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The steady demand for Overland Light Four teuring cars in the Dominion is the strongest argument we can advance

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- 1 pomeron as W. C. HILTZ, Kentville Garage Rest Phone No 196. Office No 98

office and Works, West Toronto, Ontario

UNITED STATES ASKED FOR CORN

Canada Requires a Fair Share

OTTAWA, Oct. 18-Anno OTTAWA, Oct. 18—Announcement was made by the Food Controller yesterday that all possible efforts were being made to secure Canada's fair share of the available corn in the United States. Application to the United States food administration for licenses which will emple shipments. licenses which will enable shipments to be brought across the border inte to be brought across the border into Canada are being approved and forwarded to Washington without delay. Moreover, importers and other Canadian users of corn have been urged to get-together and to provide Mr. Hanna with information as to their requirements, in order that the Food Controller may be in a heter regular to the controller may be in a heter regular to the controller may be in a heter regular to the controller may be in a heter regular may be in troller may be in a better position to negotiate with the American authori-ties.

Wanted-Several good laying ens or early pullets. H. G. Har-

## NAVY LEAGUE APPEAL WITHDRAWN

The Navy League of Canada with headquarters at Montreal, had in Septissued an appeal for funds for its work in caring for the British navy and mercantile marine. The British Red Cross has had the right of way for appeals in October and worthy though the other object may be, it was felt that confusion was resulting from the appeal for the navy at the time. Mr. W. G. Ross, President of the Navy League Montreal, recognized this and has withdrawn the Naval League Friend (admiring picture)—How did you ever get that beautiful red sunrise?

Artist—My model was a ripe tomato—
British Red Cross appeal for Canada.

WAR MENUS

for the men at the front. Issue from the Office of the Food Controller for Canada

MENU FOR SUNDAY

Breakfast Milk Tea or Coffee Toast Jam Dinner

Squash Pie Tea

Tomato Salad Brown Bread and Butter Preserved Fruit War Cake Cocoa

The receipt for War Cake, mention

War Cake-

4 tablespoons dripping
4 cup of milk
1 cup flour
5 cup of graham flour
2 teaspoons baking powder
1 teaspoon cinnamon
1 teaspoon cloves
71 tablespoon molasses

1 egg

I egg Mix sugar dripping, beaten egg and molasses. Add to the flour the baking powder and spices. Add the milk and flour alternately to the first mixture. Bake thirty minutes in a shallow

(Recipes by Domestic Experts of Food Controller's Office)

MENU FOR MONDAY

Breakfast Porridge Milk Marmalade Tea or

Luncheon Apples Butter Dinner

Roast Mutton Potatoes Beets
pple and Bread Pudding with Milk
and Sugar

The recipes for Brown Bread and Apple and Bread Pudding, mentioned above, are as follows: Brown Bread—

MENU FOR TUESDAY

Breakfast

Creamed Toast, Fried Commeal Mush
Milk Sugar Tea or Coffee
Sliced Tomatoes Fried Potatoes
War Bread Plum Preserve

Ten or remunica ne Beked Heart of Beef, Potatoes, Turnips (ATea Biscuits Baked Apple The recipes for War Bread and Gaked Heart of Beef, mentioned above, are as follow:

abeve, are as follow:

War Bread

"cups boiling water

% cup molasses

% tablespoon salt

1 tablespoon dripping

% yeast cake dissolved in

1-2 cup of luke warm water

1 cup folled oats or paimeal

4% cups flour

Add boiling water to oats and let

stand one hour. Add molasses, selt,
butter, dissolved yeast cake and hour.

Let rise, beaf boroughly, turn into buttered bread pans, let rise again

Baked Heart of Beef
Wash a beef heart, removes veins, irteries, and clotted blood. Stuff with dressing made as for fow.

Sprinkle with salf and pepper Put im a covered baker with two cups sisting water and bake slowly two hours, busting every fifteen minutes (Recipes by Domestic Science Experts of the Pood Controller's Office)

Hy Them doctors is a significant to the foll Ab, no He, wasting the same was followed by the foll Ab, no He, wasting the same was followed by the foll Ab, no He, wasting the same was followed by the foll Ab, no He, wasting the same was followed by the foll Ab, no He, wasting the same was followed by the foll Ab, no He, wasting the same was followed by the foll Ab, no He, wasting the same was followed by the foll Ab, no He, wasting the same was followed by the foll Ab, no He, wasting the same was followed by the followed by t

Or Yop, I see they are goiriva Shakespeare in New York

MENU FOR WEDNESDAY

al Porridge Milk Toast Marmalade or Jam Tea or Coffee

Corn Soup

Beet Salad

Bread and Butter

Jelly Oateakes with Date Filling Dinner

Luncheon

Beef Stew with Dumplings
Baked Potatoes Purapkin Pie
The recipes for Oatenkes with Date
Filing and Pumpkin Pie, mentioned
above, are as follows—

Oatcakes with Date Filling-Make Oatmeal Cookies with the

3 cups flour
3 cups oatmeal
1 cup beef dripping

f cup sugar
1 cup sweet milk
1 teaspoon salt
1 level teaspoon soda
2 level teaspoons cream of fartar Roll thin and cook. Make the following date filling:

(m) 1 lb dates
14 cup sugar

Juice of a lemon

Boil until thick and spread between patmeal cookies. 

