



At 50 years of age THE KIDNEYS NEED HELP

There is no reason why, when a man or woman reaches the fifty mark, he or she should not feel full of energy and happiness.

Gin Pills FOR THE KIDNEYS

At the first evidence that Kidneys are not working properly, that is, if you have pains in the back or sides, twinges of rheumatism, constant headaches and restless nights, swollen joints or urinary troubles, take Gin Pills.

National Drug & Chemical Co. of Canada, Limited - Toronto U. S. Address: No-Drugs Co., Inc. 203 Hudson St., N.Y.

Friend (admiring picture)—How did you ever get that beautiful red sunrise? Artist—My model was a ripe tomato.

UNITED STATES ASKED FOR CORN

Canada Requires a Fair Share OTTAWA, Oct. 18—Announcement was made by the Food Controller yesterday that all possible efforts were being made to secure Canada's fair share of the available corn in the United States.

Wanted—Several good laying hens or early pullets. H. G. Harris.

NAVY LEAGUE APPEAL WITHDRAWN

The Navy League of Canada with headquarters at Montreal, had in Sept. issued an appeal for funds for its work in caring for the British navy and mercantile marine.

WAR MENUS

How to Save Wheat, Beef and Bacon for the men at the front. Issued from the Office of the Food Controller for Canada

MENU FOR SUNDAY

Breakfast: Corn Flakes, Milk, Sugar, Toast, Jam, Tea or Coffee. Dinner: Beef Loaf, Mashed Potatoes, Creamed Celery, Squash Pie, Tea.

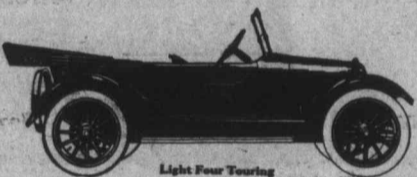
The receipt for War Cake, mentioned above, is as follows:

War Cake—4 tablespoons dripping, 1/2 cup sugar, 1/2 cup milk, 1 cup flour, 1/2 cup of graham flour, 2 1/2 teaspoons baking powder, 1 teaspoon cinnamon, 1 teaspoon cloves, 7 1/2 tablespoon molasses, 1 egg.

MENU FOR MONDAY

Breakfast: Cornmeal Porridge, Milk, Sugar, Toast, Marmalade, Tea or Coffee. Luncheon: Baked Potatoes, Brown Bread, Coddled Apples, Butter, Tea. Dinner: Roast Mutton, Potatoes, Beets, Apple and Bread Pudding with Milk and Sugar.

Overland Light Four Touring. The steady demand for Overland Light Four touring cars in the Dominion is the strongest argument we can advance in their favor.



A Favorite In Canada

The steady demand for Overland Light Four touring cars in the Dominion is the strongest argument we can advance in their favor. This sturdy little Overland traveler has proved a favorite right from the start.

- Willys-Overland Closed Car Models: Light Four—4 Passenger Touring Sedan—106 inch wheelbase, Model 45 Four—4 Passenger Touring Coupe—112 inch wheelbase, Light Six—4 Passenger Touring Sedan—118 inch wheelbase, Willys Six—4 Passenger Touring Sedan—120 inch wheelbase, Willys Knight—4 Passenger Four Coupe—114 inch wheelbase.

W. C. HILTZ, Kentville Garage, Phone No 196, Office No 98, Kentville.

Willys-Overland, Limited, Willys-Knight and Overland Motor Cars and Light Commercial Wagons, Head Office and Works, West Toronto, Ontario.

MENU FOR WEDNESDAY

Breakfast: Oatmeal Porridge, Milk, Sugar, Toast, Marmalade or Jam, Tea or Coffee. Luncheon: Corn Soup, Beet Salad, Beans and Butter, Jelly, Oatcakes with Date Filling. Dinner: Beef Stew with Dumplings, Baked Potatoes, Pumpkin Pie.

