

# THE TIMES-STAR FEATURE PAGE

## Fables On Health

**HOW TO ATTAIN A LONG LIFE**  
LONGEVITY comes only to those who constantly watch their health.

Vitality can not be squandered if one wishes to live to a ripe old age, free from the weaknesses which come with advancing years. A life in the open, with well planned exercise, early to bed and early to rise, plenty of good water and a diet consisting mainly of fruits, nuts and vegetables, will add years to your life's column.

When walking or riding keep in the sun. The sun destroys germs and always is a tonic to general health. Medicines should be taken only upon advice of a physician. Use of tea, coffee and tobacco should be moderate. Imperfect light should be avoided when reading. It is hard on the eyes and consequently causes a strain on the nervous system. Cheerfulness and optimism should prevail over anger and worry. Hatred and malice. Unrequited emotions are detrimental if you are in love, marry. Keep your mind active and your body active. The price for longevity is watchfulness—but it is well worth the price.

## MRS. B. H. HART SICK FOR YEARS

**Wants Women to Know How She Was Made Well by Lydia E. Pinkham's Vegetable Compound**

Cornwall, Ont.—"I am now giving your medicine a fair trial and it surely is doing me good and I am going to keep on taking it. I used to feel so tired in the morning that I didn't want to get up, but the feeling is leaving me now. I also sleep better and feel more like working. For seven or eight years I have had headaches, tired feelings, pains in my back and across my body. I read letters in the newspapers saying what good Lydia E. Pinkham's Vegetable Compound had done others. My husband says I quit too soon but I am not going to stop taking the Vegetable Compound and Lydia E. Pinkham's Blood Medicine until I am better and haven't an ache or a pain. Isn't that the right way? I have great faith in your medicines. They must be good when those who take them speak so highly of them. I am recommending them to my friends and I will gladly answer letters from women asking about them."—Mrs. B. H. HART, Box 1081, Cornwall, Ont. Mrs. Hart is willing to answer letters from sick women asking about the Vegetable Compound.

## LITTLE JOE

**A ROSE BY ANY OTHER NAME, MIGHT SMELL AS SWEET, BUT NOT SO WITH A SKUNK**



## SUMMER COMPLAINTS KILL LITTLE ONES

At the first sign of illness during the hot weather give the little ones Baby's Own Tablets or in a few hours he may be beyond aid. These Tablets will prevent summer complaints if given occasionally to the well child, and will promptly relieve these troubles if they come on suddenly. Baby's Own Tablets should always be kept in every home where there are young children. There is no other medicine as good and the mother has the guarantee of a government analyst that they are absolutely safe. The Tablets are sold by medicine dealers or by mail at 25c. a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Crossing Behind Street Cars (Toronto Star)

Montreal has adopted a traffic regulation which makes it illegal for persons alighting from a street car to go behind the car and cross the street. They must go direct to the nearest sidewalk and then, if necessary, cross at the proper place. It is a regulation which seems to have merit. Motorists are in constant danger of injuring pedestrians who suddenly appear on the road from behind a street car. Sometimes these are injured by other street cars going in the opposite direction. Montreal's experiment will be watched with interest. And pending adoption of a similar rule in Toronto, pedestrians should protect their own lives by acting as though the regulation was in force.

## For Colic and Cramps Pains In The Stomach THERE'S NOTHING TO EQUAL

It has been in use for the past eighty years; its action is pleasant, rapid, and reliable and effective, and relief comes promptly. Be sure that you get "Dr. Fowler's" when you ask for it. Put up only by The T. Milburn Co., Limited, Toronto, Ont.

## Adventures of the Twins

By OLIVE ROBERTS BARTON  
JUGGLE JUMP PERFORMS.

"Come here, Juggle Jump," said the Fairy Queen to the queer person who had just appeared in the dining room door. Juggle Jump came over to the table and stood stiffly. "I want to introduce you to some friends of mine," said the queen. "These are Nancy and Nick, the Twins. Nancy and Nick, this is Juggle Jump, my general factotum." "Pleased to meet you," said Juggle Jump stiffly. "And we are pleased to meet you," said the Twins rising, as they should before their elders. Nancy made a courtesy and Nick made a bow and Juggle Jump nodded. "Would you mind telling me why you need so many buttons?" asked Nancy. "It is because you are afraid of sneezing them off, or getting too fat, or something?" "No, nothing like that," said Juggle Jump. "You will see printing on them. Each button has a use."

