

kitchen and the pantry can be found something to stimulate you to do your best. Let the doing of your duty, how-ever irksome, be the aim of your life. Be sure that those folks are never dis-contented who loyally do their duty where God has placed them.

A FATHER'S QUESTION

"I have a boy of nine. Would you advise me to place a copy of 'The Nobility of Boyhood' in his hands?"

The book "The Nobility of Boyhood" was written for parents. No parent should place this, or any other book in the hands of their child until book, in the hands of their child until they have first read it themselves. The parent should always know what the parent should always know what the child knows upon the subject of reproduction, and the parent is always the best judge of whether to place the book in the hands of the child, or whether to impart personally, or to read such sections of the book to the child as may be suited to his years, his intelligence and the nature of his question

The error which parents universally make is in withholding honest answers to honest inquiries; they cast a mystery over everything relating to this sub-ject and awaken curiosity which be-comes both abnormal and insistent, and which usually results in the child securing—in a wrong way and in an im-pure .form—the information which should always be imparted by the parent.

The above book can be procured by The above book can be procured by writing to The Grain Growers' Guide and enclosing one dollar. There is also a lovely little book, the "Most Beautiful Story in the World," every page just as clean and sweet as it can be; price fifteen cents per copy. This book can be obtained through The Grain Growers' Guide,

Dear Mary Ford:—Why women should have the vote is shown to us by the highest authority, our great Creator. God made male and female, Creator. God made male and female, which shows us that without woman, man is not perfect. She is man's helpmeet for him. Let us look into God's holy word and see how God blesses woman on equality with man. Now, in regard to political affairs, first we see God choosing a woman (the Virgin Mary) to bring into the world the King of Kings and Lord of Lords, God's only begotten son, intrusting Him in her care who is the great Redeemer. During the terrible oppression of the Children the terrible oppression of the Children of Israel by the hand of the king of Canaan, we see God choosing a woman (Debora) to be judge over His earthly people, the Jews, and also honoring a

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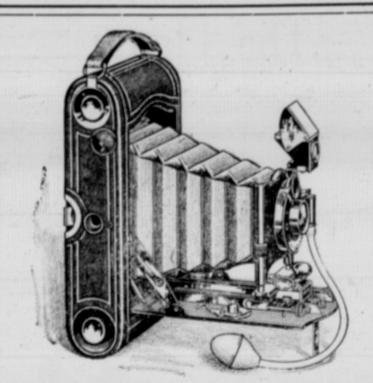
woman (Jael) by selling into her hands to be destroyed, the captain of the king's host, Sisera, who oppressed the Jews mightily for twenty years. The result was, by the great wisdom and power of those two women, God's bless-ing was with them and the land had rest for 40 years. Queen Eather was a woman used to save her people, the Jews to make supplication unto the king and to make request before him for the Jews that they might not be destroyed. If she had held her peace and said nothing they would have all been destroyed. We see God blessing this woman in a wonderful way, for the very life of her people. Huldah, the prophetess, was a woman who was used of God to explain to the people concerning the book of the law that was found in the house of the Lord; also the king of Judah sent to her to he advised in regard to the book of the law that he might know what to do. We all know David was a man after God's own heart, yet we see God choos-ing a woman (Abegail) to show David that he was doing wrong and to advise him what to do for the good of his people after he became ruler of Israel, as she had foreseen that he was to be the anointed king. Now we have seen how God used the women of old. Let us now look at the women of modern times. First, who was the greatest monarch that ever sat on the throne of monarch that ever sat on the throne of England? It was a woman (Victoria). She was the first monarch to take the title of empress and reign the diamond jubilee. She was beloved by all and called Victoria the Good, and was wonderfully blessed, to the good of her subjects. There are also many others which were leading women, such as Joan of Are, who put herself at the head of 10,000 troops commanded by royal officers, and attacked the enemy, routing them completely. Many victories followed as the result of this one woman's great act. Frances Willard was another woman of great ability and intellect. She was founder of the W.C.T.U. Florence Nightingale was a woman of deep sympathy for the suffering and dying, one of the world's greatest nurses, and was called an anger of mercy. Grace Darling was another great woman who has saved and rescued precious lives during her great lifeboat career; and many other women of great career; and many other women of great renown, too numerous to mention. Bringing before the minds of the people the said women of great ability and intellect proves that God has not made her inferior to man. We see some of those women were uneducated, yet sessing great ability and wonderful power, and would put many a man to shame, with all his education. Woman sname, with all his education. Woman is blessed with great power, man is blessed with great strength; therefore the two together would accomplish great and noble things. For ages man has set aside the wonderful power of woman by depriving her of the vote, and the result has been that man has become like a broken tooth and a foot out of joint, which in both cases become out of joint, which in both cases become helpless.