The recipes for Oatcakes with Date Filling and Pumpkin Pie, mentioned above, are as follows—

Oatcakes with Date Filling—Make Oatmeal Cookies with the following: 3 cups flour, 3 cups oatmeal, 1 cup beef dripping, 1 cup sugar, 1 cup sweet milk, 1 teaspoon salt, 1 level teaspoon soda, 2 level teaspoons cream of tartar. Roll thin and cook. Make the following date filling: 1 lb dates, 1/2 cup sugar, Juice of a lemon. Boil until thick and spread between oatmeal cookies.

Pumpkin Pie—1 1/2 cups steamed and strained pumpkin, 2-3 cups brown sugar, 1 teaspoon cinnamon, 1 teaspoon ginger, 1/2 teaspoon salt, 1 cup milk, 1 egg. Make a crust, put in filling and cook in the oven until done. (Recipes by Domestic Science Experts of the Food Controller's Office)

READY FOR RAIN

"I trust, Miss Tappit," said the kindly employer to his stenographer, "that you have something in reserve for a rainy day."

THE FOOL

(By Robert Service) "But it isn't playing the game," he said. And he slammed his books away. "The Latin and Greek I've got in my head 'Will do for a commoner day."

So I called him a fool, a fool. Now there his dog by his empty bed. And the fute he used to play. And his favorite hat. . . but Dick he's dead.

Look at his prizes all in a row. Surely a hint of fame. Now he's finished with nothing to show. Doesn't it seem a shame? Look from the window! All you see Was to be his one day.

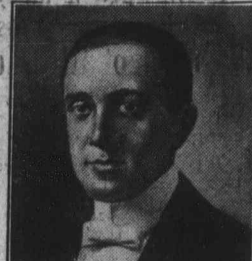
Forest and furrow, lawn and tea, And he goes and chucks it away. Throws his way to die in the dark. Somebody saw him fall; Part of him mud, part of him blood. The rest of him—not at all.

And I called him a fool! I how blind was I. Oh, the cup of my grief's abrim. Will Glory o' England ever die? So long as we've lads like him? So long as we've fond and fearless fools. Who, spurring fortune and fame, Turn out with the rallying cry of their schools. Intent on playing the game?

A fool! Ah, no, he was more than wise; His was the proudest part. He died with the glory of faith in his eyes. And the glory of love in his heart. And though there's never a grave to tell. Nor a cross to mark his fall. Thank God! we know that he "batted well" In the last great game of all!

NOTED MUSICIAN OF MONTREAL

Advices The Use Of "FRUIT-A-LIVES" The Famous Fruit Medicines



MR. ROSENBERG 589 Casgrain St., Montreal, April 20th, 1915. "In my opinion, no other medicine in the world is so curative for Constipation and Indigestion as 'Fruit-a-lives'."

SPIKED TO DOOR AND LEFT TO DIE

Prussian Treatment of an Ontario Soldier. KINGSTON, Ont., Oct. 15—Sergt. A. Anderson, of the Second Battalion, tells a horrible tale of the Prussian soldier. He was Lieut. Bert Bristow, of Brockville, was spiked with bayonets to a door and left to die.

Closing Notice

We beg to advise the general public that our place of business will be closed every Wednesday afternoon during the summer months. We will be open Saturday evenings.

Flour and Feed

We have the NUBYSTIM SPRAY GUN you should have one. Call and see it. Our stock of Flour and Feed is unusually large. We have just unloaded another car of FINE OATS.

The Kentville Fruit Co., Limited

"I'll tell you, old man, Andy is a bright girl. She's brains enough for two."

"Then she's the very girl for you, my boy."

We believe MINARD'S LINIMENT is the best. Mathias Fooley, Oil City, Ont.; Joseph Snow, Norway, Me.; Charles Whooten, Mulgrave, N. S.; Rev. O. Armstrong, Mulgrave, N. S.; Pierre Landers, sen., Pokemouche, N. B.

WHY HARRY WRITES

"Since he has been at college Harry's letters are all so short."

"So's Harry. That's why he writes 'em." Baltimore American.

New subscriptions will be received till the end of year at only 25 cents.