

Times



Connie Rae

**How has the state of the economy affected you?
Are Mississaugans tightening their belts?**



Mrs. Barbara Jurgens: "It affects everyone. Everything costs more and it makes you stop and compare prices. Food is the most expensive item. I shop for bargains on groceries and stock up on specials in my freezer."



Jose Martins, 18: "My parents have complained this past year about the price of food going up and wages not keeping pace. Food is up 15 per cent and wages only go up six per cent. I work at Buffalo Bill's and wages haven't gone up that much but I don't find that things like entertainment have gone up. Things are reasonably the same."



Kevin McDonald, 18: "I'm taking upgrading at Sheridan College but I've been working at Pioneer Pools in Oakville for the past few months. Wages are only \$3.50 an hour. Businesses are taking advantage of the bad economy and hiring workers for low wages because they know unemployment is so high. It hasn't affected my parents that much, but if I take a girl out it costs me \$30."



Scott Morrison, 20: "I also work at Pioneer Pools for \$3.50 an hour. They know we could be replaced easily by somebody else willing to work for that. You can work in Alberta for seven or eight bucks an hour. The Quebec economy affected my parents — that's why we moved here. When I take a girl out, I take her to the Riverside and pay \$2.50 for a quart of beer."



J. M. Romao: "The economy has affected every area. With my wife quitting work to have another child, it's difficult to live on one income. Food is so expensive and the price of housing and taxes is unreal. What annoys me most is the sewer surtax on water from mother nature. Our taxes are \$900 a year on a semi."



Roy Hayes: "We have a house and my wife works only part-time now, so with that, and the economy, we've had to cut back on luxuries like going out to dinner and the movies as often. We've started buying better quality cuts of meat and we shop more carefully. I don't see how anyone can keep a house and a decent standard of living today if just one person works. If we had children, either my wife or I would have to starve."



John Caldeira: "I'm a bachelor who lives in an apartment but it's affected me too. I used to just walk into the supermarket and buy anything, but I've cut down. I can't afford to eat out as much as I'd like to and if I take someone out it costs me \$100 for the evening."



Mary Borsato: "It hasn't particularly affected us. We have a house and I stay home with the children while they're small. My husband is self-employed in the carpentry business, and perhaps he has to work a little harder. We're just living normally. We live well but we don't go overboard."

Tastes of The Times



Jo Ann Stevenson

Beef prices have risen, but wise use of leftovers can lower the cost per serving of the beef you buy. A five-pound roast of beef can provide a family of four with three to four economical meals. Undercook the roast and serve the outer edges of the roast for well-done meat as a roast beef dinner. Slice normally for medium or rare roasts.

The second meal can be thin slices of beef served hot or cold in sandwiches, or in a red wine sauce.

The third meal could be Tahitian Beef using cubes or strips of beef in a sweet and sour sauce or a spicy sauce for deviled beef strips. The final trimmings can be used for an oven beef casserole.

TAHITIAN BEEF

Yield four servings

- 2 cups cooked beef
- 1 - 19 oz. tin pineapple chunks
- ¼ cup brown sugar
- 2 tsp. cornstarch
- ¼ cup vinegar
- 1 tsp. soya sauce
- ½ tsp. salt
- ¾ cup green pepper strips

Drain the pineapple. Mix the sugar and cornstarch together in a saucepan or fry pan. Add the pineapple juice, vinegar, soya sauce, and salt. Cook and stir over low heat until thick. Add beef. Simmer 15 minutes. Add pineapple and green pepper for two to three minutes before serving.

DEVILED BEEF STRIPS

Yields five to six servings

- 2 cups cooked beef, cut into thin strips
- 1 small onion, chopped
- 1 clove garlic (or ½ tsp. garlic powder)
- oil for browning
- ½ cup tomato sauce or ketchup
- 2 tsp. vinegar
- 1 tsp. prepared horseradish
- 1 tsp. prepared mustard
- salt and pepper

Brown onion and garlic in oil. Stir in beef, ½ cup of water and the remaining in-

gredients. Simmer 15 minutes. Stir occasionally.

Serve with noodles or rice and celery and turnip sticks.

BEEF DIANNE

Yields four to six servings

- 8 to 12 slices of rare roast beef
- 4 tbsp. butter
- 1 tsp. lemon juice
- 8 thinly sliced mushrooms
- 3 tsp. meat sauce
- 1 tsp. Worcestershire sauce
- 3 tsp. cognac or brandy
- salt and pepper to taste

Heat beef slices slowly in butter and place on heated platter. Add the next two ingredients to the pan gravy and cook stirring for two to three minutes. Add remaining ingredients and heat to bubbling. Pour this hot sauce over meat slices.

BEEF OVEN HASH

Yields four servings

- 1½ cups cooked beef cut in ½ inch cubes
- 1 cup cubed cooked potato
- 1 10 ounce can mushroom soup
- ¼ cup milk
- ¼ cup finely snipped parsley or 1 tsp. parsley flakes
- ¼ cup chopped onion
- 2 tsp. Worcestershire sauce
- 1 tsp. salt
- dash pepper
- ½ cup crushed saltine crackers
- 2 tsp. butter or margarine, melted

Lightly stir together cooked beef and potato cubes, soup, milk, parsley, onion, Worcestershire sauce, salt and pepper. Turn into a lightly greased one quart casserole.

