

Don't Say— "Just a Sore Throat"

IN a few days, you know, "just a sore throat" may be something much more serious. For science has proved that the throat is not only the first spot reached by infectious germs, but also forms the ideal soil for them to multiply on.

Throat protection, therefore, means germ destruction and is a duty that you owe your health. It is easily achieved by the regular use of Formamint—the germ-killing throat tablet.

Formamint (which is endorsed by over 5,000 American physicians) is the scientific way of disinfecting the mouth and the throat. Handy to have with you—pleasing in taste—it frees an efficient germicide that mixes with the saliva and so reaches where gargles cannot go.



And a tablet taken occasionally during the day not only brings grateful and immediate relief from "sore throat"—but affords protection against even more distressing ailments that so often follow infection of the throat linings. At all druggists.

Formamint
THE GERM-KILLING THROAT TABLET

GERALD S. DOYLE, Distributor.



The Quality of Milkmaid Milk
Remains Unchallenged.

Watch for next
Competition.

W. H. DAVIDSON, Agent for Newfoundland.
may15th, a. t. t.

After the tailored suit are shoes of
black patent leather with military
details. They are worn with stockings
of blue-tinted.

Wanted a Second Hand Fish
Screw for cask fish. THE
COWAN BROKERAGE CO.
LTD.—ap44tt

For thinning out seedlings in the
flower garden use long slender twee-
zers with a wide spread.

C. L. B. Cadets



Busy week! Sunday the Officer
Commanding and staff visited Portu-
gal Cove for inspection and church
parade. Tuesday the Athletic Associa-
tion's annual indoor sports and
Thursday night routine drill and
monthly officers' mess conference at
Headquarters, and next Sunday after-
noon the Regiment parades to Church
Service at St. Thomas's with two or
three companies of the Girl Guides.
Parade at 2.15 sharp. The Old Com-
rades will also be in the line.

Outpost news is good. Portugal
Cove Company is in great shape for
a fine summer's work. Congratulations
to Rev. Arthur Tulk, B.A., Rec-
tor O.C., and Captain Sheppard, O.C.,
Bell Island Company J. reports for
April with 41 on the strength. Head-
quarters learns with deep regret of
the passing of Pte. Jack Bennett, who
died May 2nd. Private Bennett was
a promising lad. His comrades paid
a tribute to his memory by attending
the funeral. Major Lindsay, O.C., held
eight parades for April, and the Com-
pany steadily carries on. Lieut. C. J.
Cluett has been on the casualty list,
but was able to be on duty regularly.
All ranks hope that he will soon be
fit as usual. Captain Harold Hayward
visited this Company lately, and re-
ports them all well. It looks as if
the general Captain has joined the
"Scots". As he has been doing a
lot of scouting lately visiting out-
posts.

Captain Stick, Adjutant, asks all of-
ficers commanding outpost companies
to report promptly the approximate
number of lads and officers coming
to the annual camp, July 24, to Aug.
2nd, as it is absolutely necessary to
have the information to arrange tent
accommodation.

Thursday night H. Q. Companies
held their first route march for the
year. Bursell's Bugle Band provided
the music and the companies march-
ed in the country via Newtown Road.
Lieut. Gover of "J" Company, is
busy getting his men into shape for
the big Sports "Show" on Empire
Day, May 24th. It is going to be a
successful affair.

Grand Falls Company reports 68
on the strength for May, with seven
parades and an average attendance
only of 33. This company is on its
summer schedule with one parade week-
ly. Capt. Cooper, Adjutant, is en-
quiring about the date of Topical Camp,
1924, which will be held July 24th, to
August 2nd, inclusive.

Lamaline Company reports 28 on
the strength in May and an average
attendance of twenty. Four parades
held and Private Fred Kirby on leave.
This Company held a church parade
on April 8th, under command of 2nd
Lieut. H. King. Point on Guard: re-
cruits also paraded with the Com-
pany. On April 12th by the kindness
and courtesy of the S.U.F. the Com-
pany used their fine hall for the offi-
cial ceremony of presenting the En-
rollment Certificate and Officers' Com-
missions to Second Lieut. H. King,
O.C., and A. Strickland. The follow-
ing Lance Corporals were presented
with their chevrons: Lance Corporals
F. Pittman, C. Fook, G. Hooper, J.
Tenaces. The Rev. H. Kirby in a
neat address presented the docu-
ments. The company was then drilled
for 20 minutes by Lieut. King,
and the boys are showing great pro-
gress for which the officers are to be
congratulated.

