Zam-Buk in 3 Accidents.

It would seem that Zam-Buk, the famous healing balm we hear so highly spoken of everywhere, is particularly useful in the family circle. A report sent by Mrs. E. Davey, 786 Ellice Ave., Winnipeg, will illustrate this. She says: 'My little boy, of three, while playing, fell from a high verandah to the ground, cutting his forehead badly. Instead of calling a doctor who would undoubtedly have put in a number of stitches, I bathed the wound well, and applied Zam-Buk. The little fellow, although suffering keenly, soon had relief from his pain. In the course of three weeks by applying Zam-Buk daily, the wound in his forehead was nicely healed

'Since then I have also used Zam-Buk for a boil which came on my cheek and which proved very painful and looked unsightly. Zam-Buk soon drew the boil to a head and then quickly banished it.

'Another time my baby way scalded on her left thigh and the calf of her leg with boiling water. This was a severe scald and the child suffered cruelly, screaming from pain. Directly it was done I thought to use Zam-Buk, as we had a box in the house, and spreading some on lint I wrapped up the baby's limb. Next morning she rested much easier and I applied a fresh bandage with Zam-Buk. I kept this treatment up daily and was rewarded by seeing a great improvement each time I dressed the wound. In a very short space of time the scalds were all very nicely healed.

'I cannot recommend this wonderful healing preparation too highly for family use, and I have such great faith in its healing powers that my house is never without a box.'

For all skin injuries and diseases, piles, eczema, salt rheum and face sores Zam-Buk is absolutely unequalled. 50c. box all druggists and stores, or post free from Zam-Buk Co., Toronto, for price. Refuse all substitutes.

A contemporary says that the wedding ring is worn on the left hand because the right is symbolical of authority, and the left obedience. That peculiar noise you hear is caused by the simultaneous action of 100,000 wives in shifting the ring to the proper hand.

Cold on the Lungs

This letter gives some idea of the confidence placed in Dr. Chase's Syrup of Linseed and Turpentine by people who know by experience of its exceptional merit. Mrs. R. D. Turner, Broadview, N. W. T., writes: "We have seven children and have used Dr. Chase's Syrup of Linseed and Turpentine for them all when troubled with cold on the lungs. We buy four bottles at a time and always keep it in the house, believing there is nothing so good for coughs and colds.

Two wretched-looking tramps were brought before the magistrpte.

Addressing the worse-looking of the two, he said:—

'Where do you live?'

'Nowhere, sir.'

'And where do you live?' addressing the second.

'I've got the room above him, your worship.'

Diarrhoea should be cured without loss of time and by a medicine which like Chamberlain's Colic, Cholera and Diarrhoea Remedy not only cures promptly but produces no unpleasant after effects. It never fails and is pleasant and safe to take. Sold by Rand's Drug Store.

'Great heavens!' cried the drug clerk.

'What's wrong' asked the druggist.

'I gave that boy hair tonic instead of cough syrup.'

Never mind. We make a profit of 90 per cent. on each.'

A Most Remarkable Case

'My face was paralyzed, I could not speak, five doctors failed to help me and I was in despair when hearing of Dr. Chase's Nerve Food I used this wonderful restorative treatment and became well and sound in every way. I would not go back to my former condition for all the gold in the country,' writes Mr. Wm. J. Brennan, Western Hill, St. Catherines, Ont.

'Why does the man always look fierce and shout when he talks on the wrong side of an argument?'

'I don't know,' replied Senator Sorghum.

'Sometimes I think he's trying to scare his conscience into silence.'

PILES Dr. Chase's Ointment is a certain and guaranteed cure for each and every form of itching, bleeding and protruding piles. See testimonials in the press and ask your neighbors about it. You can use it and get your money back if not satisfied. 60c. at all Dealers or EDMANSON, BATES & CO., Toronto.

DR. CHASE'S OINTMENT.

Honesty before expediency.

Moments make the year, and trifles —life.

Realize the good within you, and get it out.

If you have any grievance, keep it to yourself.

The last person to learn to understand a man is himself.

