

PAGE OF INTEREST TO WOMEN

SOCIAL AND PERSONAL

Mr. Carl Shepherd and family of Detroit are in Wadsworth visiting friends.

Miss Eva Thomas of Duluth, Minn., is spending her holidays with her parents in the city.

Miss Beattie, 46½ Talbot street, is at present attending a summer school at Chicago, and will return in three weeks.

Rev. T. A. and Mrs. Symington and family leave on Tuesday for Bass Lake, Orillia, where they will spend the month of August.

The Rev. Robert Norwood and Mrs. Norwood of Philadelphia have been guests of Mrs. George Harris and Miss Harris, Colborne street, during the past week.

Mrs. C. Wesley Baker of 33 Bruce street, Miss Helen and Master Ralph Baker, are holding with Mrs. Baker's daughter, Mrs. Russell Hart of Winnipeg.

Mrs. W. Leslie Armitage and Miss Essie McAmis, who have been guests at the Y. W. C. A. camp at Port Bruce, returned to the city on Saturday afternoon.

Mrs. Sudeen Pickles and son, Mr. Sudeen, left for Toronto on Saturday to attend the manual training department of Toronto University Summer School.

Mr. and Mrs. P. D. Ferguson of Saskatoon announce the engagement of their daughter, Myrtle Agnes, to Frank C. McKay of Biggar, the marriage to take place early in August.

Mr. and Mrs. J. N. Graham, Blackfriars street, announce the engagement of their only daughter, Jeanie, to Mr. W. H. Henderson of this city, the wedding to take place on Tuesday, July 29.

The engagement is announced of Miss Creta Kearney, eldest daughter of Mr. and Mrs. N. J. Kearney, Thedford, to Mr. E. F. Elliott, son of Mr. and Mrs. E. M. Elliott, Peterboro, the marriage to take place in September.

Miss Cassie Pauls of Wadsworth, a bride-elect of the season, was pleasantly surprised on Tuesday evening, when a number of her friends gathered at her home to give her a shower of miscellaneous articles for her future household. About fifty were present.

HOME ECONOMICS

MRS. ELIZABETH KENT, MacDONALD COLLEGE.

STRAWBERRY SHORT CAKE.
butter, or crisco, or margarine. Mix dry ingredients, sift twice, work in shortening as for pastry, add milk gradually, divide into two portions. Roll out each portion, and bake twelve minutes in a round, shallow cake tin. Split each cake and spread with nut butter. Sweeten to taste. Two boxes of berries, washed and spread, heat and crush slightly, and spread between and on top of the cakes. Cover them with a cream sauce made as follows: Take three-quarters of a cupful of thick cream, one-quarter cupful of milk, one-half cupful of powdered sugar, and half teaspoonful of vanilla. Mix cream and milk, heat until it comes to a boil, stir in sugar and vanilla. A gelatine preparation now on the market, may be used with this cream instead of thick cream. This short cake may be made shorter, that is, by using a tablespoonful of baking powder, half a cupful of milk with one cupful of sugar for five minutes, then mixing one tablespoonful of baking powder with one cupful of milk and cold milk, thoroughly, and stirring this into the milk and sugar, until it just thickens, but removing from the heat before it is boiled enough to sugar. Flavor with vanilla. Put the berries and the sauce upon the cakes only, just before serving, so that they will not get mushy. Half the beauty of strawberry short cake lies in the care of this detail. And if you cook the berries in a cupful of sugar, just heat and sweeten and crush them slightly, not to spoil their freshness. Or heat them in a cupful of sugar, and canned strawberries. Canned strawberry short cake is better than none, but it is not nearly as good as fresh.

Two boxes of strawberries served in a short cake, will serve twice as many people as the berries served by themselves. Take two cupfuls of flour, four spoonfuls of baking powder, half a cupful of milk, and three-quarters of a cupful of sugar, mix thoroughly, and stir in the milk and sugar, until it just thickens, but removing from the heat before it is boiled enough to sugar. Flavor with vanilla. Put the berries and the sauce upon the cakes only, just before serving, so that they will not get mushy. Half the beauty of strawberry short cake lies in the care of this detail. And if you cook the berries in a cupful of sugar, just heat and sweeten and crush them slightly, not to spoil their freshness. Or heat them in a cupful of sugar, and canned strawberries. Canned strawberry short cake is better than none, but it is not nearly as good as fresh.

WHAT'S IN A NAME

PENELOPE.
Foremost among the names which literature has made immortal is Penelope. It means weaver, and its history is one of the most interesting in feminine nomenclature.