The Lt.-Col. commanding has or-
dered parade cancelled for Tues-
day in order that the senior ranks
can render assistance to the Ladies'
Auxiliary preparing the hall for the
Peddlars Parade on Wednesday next.
This event will be splendidly carried
out and the officers, N.C.O.s and lads
are expecting all loyal Brigade friends
to be on duty at their Armory that
evening, existing to maintain the fi-
nancial sinews of war.

Capt. Lewis, of C.L.B. Bank Man-
ager, reports for 30th April, that the
Bank has deposits of \$4,137.25 on
hand, and the Bank's affairs sound.
All ranks are asked to open an ac-
count as 4 per cent. interest is paid
on deposits. Depositors how number
165, including officers and lads. Save
your money, lads, for the rainy day.
It is sure to rain if you wait long
enough.

Officers and lads regret to hear of
the death of the father of 2nd Com-
rade Douglas Shute and take this op-
portunity of extending a word of sym-
pathy to him and his relatives in their
bereavement.

The Brigade Major has a letter from
Col. Franklin, D.S.O., dated Nairobi,
East Africa, March 28th. He says
that Reuters Press reports the Hollis
Walker Enquiry by cable to the Afri-
can newspapers. Weather has been
dry and dusty but the rains having
now started, everybody is feeling re-
lieved. All ranks are glad to hear
that the Colonel's daughter, Miss Mar-
garet Franklin, is now recovering
from a recent operation for appendi-
citis. Colonel Franklin's wounds
were still bothering and he has been
ordered to rest in bed for a few days.
He sends kindest regards to all his old
friends and urges everybody in his
old C.L.B. Regiment to carry on and
play the game.

La Grippe

Pneumonia and Colds exhaust
in the short period of their course
more of the nerve tissues of the
body than weeks of hard work.
After them take

Asaya-Neural

THE NEW REMEDY FOR
Nervous Exhaustion
which contains Lecithin (con-
centrated from eggs), the form
of phosphates required for nerve
repair.

PREPARED BY
DAVIS & LAWRENCE CO.
MONTREAL

Milkmaid Milk

Handwriting Competition

TELEGRAMS' SUPER ADVERTISING
VALUE DEMONSTRATED — GEN-
ERAL INSPECTOR HERE TO AS-
SIST IN CEREMONY.

The famous Milkmaid milk people
of London who have been conducting
for the past few weeks a hand-writ-
ing competition among the children of
our schools came to a close last night
with the greatest success of anything
of its kind that has yet taken place
in these parts. Thousands upon thou-
sands of replies have been coming in,
and the last few days when it was
definitely announced that the competi-
tion would close on the 15th so many
letters have been sent in it has taken
a staff of three people to open and
sort the replies.

The happy winners' specimens of
handwriting will be placed on ex-
hibition at one of the leading stores on
Water Street.

The Judges in this competition are:
Mr. S. T. Harrington, M.A., Headmas-
ter Methodist College; Rev. Bro.
Ryan, Principal St. Bonaventures
College; Mr. R. B. Wood, B.A., Head-
master Bishop Field College; J. S.
Gunn, Agent for the Milkmaid Com-
pany for Newfoundland.

The General Inspector of the Nestle
& Anglo-Swiss Condensed Milk Co.,
Mr. Charles N. Shapoff, remarked that
he had never had the pleasure of
seeing so many beautiful specimens of
fine handwriting and was glad not to
be one of the judges. You may be
proud of your schools and the pains
that are being taken to so thoroughly
instruct them, he stated. Mr. Shapoff
was deeply impressed with the ad-
vertising value of the Telegram, "your
fascinating glorious country and the
wonderful hospitality of your peo-
ple," he is quoted as saying to the
Telegram reporter who interviewed
him, "charm me." "We hope to clear
up this work as quickly as the judges
have made their decision and every
child answering the competition will
be rewarded if not with one of the
money prizes, at least with a consol-
ation prize." Please express to the
people of Newfoundland my extreme
thankfulness for their loyalty to our
famous MILKMAID BRAND MILK,
and to your good paper for its assist-
ance.

Two Good Points

Some toilet soaps are harsh, and do
not rinse off easily. Ivory soap is very
gentle, and it is immediately noticed
how completely the rich lather rinses
off. These are only two of the many
good points about this pure soothing
toilet soap. The big point of course,
which should always be remembered,
is that Ivory is the most economical
toilet soap. For five and ten cents you
can buy Ivory, and it lasts as long,
giving just as much satisfaction, as
the most expensive you can secure.
Ask those who use Ivory; they will
all tell you these statements are cor-
rect—may17th

With a tailored black suit, a
charming accessory would be a scarf
of leopard edged with white monkey.



at all stores.
GERALD S. DOYLE,
Distributor.

