and happily were readily complied with by cattlemen, with one lone exception, when the police had to be called upon. Dipping vats were built so that no cattle would have to be driven more than twelve miles to be treated, and very contingency was provided for. Commencing June 24 1917, 721 head were dipped for the first time, and on July 2 and following days, 197,914 were dipped for the second time. The accredited herd system adopted in the previous year, having for its object the elimination of tuberculosis, made excellent progress.

The report shows similar energy and achievement by the two other divisions of the branch, The Pathological division, which has charge of the Biological laboratory at Ottawa, supplies all the tuberculin and mallein required for inoculation, makes examinations of specimens submitted for diagnosis, conducts research work and manages branch laboratories, including one at Charlottetown, P.E.I., for study of fox diseases. The Meat and Canned Foods division, has been termed "the silent guardian of the public health." Besides inspecting and certifying to the quality and

wholesomeness of all manufactured food products within the scope of the Meat and Canned Foods Act, this division supervises all imports of like foods, including fruits, vegetables, milk and their products. Canada, it is worth mentioning, is today the only country in the world that has a law setting out standards for food products to which countries in trade with her must conform.

DO YOU FEEL WEAK AND RUN DOWN?

In This Condition a Tonic Medicine Is Needed.

The condition of being "run down" is one that doctors do not recognize as a disease. But those who are run down in health know that it is not a fancied affliction. The expression "run down" applied to health means a condition in which the bodily functions are enfeebled. Appetite fails, the digestion is impaired, the nerves are impoverished, the complexion becomes pale or waxy, there is no animation, but rather worry and mental depression. Fatigue is a constant symptom. No particular organ being affected, you must look for relief to the blood. As it circulates through every part of the body, any improvement in the condition of the blood is quickly felt throughout the entire system. In cases of this kind a tonic medicine is what is needed and Dr. Williams' Pink Pills are recognized as a valuable tonic because of their direct action on the blood, and through the blood on the nerves, giving tone to the system generally and restoring vigor. Where the system is run down the value of this medicine is shown by the statement of Mrs. Gregory J. Murphy, Lower Ship Harbor East, N.S., who says: "About a year ago I was completely run down. I was so nervous and weak that I could scarcely do my housework, and the least exertion left me breathless and tired out. A neighbor advised Dr. Williams' Pink Pills, and so much good did they do me I felt quite like a different woman. I hope some other suffering woman may benefit by my experience."

Dr. Williams' Pink Pills can be had through any medicine dealer, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont. LOOK AT YOUR LABEL

IA and Children's medicine... RIA? il, Paregoric, It contains... ALWAYS 2 ears Work suppose washing... RE Every Store Your ES pair you will ever bother... GLECT YES Class