

To Our Friends and Neighbors

You know us. You know we would not—that we could not afford to—go back on our word. Nor can you afford to ignore this money-back-if-not-satisfied offer on this splendid laxative.

We honestly believe we have the best bowel remedy ever made—the most pleasant-to-take, most permanent, most beneficial laxative for relief from the miseries and dangers arising from constipation.

We wouldn't say this if we didn't believe it to be true. We wouldn't risk our reputation by making such statements did we not feel sure you would find them true.

Our faith is built both on the knowledge of what Rexall Ointment is made of and on observation of very many severe cases in which they have proven their merit.

Try them at Our Risk

If they do not abundantly prove their merit with you also—if you are not entirely satisfied with them—we will refund your money—and we will do that on your mere say-so. We don't ask you to risk a penny. Isn't that fair?

Just let the bowels fall in properly doing their work—just let their action be delayed and incomplete and the entire system, and every other organ suffers. Wastes that

CAUTION: Please bear in mind that Rexall Ointment is not sold by all drug stores. You can buy Rexall Ointment only at the Rexall Stores.

Daily Hints For the Cook

PANCAKES.

Pancakes No. 2: 1 cup sour milk, 2 tablespoons molasses, 1 egg, a little salt, 12 teaspoon soda. Mix together, 1 cup sifted rye meal, and 1 cup white flour. Stir all together. Have fat hot and deep. Drop the batter from the spoon a little at a time. If you make them too large they will cook fat before they cook through. Dip your spoon in fat before you take up each one and the batter won't stick to it.

DEMONIC POTATOES

To each pint of cold boiled potatoes, cut fine or mashed, allow 1 cup milk (cream is nicer), 2 tablespoons butter, 1 teaspoon salt, 14 teaspoon pepper. Season the potatoes with salt and pepper, put them in shallow baking dish which has been greased, pour the cream over them, then the butter, and bake in a quick oven.

Taft Would Avoid Intervention

New York, Feb. 22—President Taft, guest of honor, at a peace dinner tonight at which a medal was presented to him in token of his services in the cause of universal peace, spoke frankly of conditions in Mexico as he viewed them and declared for the exercise of every possible effort in avoidance of intervention in the affairs of that republic. The medal given by the National Institute of Social Science, at the dinner of the American Peace and Arbitration League was presented by Joseph H. Choate, former ambassador to Great Britain.



Why Didn't Someone Think of It Before?

Instant Postum

A food-drink with a rich, mild, satisfying flavor, free from caffeine or any other harmful ingredient.

No boiling required—Made in the cup

Nowadays, when buying good things for the table, the housewife thinks of palatability and health as well as price.

Strike it either way in the test of Instant Postum and you'll find it responds.

Try a Tin

A 90 to 100-cup tin of Instant Postum costs 50c at grocers—about 1/2c per cup. (Smaller tin at 30c makes 45 to 50 cups). Regular Postum, Lge. Pkg. (must be boiled 15 minutes) 25c.

Plenses taste, saves worry, work and waste and conserves health.

"There's a Reason"

Canadian Postum Cereal Co., Ltd., Windsor, Ont.

Little Beauty Chats

By BLANCHIE BRACON

The Day's Beauty Routine

THE wise woman who wishes to keep her physical being above par, plans out a beauty programme for each day and adheres to it, thereby adding to her stock of good looks and health.

If your interest is aroused and you are willing to adopt a plan of living which will make you robust and comely, then get out your pencil and pad and copy down the following paragraphs. Do not postpone this task day by day, for which would be too bad.

This is the way the maid or matron should live if she wishes to prosper physically. When you spring out of bed in the morning—early or late—care not—sponge the body off with warm water, then turn in the bath spray and let the cold stream play upon your body for a moment—no more, no less.

Following this, wrap up in a woollen bathrobe and standing in front of an open window, breathe in the fresh morning air. Breathe way down to the tips of your pretty pink toes—so to speak—for the space of three minutes, then slip quickly into your clothes.

You should now go down stairs and drink a glassful of quite hot water, as this will wake up your stomach and send the blood coursing through your veins.

