UNSTEADY NERVES

Your troubled, unsettled mind, your inability to concentrate, or your fatigue from ordinary work simply shows that the drain on your strength is greater than your system is supplying and you need the powerful, nourishing force in

SCOTT'S EMULSION

to speedily replenish the deficiency and avoid a breakdown.

Scott's is all nourishment so skilfully emulsified that it is quickly assimilated without taxing digestion and gives strength in place of weakness.

No Harmful Drugs or Opiates.

Scott & Bowne, Toronto, Ont. 17-40

EIGHTY-TWO NAMES OF KNOWN TUSCANIA DEAD ARE RECEIVED

Total Death List Apparently Reaches 174.

Washington, D. C., Feb. 15.—Eighty-two names of known dead among the American soldiers who were on board the torpedoed liner Tuscania were received by cable tonight at the war department. An Associated Press dispatch last Tuesday announced that 164 soldier victims had been buried on the Scottish coast and gave the names of 131 identified, but tonight's message was the first official partial list to reach the department. No new estimate of the total number of dead was made at the department tonight. It had been believed here that the total would not exceed 170, but the names received tonight apparently bring the list of known dead up to 174.

FUEL RESTRICTIONS CUT DOWN PAPER

Washington, Feb. 16.—Production of news print paper was considerably reduced during January because of the fuel restriction order and averaged 3,750 tons a day against a normal 4,500, as shown in the federal trade commission's monthly review. Jobbers' stocks show shipments exceeding receipts; publishers' stocks also show a decline, but also an increase in quantity in transit. During the month only eleven contracts were reported at a price higher than $3 a hundred pounds at the mill.

Grandmother kept her hair beautifully darkened, glossy and attractive with a brew of Sage Tea and Sulphur. Whenever her hair took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. By asking at any drug store for "Wyeth's Sage and Sulphur Compound," you will get a large bottle of this old-time recipe, improved by the addition of other ingredients, all ready to use, at very little cost. This simple mixture can be depended upon to restore natural color and beauty to the hair.

A well-known downtown druggist says everybody uses Wyeth's Sage and Sulphur Compound now because it darkens so naturally and evenly that nobody can tell it has been applied—it's so easy to use, too. You simply dampen a comb or soft brush and draw it through your hair, taking one strand at a time. By morning the grey hair disappears; after another application or two, it is restored to its natural color and looks glossy, soft and beautiful. This preparation is a delightful toilet requisite. It is not intended for the cure, mitigation or prevention of disease.

Gas, Gas, Indigestion, Sourness, Upset Stomach---Pape's Diapepsin

Instant Relief! Neutralizes Stomach Acids, Stopping Dyspepsia, Heartburn, Belching, Distress. Read!

Time it! In five minutes your sour, acid stomach feels fine. No indigestion, heartburn, or belching of gas, or eructations of undigested food, no dizziness, bloating, foul breath or headache.

Pape's Diapepsin is noted for its speed in sweetening upset stomachs. It is the surest, quickest and most certain stomach antacid in the whole world and besides, it is harmless.

Millions of men and women now eat their favorite foods without fear—they know Pape's Diapepsin will save them from such misery.

Please, for your sake, get a large 50-cent case of Pape's Diapepsin from any drug store and put your stomach right. Don't keep on being miserable—life is too short—you are not here long, so make your stay agreeable. Eat what you like and enjoy it, without dread of acid fermentation in the stomach.

Pape's Diapepsin belongs in your home anyway. Should one of the family eat something which don't agree with them, or in case of an attack of indigestion, dyspepsia, gastritis or stomach derangement due to fermentation and acidity, at daytime or during the night, it is handy to give the quickest, surest relief known.

Why Best for Babies?

"Granny" Chamberlain

"I am often asked why Chamberlain's Cough Remedy is best for babies. Well, there are several reasons:

First: It is perfectly harmless and can be given with every confidence to the youngest or most delicate child.

Secondly: It contains no alcohol, opium, chloroform, morphine or any other narcotic.

Thirdly: Children like it, and no persuasion is needed to get them to take it.

For the above reasons alone it is impossible to get a better medicine for babies than

Chamberlain's Cough Remedy

But aside from its safety it relieves coughs and colds, is the best remedy known for croup, and when given as soon as the croupy cough appears it will even prevent the attack."

Yours for Health —Granny Chamberlain

89

CAPTAIN AND SOME OF CREW VOLUNTEER TO STAY WITH SHIP AND SAVE COMRADES

British Steamer Sinks When Cargo Shifts.

