The Best Cough Syrup Is Home-made

Here's an easy way to save $2, and yet have the best cough remedy you ever tried.

You've probably heard of this well-known plan of making cough syrup at home. But have you ever used it? When you do, you will understand why thousands of families, the world over, feel that they could hardly keep house without it. It's simple and cheap, but the way it takes hold of a cough will quickly earn it a permanent place in your home.

Into a 16-oz. bottle, pour 2½ ounces of Pinex (50 cents worth); then add plain granulated sugar syrup to fill the bottle. Or, if desired, use clarified molasses, honey, or corn syrup, instead of sugar syrup. Either way, it tastes good, never spoils, and gives you 16 ounces of better cough remedy than you could buy ready-made for five times its cost.

It is really wonderful how quickly this home-made remedy conquers a cough—usually in 24 hours or less. It seems to penetrate through every air passage, loosens a dry, hoarse or tight cough, lifts the phlegm, heals the membranes, and gives almost immediate relief. Splendid for throat tickle, hoarseness, croup, bronchitis and bronchial asthma.

Pinex is a highly concentrated compound of genuine Norway pine extract, and has been used for generations for throat and chest ailments.

To avoid disappointment ask your druggist for "2½ ounces of Pinex" with directions, and don't accept anything else. Guaranteed to give absolute satisfaction or money refunded. The Pinex Co., Toronto, Ont.

THIN PEOPLE SHOULD TAKE PHOSPHATE

Nothing Like Plain Bitro-Phosphate To Put on Firm, Healthy Flesh and to Increase Strength, Vigor and Nerve Force.

Judging from the countless preparations and treatments which are continually being advertised for the purpose of making thin people fleshy, developing arms, neck and bust, and replacing ugly hollows and angles by the soft curved lines of health and beauty, there are evidently thousands of men and women who keenly feel their excessive thinness.

Thinness and weakness are usually due to starved nerves. Our bodies need more phosphate than is contained in modern foods. Physicians claim there is nothing that will supply this deficiency so well as the organic phosphate known among druggists as bitro-phosphate, which is inexpensive and is sold by most all druggists under a guarantee of satisfaction or money back. By feeding the nerves directly and by supplying the body cells with the necessary phosphoric food elements, bitro-phosphate quickly produces a welcome transformation in the appearance; the increase in weight frequently being astonishing.

This increase in weight also carries with it a general improvement in the health. Nervousness, sleeplessness and lack of energy, which nearly always accompany excessive thinness, soon disappear, dull eyes become bright, and pale cheeks glow with the bloom of perfect health.

CAUTION.—Although bitro-phosphate is unsurpassed for relieving nervousness, sleeplessness and general weakness, it should not, owing to its remarkable flesh-growing properties, be used by anyone who does not desire to put on flesh.—Advt.

QUIT MEAT WHEN KIDNEYS BOTHER

Take a Glass of Salts if Your Back Hurts or Bladder Troubles You.

No man or woman who eats meat regularly can make a mistake by flushing the kidneys occasionally, says a well-known authority. Meat forms uric acid which excites the kidneys, they become overworked from the strain, get sluggish and fail to filter the waste and poisons from the blood, then we get sick. Nearly all rheumatism, headaches, liver trouble, nervousness, dizziness, sleeplessness and urinary disorders come from sluggish kidneys.

The moment you feel a dull ache in the kidneys or your back hurts or if the urine is cloudy, offensive, full of sediment, irregular of passage or attended by a sensation of scalding, stop eating meat and get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast and in a few days your kidneys will act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate the kidneys, also to neutralize the acids in urine so it no longer causes irritation, thus ending bladder weakness.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep the kidneys clean and active and the blood pure, thereby avoiding serious kidney complications.

Rest and freedom tonight from RHEUMATISM

Make good use today of the splendid healing and penetrating oils found only in Chamberlain's Antiseptic Liniment. It takes the weary ache and pain from the muscles and supples the joints, so you will get your full rest and sleep tonight.