Just Folks.

By EDGAR A. GUEST

A FIRST BASEMAN HONORS THE HOUSE.

Well, time is sweeping us along.
And every year some glory brings.
To brighten all the common things;
Some little conquest here and there
Comes home, our castle to endow.
Ours is an honored house, I swear—
We've got a real first baseman now!

Time was, and not so long ago,
We boasted of our baby boy.
And wanted all the world to know
That we possessed so sweet a joy.
Since then our house, it seems has
known
Distinctions which the years allow;
To-day to this high fame we've grown,
We've got a real first baseman now!

No ordinary house is this!
Its roof has sheltered many things.
For every vanished joy we miss,
The morn some new achievement
brings.
Look where our gallant hero stands,
A smudge of dirt across his brow,
Grasping a ball with eager hands—
We've got a real first baseman now!

Watching him there, just twelve years
old,
Taking the ball on either side,
I wonder what he shall unfold
To grace this house with added
pride.
What further honors shall we know,
To what new conquest shall we
go?
What next shall set our eyes aglow?
We've got a real first baseman now!

Girls! a Gleamy Mass of Hair

35-Cent "Danderine" so Im-
proves Lifeless, Neg-
lected Hair.

An abundance
of luxuriant hair
full of gloss,
gleams and
shimmers
shortly follows a
genuine toning up
of neglected
scalp with de-
pendable "Dan-
derine."
Falling hair,
itching scalp and the dandruff is cor-
rected immediately. Thin, dry, wispy
or fading hair is quickly invigorated,
taking on new strength, color and
youthful beauty. "Danderine" is de-
lightful on the hair; a refreshing,
stimulating tonic—not sticky or
greasy! Any drug store.

POWER OF WILL

A lady in a
western town
perused "Your
Power of Will,"
a book that has a
wide renown,
that's guaranteed
to thrill it.
It teaches that the
human willight
may force his
way to fame, re-
move all ob-
stacles in sight,
and win in every game. The lady read
it to and fro, and also pro and con;
"The doubts," she said, "I used to
know, and all vain fears are gone."
There called on her a delegate, who
wished to drum up trade; he didn't
wear his whiskers straight, his breath
was much decayed. She didn't like
that type of gent, with whiskers to
his shoes; the human breath should
not be tainted of onions and old booze.
In other times she might have fooled
with him a little spell, and listened
to him while he drooled of books he
had to sell. But she had read "Your
Power of Will," which had her spirit
fired; she thought it would be wise to
kill a man who made her tired. And
so she shot him full of junk, she
plugged him through and through,
and packed his body in a trunk, and
dumped it in a slough. What inspira-
tion she had gained from books that
braced the soul! All trifling methods
she disdained, and went straight to
her goal! The lady, sitting in a jail,
still reads her "Power of Will;" if
there's a morsel in this tale she'll
write it out with skill.

STEEDMAN'S POWDERS

Cooling and health-giving.
An ideal agent for children
from the period of teething to
the age of 10 or 12 years.

WRITE FOR BOOKLET
"HINTS TO MOTHERS"
(ILLUSTRATED AND FULLY TESTED)

JOHN STEEDMAN & CO.
NEWCASTLE-ON-TYNE
LONDON

He was in Pretty Bad Condition

So Says Saskatchewan Man
Before He Used Dodd's
Kidney Pills.

Mr. J. St. Germain suffered from
Rheumatism and found relief in
Dodd's Kidney Pills.

Lacordaire, Sask., May 16. (Special)
"I feel glad to say that Dodd's Kid-
ney Pills are the best I have ever
used. I was in pretty bad condition
before I took your pills. I was weak
in the kidneys and in bad shape with
rheumatism. At present I am very
well. I have recommended Dodd's Kid-
ney Pills to my neighbors and they
all claim that they are the best kid-
ney remedy that can be bought. I only
took four boxes and now I can work
hard and always feel so good."

This statement comes from Mr. J.
St. Germain, well-known resident of
this place.

There is no reason why anyone
should continue to suffer when Dodd's
Kidney Pills can be obtained from
druggists everywhere, or The Dods
Medicine Co. Ltd., Toronto.

Sunday Services

FOURTH SUNDAY AFTER EASTER.

