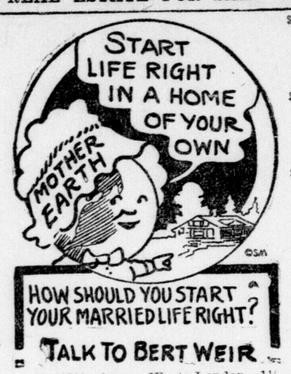
REAL ESTATE FOR SALE — REAL ESTATE FOR SALE — REAL ESTATE FOR SALE

Don't begin paying rent if you would start your married life right. Paying rent only gives you the right to go on paying more rent. Paying a small sum down and a small sum each month for your own home is the right way to start, and you'll finish by owning your own home.



$1,500—South London, frame cottage, two bedrooms, living-room, dining-room, kitchen, cellar, hydro, gas, water. Lot 33x105.

$8,000—William street, near Queen's avenue, large two-story white brick, with spacious lawns, large veranda, shade trees; most suitable for a doctor's office and residence; four large bedrooms, three mantels, large living-room, dining-room, breakfast room, kitchen, music room, built-in cupboards, full basement, beautiful electric fixtures, fully modern in every respect.

$3,000—North end; small frame cottage, two bedrooms, living-room, kitchen, fruit trees. Lot 60x151.

$2,200—$500 down, Lorne avenue, frame cottage, parlor, dining-room, kitchen, three bedrooms, gas, water, front and side veranda, basement, furnace, Large lot.

$2,400—$500 down, Ottaway avenue, 1½-story frame, hall, parlor, dining-room, kitchen, summer kitchen, three bedrooms, two clothes closets, three-piece bath, hydro, gas, water, cellar, brick foundation, porch, barn. Lot 40x125.

$2,400—$500 down, Lorne avenue, 1½-story frame, four bedrooms, parlor, dining-room, kitchen, summer kitchen, hall, hydro, gas, water, small cellar. Large lot.

$2,700—$600 down. East London, near Hamilton road; 1½-story white brick, three bedrooms, parlor, dining-room, kitchen, summer kitchen, bathroom has bath only, pantry, part basement, porch.

$3,100—$1,000 down. Emery street; red brick cottage, two bedrooms, parlor, dining-room, kitchen, summer kitchen, porch, hydro, gas, water, fully modern, full basement. Lot 36½x100.

$1,700—$100 down. Nelson street; frame cottage, newly decorated inside and out, three bedrooms, parlor, hydro, gas, water and new toilet just installed, dining-room, kitchen. Lot 29x82.

$1,500—$300 down. West London; frame cottage, three bedrooms, parlor, dining-room, kitchen, large hall. Lot 77x150.

FARMS.

$6,200—$2,200 down; 200 acres near Lucknow, spring creek runs through farm, frame barns, drive-shed, pig pen, chicken coop, 2-story frame house, six bedrooms, parlor, dining-room, kitchen, summer kitchen, cellar, two orchards.

$2,000—$1,300 down. Wellington road; 10 acres, frame cottage, frame barn, henhouse, all good fences, clay loam, all tiled and ditched.

STORES.

$4,000—West London; store and dwelling, 1½-story frame, four bedrooms, parlor, dining-room, kitchen, hydro, water. Lot 42x115.

North end—Grocery store and dwelling; 2-story white brick and attic, fully modern, four bedrooms, parlor, dining-room, kitchen, summer kitchen, hydro, gas, water, barn, garage; $25,000 turnover. Lot 45x145. 83-u

REAL ESTATE FOR SALE—COUNTRY store and dwelling, 3 acres of land, 3rd concession of Delaware, lot 19, good business, good reasons for selling. Price $2,700. Apply on premises. Terms. Leonard Sanborn, R. R. No. 2, Lambeth. *83c

SAWMILL, HOUSE AND 4½ ACRES land. A bargain given to the one who wants a mill and a good home. For information, write Box 14, Dutton, Ont. 80n

H. W. ASHLEY & SON

Auctioneers and Real Estate.
348 Talbot Street. Phones 4086,1086.
Several cottage East London and South London; easy terms.
$3,700—New red pressed brick, north.
$4,100—New pressed brick, south.
$3,5[illegible]—New house being built. Terms
5 acres, splendid buildings, city limits; good grocery business, London East; butcher business and grocery with public library attached, splendid opportunity 5 miles from London.
Come in and see our list of property.

City Property

CHOICE LOT ON ORCHARD STREET, 33 by 202, small payment down for quick sale. Box 82, Advertiser. b

$4,300—RED PRESSED BRICK BUNGALOW, nearly new, strictly modern, large rooms, large veranda, beautiful location on paved street south, $1,500 down. Faulds & Co., 59 Dundas. A. 25,26,28,30

$3,500—1½-STORY WHITE BRICK, fully modern, 3 bedrooms, newly decorated, sunroom, south, near car line. Faulds & Co., 59 Dundas. A. 25, 26, 28, 30

$3,200—2-STORY FRAME, FULLY modern, double parlors, 4 bedrooms and den, hot water heating, lot 100x298, with fruit and two good poultry houses, nearly an acre of land, well located west; $900 down. Faulds & Co., 59 Dundas. Aug. 25, 26, 28, 30.