Chamberlain's Liniment

gives prompt relief in all muscular or deep seated pain—rheumatism, neuralgia, lame back, lumbago, etc. Splendid to rub on the chest for colds and coughs. Low price, yet very efficient.

All druggists. 3

COUNTY COUNCIL WILL VISIT TORONTO TO BACK LONGWOOD ROAD

So Decided at Meeting Yesterday Afternoon.

WOULD INCLUDE WARDEN?

Equalizing Provincial Grants for Roads Discussed by Engineer.

That the county council, the county warden, the county engineer, the county clerk and the county treasurer be sent to Toronto as a deputation from Middlesex to do all in their power to have the provincial highway take the Longwood road, was the resolution passed at its meeting held yesterday afternoon at the county building.

At first the names of the warden and the county treasurer were omitted. The suggestion of H. Dale that the warden's name be added was the cause of much laughter on the part of the other councillors, for, as it was remarked, the warden belonged to the council. The suggestion of County Clerk John Stuart that County Treasurer T. E. Robson be included in the deputation met with the hearty approval of all present. Deputations from many of the municipalities who are interested in having the Longwood route chosen, will leave for Toronto some time in the early part of next week and will be headed by Sir Adam Beck.

The question of equalizing the distribution to the townships of the Provincial Government grants which are made to the counties for aiding in the construction and repairing of roads was discussed. County Engineer Talbot gave an interesting talk, explaining this matter, after which there was a somewhat lengthy discussion of it. Mr. Talbot advocated that the construction of the roads of the County of Middlesex be placed under the county council so that the roads in all parts of the county could be kept in good condition.

Township Levies Tax.

Under the present system each township levies a tax of one mill on the dollar for road construction and repairing. Some of the townships, it was mentioned, did not keep their roads in good repair. According to the county engineer, the road between London and Grand Bend was in good repair, except for a stretch of two and a half miles. This part, he declared, was a death-trap. He also added that the tourists would not remember the good parts of the road, but would only remember the bad part where they had had so much trouble. In suggesting that the construction of roads of the county be placed under the direction of the county council, he said, "We do not want a patchwork of roads. I hope the county council will assume its responsibility."

As an illustration of the result of the Government paying 60 per cent of the cost of the roads in the suburban area and only 20 per cent of the cost outside the area, he compared road construction in West Nissouri and North Dorchester. In the latter, roads that should have been repaired could not be, because the people of that township had not the money, as most of their funds were used to repair the bridges. "Under those conditions no equity exists," he said.

In again referring to the portions of the roads which were badly in need of repairing the engineer declared that they must be eliminated. He also declared that with possibly Huron as an exception, the roads of Middlesex were easier to maintain than those of any other county in the province. A large number of the councillors declared that they agreed with Mr. Talbot, that all the roads should be under the supervision of the county council. Warden D. A. Graham declared that he was much pleased that the discussion had arisen, and expressed the opinion that it was enjoyed by all. He recommended that this question be brought up in the various township councils. The matter was referred to the board of road directors.

Wider at Battle Hill.

In a report by a special committee of the conditions of the roads of Mosa Township, it was recommended that the road be widened at Battle Hill. The matter was referred to the board of road directors. A schedule of the county roads expenditure prepared by the county engineer, was read.

There were several objections to the recommendation of the finance committee that two accounts for funeral expenses be paid by the county. Some of the councillors thought that the bills were too high, while others thought that the townships in which the deaths occurred should pay them. There were also objections to the recommendation that some bills for the use of ambulances for taking patients to the hospital be paid. The report was referred back to the finance committee.

The question of levying a tax on the junk dealers was discussed. It was thought that the county, instead of each municipality, should levy and collect the tax. "In our municipality," said H. Dale of Strathroy, "we charge each junk dealer $20 for a license." "Under what act?" queried a councillor on the other side of the council chamber. "Under the B. N. A. act," was the quick retort. It was several minutes before the uproar of laughter subsided, and the council was adjourned until 2 o'clock this afternoon.

