

DOCTOR SAYS VINOL IS THE BEST TONIC

Honest Opinion Doctor Gave His Patient

Bedford, Ohio.—"I was in a pitiful condition, weak, nervous and run down so I could not do my housework. I had doctored for years and tried everything under the sun. A friend told me about Vinol. I asked my doctor about it, and he replied, 'It certainly is the best medicine that can be had today. I couldn't give you any better.' I took it, and today I am as well and strong as any woman could wish to be, and it was Vinol that saved me."—Mrs. Frank A. Horkey, Ash St., Bedford, Ohio.

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MEN WHO ENLISTED IN 149 BATT. AT WATFORD

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No Free Notices

The Guide-Advocate, in common with other papers in Ontario, now makes a charge for all notices inserted of Coming Events, whether admission fees are charged or not. Under this head comes all notices of Church Functions, except religious services. Lodge and Society Meetings and Entertainments. Women's Institutes. Christmas Trees. Farmers' Clubs. Red Cross meetings. Any Coming Event. Our charge for these notices is five cents per line. Minimum charge 25c. Six words make a line. When sending in notices state who is responsible for payment or send cash with order. Reports of all meetings inserted free of charge and welcomed. It is the advance notice only that is subject to charge.

PRaises ENGLISH TROOPS.

Opinion of a Canadian Back From the Front.

"I don't know how far back my family dates in Canada," said a Canadian soldier, "but I know that my grandfather was born there and his father before him. I reckon that I'm a real Canadian, all right, and naturally I'm glad when I hear my own place cracked up. But I'm getting kind of sick at hearing the Canadians being praised to death, while the English troops get so little said about them. It isn't that our fellows don't fight all right, but when you get down to it I reckon we don't fight any better than any other of the British troops. In a way, I know it's the fault of the English themselves that they don't get any advertisement. They're too quiet. It's the same over in France. If the English troops get a job to do, they just turn up the cuffs of their tunics, screw on their tin helmets a bit, and walk into it, sucking their teeth. They never seem to get hotted up like us. We Canadians and the Australians always seem to know a quitter in the whole mob. When the English troops play the same way all the time. You can put them into the most awful hole, give them the most heart-breaking job, and they just do the business in that same reflective sort of way, never realizing that they're doing anything out of the day's work. They're like nothing so much as a lot of terriers and bulldogs—fighters for quickness and bulldogs for grit and patience. That's the wonderful thing about the home troops; they've got the unbreakable limit for patience. I always like to see them clearing a Boche trench. They just go along it and clean out every funk-hole quiet and business-like. If they've got to hold a bit of line against Boche counter-attacks, they'll hang on by the skin of their teeth. There isn't a quitter in the whole mob. Then look at the length of the line they hold—why, the little bit that the overseas troops holds is only the tiniest little fraction of it. If you ask me, I say that the what you call 'English line regiments' are the backbone of the army, and its ribs, too. You can go where you like, France, Mesopotamia, Palestine, Egypt, Africa, Macedonia, and you'll find that the English are there doing the main part of the business in the same quiet, reflective kind of a way. No fuss; just quiet, patient work. 'I'm not running down my own crowd, mind you, or the Australians or New Zealanders or any of the overseas crush. They've shown what they can do, and there's no denying they've done it well; and I will say that they've got credit for it. When you think of what the English fellows have done without any noise about it in the press, it makes you think that we get more than our share of praise. I tell you what it is, though. The English people are taken with the idea of us fellows coming all that way to fight—and it is kind of romantic, when you come to look at it—and they can't see the romance that's under their noses. It's always the way. People seldom see that their own brothers are writing in the best scrapper. I always think of that chap when I see the English troops—only, they can scrap, none better."

The Best Potato.

"Irish Cobbler" will become the standard early potato in Ontario, with possibly "Green Mountain" as the standard late variety. These two varieties met with general endorsement by the conference of growers and experts that met in Toronto recently, under the chairmanship of Dr. G. C. Creelman, Commissioner of Agriculture. The conference was called for the purpose of deciding upon the best varieties of potatoes to put forward as standards and to discuss potato diseases. Opinion was almost unanimous in favor of "Irish Cobbler" for general use and the conference agreed to recommend it, naming at the same time "Early Ohio" as suitable for market gardening purposes in some sections. The growers generally favored "Green Mountain" as the best late variety though some liked "Empire State" better. It is understood that the Department of Agriculture will take steps to make effective the recommendations of the conference in regard to standard varieties. Educational propaganda will be carried on and probably arrangements made to secure a supply of seed at cost for the farmers ready to grow the standard varieties. Sir William Hearst addressed the conference, emphasizing the importance of the potato industry and assuring the growers of the readiness of the Department of Agriculture to do everything possible to put the industry upon a better footing by creating standard varieties and fighting plant diseases.