$1,550 FRAME COTTAGE, EAST END, large lot, with driveway. Will be sold on easy terms of payment if desired. Patterson, 359 Richmond.

$1,300 — $500 DOWN; STORY AND half frame, 3 bedrooms, gas, city water and electric light, north side. Faulds & Co., 59 Dundas. 53c-tzx

$1,800 — GOOD FRAME COTTAGE, cement block foundation, 3 bedrooms, summer kitchen, gas, city, water and electric light, large lot, near St. Joseph's Hospital. Faulds & Co., 59 Dundas. 83ctzx

Adelaide street, two-story modern brick, three bedrooms, nice lot; must be sold at once, and can be bought very cheap. Call for particulars.
THE THOS. C. KNOTT REAL ESTATE AGENCY,
117 Dominion Savings Building,
London, Ont. zyxwv

$2800

1½-STORY SEMI-MODERN BRICK HOUSE
Central. For sale or exchange for a larger house.
ANDERSON & CO., 12 MARKET LANE
zyxwv

$1,500, RIDOUT STREET, FRAME cottage; hall, parlor, dining-room, kitchen, 3 bedrooms, toilet. $2,400, Horton street, story and half house, veranda, hall, front and back parlors, dining-room, kitchen, bedroom off kitchen, pantry, 4 bedrooms, three-piece bath, instantaneous heater, hydro, gas, hard and soft water. $3,000, Clark street, double house, veranda, parlor, dining-room, kitchen, 3 bedrooms, city, water hydro, gas, two lots east of house, with stable included. $4,000, Bruce street, story and half brick house, veranda, hall, parlor, dining-room, kitchen, pantry, 4 bedrooms, three-piece bath, furnace, hydro, gas, full basement, lot 40x120. R. H. Cullis, 171 King street; phone 3572 and 2746. 83u

71 DILLABOUGH STREET—FRAME story and half; parlor, dining-room, kitchen, summer kitchen, pantry, 3 bedrooms, hydro, gas, water, full basement, three-piece bath, furnace with water attached, gas heater for same; built 1918. $3,000. Apply 71 Dillabough street. 83c

FRAME COTTAGE, PARLOR, DINING-ROOM, kitchen, 3 bedrooms, summer kitchen, water, gas, hydro, bathroom, two-piece, furnace; lot 46x100; $2,100; terms cash. Apply 71 Dillabough street. 83c

$1,550—STORY AND HALF FRAME, 3 bedrooms, clothes closet, double parlors, hall, dining-room, kitchen, pantry, cement cellar and foundation, gas, hydro, lot about 40x230; two lots, with barn and chicken coop, 13 fruit trees, 230 feet deep; will sell together or separate. Apply 62 Forward. 83u

1½-STORY FRAME HOUSE
On Askin street, lot 35x170, cement foundation, water, gas, electric light, toilet, for quick sale.
APPLY 16 ERIE AVENUE.
Phone 6860. zyt

FARMS FOR SALE.

97 ACRES—GOOD LAND AND BUILDINGS, lot 19, Howard road, Howard township. Apply James J. Clark, R. R. 3, Northwood, Ont. 82bu

FOR SALE—108-ACRE FARM, WELL improved with extra buildings, good situation between London and St. Thomas. Apply Albert J. Kelly, R. R. 7, St. Thomas, Ont. 82n

120-ACRE FARM, CON. 1, LOT 4, Westminster; fair buildings. Price $12,000. Yarmouth, 100 acres, fair buildings, 8 miles from Port Stanley. Price $5,000, $800 cash, remainder on mortgage, or will take London city property in exchange for this farm. Wanted—Real estate to sell on commission. Apply Reely, 795 York. *80n

ONE HUNDRED-ACRE FARM FOR sale; all cleared, well drained, no waste land; good frame house and bank barn, ¾ mile from school, 4 miles from Clinton. Has been pastured for ten years. For further particulars apply Frank Reynolds, Clinton, Ont. 80h

HOTELS.

LONDON HOUSE — PHONE 4905—Remodeled, modern rooms by the day or month.

TO LET.

CENTRALLY LOCATED EIGHT-ROOMED brick house to let, furnace, conveniences, hydro, gas. Box 81, Advertiser. 84c

WANTED TO RENT.

WANTED BY LADY, ONE OR TWO rooms, furnished or partly furnished, with grate preferred, central or east. Box 83, Advertiser. *84n

SMALL MODERN HOUSE OR APARTMENT wanted by September; best references. Box 44, Advertiser. 80n

WANTED AT ONCE—FURNISHED house for middle-aged couple without encumbrance. Box 45, Advertiser. *79n

VETERINARY SURGEONS

W. McDONALD, VETERINARY SURGEON, 360 York street. Phone 683. Phone 1785.

WILLIAM J. WILSON, VETERINARY—Horse and dog hospital. 84 King street. Phone 788.