There are numerous explanations of its origin. Some etymologists claim that it came originally from the Irish Pinnichula (white shoulders), which, though softened to Penella, was later translated into Penelope. It is to this that we owe the numerous Penelopes of England, beginning with the Irish Penelope Devereux, with whom is connected the one shade on Sidney's character.

The more common explanation of Penelope connects her with Elyseus, the Greek name for the Roman Juno, the weaver in truth; another account claims that she had been exposed as an infant and owed her life to a kind of duck whom the Greeks called penelops. The carnation is Penelope's talismanic stone. It is the gem of faithfulness and of a trusting, loving heart. It is said that no love doubts will come to her when she wears this stone. Tuesday is her lucky day, and five her lucky number.

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TALKS ON HEALTH

BY WILLIAM BRADY, M. D., Noted Physician and Author.

Be An Expert.
Many a poor sick thinks he has good health as long as he can manage to get along without the attendance of a regular physician. If he can keep going with the aid of sundry pills, diet, and other makeshifts, he imagines he is pretty well. From his point of view the physician is a person to summon when you find yourself irrevocably sick-a-bed and in fear of your life. Up to that moment he is a mere nuisance, a gambler with such health as you happen to have. Gambling with your own health is a most serious game. The carnation is Penelope's talismanic stone. It is the gem of faithfulness and of a trusting, loving heart. It is said that no love doubts will come to her when she wears this stone. Tuesday is her lucky day, and five her lucky number.

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QUESTIONS AND ANSWERS.
Sweating Under Arms.
Is it harmful to let anything to diminish sweating in the armpits? If not, what is good to use?
M. H. M.
Answer: There is no hygienic objection to stopping perspiration in the armpits. A solution of half an ounce of alumina dissolved in three ounces of distilled water or boiled rain water may be mopped on or allowed to dry before dressing each alternate day for three or four times, now and then as needed. Many readers complain that druggists do not have a good remedy for this. It is a standard chemical obtainable from various reputable manufacturers of chemicals, and a druggist can supply it if he cares to do so.

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PUPPY STORIES

(by Vincent G. Perry)

THE PERFORMING DOGS.
PART TWELVE.
It had been a long, long day for the three dogs shut up in the little room at the back of the police station. Dandy tried his best to keep up the spirits of the other two dogs, and did all manner of things to try and get them to play, but Mimmo and Roderick had no heart to it.

"Just think, tomorrow we will be put to sleep," Mimmo sighed.
"Lots of times may happen before tomorrow," said Dandy. "We are worth a dozen dead dogs today. Just wait and see what happens."
And something did happen. What should be going on in that town that day but a dog show, and there were dogs and dog owners there from all over the country. Two of the dog owners were coming along the street at the back of the police station, too.

"I didn't get a ribbon better than a third one," said one of the men to the other. "To think I haven't got anything better than a third-prize dog left."
"And my best was given a second prize," said the other man. "If only my young dog had not disappeared. He would have been better than any of the dogs here today."
"And my little Mimmo puppy was the best spaniel I ever owned," the first man remarked. "She was stolen at her first show, and was never able to find her. She could easily have won here today."
"Look at the funny Boston peering out of that small window over there," said the first man. "The poor little beggar is in the town pound."
"He hasn't got long to live then," said the other man. "Let's go over and have a look at him."
And when they peeped through the window they got a surprise.
"Just look at that handsome police dog in there!" cried one.
"And that perfect little spaniel in there!" cried the other. "We'll have to see about this."
They hastened to the police station, and got the chief. The chief told them how he got the dogs, and took them back to where the dogs were in the pound.
"They are coming to put us to sleep," little Mimmo cried when she heard steps outside the door, but when the door opened and she saw the first man, she gave a little bark of delight. Her old master had come in time to rescue her. And how surprised her master was. He had not dreamed it was little Mimmo, but when she made such a fuss of him he soon knew it was her, and how delighted he was then.

