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in generation after generation of rugged manhood—are built by pure, wholesome bread, the bread that nourishes childhood, invigorates youth and supports the burden of mature manhood's daily toil. The basis of pure bread is pure flour—not a flour that is prepared only for certain baking operations, but a flour that excels in them all. Many generations of hardy Canadians have been raised on the nutritious bread that is made from

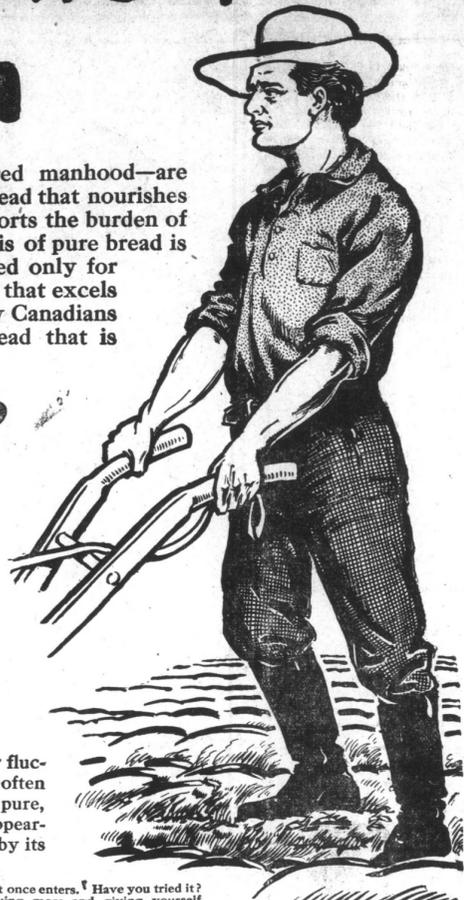
"Beaver" Flour

It is a perfect blend of the rich Manitoba Spring wheat and the lighter and more readily assimilated Ontario Fall wheat. It provides a perfect food, rich in the gluten that builds bone and muscle, but also supplying those qualities that make bread light and white.

BEAVER FLOUR is equally efficient in the making of tasty cakes and delicate biscuits and pastry. It aids the housewife to establish new records for the quality of her baking. It never fluctuates or presents unwelcome surprises, as so often happen with ordinary flours. It just makes pure, nutritious bread, light in texture and white in appearance, and Pastry that is readily distinguished by its crispness and refinement of flavor.

BEAVER FLOUR has a permanent home in every kitchen it once enters. Have you tried it? If not, you are missing half the pleasure of baking, paying more and giving yourself unnecessary trouble. To-day is the day to order it from your grocer.

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A FASHIONABLE FORGER.

At these words the poor man turned pale. He snatched up the document, and with many incoherent protestations, was rushing toward the door, when I called to him in an authoritative tone, to stop. He paused—his manner indicating not only doubt, but fear. I said to him, "Don't flurry yourself; I only want to serve you. You tell me that you are a married man, with children, dependent on daily labor for daily bread, and that you have done a little discounting for

Miss Snape, out of your earnings. Now, although I am a bill-discounter, I don't like to see such men victimized. Look at the body of this bill—look at the signature of your lady customer, the drawer. Don't you detect the same fine, thin, sharp-pointed handwriting in words, "Accepted, Dymock Munge." The man, convinced against his will was at first overcome. When recovered, he raved; he would expose the Honorable Miss Snape, if it cost him his bread—he would go at once to the police office, I stopped him, by saying roughly, "Don't be a fool! Any such steps would seal your ruin. Take my advice; return the bill to the lady, saying, simply, that you cannot get it discounted. Leave the rest to me, and I think the bill you have indorsed to Sparkle will be paid." Comforted by this assurance, Administer, fearfully changed from the nervous, but smug, hopeful

man of the morning, departed. It now remained for me to exert what skill I possessed, to bring about the desired result. I lost no time in writing a letter to the Honorable Miss Snape, of which the following is a copy:—

"Madam—A bill, purporting to be drawn by you, has been offered to me for discount. There is something wrong about it; and, though a stranger to you, I advise you to lose no time in getting it back into your own hands—D. D."