OSTEOPATHY.

DR. CATON, OSTEOPATH, 171 KENT street—General practice. Lady attendant.

DR. BARKLIE, OSTEOPATH AND chiropractor. Magnificent electro-therapeutic equipment; fifteen year diploma practice. 220 Central avenue.

EDUCATIONAL

A COMPLETE BUSINESS COURSE taught by mail, individual instruction. Write for free literature about this and other courses. Canadian Correspondence College, Limited, Dept. A, Toronto. zxt-tlf

THE WAR HAS OPENED WONDERFUL opportunities for young ladies and the unusually large number attending the Canada Business College, Chatham, shows the popularity of this splendid school in getting them ready. Its 42 years' of success also means much in getting them placed where best pay is available. Catalogue B gives particulars, while Catalogue I tells of Home Courses. b

ROOMS TO LET

FRONT BEDROOM TO RENT—FOR one or two gentlemen; modern home; use of phone. 370 King street. Phone 7396. *84c

FURNISHED ROOM TO LET—572 Talbot street. *84u

LADY OR GIRL GIVEN ROOM AND home privileges free for company, mostly evenings. Box 4, Advertiser. *81n

BOARD AND ROOMS.

GOOD BOARDING AND ROOMING houses wanted for college students. Notify Box 84, Advertiser. *84c

YOUNG BUSINESS LADY WOULD like board and room in private family, central location. Apply Box 89, Advertiser. *84c

YOUNG GENTLEMAN WISHES ROOM and board in private family. State particulars to Box 72, Advertiser. *82c

WANTED SCHOOL GIRL TO BOARD in private family; board reasonable. Box 69, Advertiser. *82c

POULTRY AND EGGS

BLACK AND BUFF LEGHORNS, cocks, hens, cockerels, pullets; reasonable. Apply 793 Adelaide street. *84u

100 YEARLING SINGLE-COMBED White Leghorn hens, also pullets. Cyphers Wycoff bred-to-lay strain. Apply evenings. 33 Beaufort street west. Phone 6615. *82c

INSURANCE

PROTECTION.
ABBOTT INSURANCE COMPANY.
BANK OF TORONTO CHAMBERS.

DONALD D. LETHBRIDGE, INSURANCE of all kinds. 117 Dominion Savings Building. Phone 650 or 4902.

G. M. GUNN & SON (GEORGE C. Gunn)—Established 1859. Fire, life, accident and automobile insurance.

EDUCATIONAL

The O'Brien Business College

"The School for Better Results"
361 RICHMOND STREET (SOUTH OF KING), LONDON.
Bookkeeping, Shorthand, Typewriting, Salesmanship and Memory Courses. Individual Instruction.
Qualified Teachers.
Fall Term—Day Classes start September 2; Night Classes start September 3. Enroll now. Office hours 9-12, 1-6, 7-9 p.m.
W. J. O'BRIEN, COMMERCIAL SPECIALIST, PRINCIPAL.
81-tf

USED CARS FOR SALE

REBUILT CARS

FORD TOURING, 5-passenger.
OVERLAND TOURING, 5-passenger.
FORD ROADSTER.
McLAUGHLIN TOURING, 5-passenger.
McLAUGHLIN ROADSTER.
HUP ROADSTER.

Beemer & Co., Ltd. 131-133 QUEEN'S AVE. LONDON, ONT.
Distributors for Cadillac, Chalmers, Gray-Dort Cars and White Trucks.
zxv

FORD 1917 MODEL ¾-TON TRUCK, suitable for hauling milk, also several one-ton trucks. Be sure and see these cars before purchasing elsewhere. J. W. McLaughlin, Reliance Garage, opposite city hall. *84u

FORD CAR, 1917 MODEL, IN GOOD condition, cheap. 421 Ottaway avenue. *83k

1918 MAXWELL IN A1 CONDITION, looks and runs like new; good reason for selling. Apply Box 95, Advertiser. 83c

TIRES—FIRST QUALITY.
30x3½ to 37x5.
Carried in stock at 126 Carling Street.
We solicit your business.
Our Motto: Better Service.
MARK CUT RATE TIRE CO.
Phone 6182. 126 Carling St., London tf

CAR OWNERS
Try RELIANCE Garage

for your car washing. Special arrangements made for doctors by phone 6400. zxv

One HUP ROADSTER, in A1 condition
One 1918 MAXWELL TOURING CAR.
One 1918 FORD TOURING CAR.
One high-tension BOSCH MAGNETO.
GENUINE FORD PARTS.
Stewart & Ball
Rear 69 Dundas Street. Phone 3079 zxv

SPECIAL

One SIX-CYLINDER CAR, first-class condition, $800.

One CHEVROLET TOURING, overhauled, $400.

One FISCHER in fine condition, $400.

