

God, fastened upon a cross! Contemplate his wounds, his blood, his death. His head is bowed down to kiss you, his heart is opened to love you, his arms are extended to embrace you; see his body, that priceless victim, exposed to redeem you. Meditate upon all his love! weigh it well in the balance of your heart, in order that it may be ever fixed in his heart, whose whole body was for your sake nailed and fastened to the cross.

### Maxims of the Saints.

CONTAINING EDIFYING REFLECTIONS,

Extracted from the Lives and Writings of eminent Servants of God.

Propose to yourself in every thing you do, the glory of God; do every thing for his greater glory. ST. IGNATIUS.

Weep, mourn, and do not cease to implore the great mercy of God; when you reflect what you have been, what you are, and what you will be.

Be in the hands of those whom you ought to obey, like the staff of an old man, as a ball which is rolled at pleasure, as wax which is prepared to assume any form.

If you constantly obey with joy for God's sake, you will soon become perfect. ST. TERESA.

Serve God faithfully, and you may be as little afraid of devils as of flies.

No matter to what lengths your obedience extends, you will never be deceived.

You will attain every thing that you ask, through the intercession of St. Joseph.

Consider it a happy thing to suffer, when you reflect that you may honour and please God by your sufferings.

Often say: To suffer or to die.

Do not forget to sigh, every time you are obliged to take nourishment, you who have the honour of being fed with the bread of angels.

Cherish in yourself a great desire of imitating Jesus Christ, and act in all things as he acted.

ST. JOHN OF THE CROSS.

Renounce all the pleasures of sense; like Jesus Christ do not desire to enjoy any other pleasure, save that of doing the will of your heavenly Father.

Practice yourself in suffering, in labor and in silence.

If you live without a guide or a director, you will resemble a solitary coal which soon loses its heat and is extinguished.

Pay no attention to the faults of others. Be silent through virtue, and entertain yourself affectionately with God.

Purify your heart well; purity of heart is what God particularly requires of you.

Constantly renew your hope in God, and believe that you will obtain as much as you hope for.

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