Of course, the other man was Roderick's real owner. Roderick had changed a great deal, but there was a little mark on his head that the man looked for and found, and then he knew that it was Roderick. Roderick had known his master all the time, and he was overjoyed. Poor old Dandy was the only one who had no one making a fuss over him, and the funny little Boston crept into a corner all by himself.
Willingly the men paid the chief what it had cost to keep the dogs for two days, and they prepared to start off in their excitement. Mimmo and Roderick had forgotten Mimmo and Roderick, the time came to leave, they remembered him. Roderick could not leave his old pal like that. He went back and whined and tried to show his master that he wanted Dandy to go, too.
"Nobody is to be claiming the old Boston," said Roderick's master.
"No. We'll put him to sleep tonight, and he won't wake up again," the chief grinned.
How indignant that made Roderick, and he growled fiercely. Mimmo was angry, too, and she whined and barked to Roderick's growl. Poor old Dandy was feeling too bad to do anything but just look miserable. He was so tired that he had fallen asleep. "Well, if we hadn't seen the old Boston we would never have got our dogs out, it was seeing him that brought us to look in this window," said Roderick's master.
"Yes; and the chief says these dogs came here together. Perhaps they have been pals for a long time."
"I'll pay for the Boston and bring him along to my kennel. It will be easier to keep Roderick from running away if he have him," and Roderick's master brought out some money.
How delighted the three dogs were then. Their adventures had ended happily after all.
The End.
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The Human Body Lubricant
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OF SUITS, COATS AND DRESSES, in the season's latest styles and shades, at reasonable prices. Your inspection is invited.
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Cynthia Grey's Mail-Box

Don't, if your husband has to work very hard to make both ends meet, wonder why he does not use his brains to greater advantage.

Flowers and Poultry.

Dear Miss Grey and Readers.—I am an interesting reader of your page and find some useful hints and recipes. I am making a country in just lovely, we have fourteen lovely flower beds and we have the loveliest garden in our neighborhood. It would make some eyes water to look at it. Cynthia, would you like a bunch of pansies? Mine are just grand. I would like to have you here some time when mother is feeding her fowl. She has 30 geese, 40 ducks and 70 chickens, the loveliest bunch you ever saw. We are very busy now in the laying and wheat harvest. There are not going to be any berries this year. Last year my sister and I picked 150 quart. I am making a slumber rug and have run out of silk and velvet patches. If any of the readers have any to spare I would be glad to receive them and would return the favor in any way I can.

I am sending my address for the mail patterns, which Elizabeth Ann has sent in.

I would like to hear from any correspondents about eighteen years of age. My sister would also like to correspond with you. I am just grand. I would like to have you here some time when mother is feeding her fowl. She has 30 geese, 40 ducks and 70 chickens, the loveliest bunch you ever saw. We are very busy now in the laying and wheat harvest. There are not going to be any berries this year. Last year my sister and I picked 150 quart. I am making a slumber rug and have run out of silk and velvet patches. If any of the readers have any to spare I would be glad to receive them and would return the favor in any way I can.

What day did August 23, 1906, also send a book on? Thanking you for my trouble I may have caused. Am enclosing my address. Use the name I give them and I would return the favor in any way I can.

TWO COUNTRY ROSEBUDS.
Ans.—The letter, "Two Country Rosebuds," and the splendid gathering of fowl must be a sight worth seeing. I am glad to hear of it. We are glad to have you tell us about your garden and flowers. Indeed, I should like to see them. How lovely of you to think of Cynthia Grey in connection with your flowers. The mail patterns have gone to Elizabeth Ann and when she returns there is a request for them, after that I shall be glad to get a letter from you. I date you ask about was on Thursday.

Black Currant Preserves.
Dear Cynthia Grey.—This is my first letter to the Mail-Box, and I have come for help. I enjoy reading the Mail-Box and get a lot of good from it, but never saw what I want to ask you. Now, Miss Grey, can you tell me why we do not get currants? We sent for them from the pattern department? I sent for one on June 24 and have not received it, and my daughter also sent for one on July 7, and has not got hers. I wrote to them, but got no answer. I also sent a copy of the pattern I sent for. I will send a recipe for black currants, the way I do them. Take one dinner of water and two drops of sugar; put in kettle on the stove and let come to a boil; then add the currants, and let them boil about fifteen minutes. I am also sending a dime for the C. H. F. Will you please send me the stocking-foot pattern? Will send you an addressed envelope for it, I guess I'll sign my name NICKLE.

Ans.—I am very sorry about the disappointment over your patterns. Nickle and have taken the matter up with that department and they will write you at once about it. Once in a while a mistake occurs but it may rest with the firm that takes care of our orders as well as the Advertiser. Please be lenient. Thank you very much for the recipe and hospital dime.

Veranda Chats.
Please thank Mother of Six Hazel Eyes through the Mail-Box for copying the poem, "No Seats in Heaven," for me, which I received this morning. I am very pleased, indeed, to get it.