I consider MINARD'S LINIMENT the BEST Liniment in use.

I got my foot badly jammed lately. I bathed it well with MINARD'S LINIMENT, and it was as well as ever next day.

Yours very truly,

T. G. McMULLEN.

'Our fleet of torpedo destroyers seems to have stirred up our friend, the enemy,' remarked the naval chief of one great power.

'Yes,' replied his assistant, 'it is said they will build a fleet of torpedo destroyer destroyers now.'

Minard's Liniment Cures Burns, etc.

Art and the Home.

If there is one gift that comes more directly from heaven than any other womanly attribute, it is the instinct for making a home; first in the inner, finer qualities, the sense of peace and fulness and order that should prevail in every househould; next in the framing of the virtues, their harmonious expressions in outward and visable signs. For a house may be beautiful, spacious, stately, yet remain but a carven chalic, unfilled with the wine of life.

It does not follow that the small house is necessarily invested with this divine quality; her inconvenience may quarrel at every corner with ugliness, redeemed by none of the warming fires of sincerity and good cheer. But of the two problems, it is the easier to solve, because, for some strange and unaccountable reason, it is given to the elected only to blend with large beauty the charm comfort, of reminiscent homeliness. A house, a home, should have a rested, lived-in-look, the sense of toys played with and put by, the glimpse of happy, human, peaceful joys.

What wonderful quality is there about a glowing lamp or a cheerful flap of a red table cloth on a backyard clothes-line that can belittle more beauty than a thing of far less worth? The much-abused mid-Victorian period, with all its oversensibility and decorum, had, nevertheless, a surer grasp of the fitness of things. Nowadays most rooms have the air of being planned by people who never expected to live in them, and one has seen their pictured furnishings standing in rectangular aloofness, all completely alike in spirit, that at last the fastidious observer is temped to parody Kipling's verses, the demand, 'It's art, but is it a home?'

Stomach Trouble Cured.

If you have any trouble with your stomach you should take Chamberlain's Stomach and Liver Tablets. Mr. J. P. Klote, of Edina, Mo., says: "I have used a great many different medicines for stomach trouble, but find Chamberlain's Stomach and Liver Tablets more beneficial than any other remedy I ever used." For sale by Rand's Drug Store.

Seasonable Horticulture.

The April issue of The Canadian Horticulturist, published at Peterboro, Ont., is overflowing with practical articles on fruit growing and gardening. A wealth of information is given that will be appreciated just at the time that horticultural operations begin for this season. Cultivation, pruning, spraying, planting, hedge making, seed sowing and many similar topics are discussed. Peaches, apples, gooseberries, raspberries, strawberries, potatoes, celery, asparagus, onions, tomatoes, sweet peas, asters, shrubs, and roses are some of the things dealt with.

Among the Maritime Province contributors are J. A. Moore, Hazelbrook, P.E.I.; A. G. Turney, Fredericton, N.B.; and Miss Eunice Watts, Waterville, N.S. Prof. W. S. Blair of Macdonald College, Que., and formerly of the experimental farm at Nappan, N.S., contributes an article on gardening. The issue is well illustrated. Copies may be had on request to the above address.

Your tongue is coated.

Your breath is foul.

Headaches come and go.

These symptoms show that your stomach is the trouble. To remove the cause is the first thing, and Chamberlain's Stomach and Liver Tablets will do that. Easy to take and most effective. Sold by A. V. Rand.

'Name the domestic animals?' asked the teacher one afternoon, when she was giving her small pupils a quiz.

Philip frowned, sucked his pencil, and then manfully did as he was told.

'The cat, the dog and the hired girl,' he wrote in his big, round hand.

Every family and especially those who reside in the country should be provided at all times with a bottle of Chamberlain's Liniment. There is no telling when it may be wanted in case of an accident or emergency. It is most excellent in all cases of rheumatism, sprains and bruises. Sold by Rand's Drug Store.

After being kissed by her grandmother, little Elsie was seen to rub her cheek vigorously. 'Surely,' said her mother, 'you are not wiping away grandma's kiss?' 'No, indeed,' replied Elsie, 'I am rubbing it in.'