WINS THREE STRIPES IN YANKEE ARMY

LEONARD SHROEDER, who has been given his sergeant's chevrons in the United States army at Camp Devens, Mass., for good conduct. He is the son of Mr. and Mrs. Dan Shroeder of R. R. 1, Exeter.

A GARDEN VILLAGE TO BE CONSTRUCTED NEAR ANTWERP IN BELGIUM

Miss Vander Flier Appeals for Funds at Women's Canadian Club.

A stirring appeal for the Belgian widows and orphans was made last evening at a meeting of the Women's Canadian Club by Miss Vander Flier of Holland, daughter of the late court chaplain and personal friend of Queen Wilhelmina. She is on a visit to America, authorized by the king of Belgium, to raise funds for the building of a garden village near Antwerp for homeless Belgians. Her appeal was made all the more vivid by the showing of a film, a number of the pictures having been taken at the outbreak of the war, by an Englishman who was later shot by the Germans. This film first shows Holland and Belgium before the war, and later the inroads being made upon Belgium by the Germans, and the huge trainloads, boat loads, motor loads, cart loads, and wagon loads of refugees pouring into Holland, after weary journeyings and much hardship. Despair is plainly written upon their faces.

More forcible perhaps than ever before was this thought brought before a London audience—How awful if Holland had entered the war! Where then would these destitute people have found refuge?

Swarmed With People.

"Everywhere Holland swarmed with people," declared the speaker. "Thousands upon thousands of refugees arrived every day, leaving behind them their burning villages and looking ahead into an unknown future. Before the war Queen Wilhelmina ruled over but a small country, but soon she was the head of a great population. The people came in miserable, hungry, dirty and lonely, but Holland did what she could. She opened the doors of her homes both large and small to accommodate the great multitudes of people, although often it was necessary to live under very crowded and almost impossible conditions. Holland wished to follow the instructions of her queen, who said, 'As long as we have a piece of bread, we shall share it with the Belgians.'"

Working For Refugees.

Miss Vander Flier described her institution for boys, started previous to the war, which, however, was turned into a home for refugees as soon as that became necessary. She worked strenuously and enthusiastically to see that the refugees were all made comfortable, not only in her own boys' home, but likewise in other places which came under her notice. Through her efforts, blankets, clothing and money was donated to the relief work, as well as conditions improved in the big camps, where many of the Belgians were herded. Her influence at court gave her great power in this work, for the Queen of Holland was only too ready to help where help was needed.

"A pitiful phase of the refugee work is the great number of lost children, who were separated from their parents and have forgotten their names. Sometimes, if the children were found a few days after leaving their home, it was possible to obtain some information in regard to their names, but oftentimes it was as long as two weeks before they were found, and then memory had completely gone in this respect.

A Changed Holland.

"I came to America some time ago and raised $10,000. I then returned to Holland once more, but such a changed Holland. The food which had been so plentiful was very scarce. There was no tea nor coffee, and after May, no meat. The country was filled with Belgians, and in order to get a little fuel, we had to send some food to Germany. And if it had not been delivered, there were 150,000 Germans with great guns just at our doors ready to bombard our cities. Then it was that we lived in deadly fear from day to day. We were truly between the devil and the deep sea.

Purchase Canadian Cottages.

"We want you to help us now in the time of reconstruction. Many of your boys will soon be coming home. But the Belgians have no home to go back to. You have already done so much in Canada, but you have not suffered like they have. I find so much food here that I almost cannot eat it, because they have been so hungry. I hope that the money which I ask you to give will not go out of Canada, but will be spent in the purchase of Canadian cottages to be shipped to Belgium. The funds for this work may be sent direct to August Belmont, 43 Exchange Place, New York."

Miss Vander Flier has with her a number of curious rings and ornaments, manufactured by Belgian refugees from bullets, bone, etc., which she is selling to those interested in the work. Another interesting possession of hers is "the Golden Book," in which every subscriber of at least $5 may write his name. It will later be presented to the king of Belgium.