Toss together saltine cracker crumbs and melted butter and sprinkle over the beef mixture in the casserole. Bake uncovered in a moderate oven (350 degrees) for twenty minutes or till heated through.

EXPERIENCE '78

The Credit Valley Conservation Authority's Experience '78 program is now preparing for a summer of hard work in the Credit River Watershed. Senior supervisor, Jonie Bruce, 23, of Port Credit and technical advisor, Candice Smith, 22, of Mississauga, have completed the hiring for the general labour force.

The senior labourers are, Wendy Leclair, 19, of Mississauga, Mark Partridge, 18, of Mississauga, Paul Kennedy, 19, of Mississauga, Bill Kristy, 18, of Mississauga, Doug Whillans, 18, of Brampton, Ken Russell, 19, of Mississauga, Mike Maxfield, 19, of Mississauga.

bulletin board

Chris Smith, 21, of Mississauga, Janet Knight, 19, of Mississauga, Joy Stapleton, 19, of Brampton, Debbie Nason, 18, of Milton, Cindy Evans, 19, of Brampton, Liz Addy, 18, of Toronto, Mary-Ann Swinton, 22, of Mississauga.

CAMP

A new out-tripping camp has been started by the YM-YWCA for the 12-15-year-olds. The camp program has been designed to appeal to young people who feel they have outgrown regular day camps. The first week will be

spent at the Kelso Conservation Area learning basic out-trip camping skills and some basics about the environment. There will be training in canoeing, aquatics, wilderness camping, woodcraft, backpacking, orienteering, navigation, jogging, hiking and conservation.

This first week, campers will plan their own menus for out-trips but will return home at the end of each day.

During week two, their practice will be put into effect. They will head out on a four-day trip.

The camp is planned to be a 10-day adventure. Contact the Mississauga Y for registration forms. Call 275-3005.

NEW CANCER UNIT

The Erindale branch of the Canadian Cancer Society became a full-fledged unit (now known as Erindale Unit) at a luncheon held recently at the Erin Mills Centre. At the luncheon, a draw on their raffle produced two winners. Anna Goddard of Mississauga won the quilt as first prize and Grace Bridges of Mississauga

won second prize (an exercise).

TENNIS LESSONS

Do you have a potential tennis pro at your house? Cobblestone Courts is offering a summer tennis program for youth aged eight to 18. The program runs for two-week sessions at \$125 per person, and includes two hours per day of on-court instruction and one hour of technique instruction. Daily fitness and conditioning instruction and a half-hour of supervised swimming for children under 14. 8:30 a.m. to 1 p.m. or 1 p.m. to 5:30 p.m. week days only. Registrations open now. Call 275-1660 July 4 to 14 or July 17 to 28 and July 31 to Aug. 11. Instructor to pupil ratio is one to six.

Now!
all remnants and
room size rugs reduced to

1/2 price

Nothing is held back.

Many are luxurious, top-of-the-line broadlooms we've installed in expensive homes in Ontario over the past month. Many are discontinued patterns and colors from Canada's top mills. Some have minor pattern flaws or are merely irregular in size. You can't afford to miss these reduced prices if you're remotely thinking of new carpeting for your apartment, home, or cottage. Come early with your floor measurements and choose a beautiful room size rug.

Cash, budget or

a Alexanian carpet

Mississauga
2222 South Sheridan Way West
(Southdown & Q.E.W.)
823-9410
Daily 9 a.m. 'til 9 p.m.

Growing bigger to serve you better Saturday 9 a.m. 'til 6 p.m.



MISSISSAUGA CHURCH DIRECTORY

ANGLICAN

Clarkson
Church of St. Bride
Clarkson Road — 822-0422
Services
8:00 - 9:30 - 11:00 A.M.
Nursery & Sunday School
9:30 & 11:00 A.M.
7:30 P.M. — First Sunday of each month

Trinity Church — Port Credit
26 Stavebank Rd. N. 278-1992
Service Hours 8 a.m. & 11 a.m.
Church School at 11:00 A.M. (All Ages)

St. Peter's Church, Erindale
1746 Dundas St. W. at Mississauga Rd.
277-3251
Sunday Services 8:00 a.m.-10:00 a.m.
Church School 10:00 a.m.

Church of St. Luke
1513 Dixie Rd.
(Just South of Q.E.W.)
Rev. D. C. Candy
Sunday Services 8:30 a.m.
and 10:30 a.m.