Advertiser Patterns
Owing to the pattern manufacturers increasing the price of patterns, the Advertiser has decided to advertise from this date will be 15 CENTS EACH.

A Popular Tunic Costume.
Pattern 3215 furnishes this style. It is cut in seven sizes, 34, 36, 38, 40, 42, 44 and 46 inches bust measure. A 38-inch size will require 6½ yards of 40-inch material or 7½ yards of 36-inch material, and skirt with 2½ yards of contrasting material for over-blouse and tunic.

Here illustrated, embroidered and plain linen were combined. The model is shown in the dress, with a fitted, gingham, voile and crepe. The tunic portions are joined at the waist, which is cut in basic length, and on which the over-blouse is adjusted. The underskirt is a two-piece model. The length of the skirt at its lower edge is 3½ yards.

A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

Name
Town
Province
Age (if child's or misses' pattern).....
Measurement: Bust..... Waist.....

CAUTION: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is sent, you need only mark 28, 34, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measurements. Misses' or child's pattern, write out the figure representing the age. It is not necessary to write "inches" or "feet." Patterns cannot reach you in less than one week from the date of application.

it as I have long wanted it. I once learned it, but had forgotten some verses. I also thank you for your trouble in sending it.
A SINGING LARK.
P.S.—Will Aunt Dinah please write another letter.
Ans.—Thank you for the hospital dime. Have mailed you the words of "Red Wing" and the stocking-foot pattern.
M. S. OUTSIDER.

REQUESTS.
I am inclosing a letter for "Shamrock," who said she had some crocheted socks. They are also for the hospital fund. Yours truly MRS. W. H. M.
Ans.—Letter forwarded with pleasure.
This is the second time I have written to you, having good success thought I would write again. Would like you to send me the stocking-foot pattern; also inclose 10 cents for the sick children's hospital. A BUSY FARMER'S WIFE.
Ans.—Thank you for hospital fund contribution. Pleased to send you S. F. pattern.
Would you kindly send me your famous stocking-foot pattern? Inclosed find some by same, also mits for hospital fund. NELLIE MAE.
Ans.—Pattern is on its way. Thank you for hospital contribution.
Would you kindly send me the following songs: "The Tear-Stained Message," "Hang Out the Front Door Key" and the old song, which rhymes—
"My name is J. R. Birchall."
The truth I'll never deny."
Also the stocking-foot pattern. Inclosed find some by same, also mits for the children's hospital.
A PETROLEA READER.
Ans.—Thank you for your contribution to the hospital fund. Sorry I haven't verses you ask for, but refer your request to readers.

Turkish Women No Longer Veiled
Turkish women are no longer the shy, veiled creatures who passed their time in the seclusion of the harem and were never seen by foreign men. They still cling to the veil. But the streets in Constantinople and other large Turkish cities are filled with women who have their veils thrown back from their faces. They are now so much more becoming. Most Turkish women don't want to abandon them in favor of hats. But there are many sorts of veils, and the smart black veils which some of the women wear are very fetching when worn artistically over their hair.

In the railway and street cars there are special seats for women, but the flimsy curtains which are supposed to screen them from the gaze of men are usually drawn back, and it is not uncommon to see men standing in the compartments for women. Only very old men, however, are rash enough to sit down in the same seat with a Turkish woman. Turkish women seldom go to a theatre where there are men. Special matinees and evening performances are arranged for women only.

The war has done much to break down the barrier between Turkish men and women. The women were needed so badly as nurses and relief workers that the Government had to avail itself of their services. And now it is regarded as quite proper for men and women to be associated in all sorts of charitable and educational work. Consequently many women who were formerly forced to content themselves with seclusion in a home where fancy work and French novels were the only diversions, are devoting their time to hospitals, orphanages and other philanthropic institutions.

Women who have been educated abroad or in the foreign schools in Turkey are the leaders in this movement for greater freedom for their sex. Their broad experience in war work has interested many women in politics, and they have openly played a great part in the nationalist movement. In Constantinople American women's college the Turkish girls take great interest in basketball and other athletic games, and the effect upon women who have come under foreign influence is making the old life of seclusion and inactivity unattractive to younger Turkish women.

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RINSO—the wonderful new form of soap in granules, brings a new way of washing. The fine granules melt instantly, in hot or cold water, they stir up into a tubful of sparkling suds. You soak your clothes overnight, or for three hours in the morning—and rinse them. They're clean. No boiling. No rubbing. No other soap needed.

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