"May we look?" asked Nick. "Certainly," said the Fairy Queen. "You will have to know sooner or later anyway, because I am going to have Juggle Jump go with you on your next adventure." The Twins stepped up close and looked at Juggle Jump's buttons. One button said "tail," one said "short," one said "fat," one said "thin," one said "very big," another "very small," and so on down. One said "invisible," one said "fast," one "slow," and others said things just as unusual. "What do they all mean?" cried Nick in wonder. "Just what they say," said Juggle Jump. "I can make myself into any sort of a person I wish by pressing a certain button. I'll show you exactly what I mean."

He put his finger on the button that said "tail."

Instantly he started to stretch until his head touched the ceiling! But not stopping there, it continued upward the opposite direction.

"Just what they say," said Juggle Jump. "I can make myself into any sort of a person I wish by pressing a certain button. I'll show you exactly what I mean."

He put his finger on the button that said "tail."

Instantly he started to stretch until his head touched the ceiling! But not stopping there, it continued upward the opposite direction.

"Just what they say," said Juggle Jump. "I can make myself into any sort of a person I wish by pressing a certain button. I'll show you exactly what I mean."

He put his finger on the button that said "tail."

Instantly he started to stretch until his head touched the ceiling! But not stopping there, it continued upward the opposite direction.

## Do You Want a Summer Holiday?

**Make this summer a continuous one by enjoying perfect health.**

Take "Fruit-a-tives" regularly and your summer won't be spoiled by bilious attacks, headaches or stomach and bowel troubles.

## "FRUIT-A-TIVES" The Fruit tonic laxative

young Japanese all the more remarkable is the fact that he arrived in this country but three years ago, and was unable to speak a word of English.

That a Japanese should carry off the premier honors is, of course, no reflection on the ability or application of the many young Canadians who tried the same examination. It may be pointed out that a number of them came very close to him in the total marks obtained. His being a stranger in a strange land possibly acted as a stimulus. One wonders if a Canadian boy or girl could perform the equivalent feat in Japan.

The Jap Beat Them All (Toronto Globe)

Brief dispatches the other day told of a Japanese boy carrying off the highest honors among those who tried the entrance examination in British Columbia. According to the Vancouver Province, 5,540 pupils wrote on these examinations, and but 64 per cent. were successful in passing the tests. There were five papers—geography, history, arithmetic, penmanship and dictation together, and spelling, grammar and composition together. Sixty per cent. of the total marks constituted a pass.

What makes the victory of the

## Fashion Fancies



By Marie Belmont

THE new order for fall is for fullness at the back, and this advance model above follows the new whim of fashion.

The material is crepe back satin in a lovely soft tan. The trimming is of brown silk braid. The dress is perfectly straight in front, all the fullness being at the back.

The scarf collar carries a decorative motif of applied squares of georgette in yellow, brown and blue.

Willing to Comply.

A wide-awake young man who had just arrived at the summer hotel sought out the proprietor and said, "I notice you have a sign up which reads: 'Guests will please exercise patients until the meals are served.'"