NEW YORK, Feb. 15.—Ten men of the officers and crew of the British steamship Miguel De Larrinaga, of nearly 5,000 tons, perished in mid-ocean on February 6, when the vessel foundered. A cargo of grain, bound for France, went down with the ship. A British warship rescued 27 men who had taken to small boats, and some of these survivors arrived here today from a Newfoundland port.

Self-Sacrifice.

The Larrinaga's captain, E. Williams; his chief officer, R. S. Marne, and his second officer and a gunner and six sailors sacrificed their lives, because small boats were not large enough to hold all on board.

For 40 hours Captain Williams and his companions perched at the rail of their ship half overturned, and fired rockets. These were observed by the British warship, which earlier responded to an S. O. S. call sent out when the Larrinaga's cargo had shifted and disaster was apparent. The warship, however, was unable to approach, owing to the high seas running, and when dawn came on February 6 the cargo ship had vanished.

LABOR PROMISES TO CO-OPERATE IN MAN POWER INVENTORY

Will Not Countenance the Conscription of Workers.

OTTAWA, Feb. 15.—In further explanation of the Government's plan to take an inventory of the man power of Canada, a memorandum was given out this afternoon by the prime minister. It is understood that the plan to be followed has not yet been definitely decided, but that it will be worked out in the course of a short time. It will be one of the matters considered at the conference of provincial prime ministers now in progress here. The statement issued today is as follows:

"The Government submitted to the representatives of organized labor the following confidential memorandum dealing with the organization of man power and woman power of Canada:

Full Inventory.

"To give effect to the declared policy of the Government to mobilize the man power and resources of Canada for the prosecution of the war in all its phases, the Government believes that an inventory of the man power and woman power of Canada should be taken, the inventory to include all those of sixteen years of age and upwards. This inventory and mobilization is required in order that Canada may more fully co-ordinate and concentrate her war efforts to meet both the urgency of the present military situation and the imperative needs of greater food production and conservation, increased labor and production in essential industries and other pressing problems which face the nation. Among the specific purposes sought to be accomplished by the inventory are:

The Purpose.

"1. To ascertain the numbers, residence, nationality and occupation of all persons who have evaded registration under the provisions of the military service act.

"2. To facilitate the operation of the military service act by requiring that all registered shall carry a certificate of registration.

"3. To ascertain the numbers, residences and occupation of those who though not now engaged in agriculture, have had experience in farming and are qualified to assist in agricultural production.

"4. To ascertain the numbers employed in various occupations or lines of industry, so as to ascertain the labor supply which might be rendered available by closing or curtailing less essential industries, and diverting labor to more essential industries.

"5. To ascertain the supply of women labor available to supplement the work of men, or to take over the work of men who could thereby be released for other services of national importance.

"6. To ascertain the numbers, residence, nationality and occupation of all persons resident in Canada who are not British subjects by birth or naturalization.

"7. To be able to utilize with the least inconvenience and to the best advantage the services of all men and women in the employment to which they are fitted by special training and experience.

"8. To secure all such information as will enable the Government, in co-operation with labor, to carry on an effective and organized Dominion-wide propaganda and appeal for procuring voluntary enlistment of labor, the men and women necessary for all such industries and occupations as are essential to the successful prosecution of the war, and to assist in securing an equitable distribution of labor for such purposes.

"9. To secure the information which will be required in case the state at a future date should become able to arrange for more equitable distribution of fuel, food or other necessaries of life.

Labor's Reply.

"After due consideration of the memorandum the representatives of labor submitted the following report to the Government:

"Your tentative proposals contained in confidential memoranda to us we answer as follows: That we will co-operate with the Government on the lines suggested in your memo providing that Clause 8 of same is carried out on the broad lines embodied in resolution No. 7 of our memo, and which reads:

"'That we declare against compulsory service, and in order to secure the full co-ordination and co-operation of labor to make voluntary service effective we recommend the creation of a committee or commission under the chairmanship of the labor sub-committee of the cabinet with power to form sub-committees throughout the country, and on all of which labor shall have fair representation;' and Section 3 of the same resolution, which reads:

"'That all the above be carried out with full guarantee that fair wages, hours, and other working conditions must prevail, and such conditions to be fixed by further conferences with representatives of the trades affected,' be incorporated as a necessary regulation of such scheme, and as it is the opinion of this conference that the military service act of the Government gives all the powers enumerated in Clauses 1 and 2 of the memo we do not deem it necessary to pass upon said clauses.'