ADAIR BROS.' GARAGE
619 DUNDAS STREET, LONDON.
zxv

PAIGE-DETROIT TOURING, 1917, just overhauled and painted, as good as new. 540 Adelaide. *83-tf

1918 FORD TOURING, IN A1 CONDITION, good tires; cheap for quick sale. Apply Box 87, Advertiser. *84c

AUTO TIRE REPAIR COMPANY, Sarnia—The only expert vulcanizers in the city. Tires and accessories.

AUTOMOBILE FOR SALE—OVERLAND Four-Ninety, five passenger, one year old, in good condition. Apply P. O. Box 52, Ridgetown, Ontario. 81n

STUDEBAKER SMALL TOURING car in excellent condition; electric lights and starter; good tires, including a spare. Demonstration upon request. McLaughlin Motor Car Co., Richmond & Bathurst street. Phone 2873. 82c

FORD SPEEDSTER. COME AND SEE our make of Speedster bodies. Auto Sheet Metal Works, 244 King street. Phone 4133.

CHEVROLET ROADSTER, 1917 model; just been overhauled; good tires; 1919 license; cheap, as it must be sold at once. McLaughlin Motor Car Co., Richmond & Bathurst streets. Phone 2873. 82c

RELIABLE REPAIR COMPANY, 217 North Front street, Sarnia. Guaranteed tires and tubes, batteries charged, electrical contractors, largest vulcanizers in Lambton County. Always reliable.

P.P.P. TUBES ARE GIVING PERFECT service. There is not much chance of a flat or saggy tire if you use P.P.P.'s. Blow-Outs are practically impossible. Try one, and you will soon realize the difference. The Mackenzie Electric Company, Sarnia.

ROYAL GARAGE — 254 HORTON—Repairing, storage, washing. Economy and quick service. G. Charlton, proprietor. Telephone 7463.

Mr. CAR OWNER

Try the UNIVERSAL MOTOR SALES for SERVICE. Patronized by the United States Government Aviation Department. We have the best SERVICE equipment in town. Give us a call.
Phone 6012. 390 PALL MALL ST.

CHIROPRACTIC.

A. W. MACFIE, CHIROPRACTOR, Dominion Savings Building, has returned and resumed practice.

CLARA KILBOURNE, UNIVERSAL College of Chiropractic graduate. Office, 321 Queen's avenue. Telephone 3353.

MOVING AND STORAGE

LARGE MOTOR TRUCK FOR HIRE—Long and short distance cartage. Charges reasonable. H. Yott, 18 Gerard street. Phone 7043.

HAVE YOUR CHINA, CROCKERY, glass, packed by an experienced packer. H. Robinson, 316 Ridout street. Phone.

ON MOVING DAY REMEMBER "DAY, The Mover." Moving vans. Fireproof storage at reasonable rates. Residence 450 Maitland. Phone 2887. H. F. Day.

F. SUCH (LATE 18TH BATTALION)—Fast light delivery within 40 miles radius. Phone 7374. Four years overseas. Aug. 27.

FURNITURE MOVING — DRAYING done promptly. Van or large truck. Dixon's. Phone 2839.

S. J. HENDERSON'S LARGEST MOVING vans and storage. Phone 1254. Residence 573 Adelaide.

BIGGS' FURNITURE STORAGE — Clean, dry; terms reasonable. Moving vans, Carling street. Phone 1162.

MOTOR DRAYING, LONG OR SHORT distances. C. G. Truesdale, 92 Chesley. Phone 6926.

BROUGHTON'S, THE MOVER—SPECIALTY, crating and shipping. Phone 1444.

WATSON & BALDWIN — NEW motor truck. Baggage and transfer moving. Blue Bonnet stand. Phones 6262 and 2301. Returned men.

FLOWERS' UP-TO-DATE MOVING vans—Teaming and draying. Lukings Bros., 863½ Colborne. Phone 2636.

ACCOUNTANTS.

WORTMAN & WILLIS, PUBLIC ACCOUNTANTS—Audits, investigations and systems. 666 Queen's avenue. Phones 4087 and 2720.

W. J. O'BRIEN, PUBLIC ACCOUNTANT and auditor; specialist in cost accounting systems and income tax.

WE AUDIT BOOKS, PREPARE FINANCIAL statements, install systems, write up books for small businesses and professional men not requiring permanent bookkeeper. The J. C. Stiles Accounting Service, Dominion Savings Building. Phones 6789-2765.

MONEY TO LOAN.

PRIVATE AND TRUST MONEY TO loan on farm and city property; lowest rates, terms to suit. T. W. Scandrett, 98 Dundas street.

MONEY TO LOAN AT LOWEST rates—Thomas C. Knott, real estate agency, 117 Dominion Savings Building (first floor up).

PRIVATE FUNDS TO LOAN—LOWEST rates. U. A. Bucher, Talbot and Carling.

ARCHITECTS

JOHN M. MOORE,
Architect and Civil Engineer.
415 RICHMOND STREET.

WILLIAM G. MURRAY, ARCHITECT—Dominion Savings Building, top floor. Phones: Office 1557, house 1584.

