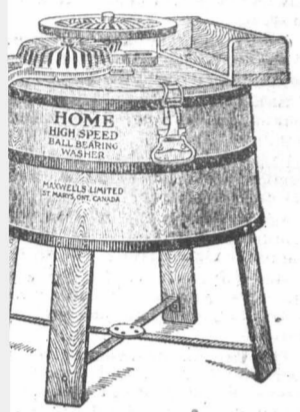


The Harmless but Efficient Remedy for Headache, Neuralgia, Anemia, Sleeplessness, Nervous Exhaustion, &c.

BOR SAVERS



to Lambton

re Money listing NOW.

s that is worth so much as you done your Duty.

ING MILLS

to buy all kinds of

1 & CO.

Wheat Kernells, All kinds of Poultry Food.

Stock of TOCK FOOD

OGS AND POULTRY. ESSES MEAL BLEBRATED CALF MEAL.

EN IN EXCHANGE ie While You Wait

LUXURIOUS RE

Beds Iron Beds, Gramophones, String Records, &c., and all sewing machines

BROS.

MENTS UNDERTAKERS

Business Bringers

Gin Pills FOR THE KIDNEYS

What They Have Done

I suffered a great many years with kidney trouble; tried several remedies and also doctors' medicine, with no result.

Two years ago I read an ad. in a newspaper of "GIN PILLS FOR THE KIDNEYS," and sent for two boxes.

After I used the first two boxes, I had more good than all the medicine I had ever taken.

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A DINNER IN JAPAN

Troubles of a Hungry Man Not to the Manner Born.

SQUATTING AT THE TABLE.

It Tried the Patience and the Muscles of the Stranger in a Strange Land, but From an Epicurean Standpoint the Worst Was Yet to Come.

Describing an amusing experience in Japan, Homer Croy in Leslie's Weekly tells how, after arriving by train in an interior town, in his efforts to find a hotel, he tried to break into a bank.

Realizing his mistake, he finally, by use of the sign language, was directed to a real hotel, where, after removing his shoes, he entered. Then:

What interested me most was something to eat, and opening my mouth to its fullest I pointed in. They motioned me to follow upstairs, but I held back, showing that I wanted the dining room, not the bedroom.

Seeing a door, which I thought must be the dining room, I pushed it open, but it was the kitchen; so, thinking that they knew more about things than I did, I let them lead me upstairs.

When the girl pushed back the sliding doors my heart crawled down another step, for there was only one piece of furniture in the room, a seat that looked like a two legged milk stool covered with carpet.

There wasn't a single chair in the room and no place to hang my hat or coat, nothing except a bare room with a heavy matting on the floor and one of my toes brazenly peeping through my stocking.

I started to sit down on the milk stool, but it squirted out from under me, while the servant girl made no effort to hide her laughter.

Dropping down on the floor, she showed me how to use the milk stool by sitting on the floor and leaning one arm on it, like a plectrum before Pompeii.

She took my hat and coat, and I wondered where she was going to hang them, for there wasn't a single nail or hook in the room.

Carrying them over to the wall, she pushed back a small sliding door and placed them on a shelf and brought me back a kimono. She motioned for me to get into it and started down the hall.

I got out of my clothes and was just slipping into the kimono when I heard her coming. I called to her to stop, but she did not understand, so I wrapped the kimono around me the best way I could and tried to keep it together, for there were no buttons on it.

On the floor she placed a table and on it a pot of tea. The table was just barely a foot high, and there was no milk or sugar for the tea, for these things spoil tea to a Japanese.

Then she came with a plate of fish, a bowl of rice and a little square box with a bamboo tube in it and a bowl. In the bowl was a glow of charcoal.

Soon I puzzled out that this was for lighting cigarettes and the bamboo for dropping the butts into. The first thing a Japanese thinks of is tea, and the next is cigarettes.

I started to draw up to the table, but I could not find a place for my knees. They wouldn't let me get near enough to the table to carry out my designs on the fish.

Seeing my trouble, the girl dropped down to show me how. She turned her feet back, with her toes pointing straight behind her, and sat down, her face in one direction and her toes in another.

It looked easy, but it brought me up with a short breath. No European can sit in such an attitude.

Putting one leg under the table, with one bare knee glistening on the side, I bent over the table to proceed with the eating, but here I ran up against a snag.

All I had to eat with was chopsticks. Weaving them through my fingers, I tried to break off a piece from the slab of fish, but it wouldn't break. I turned it over, hoping to spring it, but with my wabbling sticks I could only grease the plate.

Openly the girl laughed. It was better than a picture show to her. She showed me how it should be done—by lifting the whole fish with the sticks and taking bites as if it were a piece of bread.

The next dish was something that puzzled me. In a round wooden dish about the size of the bowl that used to come in a package of oatmeal were white squares of meat in hot water.

I whisked out a piece and ate it and asked her through signs what it was. She threw out enough for a paragraph, but that did not bring me light.

I asked her again, and away she went and came back with a book and, coming up close, pointed to the picture of a horse! I had been eating horse meat.