C. of E. Cathedral—8, Holy Commu-
nion; 11, Morning Service; 3.15,
Children's Service; 4.15, Holy Bap-
tism; 6.30, Evening Service.
St. Thomas's—8, Holy Communion;
11, Holy Communion and Sermon,
preacher, the Rev. Canon Bolt, M.
A., D.C.L.; 3, C.L.B. Parade Service;
Preacher, the Rector; 4, Holy Bap-
tism; 6.30, Evening Prayer and Ser-
mon; preacher, the Rector, subject,
"The Modern Zacheus."
St. Mary the Virgin—8, Holy Com-
munion; 11, Matins; 2.30, Sunday
School; 2.45, Bible Classes; 3,
Children's Service; 4, Holy Baptism;
6.30, Evensong.
St. Michael and All Angels—3, Holy
Communion; 10, Matins; 11, Holy
Eucharist, (sung); 2.30, Catechism
Class and Sunday School; 2.45,
The Faith Classes; 4.15, Holy Bap-
tism; 6.30, Evensong.

METHODIST.
Gower Street—11 and 6.30, Rev. Ham-
mond Johnson.
George Street—11 and 6.30, Rev. R.
E. Fairbairn.
Cochrane Street—11 and 6.30, Rev. C.
H. Johnson.
Wesley—11 and 6.30, Rev. J. G. Joyce.

Congregational, (Queen's Road)—11,
Induction Service, Rev. Dr. Darby;
6.30, Rev. Daniel L. Nichol.

St. Andrew's Presbyterian—11 and
6.30, Rev. W. Morrison.

Adventist, (Cooktown Road)—6.30,
"The Nature of Man. How much
does a soul weigh?" Speaker,
Evangelist L. H. Davies.



Melancholy-Gloom-Despondency Tell Of Exhausted Nerves

It is unfortunate that one of the most
common symptoms of nervous ex-
haustion is the tendency to melancholy,
gloom and despondency.

You get looking on the dark side of
things.
You begin to worry and cannot see that
the future holds anything better for you.

The supply of nerve force is running low
and you lack the energy necessary to throw
off these blighting, depressing feelings.
The depleted nerve cells must have
nourishment.

They must be fed back to health and
strength.
In Dr. Chase's Nerve Food you find in
condensed and easily assimilated form the
ideal treatment for an exhausted condition
of the nervous system.

You will not be using this treatment long
before you find yourself sleeping and resting
better.

It will take a little time to build up the
system, but you will soon find yourself more

cheerful, more confident and more energetic
and will be encouraged to keep up the
treatment until fully restored.

Such symptoms as headaches, irritability
and indigestion disappear as the nerves are
strengthened and resume their functions in
controlling the activities of the vital organs
of the body.

No treatment for the nerves has ever
met with such unqualified success as Dr.
Chase's Nerve Food. This is proven in
many hundreds of thousands of cases, many
of which are reported in the newspapers
from day to day.

Dr. Chase's Medicines are for sale in
Newfoundland by all druggists and dealers
in medicines.

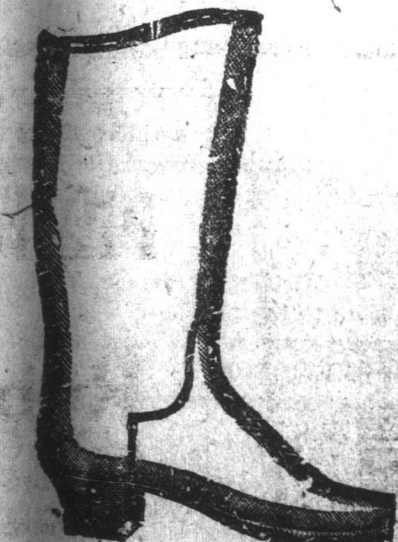
If your local merchant cannot supply you
write direct to Mr. Gerald S. Doyle, Water
St., St. John's, as he is sole agent for the
Dr. Chase Medicine Co., in Newfoundland.

LEATHER!

FISHERMEN! Nothing wears better than
Leather.

REMEMBER! One pair of Smallwood's Hand-
made Boots will last the voy-
age, will outwear at least
three pairs of the best rubber
boots on the market to-day,
besides giving you that com-
fort which only a Leather
Boot can do.

SMALLWOOD'S! Smallwood's BOOTS are
made out of all solid Lea-
ther!



Lower Prices on Hand-made BOOTS

Tongue Boots, Wellington Boots, High and Low
3/4 Boots; Men's, Boys and Youths' solid Leather
Laced Boots.

Mail Orders receive prompt attention.

F. Smallwood,

THE HOME OF GOOD SHOES
218 Water Street, St. John's.

may17th

Forty-Five Years in the Service of
the Public—The Evening Telegram.