Let us now for a moment dwell on

woman in the home. We see her there caring for the helpless infants entrusted so tenderly to her care for protection, and instructing them in the paths of righteousness. As they grow in tender years they lean on her to be fed and cherished, going to her with all their troubles. She seeks to cheer them, making life for them bright, and if any of her household is sick the first one on the scene is mother. We know men make better soldiers, but women make the better nurses, which demands higher qualities of brain and heart, so we see laws affect the interests of women just as deeply as the interests of men, and, in fact, many laws affect them more gravely. Woman's gentleness has saved mankind from barbarism; her weakness therefore became the strength so tenderly to her care for protection, eakness therefore became the strength of civilization. Since woman has ac-complished wonders without the vote, why should not woman, then, have the right to an equal share in the great victory by giving her the vote?

HENRIETTA WILLIAMSON. Terence, Man.

Dear Mary Ford:—I am in favor of votes for women and will do all in my power to help it along. The ladies' aid is taking hold of this work and a great many women are signing. God speed the day when women will get their rights, for I am one who knows what the



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laws of Canada give a woman.

A FRIEND. My Dear Friend:-The best way to help is to get each woman to write a letter to the local member and another to the provincial government. With most of the newspapers muzzled with re-gard to votes for women, it is im-possible to make the people realize that women in Western Canada are really in earnest in desiring the vote.

sit down and write a letter at once; never mind if you write badly, never mind if you cannot spell, write

We Demand the Vote
and sign your name. This will do more than all the petitions that were ever invented to wake them up.

EDUCATION IN MOTHERHOOD

The necessity of education of women in matters pertaining to their health and to the health of the future generation is being realized by educators of every country. Only a few years ago the students of one of our prominent schools for girls were called immodest because they suggested that a woman physician be employed to give them \* instruction in these much misunderstood subjects. Great strides have been taken in this line since then. Now the fore-most schools and colleges are adding these subjects to their regular curricu-

In one of the Western American universities an elective course has been planned recently for the women students on the rearing of babies. As

soon as it was announced, forty students immediately expressed a desire to enter these classes. The course is in charge of a woman physician and is of a de-eidedly practical nature. For instance, one day it is planned that the doctor will take her pupils to a hospital where she will lecture while a nurse bathes a

Another school recently has offered a three months' course for young women; this course to include anatomy and hy-giene of the female organs, instructions for the expectant mother, general care of babies, with especial attention to bathing, clothing and diet, and general care of the sick in the homes. An opportunity also is provided for those who wish to obtain sufficient hospital ex-

perience to be able to recognize important symptoms of disease.

At one large college for girls, the freshman course of lectures in hygiene is compulsory. An elective course in advanced human physiology is offered; also a course in municipal sanitation open to seniors and juniors. This course, since it was first offered, has been largely attended. The original investigations done by this class in relation to water supply, disposal of sewage, control of tuberculosis, etc., in their own home towns is very awakening and in some cases has been produc-tive of much good. At the close of the senior year four lectures are given upon reproduction, maternity and the care of young children. These lectures are attended by nearly every senior.