H. C. McBRIDE, MEMBER ONTARIO Association of Architects, etc. Molsons Bank Building. Phone 262.

J. VICAR MUNRO, ARCHITECT, 34 Bank of Toronto. Phone 7096.

ARTHUR E. NUTTER, ARCHITECT—Rooms 15-16, Dominion Bank Chambers, Dundas and Richmond. Telephone 656.

WATT & BLACKWELL, MEMBERS Ontario Association of Architects—Bank of Toronto Building, London. Lister Chambers, Hamilton.

NOTICE TO CREDITORS—IN THE matter of the estate of Hugh McGougan, late of the village of Thamesford, in the county of Oxford, physician, deceased, notice is hereby given that all persons having any claims or demands against the estate of the late Hugh McGougan are required to send by post prepaid or to deliver to the undersigned, solicitors for Archibald McGougan, Angus McGougan and Malcolm McGougan, executors of the estate of the said Hugh McGougan, deceased, their names and addresses, and full particulars in writing of their claims and statements of their accounts and the nature of the securities, if any, held by them. And take notice that after the 22nd day of September, A. D. 1919, the said Archibald McGougan, Angus McGougan and Malcolm McGougan will proceed to distribute the assets of the said deceased among the persons entitled thereto, having regard only to the claims of which they shall then have had notice, and that the said Archibald McGougan, Angus McGougan and Malcolm McGougan will not be liable for the said assets or any part thereof to any person of whose claim they shall not then have received notice. Dated at Glencoe, the 22nd day of August, A.D. 1919. Elliott & Moss, solicitors for executors. Aug.25,30,S.3

MAIL CONTRACT

SEALED TENDERS, addressed to the Postmaster-General, will be received at Ottawa until noon, on Friday, the 26th day of September, 1919, for the conveyance of His Majesty's Mails, on a proposed contract, for four years, six times per week, over Thamesford, No. 3, Rural Route, from the Postmaster-General's pleasure. Printed notices containing further information as to conditions of proposed contract may be seen, and blank forms of tender may be obtained at the postoffices of Thamesford, Beachville and Dorchester Station, and at the office of the Postoffice Inspector, London.

CHAS. E. H. FISHER,
Postoffice Inspector.
Postoffice Inspector's Office, London, 15th August, 1919. Aug.18,25,S.1

ATTEND THE AUCTION SALE AT Van Loon's Auction Rooms, 261 Dundas street, on Tuesday at 2 p.m. sharp. We have a quantity of very good furniture left in extension tables, sideboards, iron beds, springs and mattresses, dressers, wash stands, 1 Karn organ in piano case, hall stand, refrigerator, 1 Tortoise heater, nearly new; lot of other goods. Every articles will go no matter how cheap. Dealers, it will pay you to attend this sale. H. Van Loon, Auctioneer. b

ROOFING

SLATE, GRAVEL AND CEMENT roofer. Paint for iron roofs. Walter Scott. 596 York street.

SLATE ROOFING—OUR SPECIALTY is slate blackboards. J. Whittaker, 551 King street.

ARTHUR MOULD, GENERAL ROOFING contractor. Repairs a specialty. Distributor for Carey products, asphalt shingles, asbestos, asphalt, rubber roofings, roof paints, waliboard, and pipe coverings. 210 York street, London.

Transatlantic Flyers Are Rewarded by Decorations

LONDON, Aug. 24.—The decorations awarded in connection with the transatlantic flight of the airship R-34 have been gazetted. Major G. H. Scott, commander of the dirigible, is given a commandership in the military division of the Order of the British Empire. Brig.-Gen. Maitland, who represented the British air ministry on the flight; Capt. G. H. Cooke, the navigator; Lieut. Guy Harris, the metreorologist, and Lieut. John D. Shotter, engineer officer of the R-34, are awarded the air force cross, and six sergeants who were aboard the airship are to be given air force medals.

Secrets of Health and Happiness

Why Science Now Blames the Eyes for Some Common Fears

By DR. LEONARD KEENE HIRSHBERG,
A. B., M. A., M. D. (Johns Hopkins University).

DR. HIRSHBERG

The human eye cannot begin to take in the billions of real things in the universe. It may discern many more objects than the visual senses of lower creatures, but it is far from the powers of the spectroscope, radioscope, roentgenoscope, telescope or microscope, which give us but an inkling of what is real and material that the eye cannot see.

Next to the muscles, the eyes are the most essential sense structure. Unless they are symmetrical and healthy, all sorts of confusions worse confounded are possible. A sense of unreality in a person may be due to the eyes, especially the eye muscles. You may feel, believe or dream that you are drifting into space. This is often due to the relaxation of the eye muscles, which gives you a half-recognized sense of things in motion receding from you.

Dreams of falling, drifting, "goneness" and a sense of unreality have, like sleeplessness itself, been benefitted by the adoption of eye glasses, as well as drowsiness, exhaustion and faintness, traceable to dimly-lighted offices, gloominess or close eye work.