ARE YOU READY

with some Zam-Buk on hand in case of accidents? We all know what serious results often follow minor injuries. When Zam-Buk is applied to a wound it immediately destroys all harmful germs and extracts all poisonous matter, and thus removes all danger from festering or blood-poisoning. Zam-Buk's soothing herbal extracts end the pain and banish the soreness. Then the healing essences in this famous balm grow new, healthy skin. A box of Zam-Buk kept handy, both in the home and at work, will save much suffering and loss of time and money. 50c box, 3 for \$1.25. All druggists and stores, or Zam-Buk Co., Toronto. Send 1c stamp for postage on free trial box.



The conference was attended by W. A. Orton, potato expert for the Department of Agriculture at Washington, by experts of the Federal and Provincial Departments of Agriculture and by many prominent growers from different parts of the province.

His Profession. "Now," said the colonel, looking along the line of recruits, "I want a good, smart bugler." At that, says London Opinion, out stepped a dilapidated fellow who had a thick stubble of black beard. "What!" said the colonel, eyeing him up and down. "Are you a bugler?" "Oh, bugler!" said he, "I thought you said buglar."

The "Wicked" French Woman

A FRENCH woman, to the Canadian mind, is something that doesn't touch earth at all except just long enough to nibble at some pate de foie gras and petits fours. She is all clothes and magnetism and je ne sais quoi and chic and verve and savoir faire, with a strong mixture of saavoir vivre—whatever that is. And about any French woman whatever there is a touch of something delightfully wicked. Throughout our literature, the introduction of a French woman, from marquise to lady's maid, means that something will be started.

Those who can never picture her outside of a cafe would have a shock if they could look into a French munition factory to-day or to-morrow or any day this year, Sundays included. "Oh, factory girls," you say. "Well, probably they are all the same everywhere, but anyway the French ones don't keep their mind on their work at all. We've seen Madame Edvina play Louise and we know all about Parisian factories. But we don't mean even those who are usually regarded as factory girls. We mean all kinds. For they are all jumbled together—artists and stenographers, florists, and housewives, modestes and school teachers, ladies of previous leisure and store clerks, house wives and hairdressers, lacemakers and even milliners—Paris milliners!—side by side, the chiffons removed, making high explosive shells and parts of guns. You know what "French 75s" are doing at the front. Well, do you wonder when you think of all the chic and verve and saavoir everything that is going into them? And the je ne sais quoi! France was much more successful than any other country in speeding up and increasing her output of munitions in the first year of the war. The women's response to their country's call was immediate, and the classes mentioned in the above list are actually one and all represented among those making the sinews of war. There is hardly one process in the work that women have not got their share in. After the first year of war, women were already beginning even to do the setting up and tool making, including the grinding of tool edges. Women's output in small work often exceeds that of the men, and on the heavy work their productive power is of practically equal value. Their hours are the same as the men, except that there is a tendency to spare the women the night work, which results practically in a day shift of women and a night shift of men. Much of the work done by the women has seemed to visitors to involve altogether too severe a strain. But when they are asked whether it isn't "pretty hard work" the invariable answer is to the effect that "it is—very hard—but think what our boys are having to do at the front." Several factories supply caps and overalls for the women, and this would give a brilliant opportunity

for an intelligent observer to find out for sure what is the truth of that standard statement that "a French woman looks smart in anything—it is not what she wears, but the way she wears it." We are burning to know how she wears overalls so as to impact "that cachet" that our own farmettes have not yet got out of them.

But the fact of it is that the French woman is, down at bottom, the most practical woman in the world, and getting away with clothes is only one of the outward signs of her being able to do well whatever she does at all. The average French woman puts many of our breezy, wholesome, efficient, well-advertised Canadian girls to shame in the matter of getting down to brass tacks, and if we study her methods of work in war time as assiduously as we have studied her styles in peace, we shall be moving right along on the way that we ought to be going.