"This report was discussed at length with the labor leaders, and the Government's position made clear as to the necessity for national registration."

TWENTY-TWO DESERTERS ROUNDED UP IN HALIFAX

Many Construction Men Had Farmers' Exemption Papers.

Halifax, N. S., Feb. 15.—Twenty-two men, deserters under the military service act, were arrested today at South End terminals and marched to the citadel under military escort. They are the first to be arrested in Halifax since the work was turned over to the civil authorities. Inspector Ridout of the Dominion police took the names of a number more whose cases are "doubtful," and will be further investigated. The men are all outsiders who came here to work. A feature of the examination was the large number found working on construction work, with exemption certificates as "farmers."

DANGER LURKS IN EVERY ONE OF US

We Are As Full of Deadly Poisons As a Germ Laboratory.

AUTO-INTOXICATION OR SELF-POISONING

"FRUIT-A-TIVES" Absolutely Prevents This Dangerous Condition.

The chief cause of poor health is our neglect of the bowels. Waste matter, instead of passing from the lower intestine regularly every day, is allowed to remain there, generating poisons which are absorbed by the blood.

In other words, a person who is habitually constipated is poisoning himself. We know now that Auto-intoxication, due to non-action of the bowels, is directly responsible for serious Kidney and Bladder Troubles; that it upsets the Stomach, causes Indigestion, Loss of Appetite and Sleeplessness; that chronic Rheumatism, Gout, Pain in the Back are relieved as soon as the bowels become regular; and that Pimples, Rashes, Eczema and other Skin Affections disappear when "Fruit-a-tives" are taken to correct Constipation.

"Fruit-a-tives" will protect you against Auto-intoxication because this wonderful fruit medicine acts directly on all the eliminating organs.

50c a box, 6 for $2.50, trial size 25c. At all dealers or sent on receipt of price by Fruit-a-tives, Limited, Ottawa.

ANNOUNCEMENT AS TO SUBMARINE PLAN IS EXPECTED SOON

German Vice-Chancellor May Make Significant Report.

Amsterdam, Feb. 15.—Friederich von Payer, imperial vice-chancellor, is expected to make an announcement before the next session of the Reichstag of the Government's future submarine policy, according to the Frankfurter Zeitung.

Much significance is found in the fact that the emperor has summoned Admiral Eduard von Capelle, minister of the navy, and Admiral von Holtzendorff, head of the naval general staff, to attend a conference being held at the main headquarters.

U.S.A. TROOPS GET TASTE OF GERMANS' GAS; WEAR MASKS

Foe's Airmen Driven Off in Their Scouting.

WITH THE AMERICAN ARMY IN FRANCE, Feb. 15.—The Germans opposed to the Americans early today made an unsuccessful bombardment with gas shells. German airplanes in large numbers also were driven away by the American anti-aircraft batteries.

Gas shells in considerable number from the German guns fell within the American sector early this morning, making necessary the wearing of masks in all parts of the trenches for some hours. One American was injured by an exploding shell.

Visibility was good today in the clear, cold atmosphere, and as a result there was much aerial activity on both sides. German airplanes in large numbers repeatedly attempted to cross the American lines, but were driven away either by anti-aircraft batteries or by the air squadrons.

The American artillerymen rapidly are attaining a high degree of efficiency. Today they continually fired shells that exploded close to the enemy airplanes, and the aviators were forced to dodge and duck and scurry back to a safer area.

The artillery on both sides resumed activity today. The American gunners shelled the German rear lines and communications effectively.

Pains in the Small of the Back

Headaches, Dryness of the Skin and Loss of Weight Warn You That the Kidneys Are Diseased.

Toronto, Ont., Feb. 15.—"Pains in the small of the back" is the way hosts of people describe their sufferings, not knowing that the pains are in reality in the kidneys. Pains in the back, weak back, lame back, backache—these are the first indications of kidney trouble. They are the warning which nature gives you. If you heed at once you can be cured. Neglect will soon put you at the mercy of the most painful and fatal of diseases.

Women as well as men have kidney disease, and may well feel anxious when the kidney pains make themselves felt in the small of the back.

Because Dr. Chase's Kidney-Liver Pills give you prompt relief from backache, it is well worth your while to take them. But they do more than this. They regulate and invigorate the action of the kidneys, and insure a return to health of these important organs.