Prof. C. P. Emerson, dean of Indiana University School of Medicine, says that he has traced fears and phoblas to eye disturbances.

A Case in Point.

When the eight or ten little muscles of the inner and outer eye are strained you may not be secure on your feet. You step down when you walk on level ground or you mistake your balance as you walk inclines or stairs.

The play of children and your experiences in childhood may give a clue to your vision. The reason many persons have no clear vision of world affairs, business, love and money is made plain at times from these queries:

Could you when a child run along a stone wall, over a railroad bridge on the open ties or play tag over the rafters of a house partially built?

If your answer is "No," perhaps you can recall that your friends did these things and ridiculed your timidity, although it was due largely perhaps to your untrained, unadaptable, strained eye muscles.

Another Example.

If you feel dizzy when high up, or dislike looking down from great heights, if you cannot walk a tight rope or a slack wire, your eye muscles have as much to do with it as your other muscles, perhaps much more.

When you are on a steel track which has a broad, flat surface beneath, you can balance yourself with great ease. If the broad surface beneath it is absent your mind consciously realizes that the eyes do not give accurate enough information to guide the muscles of the feet when a fraction of an inch may mean a death fall.

Finally, "agoraphobia," or the fear of crossing open spaces, open squares or a busy street appears to be a swift warning via the eyes that your muscles are not equal to an emergency.

After all is said, vision depends much upon the condition, training and discipline of the muscles. If you are an athletic, muscular, well-exercised individual your eyes will be helped, you will see more things to do and be better able to do them than if you are fat and flabby.

Answers To Health Questions

MRS. C. A. C. Q.—What do you advise for anaemia?

A.—Open air, sunlight, milk, meats, eggs, nuts, cereals, vegetables, butter, fruits, all fresh country rations, light athletics and exercises are all conducive to the cure of blood defects. Open air sleeping, 10 grains of carbonate of iron in sugar-coated pellets, X-rays, bone marrow and a few drops of arsenic under a doctor's vigilant attention all help.

MRS. J. Q.—What do you advise for arthritis?

A.—Arthritis is an infection of the joints of some sort. It may be due to mechanical efforts of the joints, but usually an infectious germ into the joints by way of the tonsils, nose, throat, intestines or even the scalp or skin disease or from the bladder. The only cure is to discover the focus of germ supply and be rid of it. Hexamethylenetetramine and alkaline fluids help sometimes.

MISS E. R. Q.—What can I do for epilepsy?

A.—Epilepsy of a special kind is cured by surgical measures. Much help comes to others at times from the use of bromides, especially the effervescent bromide tabloids in water. Plenty of water should be drunk, three quarts a day. The intestines should be always kept active. No muscular work or housework should be done, and no meat usually eaten. The diet is not essential other than the avoidance of gluttony and excesses, or the artificial stimulation of tobacco and other drugs.

J. W. H. Q.—What can I do for dandruff?

A.—A little of the following used three times a week does much good:

Sulphur	1 dram
Resorcin	10 grains
Salicylic acid	10 grains
Sulphate of quinine	10 grains
Petrolatum	1 ounce

Dr. Hirshberg will answer questions for readers of this paper on medical, hygienic and sanitation subjects that are of general interest. He cannot always undertake to perscribe or offer advice for individual cases. Where the subject is not of a general interest letters will be answered personally, if a stamped and addressed envelope is inclosed. Address ALL INQUIRIES to Dr. L. K. Hirshberg, in care of this office.

the kind that cannot seem to control their grief, must make a show of it—I don't mean that as censure—they can't help it, probably, but you know what I mean."

"Yes, I know." I have experienced the type to which Milly Stockbridge's relatives belong.

Madge Listens.

"They rushed at me the moment I got in—you know I was the oldest friend Milly had, made me look at her poor, contorted mouth, and the marks on her wrists, wanted to know if I had noticed anything queer about her lately, and when I had last seen her. I told them that she had come to school to luncheon a few days ago, and at that time she seemed to be in good spirits. I hope I'm forgiven for the lie, although, for that matter, I did not see her that day except when she was in good spirits. It was lucky they didn't have you to question."

I silently confirmed her assertion, and praying that I might never be questioned as to that day, listened intently for the rest of my friend's story.

"And then they set up their crying again and kept exclaiming nosily, over and over again: "Milly never did it herself. She was forced to take it."

"Of course, they didn't mention Kenneth's name, but I could tell that it was an awful thing for him to hear just the same. I never saw so colorless and despairing a face on any human being. He was attending to all the little details, answering any questions that were asked him.

"His story was that he came home this afternoon, and after remaining a little while went to his father-in-law's on an errand, and that when he returned he found her lying on the floor between her 5 o'clock tea table and the couch. He said he thought she was breathing when he picked her up, and that he tried several restoratives, thinking she had fainted. Then he tried to get Dr. Lane, but had to go to a neighbor's to telephone, as he found theirs out of order. What did you say?"