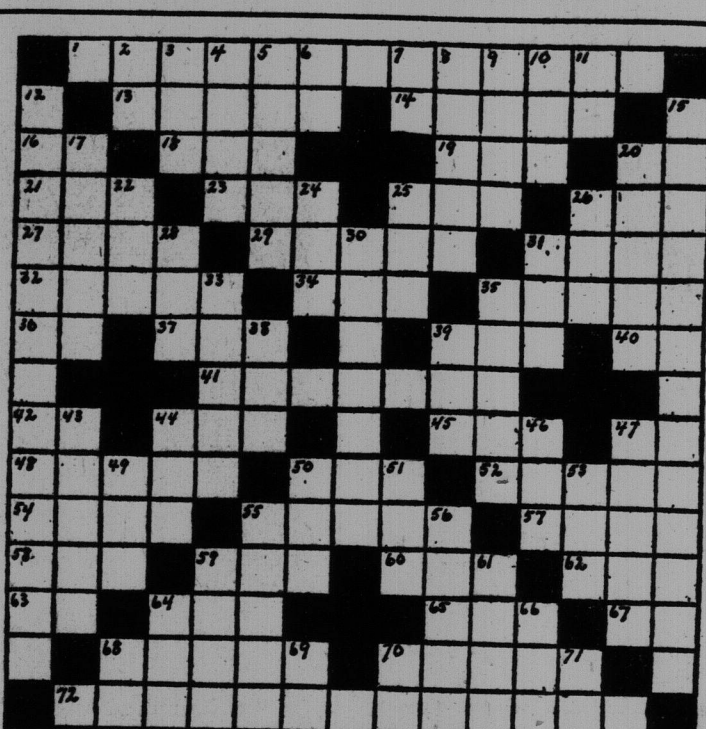
"Yes, sir," said the proprietor. "Well, if that pretty, but pale-looking girl over there is one of your patients, I will gladly take her for a walk along the beach."

Yesterday's Puzzle

REMUNERATION  
EX RED ROT E  
P ANT IMPLY  
RAPS ANS SEE  
O DE MARK PIER  
DO RIM NOT  
U DID HOT ON  
CRAB ROM AW  
TIN DUB PILL  
ID CUB TELL  
O AUS BAR IS  
NONDESCRIBTS

By BLOSSER

## Cross-Word Puzzle



**HORIZONTAL**  
1-Examples.  
13-Lubricated.  
14-Tap with fingers.  
16-New England Stat (ab.)  
18-Terminal.  
21-Weekly day (ab.)  
22-Slice.  
23-Weight measure.  
25-Opening.  
27-Diver in Egypt.  
31-Part of the arm.  
32-Clap.  
34-Referring to sun.  
36-Applied to a ship in a storm.  
38-Creat (ab.)  
39-Also.  
40-Unit.  
41-Dig up.  
42-Word denoting plural.  
43-Period of life.  
47-Athletic Ass'n (ab.)  
48-Point of compass.

**VERTICAL**  
2-Behold.  
3-Recall.  
4-Arm bone.  
5-Smoker.  
6-Telephone directory.  
7-Near.  
8-Leave out.  
9-Scapular bone.  
10-Meaning one.  
12-Percent (ab.)  
13-An ocean liner (ab.)  
14-A container.  
15-A southern state (ab.)

**PEARL RINGS SMART**  
Two rings, one with a natural and the other with a tinted or black pearl are worn on the same finger by smartly dressed women.

**IN PORCELAIN BLUE**  
A popular dance frock is of crepe in porcelain blue with a cape which hangs to the waistline in the back.

**LEAD PENCIL BLUE**  
A new shade of blue known as lead pencil blue is the smart color at the present time.

**EACH ONE COMPLETE**  
It is not uncommon for the street frock to be made of three layers of crepe or chiffon, each beautifully tailored.

**REMEMBER**  
Bayer Aspirin

**Proved safe by millions and prescribed by physicians for**  
Headache Neuralgia Colds Lumbago  
Pain Toothache Neuritis Rheumatism

**Safe** Accept only "Bayer" package which contains proven directions.

Handy "Bayer" boxes of 19 tablets. Also bottles of 84 and 100—Drugists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocetate, a subsidiary of Bayer Manufacture, to assist the public against imitations. The goods of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

**Glaring Sun, Dust and Heat Strain and Weaken Eyes, Says Dr. Lewis**

Tells How to Strengthen Eyesight  
Per Cent in a Week's Time in Many Instances

Philadelphia, Pa.—Dr. Lewis, an eye specialist of many years' practice, says summer time is hard on the eye because of the glare of the sun, heat and dust strain, injury and weaken them. He says it is possible to strengthen eyesight wonderfully in a very short time by using Bon-Opto. He prescribes it freely, and further says, "A patient came to me suffering from inflamed eyes and impaired vision. Her eyes had the dull expression common to such cases. She used Bon-Opto, and not only overcame her distressing condition, but so strengthened her eyesight that she was able to dispense with her distance glasses. In this instance I should say her eyesight was improved 100 per cent."