Names Voted On.

Miss Grace Blackburn presided at the meeting, and a vote was taken on three names for the purpose of electing a Canadian Club member to the Chamber of Commerce. The names, which were the result of a primary vote taken at the last meeting, are as follows: Mrs. Thomas Baker, Mrs. Donald McLean and Miss Yeates.

SPANISH INFLUENZA

Do Not Fear When Fighting a German or a Germ.

BY DR. M. COOK.

The cool fighter always wins and so there is no need to become panic-stricken. Avoid fear and crowds. Exercise in the fresh air and practice the three C's: A Clean Mouth, a Clean Skin and Clean Bowels. To carry off the poisons that accumulate within the body and to ward off an attack of the influenza bacillus, take a good liver regulator to move the bowels. Such a one is made up of May-apple, leave of aloe, root of jalap, and is to be had at any drug store, and called "Pleasant Purgative Pellets."

If a bad cold develops, go to bed, wrap up well, drink freely of hot lemonade and take a hot mustard foot-bath. Have the bedroom warm, but well ventilated. Obtain at the nearest drug store "Anuric Tablets" to flush the kidneys and control the pains and aches. Take an "Anuric" tablet every two hours, together with copious drinks of lemonade. If a true case of influenza, the food should be simple, such as broths, milk, buttermilk and ice-cream; but it is important that food be given regularly in order to keep up patient's strength and vitality. After the acute attack has passed, which is generally from three to seven days, the system should be built up by the use of a good iron tonic, such as "Irontic" tablets, to be obtained at some drug stores, or that well-known blood-maker and herbal tonic made from roots and barks of forest trees—sold everywhere as Dr. Pierce's Golden Medical Discovery.—Advt.

Boys and Girls Clear the Skin with Cuticura

Druggists: Soap, Ointment, Talcum. Samples free.

GROWING DEAF WITH HEAD NOISES? TRY THIS

If you are growing hard of hearing and fear Catarrhal Deafness or if you have roaring, rumbling, hissing noises in your ears go to your druggist and get 1 ounce of Parmint (double strength), and add to it ¼ pint of hot water and a little granulated sugar. Take 1 tablespoonful four times a day.

This will often bring quick relief from the distressing head noises. Clogged nostrils should open, breathing become easy and the mucus stop dropping into the throat. It is easy to prepare, costs little and is pleasant to take. Anyone who is threatened with Catarrhal Deafness or who has head noises should give this prescription a trial.—Advt.

EXTEND STREET CAR SYSTEM TO HELP LAMBETH

City Company Would Operate Extended Line at Cost, Says President.

DISCUSS HIGH STREET

Residents of This District Want Line Laid Out Their Way.

Lambeth and London will still be connected by an electric road if the necessary funds can be raised to purchase the road and equipment. President C. Currie of the London Street Railway Company, intimated to the special committee, which met yesterday afternoon in connection with this matter, and the extension of the railway system out High street, that his company would operate the road at cost of operation, plus overhead charges. In the event of the revenue not being sufficient to meet these expenses, the company would have to be reimbursed to the extent of the deficit. Mr. Currie thought that this would amount to $10,000 a year, basing the figures on a two-hour service, and ten trips per day.

W. A. Finch of Lambeth explained that the revenue from freight could be increased if some provision for interswitching could be arranged with the London railroads.

Willing to Help.

"We are willing and anxious to do anything that will benefit London and Lambeth, and the residents along the route," said Mr. Currie, when asked by Mayor C. R. Somerville, if his company would operate the line. "We will operate it, and not expect one cent of profit from it. We will not lay out any capital expenditure on it, however, and we will want to be protected against any posibility of loss by the operation of the line."

Mayor Somerville thought that the deficiency could be made up between London and Lambeth citizens in some way.

It would be necessary to buy the Traction Line to Lambeth or build a new one and place the necessary equipment at the disposal of the London Street Railway Company. Connection would be made with the local lines at some convenient point in South London.