Something in me began to sink, leaving me weak and limp. Although she brought me two or three more things to eat, I waved them aside. My appetite for the time had been appeased.

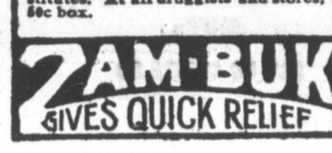
John Muir's Great Wealth. John Muir, who has left a rich legacy to his countrymen, like so many thousands of writers and American idealists, was poor. He was a close

CHAPPED HANDS AND COLD SORES

Are your hands chapped, cracked, or sore? Have you "cold cracks" which open and bleed when the skin is drawn tight? Have you a cold sore, frost bite, or chilblains, which at times makes it agony for you to go about your duties?

Miss B. Stejns, of East Hanford, N.S., writes: "My hands were so badly chapped I was unable to put them in water. All remedies failed to help until I tried Zam-Buk. Perseverance with this balm completely healed the sores."

Zam-Buk heals cuts, burns, bruises, cure eczema, piles, chapped hands, cold sores, frost bites, and all skin diseases and injuries. Refuse substitutes. At all druggists and stores. 5c box.



friend of Mr. E. H. Harriman, the multimillionaire railroad king. One day Mr. Muir surprised his wealthy friend by saying, "Harriman, you know I am a richer man than you are?"

"Yes," said Harriman, "I have all the money I want, and you haven't."—"From 'American Ideals,'" by Clayton Sedgwick Cooper.

Remember you must die. Let this not startle you, but let it soften you while there is yet time to do some good in the world.

MORE MEN THAN WOMEN HAVE APPENDICITIS

Surgeons state men are slightly more subject to appendicitis than women. Watford people should know that a few doses of simple buckthorn bark, glycerine, etc., as mixed in Adler-i-ka, often relieve or prevent appendicitis.

This mixture removes such surprising food matter that ONE SPOONFUL relieves almost ANY CASE constipation, sour stomach or gas. THE INSTANT, easy action of Adler-i-ka is surprising. Taylor & Son, druggists.

Procrastinate. Teacher—What is the meaning of the word "procrastinate?" Pupil—To put off. Teacher—Right. Illustrate it in a sentence. Pupil—I tried to steal a ride on a street car yesterday, but I was procrastinated.

Obedient. "Well, my little man," queried the minister who was making a call, "do you always do as your mamma tells you?" "You bet I do," answered the precocious five-year-old, "and so does papa."

No Use. "You say Jones is down and out? Why, it was only a little while ago that he told me he had the key of success."

He did, but the poor fellow wasn't able to find the keyhole.—Exchange.

Insult Upon Injury. "And to make matters worse," complained the employee who had just been blown up by a premature explosion in a quarry, "when I claimed damages the foreman called me a blasted fool!"—Lippincott's.

Musical Note. A thief was lately caught breaking into a song. He had already got through the first two bars when a policeman came out of an area and hit him with his staff. Several notes were found upon him.—London Mail.

A New View. "What a nice, kind man Nero was!" "What? Why, the wretch fiddled while Rome burned!"

I know. He'd probably waited all his life for a chance when he wouldn't disturb any one."

His Practical Mind. Sculptor to his friend—Well, what do you think of my bust? Fine piece of marble, isn't it? Friend—Magnificent! What a pity to make a bust of it! It would have made a lovely washstand.

All He Wanted and More. Ragged Rogers—Did you ever have all you wanted of anything? Tired Thomas—Yes, two things—advice and water.

BECOMING COLORS

Some Clever Hints About Choosing Materials

HOW EFFECTS WILL VARY.

By Experimenting With Tissue Papers Women Can Try Out the Becomingness of Modish Shades Before the Fatal Buying of Them.

The becomingness of new colors is one of the chief worries of women who prefer to buy materials rather than ready to wear frocks and suits.

It makes no difference how becoming the style—if the color is unbecoming the wearer usually finds it impossible to feel thoroughly comfortable in the dress.

One of the easiest and most satisfactory ways of settling this question of becomingness is by using tissue paper. This paper can be had at a very slight cost and in practically every shade in any stationery shop or any shop where supplies for fancy work are sold.

A single sheet of each shade is ample. Stand in a strong light before a truth telling mirror and with your shoulders bare crush the paper up around your neck. Try each shade, one at a time. Then try them together. It will be found that some colors, though unbecoming when alone, are quite the reverse when used in certain combinations.

Some colors intensify the color of your eyes and enhance the gloss of your hair, while others will make your eyes look washed out and your hair rusty. Sometimes this effect may be lessened, to become almost unnoticeable, by the use of white next to the face.

Make this test before discarding a favored color by crushing a sheet of white paper about your neck and draping the desired color about your shoulders.

Again, some colors can be worn over the face when under the face they are decidedly unbecoming. This is often true of various shades of rose, the browns and the more delicate shades of green.