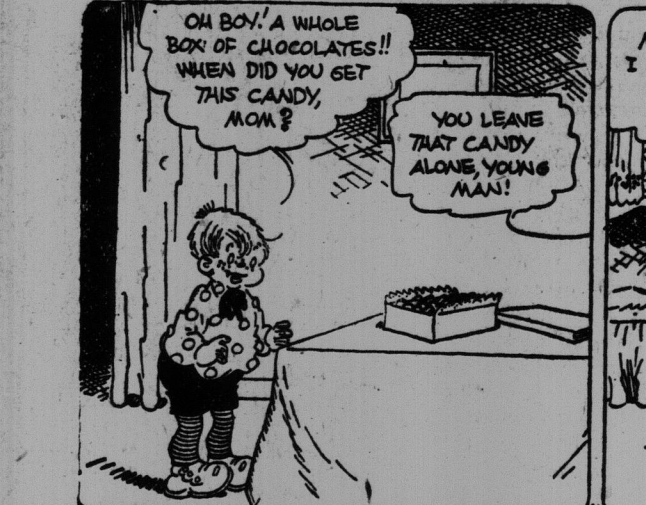
The doctor's advice has proved of great value to many eye sufferers. Many whose sight was falling say they have had their eyes restored. One man writes: "I was almost blind; could not see to read at all. Now I can read everything without my glasses, and my eyes would pain dreadfully; now they feel fine all the time. It was like a miracle to me." A lady who used it says: "The atmosphere seemed hazy with or without glasses, but after using this Bon-Opto for fifteen days everything seemed clear. I can even read all leading druggists."

**A Sure Relief for Women's Disorders**  
LIFE-GIVING TREATMENT TABLET

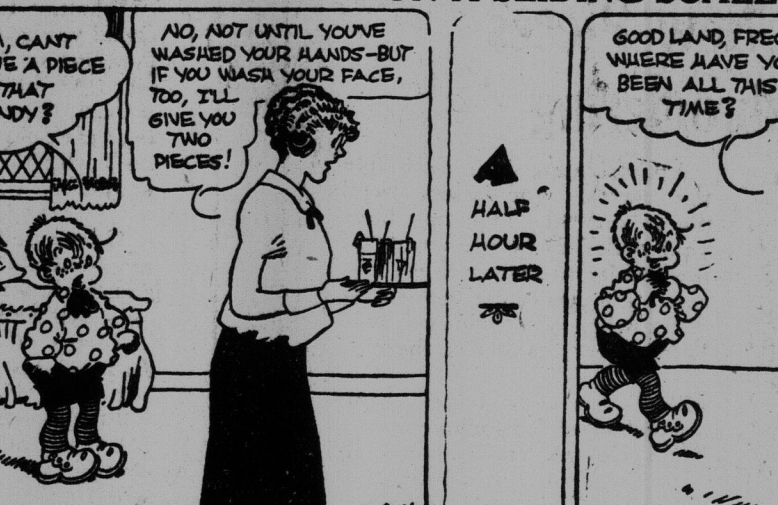
Orange Lily is a certain relief for all disorders of women. It is applied locally and is absorbed into the suffering tissue. The dead waste matter in the congested region is expelled, giving immediate mental and physical relief; the blood vessels and nerves are toned and strengthened, and the circulation is renewed to normal. As this treatment is based on strictly scientific principles and acts on the actual location of the disease, it cannot help but do good in all forms of female troubles, including delayed and painful menstruation, leucorrhoea, falling of the womb, which is sufficient for its own treatment. Free trial treatment enough for 10 days, worth 75c. Put in seal free to any druggist. Write for 10 stamps and address MRS. LYDIA W. LADD, DEPT. 30 WINDSOR, ONT.

**SOLD BY LEADING DRUGGISTS EVERYWHERE**

## FRECKLES AND HIS FRIENDS



## HE WORKS IT ON A SLIDING SCALE!



## GOOD LUCK FRECKLES!



## BOOTS AND HER BUDDIES



## THAT'S ENTIRELY DIFFERENT



## By MARTIN



## SALESMAN SAM



## AND SAM GOT AWAY WITH IT



## By SWAN