1% cups steamed and strained

pumpkin coysists

2-3 cupa brown sugar

1 teaspoon cinnamon

1 teaspoon gair

½ teaspoon alit

1 cup milk

1 cup milk

1 cug

1 egg
Make a crust, put in filling and cook in the oven until done.
(Recipes by Domestic Science Experts of the Food Controlled's Office)

READY FOR RAIN AND TOWN

"I trust, Miss Tappit," said the kindl employer to his stenographer, that you have something in reserve for a rainy

i cup rye meal
i cup granulated cornmeal
i teaspoons soda
i teaspoon salt
i cup molasses
i cup granulated cornmeal
i deckintosh "—Christian Register.

But it isn't playing the game," he said
And he slammed his books awag;
"The fatin and Greek I've got in my head
will do for a commoner day."
"Rubbish!" I cried. "The bugle's call.
Isn't for lads from school."
D've think b. would listen? Oh, not at
all!

Sa I called him a fool, a fool

So I called him a fool, a fool
Now there his dog my his empty bed,
And the flute he used to pley,
And his favorite bat . but Dick
he's desad.
Somewhere in France they say,
Dick with his rapture of song and sun,
Dick of the yellow hair,
Dicky whose life had but begun,
Carrien cdid out there.

Look at his prime all at a row,
Surely a hint of fame.

Naw he's finished with nothing to
Docsn't it seem a shanne.

Look from the whidow! All you
Was to be his one day.

Forest and furrow, lawn and lea,
And he goes and chucks it away.

Throws ", way to die in the dark Somebody saw him fall;
Page of him mud, part of him blood,
The reat of him—not at mi.
And yet I'll bet he was never afraid
d lef. And he went as the best of 'em go,
sett, For his hand was clenched on his brok hour
into. And his fire was

A fool! Ah no He wastmare thearwise;
His was the proudest part,
He died with the glory of faith in his
eyes

And the stary of love in his heart.
And though there's seven a grave to tell.
Nor a cross to mark his fall.
Thank God! we know that he "batted"
in the last great game of all!

Advises The Use Of "FRUIT-A-TIVES",
The Famous Fruit Medicinis.



MR. ROSENBURG
589 Casgrain St., Montreal.

April 20th, 1915.

"In my opinion no other medicine in the world is so curative for Constipation and Indigestion as "Fruit-a-tives". I was sufferer from these complaints for five years, and my sedentary occupation, Music, brought about a kind of Intestinal Paralysis—with masty Head-aches, belching gas, drowsiness after eating, and Pain in the Back. I tried pills and medicines of physicians, but nothing helped me. Then I was induced to try "Fruit-a-tives", and now for six months I have been entirely well.

I advise any one who suffers from that six months I have been entirely well. I advise any one who suffers from that horrible trouble—Chronic Constitution with the resultant indigestion, to try"Fruit-a-tives", and you will be agreeably surprised at the great behefit, you will receive". A. ROSENBURG. 500. a box, 6 for \$2.50, trial size, 25c... At all dealers or sent postpald by Fruit-a-tives Limited, Ottawa.

The mariage of His Grace Archbishop Worrell to Miss Abbot took place last week at moon in All Saints, Halifax, A delegation representing the Synod and Isity waited upon His Grace and presented him with an address of a sensitial cheque.

SPIKED TO DOOR AND LEFT TO DIE:

Anderson, of the Second Battalion, tells a horrible tale of the Prussian soldier. He was Lieut. Bert Brister, of Brockville, was spiked with bayof Brockville, was spiked with bay-onets to a door and left to die. An-derson's company found him lifeless when they arrived on the scene.

Closing Notice
We beg to advise the general pube that our place of business will ;

lic that our place of business yill closed every Wednesday afternosed turing the summer months. We will be open, every Saturday events for the place of the summer months. We will be open, every Saturday events for the place of the place of the summer of the place o

The Kentville Fruit Co., Limite

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Pierre Landers, sen., Pokemouche,
N. B.

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"So's Harry. That's why he writes ent of Baltimore American.

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Treat

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