Chamberlain's Stomach and Liver Tablets assist nature in driving all impurities out of the system, insuring a free and regular condition and restoring the organs of the body to health and strength. Sold by Rand's Drug Store.

For lemon cake filling, beat one egg, add a cupful of sugar and the juice and rind of one lemon. Cook in an enameled tin until rather thick. When cool, spread.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher

If too much salt has been added to soup slice a raw potato and boil it in the soup for a few minutes. The potato will absorb much of the salt.

Children Cry

FOR FLETCHER'S

CASTORIA

To prevent mustiness in a teapot wash out the latter every time after use, and let it dry with the lid off.

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Chas. H. Fletcher and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhœa and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE **CASTORIA** ALWAYS

Bears the Signature of

Chas. H. Fletcher.

The Kind You Have Always Bought

In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

(Continued from page 1.)

come familiar with their conclusions and the reasons therefore. If, as your correspondent says, "Christ is the creator of all thing," why does the old version of our bible in Eph. 3. 9., say, "God created all things through Jesus Christ," and in the revised version it is simply, "God created all things." Did some spiritual ancestor of Mr. Chipman's interpolate those three words? "Even the demons believe and shudder," quotes my friend. That may be so in Berwick, but as far as I can see, it does not fit the fact hereabouts. His kind invitation to re-enter the orthodox fold lacks the hypnotic setting and I am entirely shudderless. Prof. Romanes, who is cited as an example for me to follow, did not accept his peculiar brand of religion until near the end of his life when he was suffering from illness and bereavement. And in his "Thoughts on Religion" published after his death he says his acceptance of Christianity entailed "the sacrifice of his intellect." Those who wish may follow Romanes in his dotage, others prefer him in his prime. We need to learn how to live before we learn how to die, and a good enough receipt for both is found in Acts, 10. 35. "God is no respecter of persons; but in every nation he that feareth him and worketh righteousness is acceptable to him."

I am sorry Mr. Chipman has decided to withdraw from this discussion. Gentlemen of his accommodating spirit were as thick as gad flies 30 years ago, but are now almost extinct. I wish to add that I can respect him as a gentleman who has the courage of his convictions. B. L. BISHOP.

Avoid alcoholic and capsicum tonics which burn the hair and scalp. Use Bearine, a bear's grease pomade, which feeds the roots and makes hair grow.

What a glorious country this would be to live in if turkeys were as easily raised as cats.

Menthol in the form of Davis' Menthol Salve is the best application for mosquito bites and stings, old sores, etc. 25c. a tin at druggists.

A fool and his money are soon parted, but it's different with a lazy boy and a warm bed.

It is well to have on hand a remedy, simple, effective and easily applied, for mosquito bites, insect stings, sores, bruises, sunburn, and injuries to the skin, and forty other ailments not always dangerous, but which can be cured by outward application. Such a remedy is Davis' Menthol Salve (The D.&L.), which comes in tins for 25 cts. at druggists.

BEARINE TRADE MARK FOR THE HAIR DAVIS & LAWRENCE CO. MONTREAL

MINARD'S FAMILY PILLS FOR THE CURE OF BILIOUSNESS, SICK HEADACHE, COLIC, JAUNDICE, CONSTIPATION, NERVOUS DEBILITY, DYSPEPSIA, AND ALL DISORDERS OF THE STOMACH, LIVER AND KIDNEYS. MADE BY MINARD'S LINIMENT CO.

DOMINION ATLANTIC RAILWAY.

and Steamship Lines to

St. John via Digby, and Boston via Yarmouth.

"LAND OF EVANGELINE" ROUTE,

On and after Oct. 30, 1909, Steamship and Train Service of this railway will be as follows:

TRAINS WILL ARRIVE WOLFVILLE.
(Sunday excepted.)

Express from Kentville	6 35, a m
Express " Halifax	10 07, a m
Express from Yarmouth	4 03, p m
Express from Halifax	6 27, p m
Accom. from Richmond	12 15, p m
Accom. from Annapolis Royal	12 05, a m

TRAINS WILL LEAVE WOLFVILLE.
(Sunday excepted.)

