

SEVEN YEARS TORTURE

Nothing Helped Him Until He Took "FRUIT-A-TIVES"



ALBERT VARNER
Buckingham, Que., May 3rd, 1915.
For seven years, I suffered terribly from Severe Headaches and Indigestion. I had belching gas from the stomach, bitter stuff would come up into my mouth after eating, while at times I had nausea and vomiting, and had chronic Constipation. I went to several doctors and wrote to a specialist in Boston but without benefit. I tried many remedies but nothing did me good. Finally, a friend advised "Fruit-a-tives". I took this grand fruit medicine and it made me well. I am grateful to "Fruit-a-tives", and to everyone who has miserable health with Constipation and Indigestion and Bad Stomach, I say take "Fruit-a-tives", and you will get well.

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THE SCILLY ISLANDS.

Washed by a Glutton Sea Gorged With Human Victims.

No more sinister locality could be found for the sinking of a vessel in a submarine crusade than the neighborhood of the Scilly Islands, where a number have met their fate. It has been said that a large bagful of pieces of granite of different sizes thrown indiscriminately into a small shallow pool of water will give a tolerably correct model of the islands of Scilly. They are seventeen in number, varying in extent from ten to 1,640 acres, besides twenty-two smaller islets and numerous naked rocks. They are located in latitude 50, longitude 7, about twenty-five miles west by south from Land's End, Cornwall, England. Those who recall the scenic effects in "The Pirates of Penzance" retain some idea of the nature of the Scillonian panorama—wild and picturesque, sheer cliffs and yawning caverns hollowed out by the ceaseless action of the ocean waves, a perilous approach in stormy weather.

In earlier days the islands were infested with pirates and smugglers, while many of the inhabitants picked up a living as wreckers. It was on Gilston rock that Sir Cloudesley Shovel perished with 800 men in 1707, and in the graveyard of St. Mary's repose the bodies of 311 victims of the wreck of the Schiller in 1875. So treacherous is the sea in these parts that there is an old proverb that for every man who dies a natural death the sea takes nine. As for the strategic importance of Scilly, Borlase wrote over a century and a half ago: "In time of war it is of the utmost importance to England to have Scilly in its possession. If it were in an enemy's hands the channel trade from Ireland, Liverpool and Bristol to London and the south of England could not subsist, for Scilly, lying at the point of England, commands both channels."—Bulletin of the National Geographic Society.

POLITENESS IN PORTUGAL.

Ceremony With Which a Visitor is Greeted and Dismissed.

That Portuguese politeness is most ceremonial and may proceed to an extraordinary extent is indicated in the case, say, of a visit to a high dignitary. The caller ascends a magnificent staircase, passes through a long suit of rooms to the apartment in which the dignitary is seated. He is received with many bows and smiles.

When the visit is concluded the caller bows and prepares to depart. When he reaches the door he must, according to the invariable custom of the country, make another salutation. He then discovers that his host is following him and that the inclination is returned by one equally profound. When the caller arrives at the door of the second apartment the dignitary is standing on the threshold of the first, and the same ceremony is again passed between them. When the third apartment is gained the caller observes that his host is occupying the place the caller has just left in the second. The same civilities are then renewed, and these polite reciprocations are continued until the caller has traversed the whole suit of apartments.

At the balustrade the caller makes a low and as he supposes a final salutation. But no; when he has reached the first landing place the host is at the top of the stairs; when the caller stands on the second landing place his host has descended to the first, and upon each of these occasions their heads wag with increasing humility. Finally the journey to the foot of the stairs is accomplished.

Road Warnings.

"Half This Road Is Yours, the Other Half Mine."
This big sign greets the eye of the motorist on the splendid ten mile stretch of asphalt-macadam road between Asheville and Weaverville, which is a link of the southern national highway from Washington to San Diego, Cal.

The sign is located at the city limits and is a powerful reminder that others have rights on the road.
A half mile beyond at a sharp curve around the rocky bluff a big sign on which is painted a skull ensnared in black, with "Just Around the Curve" underneath, involuntarily brings the driver to slow speed.—Asheville (N. C.) Board of Trade Bulletin.

Forest Destruction.

Fires and insects are the chief causes of forest destruction, and the United States bureau of entomology finds these harmful agencies curiously interrelated. Insect-killed sections of forests are the inflammable starting spots of fires. While on the other hand, fire wounds on trees give a ready opening for boring insects. More timber of merchantable size is lost directly through insects than through fires.

THE OIL OF THE PEOPLE.—Many oils have come and gone, but Dr. Thomas' Electric Oil continues to maintain its position and increase its sphere of usefulness each year. Its sterling qualities have brought it to the front and kept it there, and it can truly be called the oil of the people. Thousands have benefited by it, and would use no other preparation.

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Far more effective than Sticky Fly Catchers. Clean to handle. Sold by Druggists and Grocers everywhere.

AT A CHINESE INN.

The Scene in the Interior of the One Roomed Mud Hut.

The building was a long, one storied mud hut, with thatched roof. We entered. Behold what the frontiersman had created! The long room was the scene of homely industry. From the center rafters hung a big oil lamp, shedding its rays over a patriarchal family as busy as a hive of bees. By the clay stove sat the grandfather feeding the fire with twigs and tending a brood of children playing on a dirt floor packed hard, swept clean. From one corner came the merry whir of grinding millstones as a blindfolded donkey walked round and round, while a woman in red with a wonderful headress gathered up the heaps of yellow cornmeal that oozed from the gray stones. More women in red threw the bright meal high in the air, winnowing it of its chaff; others leaned over clay mortars, pounding condiments with stone pestles.