Taking French Leave.

The origin of the phrase to "take French leave" has been the signal for many a philological contest, but the outcome of them, for the most part, has been to increase interest in the question. It has been plausibly suggested that the custom of disappearing unobtrusively from a crowded reception was borrowed by the English from the polite French. Again, it has been suggested that the French, in the phrase, "French leave" is implied in the etymology of the word "frank," meaning free, a permission not granted but assumed. But the question is further muddled by the fact that the French have a phrase, "prendre conge a la maniere Anglaise," or "to retire a l'Anglaise," with precisely the same significance, with the hit at the English. In Germany the phrase is identical with the English. From Hilpert's German dictionary it would appear that it is more than 100 years old, while the custom which it celebrates, withdrawing without final leave taking, was an established practice in Germany 300 years ago.

The Parsees' Recreation.

One of the best stories concerning British weather is related by the Bishop of Lydda. "Once before I was a bishop I was on the top of an omnibus in London with some Parsees," related his lordship. "A man said to me, 'What are they?' I replied, 'Indians—Parsees, you know. Men who worship the sun.' And the man replied, 'Oh, I see, and they have come over here for a holiday.'"

Sweden was the first country to recognize the value of canals.

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How Glass Beads Are Made. Most of the world's beads are Venetian. In the island of Murano a thousand workmen are devoted to this work. The first process is to draw the glass into tubes of the diameter of the proposed bead. For this purpose the glass house at Murano has a kind of gallery 150 feet long. By gathering various colors from different pots and twisting them into one mass, many combinations of colors are made. The tubes are carefully sorted by diameters and clipped into fragments of uniform size.

These pieces are stirred in a mixture of sand and ashes, which fills the holes and prevents the sides from closing together when they are heated. They are next placed in a kind of frying pan and constantly stirred over the fire until the edges are rounded into a globular form. When cool they are shaken in one set of sieves until the ashes are separated, and in another series of sieves until they are perfectly sorted by sizes. They are then threaded by children, who work with wonderful rapidity, tied in bundles, and exported to the ends of the earth. France has long produced the "pearl beads" which in finer forms are close imitations of pearls. They are said to have been invented by M. Jacuin in 1656. The common variety threaded for ornament is blown from glass tubes. An expert workman can blow five or six thousand globules in a day. They are lined with powdered fish-scales and filled with wax. It takes sixteen thousand fish to make a pound of scaly essence of pearls.

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Grace on Wallpaper

Chalk or whiting, wet down with alcohol to a thin paste and let to dry on grease spots, then gently brushed off, will remove grease.

NURSING THE WOUNDED

It takes strength and courage to nurse the wounded. Every woman should make herself fit for war's call at home or abroad. Health and strength are within the reach of every woman. They are brought to you by Dr. Pierce's Favorite Prescription. Take this medicine, and there's a safe and certain remedy for the chronic weaknesses, derangements, and diseases peculiar to women. It will build up, strengthen, and invigorate every "run-down" or delicate woman. It assists the natural functions.

At some period in her life, a woman requires a special tonic and nerve. If you're a tired or afflicted woman, turn to "Favorite Prescription," you will find it never fails to benefit. Sold in tablet or liquid form. Send Dr. Pierce, Pres. Invalids' Hotel and Surgical Institute, Buffalo, N. Y., (or branch, Bridgeburg, Ont.) 10c for trial pkg. tablets.

Toronto, Ont.—"I found 'Favorite Prescription' a splendid tonic for women. Some time ago I became all run-down, weak, nervous and could not eat or sleep. Had severe backaches, pains in my right side. I took Favorite Prescription and it completely built me up in health and relieved me of all the annoying pains and aches."—Mrs. THOMAS GRANTHAM, 425 Front St. Niagara Falls, Ont.—"During middle age, I began to go down in health. I would become dizzy, black spots would appear before my eyes. I also suffered with severe pains in the back of my head and my back would ache continually. I was most miserable when I began taking Favorite Prescription, but by its use I came through this critical period in a good healthy condition. It is a splendid medicine for women at this time of life."—Mrs. W. F. TERTZKI, 187 Bridge St.



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