"I didn't say anything," I returned, hoping she had not noticed my involuntary start at her words. But beating upon my brain was the question:

What had put the Stockbridge telephone out of commission so suddenly?

MAGIC RUBBER MEND

Will Splice a tube so that it will be stronger than the original splice, and does not require more than a half-inch lap.

Will put on New Valve Pads as securely as the original pad.

Will securely and permanently patch Valve Pads or Splices.

Will quickly and permanently repair long Rents or Tears as easily as it will a Small Puncture.

Cuts or Blisters in Tires or Casings are just as easily and as permanently healed as the damage to tubes.

MAGIC RUBBER MEND
will repair your Horn Bulb, making it like new.

RELIANCE GARAGE
Selling Agents.

The Temperance Referendum Act, 1919

Form 10.

Ontario Election Act 1918

(Referred to in Section 34.)

Form of Notice of Sittings of Revising Officer

Electoral District of East Middlesex:
To Wit:

Take notice that the lists of voters for polling subdivisions numbered 1 to 18 in the municipality of London Township have been prepared by the enumerator and have been delivered to the clerk of this board, by the returning officer, and that His Honor Judge Judd has been appointed revising officer for the purpose of hearing complaints and appeals as to the said lists;

And further take notice that the sittings of the said revising officer will be held at the town hall in the village of Arva, on the 11th day of September, 1919, commencing at 11 o'clock in the forenoon, standard time.

And further take notice that any voter who desires to complain that the names of any persons entitled to be entered on the said list have been omitted from the same, or that the names of persons who are not entitled to be voters have been entered on the lists, may on, or before, the 6th day of September, 1919, apply, complain or appeal to have his own name or the name of any other person, corrected in, entered on, or removed from the said lists.

Further take notice that such appeals must be by notice in writing in the prescribed form, signed by the complainant and given or left for him at his residence or place of business, on or before the said date, to the clerk of the revising officer, Miss Mary Grant, 110 Dundas street, London, Ontario.

TALBOT MACBETH,
Chairman Voters' Registration Board.
County of Middlesex.

Copies of Voters' Lists are with the Municipal Clerk, members of the Township Council and Postmasters. b

SURVEYORS

F. W. FARNCOMB, CIVIL ENGINEER, surveyor. Room 307, Dominion Savings. Phone 552.

AUTOMOBILES AND TAXIS

MARLEY & HEXTER, PHONE 2859. Always at your service.

HUNTER'S LIVERY AND TAXIS — The old reliable. Don't forget the phone number, 157.

HOP TAXI, 3911—SERVICE DE LUXE at reasonable prices; also motor ambulance.

PHONE 6143 FOR UP-TO-THE-MINUTE taxi service. Two five and one seven-passenger cars. The Vimy Taxi Service (returned).

AUTOMOBILE OWNERS — SPRINGS made and repaired. Carriage and wagon painting. Cook's Repair Shop.

BLUE BONNET TAXI. PHONE 6262. Motor truck in connection. We never sleep. zyxwv

PHONE 2839 FOR PROMPT BAGGAGE transfer, furniture moving, motorbus for picnics, etc.

PHONE 3403 FOR PROMPT AND reliable 24-hour taxi service. Union Taxi Service, 651 Richmond. Baggage truck in connection. zyxwv

NATIONAL GARAGE

Moxley & Johnson.
290-292 YORK STREET.
Expert repair work done on all makes of cars and trucks. Cars washed and polished.
OVERHAULING OUR SPECIALTY.

THE HOME BANK OF CANADA

Money Orders issued for sending payments through the mail. This method affords absolute security against loss and provides the sender with a voucher to be retained as a receipt.

Branches and Connections throughout Canada

London Office 394 RICHMOND STREET Eleven Branches in District.

BELTON, KOMOKA, MIDDLEMISS, DELAWARE, LAWRENCE STATION, THORNDALE, ILDERTON, IOWNA STATION, MELBOURNE, WALKERS

MY HEART AND MY HUSBAND

ADELE GARRISON'S NEW PHASE OF

REVELATIONS OF A WIFE

The Question That Sorely Troubled Madge.

If I had not been secretly preparing myself to hear almost anything concerning the mysterious death of Milly Stockbridge I think that I should have betrayed what I knew at Alice Holcombe's astounding assertion. As it was, I repressed my start of dismay, simply asked the very natural question:

"What in the world are you talking about?"

"I know you think I'm as demented as poor Milly was," she replied, "but you must be patient with me. I've never in my life had such a shock as was mine when Milly's sister sent for me tonight."

I realized that I had made a blunder in trying to question her, that I had only confused her instead of aiding her, and I hastened to rectify my mistake.

"Suppose you begin at the beginning and tell me the entire story," I said soothingly. "Then I can get the whole thing clear in my mind, and we can decide what is best to do."

"Kenneth has already decided," she said, and the little speech so puzzled me that I had to flog my wandering brain to pay attention to the tale Alice Holcombe began without further delay.

Yes, I Know."