Express for Halifax	6 35, a m
Express for Yarmouth	10 07, a m
Express for Halifax	4 03, p m
Express for Kentville	6 27, p m
Accom. for Annapolis Royal	12 30, p m
Accom. for Halifax	12 15, p m

Midland Division.

Trains of the Midland Division leave Windsor daily (except Sunday) for Truro at 6.45 a. m., 7.30 a. m., and 5.35 p. m. and from Truro for Windsor at 6.50 a. m. 12.00 n. n. and 3.20 p. m., connecting at Truro with trains of the Intercolonial Railway and at Windsor with express trains to and from Halifax and Yarmouth.

Commencing Monday, Oct. 18th, the

Royal and U. S. Mail Steamship "BOSTON"

WILL LEAVE YARMOUTH

Wednesday and Saturday, on arrival of Express trains from Halifax, arriving in Boston next morning. Returning, leave Long Wharf Tuesday and Friday at 1.00 p. m.

Royal Mail Steamship "Yarmouth." St. John and Digby.

Daily Service (Sunday excepted) leaves St. John at 7.45 a. m., arrives in Digby 10 45 a. m; leaves Digby same days on arrival of express train from Halifax.

Buffet Parlor Cars run each way daily (except Sunday) on Express trains between Halifax and Yarmouth.

Trains and Steamers are run on Atlantic Standard Time.

P. GIFKINS, General Manager.
Kentville, N. S.

FREEMAN'S NURSERY

WOLFVILLE.

Cut Flowers and Potted Plants.

Wedding Bouquets and Funeral designs made up at short notice.

W. A. Freeman,

Telephone No. 32. Proprietor.

If You Ride Horseback,

or drive in a carriage, see before you make a start that the Trappings or

HARNESS

are in good order.

Repairs executed promptly. All work will prove highly satisfactory.

We carry a full line of Harness Dressing, Axle Grease, Whips, etc.

Also Buckles, Straps, Rivets, Punches. You'll not find our prices too high.

Wm. Regan,

HARNESS MAKER.

PHOSPHONOL

The

Electric Restorer for Men.

Restores every nerve in the body to its proper tension; restores vim and vitality. Premature decay and all sexual weakness averted at once. Phosphonol will make you a new man. Price $3 00 a box, or two for $5.00. Mailed to any address on receipt of price. The Scobell Drug Co., St. Catharines, Ont.

Minard's Liniment Cures Dandruff.

Royal Household Flour

The best for Bread and the best for Pastry

"The Little Brother of The Rich"

NOW, this is *not* a talk about money.

It isn't a contrast between the rich and the poor, for in some things we are all equally rich and there are no poor brothers.

The poorest woman in the land can have just as good bread as the richest. The children who walk can have just as delicious pies and cakes and "goodies" as the children who ride in carriages.

All the money in the world cannot buy better flour than "ROYAL HOUSEHOLD", for there isn't any better.

And the woman who does her own baking can have just as good bread as is served to the Royal Household of England, and *that* is made from ROYAL HOUSEHOLD FLOUR sent to England from Canada.

And then, a barrel of "ROYAL HOUSEHOLD" produces many more loaves than a barrel of ordinary flour. The bread is better—sweeter, nicer to eat—and more wholesome—has more health and strength in it—makes more delicious pies, cakes, biscuits and doughnuts. Children, whose mothers use "ROYAL HOUSEHOLD" at home, can have just as good baked things as the Princes and Princesses of England.

Although "ROYAL HOUSEHOLD" costs a little more per barrel than ordinary flour it contains so much more nourishment and makes so much more bread of superior quality it is in reality the most economical of all flours.

"Ogilvie's Book for a Cook" comprises 125 pages of splendid Recipes which have been tested and tried. Every woman who is interested in good things to eat should send and get it.

OGILVIE'S ROYAL HOUSEHOLD

26

Hutchinson's Express & Livery

UP-TO-DATE IN EVERY RESPECT.