Help South London.

T. H. Janes, A. D. Jordan and J. F. Hyatt, residents of South London, who were present in connection with the extension of the London Street Railway out High street, asked that the connection be made via High street and the Base line. The delegation pointed out that they had been promised ten years ago an extension of the local system. They thought that something ought to be done for them. President Currie assured that the onus was on the city and not the company. He thought his company would have extended in this direction rather than in one of the others, but the city said otherwise. As it is, he intimated that there were no extensions coming to the city on account of population.

Mr. Janes suggested that the company make the extension on the strength of the need, in view of the new hospital that is being built out in that district on the O'Dell farm.

Mr. Currie pointed out that it was impossible to interest capital in any investment that was not a paying one, and the L. S. R. had not paid dividends for two years.

Serve Hospital.

Talking on the subject, Mr. Janes pointed out that while the L. and P. S. Railway passes the site of the Westminster Military Hospital the men and their friends would not care to pay a 5-cent fare on it to the city and another 5-cent fare on the city road to reach their homes.

"I only wish this were true," interrupted President Currie. "Such is not the case, as the fares on our road are only 2 7-3cents and 3 4-7 cents. If we had 5-cent fares there would be no difficulty in building extensions."

The delegation intimated that no person in that section would object to paying 5-cent fares to the London Street Railway Company.

On motion of Ald. F. E. Harley a recommendation that the next extension to the street railway system of the city shall be out High street to the city limits will be passed on to No. 1 committee and then on through the various courses on to the council of 1919.

It was estimated that the extension out High street to the Base line would cost $15,000, and would necessitate an extra car on the Richmond street line.

PARTY OF RETURNED MEN REACHED HERE EARLY THIS MORNING

Crossed On the Scandinavian —Only Thirty-Eight Arrived Here.

About 38 returned soldiers arrived in London at 3:40 this morning via C. P. R. The men were for London and district points, and were met by the representatives of the soldiers' aid commission and No. 1 district Depot.

Owing partly to the fact that the authorities here did not hear until late last night that the party was approaching, few Londoners were on hand to greet them. The reception was hearty, nevertheless.

The party originally consisted of about 70 Western Ontario men who came across on the Scandinavian, but under new regulations they were allowed to drop off along the way as they came to their home towns. Several also remained on the train and went to places further west.

The men were taken to the Princess avenue barracks and provided with food and beds.

At the school an address welcoming the men was given by Rev. H. B. Ashby, one of the returned soldiers' chaplains. The other chaplains who were present were Rev. J. G. Stuart, Rev. J. N. Norton and Rev. Mr. Nash.

The automobiles in which the soldiers came to the school were waiting outside to take them to the early trains after the celebration was over. Many of the men who lived in Windsor left at 6:35 a.m. One soldier who could not get to Granton on the train, because there was not one going there at such an early hour, was driven to his home by Frank E. Hateton of the Ford Motor Company.

The party did not take such a long time to come from Halifax as the one that came yesterday, as they were taken through the north part of Montreal, where there were no attractions which would invite the men to detrain.

The names and addresses of the Londoners are as follows: J. Bacon, of 472 Horton street, J. Bradley of 292½ Dundas street, G. Brandford of 113 Oxford street, J. Green of 625 Colborne street, V. H. Ellis and J. G. Simpson of 124 Mamelon street, C. F. White of 370 Hale street, J. Law of 747 Waterloo street, and W. F. Hier of 18 Forward avenue.

SENATOR MASON'S WILL.

TORONTO, Dec. 3.—By his will, filed today in the surrogate court, Brig.-Gen. the Hon. James Mason, senator, general manager of the Home Bank of Canada, left an estate valued at $79,707 to his daughter, Mary Florence Mason. His home, at 43 Queen's Park, is valued at $27,500, and his stock holdings amount to $1[illegible] and his son, Lieut.-Col. J. C. Mason, D.S.O., are the executors. Senator Mason died July 16 last.