Mr. James Malley, 488 Crawford street, Toronto, Ont., writes: "I had been troubled with lame back for nine or ten years, and although I had tried other remedies, they were of no benefit to me whatever. Through reading the advertisements in your booklets for Dr. Chase's Kidney-Liver Pills, I commenced taking these, and found that they were the best I ever used. I took about a dozen boxes in all, and am now completely cured. I can highly recommend Dr. Chase's Kidney-Liver Pills."

("This is to certify that I am personally acquainted with Mr. James Malley, 488 Crawford street, and believe his statement with regard to Dr. Chase's Kidney-Liver Pills to be true and correct."—John Dunn, J.P.)

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25c a box, 5 for $1.00, at all dealers, or Edmanson, Bates & Co., Limited, Toronto. Do not be talked into accepting a substitute. Imitations only disappoint.

Tells How to Stop a Bad Cough

Surprising results from this home-made syrup. Easily prepared and costs little.

If you have a severe cough or chest cold accompanied with soreness, throat tickle, hoarseness, or difficult breathing, or if your child wakes up during the night with croup and you want quick help, just try this pleasant tasting home-made cough remedy. Any druggist can supply you with 2½ ounces of Pinex (50 cents worth). Pour this into a 16-oz. bottle and fill the bottle with plain granulated sugar syrup. Thus prepared, you have 16 ounces of really remarkable cough remedy—one that can be depended upon to give quick and lasting relief at all times.

You can feel this take hold of a cough in a way that means business. It loosens and raises the phlegm, stops throat tickle and soothes and heals the irritated membranes that line the throat and bronchial tubes with such promptness, ease and certainty that it is really astonishing.

Pinex is a special and highly concentrated compound of genuine Norway pine extract and is noted for its speed in overcoming severe coughs, throat and chest colds. Its millions of enthusiastic users have made it famous the world over.

There are many worthless imitations of this noted mixture. To avoid disappointment, ask for "2½ ounces of Pinex" with full directions and don't accept anything else. It is guaranteed to give absolute satisfaction or money promptly refunded. The Pinex Co., Toronto, Ont.

SKIN TROUBLES THAT TORTURE

and Disfigure Quickly Healed by CUTICURA SOAP and OINTMENT

Such as eczemas, rashes, pimples, dandruff, sore hands and most baby skin troubles.

Sample Each Free by Mail

With 32-p. Skin Book. Address postcard: "Cuticura, Dept. N, Boston, U. S. A." Sold throughout the world.

No Hardship to Use This "War Flour"

Your first trial of Hunt's "Diamond" Government Standard Flour will be a pleasing revelation—no sacrifice of appetite, food value or good baking.

Everywhere that our "War Flour" has been put to the test—in bakeries, hotels and in private homes—it has set a new high food standard.

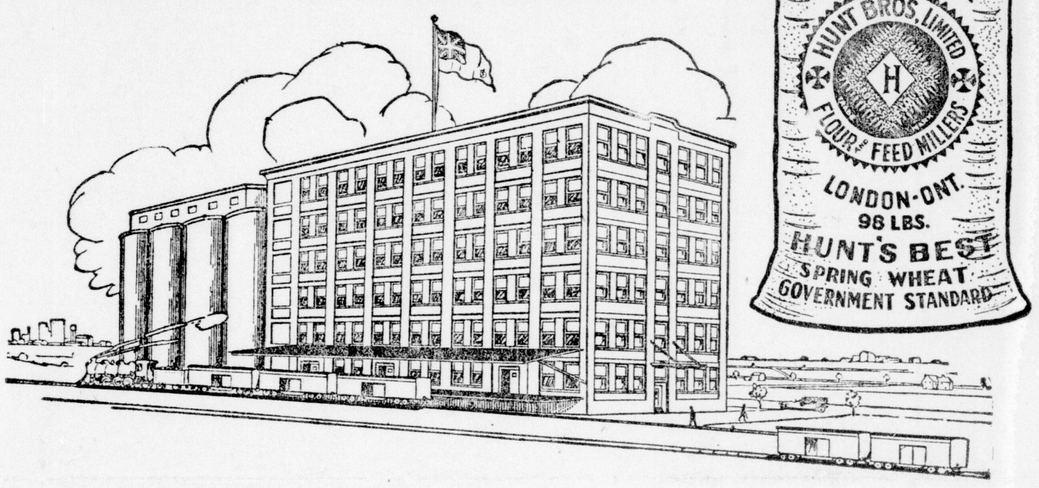
Hunt's Diamond Standard DIAMOND FLOUR

is not a "Graham" or "Whole Wheat" flour. It is made of the most glutinous and nourishing part of selected spring wheat, milled by a special process, with special equipment, in our new, thoroughly modern plant. It bakes a large, creamy-white loaf of surpassing nourishment and gives the best possible baking results at the hands of every housewife.