Buckboards, Barouches, Single and Double Carriages. Good Horses; Careful Drivers; Fair Prices Teams at all Trains and Boats. Baggage carefully transfered. Boarding Stables. Telephone No 58.

T. E. HUTCHINSON, Prop., WOLFVILLE, N. S.

Hang Week's Wash in a Few Minutes on a

Hill Clothes Dryer

Clean Compact

Why continue to fuss with unsightly, ungainly clothes lines and poles when you can get this neat, compact, convenient Hill Dryer.

Instead of being spread all over the yard and supported by numerous poles, every inch of every line on the Hill Dryer is within easy reach—so you can hang the whole wash without moving a step, without having to drag the heavy basket up and down the yard through snow or damp grass.

Capacious Convenient

Set up a Hill Dryer in a convenient spot near the house and see how many steps, how much time, work and bother it saves. Once use it and no one could ever coax you back to the old-fashioned clothesline method.

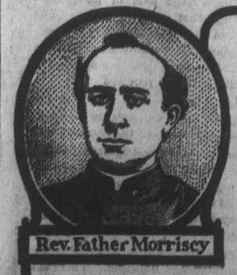
Hill Dryers are made in several sizes and styles for lawn, balcony and roof. Hold 100 to 150 feet of line—revolve so line comes to you—taken apart, folded up and put away, keeping your lawn entirely clear of obstructions.

Let us put one up in your yard ready for next wash-day. Or call and see it.

Quotations gladly furnished on application.

Illsley & Harvey Co., Ltd.

PORT WILLIAMS, N. S.



Rev. Father Morriscy

Father Morriscy's No. 10 Strengthens Weak Lungs

The person whose air passages, from the nostrils to the innermost cells of the lungs, are lined with vigorous, healthy membrane, can pass unharmed through exposure to cold or wet, or even to the germs of consumption itself.

Under similar exposure one whose air passages are weak at any point, or whose vitality is low, will be almost certain to fall a prey to some form of throat or lung trouble.

Every common cold neglected weakens your defenses at some point. A succession of them leaves you an easy victim for bronchitis, pneumonia or consumption.

Father Morriscy's No. 10 (Lung Tonic) protects you from this danger. It not only stops the cough and drives away the cold, but it repairs the damage done to the delicate membrane, making it as strong or stronger than ever to resist throat or lung diseases.

Being entirely free from opium, morphine or any harmful drug, Father Morriscy's No. 10 is perfectly safe for the youngest or the oldest.

Trial size 25c. Regular size 50c. At your dealer's.

108

Father Morriscy Medicine Co., Ltd., - Chatham, N.B.

At Wolfville.

Building Lots for sale on the Randall Hill, fronting on Victoria Avenue and the new street, running east and west across the hill (King street)

The lots are conveniently and beautifully situated in the centre of the town.

Land good. Air and views delightful.

Apply to

MRS. ED. COGSWELL
of Wolfville.

Fruit Farm for Sale!

Situated on Belcher Street, one and a half miles from Kentville; 32 acres, about 22 in orchard. Twelve acres, planted at various times, will easily yield 600 barrels if looked after. Good varieties; ten acres planted last year in

Cox's Orange Pippins and Wellingtons.

Good land, easily worked. Apply to

C. C. Brown,

24 Greenwich, Kings County.

Fred H. Christie

PAINTER

....AND....

PAPER HANGER.

Best Attention Given to Work Entrusted to Us.

☞ Orders left at the store of L. W. Sleep will be promptly attended to.

PATRONAGE SOLICITED.

Dr. de Van's French Female Pills—the Wife's Friend.

A reliable regulator; never fails While these pills are exceedingly powerful in regulating the genitative portion of the female system, they are strictly safe to use. Refuse all cheap imitations. Dr. de Van's are sold at $5.00 a box, or three for $10.00. Mailed to any address. The Scobell Drug Co., St. Catharines, Ont.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO—For God and Home and Native Land.

BADGE—A knot of White Ribbon.