Men were hurrying here and there with firewood, cooking for the travelers. One end of the room was reserved for these wayfarers, but the k'ang at the other end was divided into sections. From each rafter over each section swung quaint little cradles. In each cradle was a little brown baby, each baby tended by a larger child. Far away from the loud clamor of the western world we fell asleep in a clean inner room, to the soft sound of swinging cradles and grinding millstones.

ALGERIA A NEW FRANCE.

Result of a Century of Work Against African Savagery.

After a vast expenditure in lives and treasure France is beginning to reap its reward from the conquest of Algeria. A hundred years ago the northern African country was the abode of barbarism, and piracy was the principal occupation of its people. The United States was the first nation to revolt against the payment of tribute to the dey of Algiers for "protection" to com-

merce, and after a brief but thrilling conflict the buccaneer chieftain was brought to his knees.

In 1827 the French took up the white man's burden in Algiers and after a struggle of thirty years subdued the country. Under the monarchy and the second empire the government of Algeria was based solely on force, but the republic won the allegiance of the Algerians by withdrawing the military government from all the settled portions of the country, which have since been treated very much as if they were a part of France, each department sending one senator and two deputies to the French chambers. Algerians, save for a few of the tribesmen in the remote interior, are now loyal Frenchmen, regardless of color, race or religion. Algeria also supplies vast quantities of foodstuffs and metals to France.

What Tipping Means.

Fourteen thousand six hundred per cent is a pretty high rate of rent! But it's just what you pay when you hand the cloakroom plate a jitney for watching your hat for an hour. Do you get us? Well, it's just like this: When you pay 10 cents for the loan of a dollar for a year you pay 10 per cent. But if you pay 10 cents for the loan of a dollar for a day you pay 365 times as high a rate, or 3,650 per cent. It's just the same way with your \$3 hat. When you pay 5 cents on it for an hour you are paying the rate of \$438 a year, counting only twelve business hours a day. And this is at the rate of 14,600 per cent. Tell this to the cloakroom girl today and get her "comeback." But don't blame us if she's a bit snippy.

Pirates and Steamships.

It was the advent of the steamship that finally gave the pirates their deathblow in Malaya. Every schoolboy ought to know the story of the first steamer off Borneo. Some pirate ships saw a steamer in the distance and, observing the smoke from its funnels, thought the ship was on fire and therefore helpless. They gave chase, but they were amazed to see the strange sea beast come up steadily against the wind and vomit fire from its guns. It was generally agreed in polite pirate circles that the white man had played a mean trick upon a successful and honorable body of traders.

Safe.

Miss Fortyodd awoke in the middle of the night to find a burglar ransacking her effects. Miss Fortyodd did not scream, for she prided herself, among other things, upon her courage.

Pointing to the door with a dramatic gesture, she exclaimed: "Leave me at once!" The burglar politely retreated a step and said, "I had no intention of taking you."

Comfort in the Home

The Sunshine Furnace chases chills from coldest corners and insures utmost comfort in the home throughout the winter. Don't buy any furnace or heating plant until you have investigated the merits of the "Sunshine."

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WOMAN SUFFRAGE.

Its War Time Aspect.

London, Eng. The women of England are doing their duty. They are taking care of the wounded, or if they cannot assist in work of that kind they are adding their savings to promote the good work. They are knitting and sewing for the soldiers at the front. The suffragists have given so little trouble to the government that it will undoubtedly soften the hearts of those in Parliament, since the "militants" have turned all their energies to aid the fighting men of England, and so suffrage may soon come after this terrible war is over.

Thousands of women in Canada have overcome their sufferings, and have been cured of woman's ills by Dr. Pierce's Favorite Prescription. This temperance medicine, though started nearly half a century ago, sells most widely to-day, because it is made without alcohol or narcotics. It can now be had in tablet form as well as liquid, and every woman who suffers from backache, headache, nervousness, should take this "Prescription" of Dr. Pierce. It is prepared from nature's roots and herbs and does not contain a particle of alcohol or any narcotic. It's not a secret prescription for its ingredients are printed on wrapper.

Many a woman is nervous and irritable, feels dragged down and worn out for no reason that she can think of. In ninety-nine per cent. of these cases it is the womanly organism that requires attention; the weak back, dizzy spells and black circles about the eyes, are only symptoms. Go to the source of trouble. When that is corrected the other symptoms disappear.

St. Thomas, Ont.—"I wish to say for the benefit of other women who suffer that I recommend Dr. Pierce's Favorite Prescription as a great help. I have personally recommended the same to many who in turn have been helped a great deal by its use."—Mrs. F. J. BOWDEN, 19 Oliver St., St. Thomas, Ont.

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In the County of...
AND FURTHER
List of lands for...
AND FURTHER
default of...
AND FURTHER
Assessment Act
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Sub-sec. 3.
Dated at Sarnia
A.D. 1917.
H.
Treasurer of
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is
and most
food that
It is good
side crust
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A nice fresh
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LOVE
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Trains leave Watf
GOIN
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