PRICE SET BY THE GOVERNMENT

The price of all standard flour is set by the Government to help keep down living costs. Don't miss this easy economy any longer! Order a sack of Hunt's Diamond Government Standard from your grocer today.

Hunt Bros, Limited, London, Ontario



Hunt Bros.' New, Up-to-Date Milling Plant, Capacity 1,200 Barrels Per Day.

East and West Come to an Agreement

United Testimony in Favor of Old Time, Tried and Tested Remedy

Quick Action and Certain Results Wherever Gin Pills are Used

In a country so broad as Canada, it is but natural that there should be great diversity of opinion. The interests of one section conflicting with the needs of another section, gives rise to disagreement on occasion.

But backache and kidney or bladder trouble are the same in the east as in the west; and the sufferer from lumbago, rheumatism, stone, gravel, or other urinary derangement, who lives out on the prairie can sympathize with the man or woman in the Metropolis who is in similar trouble.

And that is why we receive letters from Halifax and Vancouver, Toronto and Joliette, Que., testifying to the relief some man or woman has had from a treatment with Gin Pills and expressing the wish that all who suffer from similar ailments may learn the remedy.

Perhaps it will be well, first, to state how Gin Pills do their work, and in what cases benefit may be expected from their use.

There is a large class of ailments which can be traced to defective kidney action. It is the business of the kidneys to remove from the blood stream all the waste products gathered from the various organs, muscles and tissues in the circulation of the blood through the body.

These waste products should be filtered out by the kidneys and disposed of through the urinary system. Should, for any reason, the kidneys fail in their important duties, the waste matter, which in reality become poisons, pass along again in the blood stream, accumulating in various parts in a way that spells a serious menace to health.

For instance, the accumulation of uric acid is well known to be the cause of Rheumatism, and one has only to consult the standard medical works to learn how, in a similar manner, Sciatica, Lumbago, Constant Headaches, Stone in the Bladder, Urinary Troubles, and perhaps most frequently of all, Backaches have their origin in defective kidney action.

The problem is, then, in all cases, to assist in the removal of the accumulated poisons, to neutralize the uric acid, and to restore the kidneys to their normal action. This gives Nature a chance to effect a real cure, which she does, and is proved by the letters referred to above.

Backache.

A letter from Deloraine, Manitoba.

"I must tell you about my mother. She thinks there is no other medicine as good as Gin Pills, for Backache. She tried a lot of other medicines for her back. Sometimes she would get a little bit better, and then be as bad as ever.

"Then a friend advised me to get Gin Pills. Mother tried them and has not been troubled with backache since. She always keeps Gin Pills in the house and recommends them to everyone as the best Pills for kidney trouble."

ELEANOR BARR.

Kidney and Bladder Trouble.

Frot, Bridgeville, N.S.

"For twenty years I have been troubled with Kidney and Bladder Trouble, and have been treated by many doctors but found little relief. I had given up all hopes of being cured when I tried Gin Pills. Now I can say, with a happy heart, that I am cured after using four boxes of Gin Pills."

DANIEL F. FRASER.

Lumbago.

A word from New Westminster, B.C.

"I have suffered from Lumbago in the back, also from Rheumatism in the whole of my body. I took Gin Pills and they cured me."

W. E. BRENCHLEY.

Rheumatism.

From a Montreal Newspaper Man.

"I suffered from Kidney Trouble for five long years. I also had Rheumatism in all my bones and muscles—could not sleep at night, and sometimes could hardly walk. I was treated by some of our best physicians but without relief. I lost over fifteen pounds, was very weak, and friends who had not seen me for some time were astonished. One day, I met one of our leading hotelkeepers who had been cured by Gin Pills, and he advised me to try them, so I bought two boxes at my druggist's.

"Before I had used one box I felt a big change for the better, and before the second box was gone, I was completely cured.