WATCHWORD—Agitate, educate, organize.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. Walter Mitchell.
1st Vice President—Mrs B. O. Davison.
2nd Vice President—Mrs R. V. Jones.
3rd Vice President—Mrs. J. B. Hemmeon.
Cor. Secretary—Mrs Charlotte Murray.
Recording Secy—Mrs. A. E. Coldwell.
Treasurer Mrs. Lewis Sleep.
Auditor—Mrs. C. W. Roscoe

SUPERINTENDENTS.

World's Mission Work (Labrador)—Mrs. Roscoe
Parlor Meetings—Miss Rising
Evangelistic Mrs. DeWitt.
Aldershot Work—Mrs. Chambers.
Narcotics—Mrs. William Chipman.
Press Work—Miss Margaret Barss.
Temperance in Sabbath schools—Miss Annie Fitch.
Mothers' Meetings—Mrs. Prestwood.
Lumbermen—Mrs Kempton
Peace and Arbitratio—Mrs Hemmeon.
Flowers, Fruit and Delicacies Mrs L. Eaton, Mrs Wm. Chipman, assistant.
Juvenile Work—Mrs. B. O. Davison.

Temperance.

RAILROADS ADOPTING THE NON DRINKING POLICY.

One more telling instance showing the stand being taken by great railroad and other corporations, as well as business concerns, in the matter of drinking among their employes is recorded in the recent step taken by James J. Hill, the great railroad financier. While the percentage of serious accidents and minor mishaps on the great western lines in his control has not been greater than on rival roads it has remained a matter of grave concern and presented a field for inquiry as to what amount was preventable waste. President Hill accordingly instituted a thorough investigation of the reasons for the cost of life, limb, damages, destroyed equipment, and delays. The result is the sending of this official warning to all the officers of the operating departments of the Great Northern and all the other Hill companies:

'We do not wish to have in our employ men who drink liquor. Do not employ drinking men, if men now working under you drink, tell them they must stop it or make room for men who will not drink.'

The Great Northern has thus 'gone dry' solely for economic reasons and the action demonstrates the same phase of materialism which actuated tens of thousands of southern men who were unmoved by the moral argument for prohibition to vote the saloon out of their States and thus prevent an enormous amount of crime and add a measure of efficiency to their labor supply. It is with the conservation of productive power that the really big business men of the country are engaged. And President Hill is but one of many who have found that the non-drinker is a better, safer, more profitable agent of production than the tippler.

Nor can saloon men logically complain when such steps are taken by a railroad corporation or any other large employer. The saloon men were the first to see the economic truths of the effects of their trade upon labor, the laborer's efficiency and the employer's profits. Long before the manufacturers and railroad managers had begun to connect the personal, drinking habits of their employees with their annual net revenues, the saloon men were discharging their own barkeepers and employees who drank, and giving preference in employment and higher pay to non-drinkers. The liquor dealers have themselves set the lead in adopting the economic policy, and the Steel Trust and the railroads are but following it in issuing such commonsense orders as the above which are now being enforced.

Total Abstinence.

Two boys were seated in a railway station talking, and a minister across the room was listening.

'Say, John,' said Harry, 'they tell me you have signed the total abstinence pledge.'

'Yes, Harry, I signed the pledge and joined the Senior Loyal Temperance Legion.'

'What put that in your head?'

'Well, I think it will help me overcome any temptation to drink or use tobacco, and I notice that the best people are abstainers.'

A policeman stood near with a prisoner in hand-cuffs. The minister turned to him and said:

'Pray, sir, what have you to say about temperance?'

'Well,' said the policeman, 'all I have to say is, I never took a total abstainer to prison in my life, nor to the house of correction.'

The reply speaks for itself.