Wait now for half an hour, then eat your breakfast, which should consist of a cereal, toast, cocoa and a soft boiled egg.

After the dishes are washed and your braces of a warm coat, don a tam-o'-shanter and lie up for a half-hour's rest. Then get up, chest inflated and shoulders held well back.

Your lunch should be composed of simple foods, but nourishing withal. Before retiring drink two glasses of hot water.

Sleep at least ten hours.

THE HEROINE OF THE "DIAMOND NECKLACE" MYSTERY

In Dingy Tomb in London Churchyard Lies One of Most Noted Women in French History

(Times' Special Correspondence) London, Feb. 12—In a dingy tomb in Lambeth Churchyard, London, lies the mortal remains of one of the most famous women in French history, the Countess de la Motte, who was the central figure in a great "Diamond Necklace" mystery of 1784, and who died in poverty in the British capital in 1791.

Some necessary repairs were made to the tomb which for long years had been forgotten for many years and have been revealed by the discovery of the woman who tricked Prince Louis de Rohan into buying for a fabulous sum of diamond necklaces which he believed to be coveted by Queen Marie Antoinette.

The last of many dramatic chapters in the life of Jeanne de St. Bénédict, Countess de la Motte was enacted in London in the year of her death when the heroine of the necklace mystery, then in dire poverty, jumped out of a second story window to avoid bailiffs who were trying to arrest her for her debts.

Few women have had so many noted writers try to solve the mystery of their lives—few have been the heroine of more novels and plays. Dumas in "The Queen's Necklace," Carlyle in "The Diamond Necklace," and Andrew Lang in "Historical Mysteries," all attempted to throw light on the theft of the necklace by the countess and her husband.

Prior to this affair, the countess, who was a descendant of the royal house of Valois lived in comparative poverty, although she had employed all the arts of

intrigue to gain rank and wealth for herself. Then, learning that the Prince Louis de Rohan had fallen into disgrace at court, she decided to use him as a tool.

She persuaded him, first to purchase it for £80,000, (to be paid in instalments), and then to entrust it to her for delivery to the queen. Once in possession of the necklace the countess handed it to her husband, who broke it up on a rapid journey from Paris to London, where he sold the jewels.

On payments to the jewellers failing, they took the matter to the queen. Then the whole fraud was brought to light. The Countess de la Motte was convicted of the theft of the necklace and sentenced to be branded, whipped and perpetually imprisoned.

In the "Annual Register" for 1786 there is a description of the execution of the sentence of branding the countess, who, the writer states, "showed herself into a most frantic rage. She cursed and swore in the most unbecoming manner, and uttered alternative cries of grief and rage, and it was with difficulty that the hot irons could be applied to her shoulders."

For two years she was imprisoned in the Salpêtrière, but in 1788 she escaped and fled to England, finding humble lodgings near Astley's famous riding school in Lambeth. The remainder of her life was a grim battle with poverty, and her death in 1791 passed almost unnoticed.

REV. MR. CAMP TELLS OF DRINKER AND GAYBLER CONVERTED IN ST. JOHN

"There are three classes of people," said Rev. Wellington Camp, at the Every Day Club last evening, "who have to be considered in connection with the work of moral reform. These are those who are engaged in pulling others down; those who are indifferent and do nothing at all, and those who labor to help and uplift their fellows."

Mr. Camp told with dramatic force the story of a gambler and drunkard who came to St. John some weeks ago, went to a religious meeting while under the influence of liquor, asked the people to pray for him, and later, after a terrible struggle with appetite and after going to his home city wrote back that he had found that God could keep him as safe from sin there as in St. John, and he intended to enter into mission work. He had formerly been a professed atheist.

"You say he will fall again," said Mr. Camp. "I do not know. But I know he made the fight and God helped him to win. That is what we must all do. We must fight and ask God to help us in the struggle."