"I assure you I can hardly believe it, for if I had known what I know now about Gin Pills, I would not have spent over one hundred dollars for nothing, when two boxes of Gin Pills cured me.

"Anyone suffering from Kidney Trouble or Rheumatism, should never be without Gin Pills."

EUGENE QUESNEL.

Stone in the Bladder.

From Joliette, Que.

"During August last, I went to Montreal to consult a specialist, as I had been suffering terribly with Stone in the Bladder. He decided on an operation and was assisted by another doctor. They said the calculus was larger than a bean and too hard to crush, and that they could not take it out.

"I returned home suffering greatly, and did not know what to do, but was recommended by a friend to try Gin Pills. I bought a box and found relief from the pain at once. I took a second and third box of Gin Pills, after which I went back to the Specialist.

"He told me that the calculus was reduced in size, still he could not relieve me of it, although he tried for two and a half hours.

"I returned home and continued to take Gin Pills, as they reduced the pain very much, but I did not expect they would relieve me of the stone, but, to my great joy, I passed the stone on October 3rd, and am now a well man and very happy.

"I am sending the stone to you so you can see for yourself what a great work Gin Pills did for me. Gin Pills are the best medicine in the world, and because they did so much for me, I will recommend them all the rest of my life."

J. ALBERT LESSARD.

Kidney Trouble in Later Years.

Testimony from New York.

"I bought some of your Gin Pills at Victoria, B.C., last September. Your remedy, I find at 60 years of age, to give perfect relief from the Kidney and Bladder troubles incident to one of my age. I urgently recommend Gin Pills to friends as being the one thing that does me good."

E. G. WOODFORD.

Urinary Derangements.

A Pullman Conductor of Buffalo, N.Y., writes:

"I have been a Pullman Conductor on the C.P.R. and Michigan Central during the last three years. About four years ago, I was laid up with intense pains in the groin, a very sore back, and suffered most severely when I tried to urinate. I treated with my family physician for two months for gravel in the bladder, but did not receive any benefit. About that time, I met another railroad man who had been similarly affected and who had been cured by Gin Pills, after having been given up by a prominent physician who treated him for Diabetes. He is now running on the road and is perfectly cured. He strongly advised me to try Gin Pills, which I did, with the result that the pains left me entirely."

FRANK S. IDE.

Muscular and Inflammatory Rheumatism.

A Hamilton Traveller.

"About four years ago I wrote you of my condition from Muscular and Inflammatory Rheumatism and Kidney Trouble, and my efforts through travel and change of climate to rid myself of these unwelcome guests, and how I only found relief in Gin Pills after spending a lot of time and money in foreign lands.

"Since then Gin Pills have been my sheet anchor. I find in advancing years a tendency of the kidneys to get out of order more easily than formerly, but a few doses of Gin Pills puts them right and wards off other and more serious trouble. When I remember what I endured through Kidney Trouble and Rheumatism, and the freedom from these which I now enjoy, I feel it is not only a duty, but a pleasure, to recommend Gin Pills for Kidney and Bladder Troubles to my thousands of personal friends through Canada to whom I am well known as a commercial traveller of over forty years' active service."

Yours truly,

(Signed) W. G. REID.

These examples could be multiplied, but enough has been said to warrant at least a fair trial for Gin Pills by all whose symptoms indicate Kidney Trouble.

Any one, in fact all of these people would advise you to take the treatment, especially as you have all to gain and nothing to lose by so doing.

Gin Pills can be procured from dealers in every section of the country, and whether you buy from the little general store at the cross roads or in the big City drug store, the guarantee is the same. Either you get satisfaction or your money will be returned to you.

Gin Pills FOR THE KIDNEYS

Gin Pills have attained astounding success in the rational treatment of Pains in the Back, Rheumatism, Swollen Joints, Bladder Troubles, etc. Here is one instance—

"I Could Not Walk Across the Floor"

Hamilton, Ont.

"Four years ago I was taken down with Inflammation of the Bladder. During the attacks the agony was unbearable and I was unable to walk across the floor.

"It is now three years since Gin Pills cured me, and I have had no return of the trouble. There is not the slightest doubt that Gin Pills saved my life."

Yours gratefully,

JOHN HERMAN.

Gin Pills sell for 50c a box or 6 boxes for $2.50 at all good dealers. Sample free if you write to National Drug & Chemical Co. of Canada, Limited, Toronto; or to U. S. address, Na-Dru-Co., Inc., 202 Main St., Buffalo, N.Y. 106