

CHATS WITH YOUNG MEN.

Can This be True? "Young men no longer form literary societies or join reading circles," complains the Catholic Columbian. "They go to card clubs, to society smokers, and to saloons. Things of the mind are a discount with them."

Bring the Best Out of Yourself. Be yourself! That's what you were put in this world for. Avoid foolish forms and "cultivated" conventionalities. They are artificial, however artificially they may affect them.

The world needs every man who comes into it. It needs the best that is in that man. Therefore bring the best out of yourself. Be careful that you don't try to bring out of yourself something that's in some one else. If you make this mistake you'll waste some time morning—it will be a fine morning for the other fellow—and find the thing you were going to do already done.

The Right Mental Attitude Towards Life. Dear boys stop a minute and consider your mental attitude towards work. Mental attitude has much more to do with success or failure in any occupation than most young men are apt to realize.

Some Helpful Thoughts. Virtue is like a precious stone—prettiest when plain set. One secret act of self-denial, one sacrifice of inclination to duty, is worth all the mere good thoughts, warm feelings, passionate prayers, in which idle people indulge.

OUR BOYS AND GIRLS. STORIES ON THE ROSARY. She consequently lived in a perpetual race after time, and a sensation of having a great deal more to do than she could possibly get through.

IMITATION OF CHRIST. OF NOT SEARCHING INTO HIGH MATTERS NOR INTO THE SECRET JUDGMENTS OF GOD. He, therefore, who fespiseth one of the least of my saints, honoreth not the greatest; for both little and great I have made.

LESS. BOUNCING. MARY. 30c. post paid.

when touched by grace, helped rather than hindered her in her endeavor to act upon principle. The strong will subjected to the rule of grace rather than the mastery of self enabled her to follow her little rule when she liked it and when she did not.

ALL SAINTS AND ALL SOULS DAYS. These two feasts are coupled by Holy Church to tell us of the honor and respect we should have for her filios departed, some in glory reigning, others in time to share their happiness; to felicitate the former and strive to emulate their holiness, and to pray for the latter and hasten the day of their deliverance.

BLOOD DISEASES. CAN ALL BE CURED BY THE USE OF DR. WILLIAMS' PINK PILLS. More than half the disease in the world is caused by bad blood—weak blood, blood poisoned by impurities. Bad blood is the one cause of all the backaches and headaches, the lumbago and rheumatism, the neuralgia and sciatica, the debility and biliousness and indigestion, the paleness and pimples and all the disgusting skin diseases like eczema, that show how it poisons the blood actually.

FARM LABORERS. Farmers desiring help for the coming season, should apply at once to the Government Free Farm Labor Bureau.

WINDMILLS. POWER AND PUMPING. The Commission of Internal Revenue has rendered a decision that will be a severe blow to the patent medicine nostrums that are composed largely of whiskey.

COWAN'S Perfection COCOA. Children like it and thrive on it.

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SURPRISE SOAP. A PURE HARD SOAP. An eminent scientist, Dr. Theodore B. Hyslop, speaking recently at a meeting of the British Medical Association, thus recommended prayer as the best of all cures for mental disease.

DR. CLAUDE BROWN, DENTIST, HONOR Graduate Toronto University Graduate Philadelphia Dental College. 189 Dundas St. Phone 1381.

DR. STEWART. Successor to John T. Stephenson. Charges moderate. Open day and night. Residence on premises. 104 Dundas St. Phone 450.

O'KEEFE'S Liquid Extract of Mall. Aids digestion, procures sound sleep and a keen appetite. It is prescribed by leading physicians all over Canada for nursing mothers, delicate children, nervous people and convalescents.

INDIGESTION CONQUERED BY K.D.C. IT RESTORES THE STOMACH TO HEALTHY ACTION AND TONES WHOLE SYSTEM.

WINDMILLS. POWER AND PUMPING. The Commission of Internal Revenue has rendered a decision that will be a severe blow to the patent medicine nostrums that are composed largely of whiskey.

LIQUOR MEDICINES. The Commission of Internal Revenue has rendered a decision that will be a severe blow to the patent medicine nostrums that are composed largely of whiskey.

The "IMPERIAL" won the championship of the world in a two months' trial held by the Royal Agricultural Society in England. There were twenty-one American, British and Canadian mills in the trial.

The London Mutual Fire INSURANCE CO. OF CANADA. ESTABLISHED 1839. HEAD OFFICE TORONTO, ONTARIO. FULL GOVERNMENT DEPOSIT.

Glenanaar. Very Rev. Canon Sheehan, D. D. Author of "My New Cures," "Luke Delmege," etc. Price \$1.50 post-paid. THE CATHOLIC RECORD Office, London, Ont.