The theological students refused to attend the annual banquet last week of the McGill Arts Undergraduates society, because wine and other intoxicants were served. When the arrangements for the banquet were being made the representatives of the theological College objected to the use of intoxicants of any kind. Their contention not prevailing, the only thing they could consistently do was to refrain from taking any part in the festivities. They must be respected for their loyalty to principle. The Arts students easily find excuse for the use of intoxicants on such occasions in the course sometimes pursued by their seniors. It is stated that at a dinner of the Alumni of a provincial college, recently held in this city, wines were on the menu. If for no other reason the alumni might refrain for the sake of the example to the undergraduates. And, we may add, it would be well if christian men generally would show their loyalty to principle by absenting themselves from banquets and the like at which intoxicants are served. Some do. If all did there would soon be a very general abandonment of the wrong custom, always dangerous, and especially to the young.—Maritime Baptist.

Fever Sores.

Fever sores and old cronic sores should not be healed entirely, but should be kept in healthy condition This can be done by applying Chamberlain's Salve. This salve has no superior for this purpose It is also most excellent for chapped hands, sore nipples, burns and diseases of the skin. For sale by Rand's Drug Store.

Alcohol and the Antarctic Expedition.

In Lieutenant Shackleton's 'Farthest South' expedition, only once in the long four months' journey did the party use any alcohol, and on that occasion, after the use of a little wine on a birthday celebration, reported they found their resistance to cold so reduced that they decided at once to use no more alcohol. Circumstances such as this make it almost seem as though nature were determined to make men total abstainers even in spite of themselves. The evidence against the use of alcoholic beverages in arctic regions is already weighty, and in temperate climates to pile up with convicting effect, to the greater good of the human race.

Prompt relief in all cases of throat and lung trouble if you use Chamberlain's Cough Remedy. Pleasing to take, soothing and healing in effect. Sold by Rand's Drug Store.

'These figures tell of the success of the campaign to curtail the liquor traffic, and encourage those who desire decency to press the battle against the legalized evil: 'Thirty-five years ago Toronto had a population of 70,000 and 309 barrooms. To-day it has 350,000 people and 110 barrooms. Thirty years ago Ontario had 1,000,000 people and 6,000 licenses. To-day it has over 2,000,000 people and 2,300 licenses.'

IT IS SIMPLY MARVELLOUS

NOTHING TO COMPARE WITH "FRUIT-A-TIVES."

After Physicians and Ordinary Remedies Failed to Relieve

This Famous Fruit Medicine Promptly Cured.

Thousands of people owe their good health to "Fruit-a-tives." Thousands of others are rapidly being restored to health and strength through the marvellous powers of this extraordinary medicine. Here is just one case in Lancaster, Ont:

"For years, I was a martyr to Chronic Constipation. I tried pills, etc., and consulted physicians without relief. Then I began to take "Fruit-a-tives" and these wonderful fruit tablets entirely cured me."

(Mrs.) ZENOPHILE BONNEVILLE.

50c a box, 6 for $2.50, or trial size 25c. At dealers or from Fruit-a-tives, Limited, Ottawa.

AFTER SUFFERING TEN YEARS

Cured by Lydia E. Pinkham's Vegetable Compound

MARLTON, N.J.—I feel that Lydia E. Pinkham's Vegetable Compound has given me new life. I suffered for ten years with serious female troubles, inflammation, ulceration, indigestion, nervousness, and could not sleep. Doctors gave me up, as they said my troubles were chronic. I was in despair, and did not care whether I lived or died, when I read about Lydia E. Pinkham's Vegetable Compound; so I began to take it, and am well again and relieved of all my suffering.'—Mrs. GEORGE JOHNY, Box 46, Marlton, N.J.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotics or harmful drugs, and to-day holds the record for the largest number of actual cures of female diseases we know of, and thousands of voluntary testimonials are on file in the Pinkham laboratory at Lynn, Mass., from women who have been cured from almost every form of female complaints, inflammation, ulceration, displacements, fibroid tumors, irregularities, periodic pains, backache, indigestion and nervous prostration. Every suffering woman owes it to herself to give Lydia E. Pinkham's Vegetable Compound a trial.

If you would like special advice about your case write a confidential letter to Mrs. Pinkham, at Lynn, Mass. Her advice is free, and always helpful.

Try this Sure Way To Dye Your Clothes

DY-O-LA

ONE DYE FOR ALL KINDS OF GOODS.

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