OTTAWA WILL LOAN FUNDS TO PROVINCES FOR HOUSE BUILDING

Provinces in Turn May Help Municipalities.

MEANS OF EMPLOYMENT

Immediate Boost to Branches of Building Trades Is Aim.

OTTAWA, Dec. 3.—The Government has created a fund of $25,000,000, which will be available by way of loan to the several Provincial Governments in connection with the carrying out of programs for better housing through municipalities or otherwise. In the order-in-council authorizing the transaction the minister of finance points out that at the conference recently held at Ottawa between the premiers and other members of the Governments of the several provinces and representatives of the Dominion Government one of the most important subjects of discussion was that of creating better housing conditions for the industrial workers of our larger centres.

Aggregate of $25,000,000.

The minister made the following recommendations:

1. That the minister of finance be authorized, under the provisions of the war measures act, upon request from the Government of any province of Canada, to make loans to such Government for the purpose mentioned.

2. That the aggregate amount to be loaned to all provinces shall not exceed $25,000,000, and the amount of loan to any one province shall not exceed the proportion of the said $25,000,000 which the population of the said province bears to the total population of Canada.

3. That the loans made may be for a period not exceeding 20 years, with the right of any province to pay off the whole or any part of the principal of the loan at any time during the said term.

4. That interest at the rate of 5 per cent per annum payable half-yearly shall be charged upon the advances from the dates thereof respectively.

Forms of Security.

5. The minister of finance may accept bonds, debentures, or such other form of security as he may approve, evidencing the indebtedness of any provincial government for loans made to it.

6. Advances are to be made from the war appropriation.

7. Advances may be made as soon as a general scheme of housing shall have been agreed upon between the Government of Canada and the Government of the province applying for the loan hereunder.

Speaking today of the action of the Government, Sir Thomas White said that apart from the recognized value of better housing from the standpoint of national health, comfort and morality, the problem was of exceptional importance at the time, because the carrying out of a vigorous policy of better housing by the provincial governments and municipalities would find employment during the reconstruction period for a great army of artisans and workmen. The building trades in all branches when fully occupied always require a large amount of labor, skilled and unskilled.

Help Many Trades.

If plans for model house construction for industrial workers should be taken up at once by municipalities having congested areas of population a great deal of employment would be afforded during the coming winter in getting prepared the necessary material for beginning construction in the spring. This would beneficially affect the lumber, carpentry, plumbing and other trades.

The Dominion Government had fixed a rate of interest lower than that at which it was able at present to borrow money. It felt justified in doing this, owing to the national importance of the matter and as a contribution towards the carrying out of the programs of better housing by the provincial governments and municipalities throughout the Dominion.

WAR VETERANS OF ST. MARYS ASK AID

ST. MARYS, Dec. 3. — The regular semi-monthly meeting of the town council, held Monday evening, was a busy one. A large deputation from the Great War Veterans' Association waited upon the council for financial assistance to help to meet expense in the opening of a soldiers' rest-club room. Capt. (Rev.) C. K. Masters, president, addressed the council and made a strong plea for aid to the association. The council was favorably impressed with the project and will confer with the finance committee as to the amount required.

T. J. Hannigan, secretary of the Hydro-Electric Railway Association, Guelph, wrote, calling attention to the proposed construction of the hydro-electric railway, of which the main line will pass through St. Marys, and as the war is ended preparations for construction may probably begin soon.

The town council having come to an agreement regarding the $6,000 factory loan mortgage to the St. Marys Wood Specialty Company, now due, a bylaw was passed to accept the offer of $3,000 in full settlement, with authority to execute the discharge of the mortgage. It was understood that another capitalist will join the company, which will include another line of industry.

The fuel committee had an offer of four-foot maple cordwood at $9.40 per cord, f. o. b. cars at Woodstock. The committee was authorized to accept the offer.