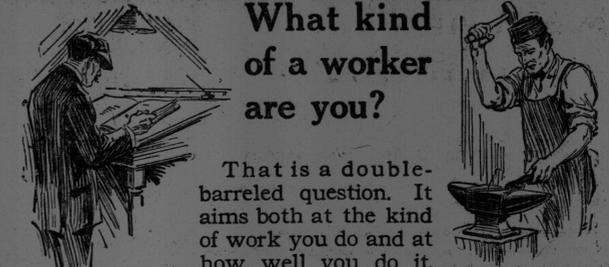
Referring to the chain-gang in the course of his address, Mr. Camp said he had said one day that he would like to set them free and put the liquor sellers in their place; but on second thought he remembered that if the people in the churches did their duty there would be no liquor sellers, and therefore all the blame must not be laid upon the latter.

Mr. Camp said he had recently heard the Every Day Club criticized as a club without any religion, but he had promptly defended it, pointing out that he himself had often delivered Christian messages from its platform, and that those who tried to help and uplift others were doing religious work, whatever their creed might be.

A number of hymns were sung with much spirit by the large audience and a solo was rendered by Walter Brindle. Sergt. Sullivan and Sergt. Doos were both at the club Saturday evening directing the boys in physical exercises, and the latter are showing great improvement in their appearance and drill.

CARNIVAL PRIZES

The prizes at the children's carnival at the Vic. on Saturday afternoon have been awarded as follows: Combination prize, awarded to Miss Gladys Whelpley and Master Ernest Whelpley, representing the king of hearts and the queen of diamonds; the best lady's prize, awarded to Miss Lily Gunn, as a rummy fortune teller; the best gent's prize, awarded to Master Harry Appleby, as the Star and Times.



What kind of a worker are you?

That is a double-barreled question. It aims both at the kind of work you do and at how well you do it.

We merely ask the question in order to call to your notice these facts:

- 1. No matter what your work may be, when you're doing it you're using up energy and tissue at the ratio of 5 1/2 to 1. So you should eat the kind of food which supplies energy and tissue in the same ratio. Tillson's Rolled Oats does it almost exactly. Besides oats, mother's milk is the only other food that does.
- 2. How well you do your work depends very largely upon how healthy is your digestion. Scientists say that there are few foods as easily digested as good rolled oats. And there are no other rolled oats quite so good as Tillson's.

Tillson's Oats advertisement with image of a product box and text: Rolled Thinnest—Cook Quickest (15 minutes). Try Tillson's tomorrow. Your grocer has them. Sold only in packages—never in bulk. Two sizes—10c and 25c. Each 25c package contains a handsome dish of good English porcelain.



J. Marcus Furniture advertisement with text: You Always Save Money When You Buy Furniture - FROM - J. MARCUS, - 30 Dock St.

THE WORKMAN

Red Cross Gin advertisement with image of a man working and text: whose strenuous labor causes a considerable loss of strength and energy, not only needs substantial food to restore his force and vitality, but also a tonic stimulant such as Red Cross Gin. Absolutely Pure, Distilled and Matured in Bond under Government Supervision.

TEACH LAW IN THE SCHOOLS. Toronto, Feb. 23—Ward Six Liberal Association has adopted a resolution setting forth that it is expedient in the interests of the people that the laws of Canada should be revised, modernized and simplified, so that they may be taught in the schools; that all the laws of Canada should be revised every ten years, thereby dispensing with the present necessity of going back to ancient times for the original law or statute; and that the present system of imposing fines for the infraction of the law is not proper, as it makes the state partner to the crime or robs the poor family of support in the greatest time of need, thereby creating pauperism.

Dog Answers 'Phone. A dog that can speak several words of the English language is attracting attention in Rangley, Me. His name is Noble, and he is a handsome pure bred Scotch col-

He, sixteen months old. He was raised by John N. Ingalls, of East Machias. The animal's present owner, Charles W. Berry, of Pickford's Camp, Rangley, had the dog since it was six months old but has been teaching it to speak for about a month. Noble's vocabulary consists of five words, "Oh," "No," "How," "Papa" and "cut." One of his tricks is to answer the telephone. When he hears his name called he will jump upon a couch near the instrument and answer "How!" through the transmitter.

To CURE A COLD IN ONE DAY. Take LAXATIVE BROMO Quinine Tablets. Druggists refuse money if it fails to cure. E. W. GROVE'S signature is on each box, 25c.