I intended to deal with the affair quietly, and without any view to profit. The fact is, that I was sorry—you may laugh—but I really was sorry to think that a young girl might have given way to temptation under pressure of pecuniary difficulties. If it had been a man's case, I doubt whether I should have interfered. By the return of post, a lady's maid entered my room, profusely decorated with ringlets, lace, and perfume with patchouli. She brought a letter from her mistress. It ran thus:—

"Sir,—I cannot sufficiently express my thanks for your kindness in writing to me on the subject of the bills of which I had also heard a few hours previously. As a perfect stranger to you, I cannot estimate your kind consideration at too high a value. I trust the matter will be explained, but I should like much to see you. If you would be kind enough to write a note as soon as you receive this, I will order it to be sent to me at once to Tyburn Square. I will wait on you at any hour on Friday you may appoint. I believe that I am not mistaken in supposing that you transact business for my friend, Sir John Markham, and you will therefore know the inclosed to be his handwriting. Again thanking you most gratefully, allow me to remain your much and deeply obliged, JULIANA SNAPE"

At the hour fixed, punctual to a moment, a brougham drew up at the corner of the street next to my chambers. The Honorable Miss Snape's card was handed in. Presently, she entered, swimming into my room, richly, yet simply dressed in the extreme of Parisian good taste. She was pale—or rather colorless. She had fair hair, fine teeth, and a fashionable voice. She threw herself gracefully into a chair I handed to her, and began by uncoiling a string of praises, to the effect that her visit was merely to consult me on "unavoidable difficulties."

According to my mode, I allowed her to talk; putting in only an occasional word or question that seemed rather a random observation than a significant query. At length after talking round and round the subject like a timid horse in a field, around a groom with a glove of oats, she came nearer and nearer the subject. When she had fairly approached the point, she stopped, as if her courage failed her. But she soon recovered and observed, "I cannot think why you should take the trouble to write so to me, a perfect stranger."

Women Need
 sympathy and help when they are attacked by weakness and suffering. At times when Nature seems cruel and very hard—when depressions and derangements come—kind womanly friends may give sympathy. When ailments occur, the best natural help and correction is the safe and well-tried family remedy

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other pause—"I wonder no one ever suspected me before."

Here was a confession and a key to character. The cold gray eye, the thin compressed lips, which I had had time to observe, were true indexes to the "lady's inner heart;" selfish, calculating, utterly devoid of conscience; unable to conceive the existence of spontaneous kindness; utterly indifferent to anything except discovery, and almost indifferent to that, because convinced that no serious consequences could affect a lady of her rank and influence.

"Madam," I replied, "as long as you dealt with tradesmen accustomed to depend on aristocratic customers, your rank and position, and their large profits, protected you from suspicion; but you have made a mistake in descending from your vantage ground to make a poor shopman your innocent accomplice—a man who will be keenly alive to anything that may injure his wife and children. His wrongs—but for my interposition—would have ruined you utterly. Tell me, how many of these things have you put afloat?"

She seemed a little taken back by this speech, but was wonderfully firm. She passed her white, jewelled hand over her eyes, seemed calculating, and then whispered, with a confident look of innocent helplessness, admirably assumed, "about as many as amounts to twelve hundred pounds."

"And what means have you for meeting them?"

At this question so plainly put, her face flushed. She half rose from the chair, and exclaimed in the true tone of aristocratic hauteur, "Really, sir, I do not know what right you have to ask that question."

I laughed a little, though not very loud, "I was made, I own; but who would have helped it?" I replied, speaking low, but slowly and distinctly—"You forget. I did not send for you; you came to me. You have forged bills to the amount of twelve hundred pounds. Yours is not the case of ruined merchant or an ignorant over-tempted clerk. In your case a jury"—she shuddered at the word—"would find no extenuating circumstances; and if you should fall into the hands of justice you will be convicted, degraded, clothed in a prison dress, and transported for life. I do not want to speak harshly; but I insist that you find means to take up the bill which Mr. Administer has so unwittingly indorsed!"

The Honorable Miss Snape's grand manner melted away. She wept. She seized and pressed my hand. She cast up her eyes, full of tears, and went through the part of a repentant sinner with great fervor. She would to anything—anything in the world to save the poor man. Indeed, she had intended to appropriate part of the two hundred pound bill to that purpose. She forgot her first statement, that she wanted the money to go out of town. Without interrupting, I let her go on and degrade herself by a simulated passion of repentance, regret, and thankfulness to me, under which she hid her fear and her mortification at being detected. I at length put an end to a scene of admirable acting, by recommending her to go abroad immediately, to place herself out of reach of any sudden discovery; and then lay her case fully before her friends, who would no doubt feel bound to come forward with the full amount of the forged bills. "But," she exclaimed, with an entreating air, "I have no money; I cannot go without money!" To that observation I did not respond at all, though I am sure she expected that I should, check-book in hand, offer her a loan. I do not say so without reason; for, the very next week, this honorable young lady came again, and with sublime assurance and a number of very charming, winning speeches, (which might have had their effect upon a younger man), asked me to lend her one hundred pounds in order that she might take the advice I had so obligingly given her, and retire into private life for a certain time in this country. I do meet with a great many impudent people in the course of my calling—I am not very deficient in assurance myself—but this actually took away my breath.