St. Paul's Anglican Church
1190 LORNE PARK RD. — 278-4765
Minister: REV. M. J. BARRY
SUNDAY — 8:30 a.m. - Holy Communion
10:30 a.m. - Morning Worship
(Holy Communion - 1st - 3rd & 5th Sundays)
Wednesdays - 10 A.M. Holy Communion

LUTHERAN

CHRIST OUR KING LUTHERAN CHURCH
2150 Dundas St. West, Mississauga.
Rev. Alan W. Schade
Wednesday Service 8 p.m.
Sunday Worship 10 a.m.
Sunday School Classes resume Sept. 10.
Vacation Bible School
July 24 - Aug. 4
Registration 823-4943 or 845-6404
Church: 822-8931 Parsonage: 823-4943
The Church of The Lutheran Hour

"Not to be served... but to serve"
Church of St. Mark Lutheran
130 Mineola Rd. E. Mississauga
Christian Growth for the Family, 9:30 a.m.
Sunday Family Liturgy — 11:00 a.m.
Holy Communion
1st-3rd-5th Sundays of Month
Weekday Nursery School — 278-5403

Vacation Bible School
July 4-14th * 9 a.m.-11:30 a.m.
Children 3-13 Yrs. Welcome
"Come Find God's Secret — Jesus in You"
Pastor Neville Mirtschin 278-2122
Invite a friend to "LISTEN TO THE LUTHERAN HOUR"
Sundays — CKOC (1130)
AT 8 A.M. or CHIN (1540) AT 12:30 P.M.

THE UNITED CHURCH OF CANADA

Cookville United Church
Mimosa Row &
Floradale Dr.
277-2338
MINISTERS
Rev. H. Wyman, B.A.
Rev. Clarence Ferguson B.A.
11:00 A.M. — Morning Worship
and Church School
Nursery & Baby Care

First United
151 Lakeshore Road West
278-3714
Rev. Earl S. Coulter, B.A.; M. Div.
Rev. R. Catherine McKeen,
B.A.; M. Div., Th.M.
Morning Worship — 10:30 a.m.
Church School Up To
11 Years Of Age — 10:30 a.m.
12 Years & over — 11:45 a.m.

CHURCH AT THE CROSSROADS
The United Church of Canada and the
Christian Church (Disciples of Christ)
9:30 a.m. Worship Service
Nursery, Church School
a congregation of
ERIN MILLS CHURCH CAMPUS
3535 South Common Court
ARCH McCURDY, Minister
phone 828-6651

Lorne Park
St. Stephen's-on-the-Hill
998 Indian Rd. 278-9245
Rev. James M. Perry, B.A., M.Div.
Sunday Service — 11:00 A.M.
Nursery provided
Ramp For Wheelchairs

PENTECOSTAL

UNITED PENTECOSTAL CHURCH
1155 Indian Rd., Mississauga
SUNDAY SERVICES
10:00 a.m. — Morning Worship & Sunday
School
7:00 p.m. — Evening Praise Service
Wednesday — 8:00 p.m. Bible Study
Friday — 7:30 p.m. Youth Fellowship
Pastor Allan Shalm — 275-3995
Pastoral Assistant — Alton Dudley
A Warm Welcome Awaits You!!

LORNE PARK
1500 Indian Road
9:45 a.m.
Family Church School
Toddlers
To Adults
11:00 a.m.
Morning Worship
Minister
Rev. C. W. Lohnes
278-7833

Bethesda United Church
3311 Fieldgate Dr.
Rev. J. A. Gazzard, B.A. B.D.
9:30 a.m. — Sunday School
11:00 a.m. Sunday Worship
Primary S.S. and Nursery
Phone 625-7923
Annual Report now Available
at Church Office

APPLEWOOD
2067 Stanfield Rd.
277-4162
Rev. Donald V. Stirling, B.A. B.D.
Church Service — 10:30 a.m.
Infants to Junior 10:30 a.m.
Intermediate - Senior 9 a.m.

Lakeview United Church
1023 Greaves Ave.
(2 Blocks East of Cawthra off Lakeshore
278-0201 (Manse: 278-6755)
Rev. Wm. Slinn, Minister
11:00 A.M. MORNING WORSHIP
AND SUNDAY SCHOOL
A WARM WELCOME TO ALL

Erindale United Church
1444 Dundas Crescent. 277-3656
Minister Rev. C. R. Miller, B.A.; M. Div.
Sunday June 25th, 1978
9:30 a.m. Worship
11:00 a.m. Worship
Sunday School-Toddlers
and Crib Room

Register NOW for Vacation Bible School To be held July 24 to July 28th.

Summer Services begin July 2nd, 1978

Flowers: If you wish to place flowers on a Sunday, Call 279-0768. 2 Weeks notice required.

CHURCH DIRECTORY CHANGES
FRIDAY, 4:30 P.M.
Call Wilf Wiber
823-3800

MISSISSAUGA CITY
Canadian Martyrs School
1185 Mississauga Valley
at Central Pkwy.
10 a.m. Sunday School
11 a.m. Family Worship
7:00
Fellowship Hour
3436 Cawthra Rd. N.
Minister Rev. F. Beerman
275-2189

CREDIT VALLEY
3635 SOUTH COMMON COURT
828-8662
(Erin Mills)
10:00 a.m. Family Bible Hour
11:00 a.m.
Morning Worship &
Children's Church
6:30 p.m. Study Hour
Minister Rev. W. N. Hooper
828-9669