Tax Collector William Harrison reported that the sum of $68,583 was collected, and that there was still outstanding $4,200.67, and of this sum $500 was due from a large business estate. A resolution was passed authorizing the tax collector to proceed by legal means to collect the balance by December 15.

The cost of electric light and water paid yearly by the town council was considered high. Accounts amounting to $5,690.20 were passed.

DORCHESTER ENTERTAINMENT.

DORCHESTER, Dec. 3.—The Methodist Sunday school of this place intends holding its annual Christmas entertainment on December 23.

RUB NEURALGIA AWAY! END PAIN

Instant relief from nerve torture and misery with old "St. Jacobs Liniment."

Get a small trial bottle!

Rub this soothing, penetrating liniment right into the sore, inflamed nerves, and like magic—neuralgia disappears. "St. Jacobs Liniment" conquers pain. It is a harmless neuralgia relief which doesn't burn or discolor the skin.

Don't suffer! It's so needless. Get a small trial bottle from any drug store and gently rub the "aching nerves" and in just a moment you will be absolutely free from pain, ache and suffering, but what will please you more is, that the misery will not come back.

No difference whether your pain or neuralgia misery is in the face, head or any part of the body, you get instant relief and without injury.

VOICE OF THE PEOPLE

A CRITIC OF SOCIALISM.

To the Editor of The Advertiser:

It is said that Eugene Debs, a leader of Socialism in the United States, once said that if Socialism won the day at an election he would immediately fight against it. Inconsistent, you will say. No, not at all. Debs was no blind fanatic. He was a philosopher. He knew that the world was not ready for Socialism, and if sprung upon it, would lead to anarchy, as we see happening today in Europe.

Socialism is a patch on an old garment that is about to fall to pieces, and such a combination, according to the Wise Teacher of Galilee, will result in a condition worse than what it was before. What then is the matter with the old garment?

Count Okuma, a Japanese statesman, was right when he said that our western civilization was degenerating and drifting toward its own destruction. Patches upon patches and laws upon laws are applied to remedy unsatisfactory conditions, but in the end they only cause more discontent and strife. Legislation, to suppress and muzzle the demands of the masses for more justice and liberty only increase the steam power under the throttle. Were our present civilization based on the teachings of Jesus, there would be no need or call for Socialism, as it is all included in true Christianity.

The Methodist Conference has recently declared that our economic system was at the root and the cause of the late war. What, then, is the matter with it? Outward conditions are the results of inner convictions, and these again are formed by our religious teaching. Logically then, the war was the outcome of our religious teachings. Have we then been blind and led by blind leaders? Let us see.

Intense competition and striving against each other not only in commerce, but in religion as well has been the backbone of our civilization.

Co-operation, the Golden Rule and the Sermon on the Mount is the backbone of the system advocated by the Master Jesus.

Can anyone harmonize these two opposites? If our civilization had been based on the teaching of Jesus there would have been no excuse for the war.

If thes few random thoughts should arouse a few sleeping brain cells and cause them to think for themselves they will have accomplished their purpose.

A. E. WAHN.

Walkerton, Ont.

WAR VETERANS TO HAVE RECEPTION

INGERSOLL, Dec. 3.—Splendid assistance has been given the local War Veterans' Association by the council, a grant of $500 having been made towards furnishing and maintaining the club rooms and a Christmas tree for the children of soldiers overseas. It is the intention of the council and citizens generally to give the returned men all possible assistance. A big reception for returned men is planned for some time in the near future.

CROSS, FEVERISH CHILD IS BILIOUS OR CONSTIPATED

Look, Mother! See if tongue is coated, breath hot or stomach sour.

"California Syrup of Figs" can't harm tender stomach, liver, bowels.

Every mother realizes, after giving her children "California Syrup of Figs," that this is their ideal laxative, because they love its pleasant taste and it thoroughly cleanses the tender little stomach, liver and bowels without griping.

