of blessedness; to pass out of the din and the grinding wheels of earth, with its mystery of want and pain and sorrow, and to rest in a great assurance of pity and help for every one-that behind all things and running through and through all things, is the love of the Father, and that all things are set to this one end: to help men up to higher life, no more the uncertain, but a very terra firma; lying down in the shrow of the Eternal; feeling that waves may toss far down below us, and tides may come and go, but this sure rock of our resting-place abideth forever and ever; to have the hallowing hush of God's own presence, the soothing, strengthening touch of His own hand, the heaven of His smile and favour—this is to dwell in the secret place of the Most High. To let ourselves and ours go with a glad abandonment right into the keeping of His love; to live with a childlike freedom from care, or fear, or want, knowing that He careth for us; to be loosed from ambition; to have no fierce and jealous eagerness, and yet to be stirred with a great desire and a fixed endeavour to know His will and to please Him perfectly—this is to dwell in His secret place. And there, hidden in the cleft of the rock, it is ours to look out on all things, finding everywhere the revelation of His goodness, and hearing evermore that voice proclaiming "The Lord, the Lord God, merciful and gracious."

"He that dwelleth . . . shall abide." These words denote the settled and unchanging. This is no occasional privilege, as when the high priest once a year entered into the holiest of all. It is no exceptional thing—the festival of some rare day. No vision of it, shortlived. Not a rift in the clouds, a passing glimpse of a glory that is to be hereafter. We dwell and He abides. God is to us what we will let Him be. He changeth not. Where we are bold to come there may we be bold to stay. He will not go away; nor need we. If we will dwell there, there will He abide. —Rev. Mark Guy Pearse.

## OUR SUFFICIENCY.

Many persons are not fully aware of the amount of good that may be accomplished through their efforts when the conditions of successful service are observed by them. A better understanding of the divine Source of Strength is the one thing that will cause them to see these wonderful possibilities, "Our sufficiency is of God"—when spoken in deep sincerity and in humble reliance upon His promises of help—changes the whole aspect of work.

This one thought kindles hope and courage within our souls. Success is not only made possible—it becomes certain. Even that which seems to human sight to be only failure is, to the believer, the onward step leading to the very best achievements in the end.