

31. "The Pilgrim of Our Lady of Martyrs," 27 and 29 West Sixteenth street, New York City. Monthly. 50 cents a year.

32. "L'Abeille Paroissiale" Monthly. Only 50 cents a year. Address, 1699 Notre Dame street, Montreal, Canada.

33. "Maria Immaculata," Fauquemont, Holland.

34. "L'Etoile Sténographique de France." Bi-monthly. One dollar per annum.

35. "L'Eclair Sténographique Illustré." Monthly. One dollar per annum.

36. "Perrin's Monthly Stenographer," Detroit, Michigan. One dollar per annum.

"Kamloops Wawa" thanks all the above papers for their kindness in exchanging.

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Remember, there is a "History of British Columbia" now published, which should find its place in every house in the country. It may be had by applying to the author, sending at the same time the amount for the book, \$3.00. Address: Alexander Begg, 22 Kingston street, Victoria, B. C.

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This system of phonography has now adaptations in French, English, German, Armenian, Chinook, Salish languages in British Columbia, Danish, Flemish, Italian, Latin, Spanish, Portuguese and Turkish. The German Method has already reached its fourth edition, and the Flemish its second. The French Method Complete has already exhausted sixteen editions, and the Abridged Method seventeen.

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Herewith we give the rules, etc., of the Indian Total Abstinence Society of British Columbia, which is now established throughout the country:

..... Council. No.
Established at..... by the Grand
President of the Indian Total Abstinence
Society of British Columbia,
on the..... 189

All the members of this Local Council, called the..... Council, and numbered..... promise and bind themselves to follow the Rules and Regulations, and Usages or Directions, of the Indian Total Abstinence Society of British Columbia, the principal of which are contained in the following Statutes of the said Society:

Indian Total Abstinence Society of British Columbia.

I. The Indian Total Abstinence Society of British Columbia is an association of Indians desirous of applying themselves

earnestly to the practice of the duties of a good Catholic and of a useful citizen; desirous, also, of assisting each other to check the passion for fermented beverages, and thereby to avoid the awful evils originating in the abuse of intoxicating drinks.

II. The end of this Society is to make its members more particularly acquainted with their duties as Catholics and citizens, and to enable them to fulfil those duties in a becoming manner.

III. The Society having for its object the moral improvement of the Indians in British Columbia, shall establish branches one for each locality. Said branches shall be called Councils, each Council to receive a name and a number.

IV. Having also for its object to check the craving after strong drinks, the Society binds its members to pledge themselves to abstain from any kinds of intoxicating drinks or fermented beverages for life.

V. In order to strengthen its members in their war against the devil of drink, the Society obliges them to avoid bad company, and especially the company of those who are addicted to drink. The Society obliges them, also, to shun the places and occasions wherein they would be exposed to the danger of breaking their pledge of total abstinence.

VI. They shall also faithfully comply in every case with the enactments of the Indian Act of 1886, by giving information of the person from whom, the place where, and the time when intoxicants have been procured by them or by any other Indian.

VII. Moreover, the associates shall be strictly faithful to the practices of their Church. They will approach the Sacraments every time the priest comes to their village; they will pray together every day, and will have a meeting every Sunday in order to renew themselves in their good dispositions.

VIII. Should any member become guilty of a breach of his pledge, or of any bad behaviour, he shall, during the aforesaid meeting, appear before the local president of the Council, or before the watchman holding his place, ask pardon of the scandal given, renew his firm purpose not to offend again in the future, and receive a public penance from the local president or the delegate of the grand president.

IX. The Society will be under the immediate control of a grand president, who will be no other than the Bishop of the diocese, who shall himself, from time to time, name a delegate to visit the various Councils of the Society.

X. But, like all other well-regulated societies, each Council has its local government peculiar to itself, composed of a local president, named also tayece, and some watchmen, and also a treasurer, all of

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