When cross, irritable, feverish or breath is bad, stomach sour, look at the tongue, Mother! If coated, give a teaspoonful of this harmless "fruit laxative," and in a few hours all the foul, constipated waste, sour bile and undigested food passes out of the bowels, and you have a well, playful child again. When its little system is full of cold, throat sore, has stomach-ache, diarrhoea, indigestion, colic—remember, a good "inside cleansing" should always be the first treatment given.

Millions of mothers keep "California Syrup of Figs" handy; they know a teaspoonful today saves a sick child tomorrow. Ask your druggist for a bottle of "California Syrup of Figs," which has directions for babies, children of all ages and grown-ups printed on the bottle. Beware of counterfeits sold here, so don't be fooled. Get the genuine, made by "California Fruit Syrup Company."

Texas Doctor Says Tanlac Is Wonderful

Prominent Texas Physician Says He Has Treated About Fourteen Hundred Cases of Influenza During the Past Month and Has Found Tanlac To Be Best Tonic To Be Had to Build Up His Patients.

The following letter from Dr. J. W. Sandlin, one of the most prominent physicians of Southern Texas, has just been received at the Tanlac office, and gives indisputable evidence as to the value of Tanlac as a reconstructive tonic for persons who are recuperating from the after effects of Spanish influenza. His letter follows:

"Humble, Tex., Nov. 5, 1918.

"Dear Sir:

"Just a few lines in reference to Tanlac. I have found your preparation to be a wonderful reconstructive tonic and, in my opinion, it has no equal in its line. I have found it to be the best tonic to be had to build up my patients who have had Spanish Influenza. I have treated within the past month about fourteen hundred cases and have never been able to get sufficient Tanlac to supply our people.

"Yours very truly,

"(Signed) DR. J. W. SANDLIN."

Dr. Sandlin not only enjoys a very large practice as a physician, but he is also a man of wide influence and ranks as a leading citizen of the enterprising little city of Humble, Tex.

As a practicing physician of sixteen years' experience, Dr. Sandlin was quick to recognize the superior tonic properties of Tanlac over other remedies and unhesitatingly and voluntarily gave Tanlac his unqualified indorsement.

Although the Influenza epidemic has greatly subsided, it is still prevalent and is breaking out anew in many sections of the country and continues to claim its victims by the thousands.

Persons who have had Influenza are oftentimes left in a very weakened, run-down condition, and unless the greatest care is taken, both as to habits and diet, serious complications are apt to follow. Persons who have had it are more apt than ever to have it the second time. If you are in this condition, nothing on earth will build you up and strengthen you like Tanlac, which contains the most powerful tonic properties known to science.

As a reconstructive tonic and body builder, it is without an equal and contains the very elements needed by the system to restore you to your normal strength and weight.

First of all, Tanlac begins its action by creating a good healthy appetite for wholesome, nourishing food and assists the vital organs which have been weakened by the disease to perform their natural functions, thus helping to build up health and strength in the natural way.

This statement is easily proven by the fact that Tanlac is now having the greatest sale of any system tonic in the history of medicine. In less than four years' time over ten million bottles have been sold and the demand is constantly increasing.

In connection with the Tanlac treatment, it is necessary to keep the bowels open by taking Tanlac Laxative Tablets, samples of which are included with every bottle of Tanlac.

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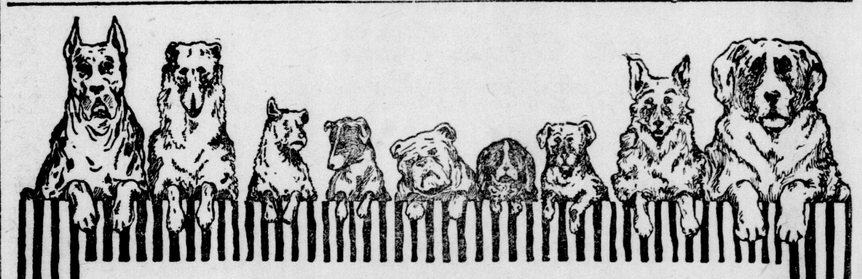

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