"It was about 7:30 o'clock when Mrs. Watkins, a neighbor of Milly's, called me up saying that Milly was dead, and that her sister wanted me to come straight to the house. It seems that they had tried to get me before, but I didn't get in from that little business trip I spoke to you about this afternoon, until just two or three minutes before she called. I went right over—and—"

"Wait a moment!" I put up a protesting hand with the remembrance of the two or three mouthfuls, a poor trifle for even a canary, which I had seen my friend swallow at luncheon. "When did you dine?"

"I didn't dine," she retorted, "but for goodness sake don't speak to me of food!"

"I'm not going to—now." I finished the sentence under my breath. "I simply wished to know. Go on."

"When I got there the house seemed filled with people. Milly was lying on a couch, and her mother and sisters were shrieking and moaning over her. They're

The Adventures of Jimmy Coon

WHAT HAPPENED TO MR. PORCUPINE

Jimmy Coon and Teddy Possum and little Peter Rabbit were standing on their hind legs and pushing the pork barrel down the hill from the camp to the pond. I was hard work, for the barrel was heavy.

Jimmy Coon and Teddy Possum didn't mind the work and they were laughing all the time, for they thought that old Quilly Porcupine would be well paid for dragging them through the forest and telling them that he had something lovely for them to eat.

Jimmy Coon liked a joke—especially if it was on someone else—better than anything else in the world except something to eat.

Little Peter Rabbit was all in the dark for he didn't know what on earth was the matter that those two friends of his were working so hard. But he wanted to help because he had such a good disposition that he always wanted to help.

You can be sure that Mr. Porcupine was all in the dark, too. For, as you remember, he was inside the barrel.

The barrel was rolling faster and faster down the hill and only stopped a little when it came up against a bush or a stone.

Sometimes the barrel almost ran over Teddy Possum or Jimmy Coon or Peter Rabbit when it was rolling very fast.

It was pretty hard to push the barrel and keep out of its way. Once it ran over Teddy Possum's tail, and then there was a howl.

Chatterbox, the red squirrel, was running along the tops of the trees, and as he only came up when the barrel was rolling, he couldn't make out what the game was or what those rascals were up to.

Of course, Quilly Porcupine was making an awful noise all this time, but nobody heard him.

Teddy Possum and Jimmy Coon didn't want to hear him and little Peter Rabbit and Chatterbox, the red squirrel, didn't know he was in the barrel.

By the time the barrel reached the edge of the pond many of the little wood folk were out to see what was the matter.

You know how it is with us when there is a fire—in less than no time everyone that anyone has ever heard of or ever seen, and lots of other people besides, run to the fire. So it is in the Great Forest—all the little animals ran to see what was the matter, for Chatterbox talked all the time and kept calling to Jimmy Coon and Teddy Possum, and the birds were fluttering and making a great to-do about it.

Well at last the barrel fell right into the water. "kerplunk," and Teddy Possum and Jimmy Coon and Peter Rabbit stood on the bank to see the last of Mr. Porcupine.

But what was the matter? They didn't see him at all!

Tomorrow—The Joke on Mr. Porcupine Turns.

At last the barrel fell right into the water.

TENDERS

Sealed tenders will be received at the Victoria Hospital office up to noon on August 28th for bread and milk supply for one year from September 1 next. The lowest or any tender not necessarily accepted.
W. M. GARTSHORE, T. H. HEARD,
Chairman. Supt.
84c

Cooper's Auctions

TOMORROW, 10 A.M.
407 DUNDAS STREET.
Remember this large sale of choice, up-to-date house furnishings. List in last Saturday's papers. Come.
SALE AT 10 A.M. b

To-morrow's HOROSCOPE

By Genevieve Kemble

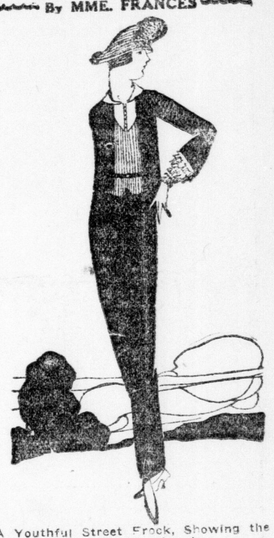
TUESDAY, AUG. 26.

The sidereal operations for this day denote some active and interesting occurrences, though not of a startling nature or far-reaching results. It is moderately promising in a commercial or professional way, with some degree of success assured from dealings with trusts, combinations, secret orders or intrigues. There may be some subtle benefits or secret help. Writings, publishing and signing of papers are fostered under a favorable Lunar aspect to Mercury. Mars semi-square to Moon warns against quarrelling and rash conduct lest these lead to litigation. A fortunate Solar aspect to Mars makes for initiative and enterprise and stimulates the energies generally.

Those whose birthday it is, while having a more or less active year, need not expect a very eventful one. A child born on this day will be active and enterprising, yet may not have a great career.

Today's Fashion

By MME. FRANCES



A Youthful Street Frock, Show