"Really, madam," I answered, "you pay a very ill-compliment to my gray hairs, and would fain make me a very ill return for the service I have done you, when you ask me to lend a hundred pounds to a young lady who owns to having forged to the extent of one thousand two hundred pounds, and to owing eight hundred pounds besides. I wished to save a personage of your years and position from a disgraceful career; but I am too good a trustee for my children to lend money to anybody in such a dangerous position as yours."

"Oh," she answered, quite unabashed, without a trace of the fearful, tender pleading of the previous week's interview—quite as if I had been an accomplice, "I can give you excellent security."

"That alters the case; I can lend any amount on good security."

"Well, sir, I can get the acceptance of three friends of ample means."

EVENING TELEGRAM FASHION PLATES.

The Home Dressmaker should keep a Catalogue Scrap Book of our Pattern Cuts. These will be found very useful to refer to from time to time.



8805. Girl's Yoke Dress With or Without Bertha.

In this design will be found an exceptionally dainty dress that may be developed in various attractive ways. The Bertha makes a very pretty trimming. For a party dress lawn or batiste could be used with "Val" or "cambroide" edging and insertion for trimming. If made without the Bertha, a very practical school dress could be developed in serge, casimere or wash fabrics. The Pattern is cut in 4 sizes: 6, 8, 10, 12 years. It requires 4 yards of 44 inch material for the 6 year size.

A Pattern of this illustration mailed to any address on receipt of 10c. in silver or stamps.



8819. A SIMPLE MORNING JACKET.

This model shows a simple graceful model, with the fronts lapping in diagonal effect. Deep tucks at the shoulders contribute to the front fullness which may either hang loose or be held in place at the waist by a belt or ribbon. China silk, dimity, lawn, challis, and cotton crepe are all suggested for the making. The Pattern is cut in 4 sizes: 32, 34, 36, 38, 40 and 42 inches bust measure. It requires 4 yards of 24 inch material for the 36 inch size.

A pattern of this illustration mailed to any address on receipt of 10c. in silver or stamps.

PATTERN COUPON.

Please send the above-mentioned pattern as per directions given below.

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N.B.—Be sure to cut out the illustration and send with the coupon, carefully filled out. The pattern cannot reach you in less than 15 days. Price, 10c. each, in cash, postal note, or stamps. Address: Telegram Pattern Department.

Stafford's Essence of Ginger Wine, only 10c. a bottle—dec. 6. f.

CARDENIA MEETS MISHAP.—Yesterday afternoon Messrs. Job Bros. & Co. had a message from Diamencia saying that the Cardenia had gone ashore at Argentina in the storm of Wednesday night, but was floated off yesterday and received very little damage. She has a cargo of coal on board from Sydney and arrived at Argentina a few days ago.

BOVRIL.

Report of the Feeding Experiments Made in the School of Physiology, Trinity College, Dublin:—

The preliminary announcement of the results of the experiments conducted at the request of the Local Government Board for Ireland during the past year, in the School of Physiology, Trinity College, Dublin, as to the nutritive value of Bovril, and communicated to the British Association at Sheffield ("Times" report, September 3), has created considerable interest amongst the Medical Profession.

In order to secure a decisive test, dogs were first brought to a constant weight on dried dog biscuit mixed with known quantities of water. Bovril—from 2½ to 7½ grammes—was then added to the food, with the result that the weight of the animals went up as much as 50 to 100 grammes, or, in round numbers, 10 to 20 times the weight of the Bovril given.

Afterwards Bovril was discontinued, and the animals fell back to the original weight. Compared with the effect of hard-boiled white egg, it was found that from 8 to 10 times as much by weight of the latter had to be given to obtain the same increase in weight, or, taking the dried organic solids in the two foods, from 2½ to 4 times as much egg white had to be given to obtain the Bovril effect.

In several of the experiments there was a retention of reserve nitrogen, and in all an increased utilisation of other foods.

It was therefore concluded that Bovril had both a direct and an indirect nutritive value, the latter by causing a more complete digestion and absorption of the other food given.

T. J. EDENS, SOLE AGENT FOR Nfld.

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