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## The Home

To Become a Fluent Talker.

Many a girl, intelligent, educated, as our ideas go, is mortified by her lack of ease in tocase go, is mortned by ner lack of case in conversation. She finds other girls, in-ferior in actual ability, ever ready in the shifting round game we call small talk, and is forced to the conclusion that shallowshe is the passport to social favor. But she is mistaken; she is simply in the condition of a person overloaded with large bills when there is need for a little small

There is one great reason for this lack of conversational power, in too many cases the art is never practised inside the home circle. No attempt at pleasant converse is ever made save when visitors are present; the various members of the family may gossip a little, or discuss purely personal affairs, but they make no attempt at entertaining talk. In point of fact, the art of conversation is like a game of battledore and shuttlecock; one needs the quickness

and dexterity of constant practice.

In many busy households the only gen eral gathering of the family is at meal time -a time above all others when worry should be banished, if only for the sake of physical comfort. Yet this is the very time when the mother will complain of worry, the father of business cares, and the daughters of shabby frocks. All this should be changed; it ought to be a rule in all households that disagreeables are to to be banished at meal time. Do not imperil your digestion by eating while you are in an irritated and discontented frame of mind. Pleasant talk, relieved by an occasional faugh, will be more beneficial than pounds of pills.

than pounds of pills.

Each member of the family should come to the table prepared to say something pleasant. Any bright little story or merry joke, or any bit of the world's news that will loosen the tongues and cause animated talk—how it will increase the brightness of a working day. There need be no profound discussions, no hobby riding; it should be lively touch-and-go talk. Let the girls talk just a bit about gowns and chiffons if they will: let the boys talk athletics, for in they will; let the boys talk athletics, for in this family parliament every one should have a right to be heard. But let the general range be of the newspaper order— what all the world is doing. It is far better to discuss the delinquencies of powers and potentates than of our neighbors; and she who keeps herself acquainted with the doings of all great people and places, can-not be provincial, however narrow her

Now, there is one fact to note especially -he who wants topics of conversation m read the newspapers. There is no doubt that newspapers and periodicals are most useful in giving subjects for general conversation. The information thus gleaned is both timely and popular—just what one needs in society. General information of a popular type is the prime requisite for easy conversation, and when to this is added good temper and the ability to appreciate a joke, there should be no com-plaint of inability to talk with fluency and ease.—The Household.

#### \* \* \* Music in the Home.

We do not have enough music in the we do not have enough music in the home. Children who sing at their work will hardly quarrel; and parents who sing will find the burden of their task grow lighter. Once a frail minister who thought the progressive wheel of the world's work would stop if he took a vacation, slept, and dreamed a dream. He doramed that he died and appeared before the Lord. The Lord seemed surprised to see him, and asked, "What did you come so soon for? Why did you not take needed rest and recreation, and so prolong your life?"
The minister waked and went to Europe, recovered his health, is alive today, and is known for inspiring words all over America.

I wish every mother could dream this dream. The world may spare her but her own may not. They are more responsive to a tie of blood than to a tie created by law. Does she inquire, then, how she can economize her forces, that they may last how she can burn less fuel, that her little fire of life may burn brightly and long? My answer is let women try to give to things their true importance. It will make no difference in a week's or a year's time how windows and wookwork look today: it will make a difference whether the children are perfectly nourished physically and trained mentally.

Learn to do the most important things first, and if your strength ebbs, learn to let the minor things wait; sing inspiring songs. Try to get something out of life for all you put into it. Enjoy something today, for tomorrow may not be yours. People ought to get more than an existence with such help as song and sunshine, laughter and friendship.

The charm of music is great. It hushes the infant to rest. At the family altar it lifts the soul in worship to God and heaven. In the home it fosters the home spirit and strengths family ties. Encourage the children to sing. It matters not whether their is much music in their voices or not; there is music in their souls, and that is enough. If the gift of song is a divine gift, the disposition to sing is a holy influence for the salvation of that being to whom it comes.-Mary C. Stetsor, in Woman's Home Companion.

### \* \* \* \* Contentment.

"It ain't so hard to be contented with the things we have," said the old woman dolefully. "It's being contented with the things we haven't that's so tryin."

"I don't know about that; I don't know," said Uncle Silas. "When we begin to look at the things our neighbors have and we haven't we always pick out just the things we want. They live in a nice house, we say, and we have only a little one. They have money, and we need to count every penny. They have an easy time and we have to work. We never say; "They had the typhoid fever, but it did not come near us. They have a son in the insane asylum, but our brains are sound, staggering feet go into their grand door, but nothing w than tired ones come home to ours at night You see when we begin to call providence to account for the things that don't come me to us it's only fair to take in all-kinds of things.-Interior."

## Mrs. Peter Brown and Her Brown Dress.

Mrs. Peter Brown was a worthy and thrifty housewife, and though proud of her Brown family she got tired of browns—we refer to brown colors.

Now, Mrs. Brown had a brown cashmere dress that she had donned on Sunday for fully three years. Going to church in sun, rain, sleet and snow for such a length of time had discolored and faded Mrs. Brown's brown dress. The material still good gave Mrs. Brown hope that the brown dress could be changed in color and made to do service until times were better and money more plentiful with her.

Mrs. Peter Brown had heard of the marvellous Diamond Fast Black for Wool, and decided to experiment in the home dyeing. The dye was purchased from her druggist, and the operation conducted as per directions on the envelope, and what a transformation resulted! A deep, rich and pure black, equal to the finest blacks produced by French professional dyers—a new dress at a cost of about thirty cents.

Mrs. Peter Brown's experience is just the experience of thousands of economizing women in Canada today. They find the Diamond Dyes so indispensible that home would be robbed of half its pleasures if they could not procure these great money-savers.

# OGILVIE'S Hungarian Flour.

THIS FLOUR is the Highest Grade made on this Continent.

No other Flour will make as much bread to the barrel.

Bakers make 150 two-pound loaves from one barrel of Ogilvie's Hungarian.

THE PRICE is now so near that of Ontario flours, that you would lose the buying any other.

THE PRICE is now so near that of Ontario flours, that you would lose money by buying any other.

IT ABSORBS more water than any other known flour; therefore, the bread will keep moist longer.

HUNGARIAN is made from No. 1 Hard Manitoba Wheat (acknowledged the best in the world), and scientifically milled by the latest improved methods.

MANITOBA WHEAT contains more gluten than any other wheat, and gluten is the property in the wheat which gives strength, and is much more healthful than starch, which is the principal element in winter wheat.

ARE YOU using Hungarian in your home? If not, give it a trial, and you will soon become convinced that it is the best and most wholesome hour that you have ever used.

THE BEST PUBLIC pastry cooks in Montreal use nothing but Hungarian for pastry, as it makes the very best pastry, if you will only use enough water.

FOR BREAD use more water than with any other flour. Give it time to absorb the water and knead it thoroughly; set to rise in a deep pan, and be sure your absorb the water and knead it thoroughly; set to rise in a deep pan, and be sure your sponge is soft enough.

IF YOU follow the above directions you will have better bread than it is possible to get out of any other flour.

J.S. HARDING, St. John, N. B., Agent for the Maritime Provinces.

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