A woman who would look ghastly with unrelieved green about her throat can often wear a green hat with a black facing or a black or white hat with green trimmings with the best results.

Several shades of rose worn under the face bring out all the delicate wrinkles and lines, while if placed over the face they give a becoming glow.

When using tissue paper for finding becoming colors be sure to match the color when buying dress materials. If buying personally take a scrap of the paper with you. If ordering enclose a piece large enough so that the person who fills your order cannot make a mistake. In both cases keep a part of the paper, not only to make sure of the match, but for future reference.

What is becoming one season is not always so the next. One of the commonest mistakes made by women is fancying that a color once becoming is always so. Age, illness, the addition of a half score or more pounds of flesh, as well as the loss of it, all tend to change our appearance; hence the becoming colors. The woman who aims to be well dressed does well to study herself and the becomingness of colors.

A NET GUIMPE.

One of the Very Latest Designs to Go With Jumper Blouses.

This guimpe can be made at home. The material needed is a deep cream or white net, insertion of black val and

Cleanliness in Persia. The Persian spends hours in the "hammams" (Turkish baths), which are very handsome buildings decorated with tiles and embellished with numerous exhortations as to the value of cleanliness. The smallest village in Persia has its hammam, and bathing is almost a religious function. When the hot room and massage are finished the Persian is shaved, and the whole top of his head is likewise shaved, though the hair over the ears is left and allowed to grow down to the neck. This strange coiffure has a religious meaning, for the two locks are meant for the angel of death to hold when he carries the believer to paradise.

How Scott Bore Adversity. Once when I was staying with Mr. Ruskin he took delight in showing me his Scott manuscripts. He took down "Woodstock" from the shelf, and turning the leaves over slowly and lovingly, he said: "I think this is the most precious of them all. Scott was writing this book when the news of his ruin came upon him. He was about here where I have opened it. Do you see the beautiful handwriting? Now look as I turn over the pages toward the end. Is the writing one jot less beautiful? Are there more erasures than before? That assuredly shows how a man can and should bear adversity."—London Graphic.

Mothers can easily know when their children are troubled with worms, and they lose no time in applying the best of remedies—Mother Graves' Worm Exterminator.

A PROMINENT NURSE SPEAKS.

Many Nurses in Canada and Elsewhere Say the Same.

Chatham, Ont.—"Being a nurse I have had occasion to use Dr. Pierce's Favorite Prescription quite a lot. I always recommend it to my patients and it has been a wonderful help to many of them. I never knew of a case where it failed. I have a patient who is using it now and she is doing fine since taking it. I have taken it myself and got the very best results. I consider it the best medicine there is to-day for women who are ailing."—Mrs. EORR MOORE, 30 Dege St., Chatham, Ont.



THAT WEAK BACK

Accompanied by pain here and there—extreme nervousness—sleeplessness—may be faint spells, chills or spasms—all are signals of distress for a woman. She may be growing from girlhood into womanhood—passing from womanhood to motherhood—or later suffering during middle life, which leaves so many wrecks of women. At any or all of these periods of a woman's life she should take a tonic and nerve prescribed for just such cases by a physician of vast experience in the diseases from which women suffer.

Dr. Pierce's Favorite Prescription has successfully treated more cases in the past 50 years than any other known remedy. It can now be had in sugar-coated tablet form as well as in the liquid. Sold by medicine dealers or trial box by mail on receipt of 50 cents in stamps. Dr. Pierce, Invalids' Hotel, Buffalo, N. Y.

Dr. Pierce's Pleasant Pellets clear the complexion.

EYES OF THE DEER.

An Incident That Spoiled a Hunter's Pleasure in the Chase.

A Canadian hunter tells this incident of how he once came face to face with his quarry and hadn't the heart to fire: "It wasn't a case of 'buck fever,' such as a novice might experience, for I had been a hunter for many years and had killed a good many deer.

"This was a particularly fine buck that I had followed for three days. A strong man can run any deer to earth in time, and at last I had my prey tired out. From the top of a hill I sighted him a few miles away. He had given up the fight and had stretched himself out on the snow. As I stalked him he changed his position and took shelter behind a bowlder, and using the same bowlder for a shelter, I came suddenly face to face with him. He stood there looking at me with the most piteous pair of eyes I ever saw.

"Shoot? I could have no more shot him than I could have shot a child. Had the chance come from a distance of a hundred yards I would have shot him down and carried his antlers home in triumph, but once having looked into those eyes it would have been nothing less than murder. I have hunted deer since then, but I find the sport affords me little pleasure. Whenever I draw a bead the picture of those mute, appealing eyes comes before me, and though 't has not prevented me from pulling the trigger, I have always felt glad somehow when my bullet failed to find its mark."

The young men express and appreciation of the book. Speeches were also made by Roche and J. D. Brown, of a very pleasant evening present.

A 14 Mile I

Arkona, March 3.—The party of the Lambtons met on beach on Thursday and were by the citizens of the march was a 14-mile hike, the roads were heavy, I got quite tired and returned in a dition. The Arkona squemen.

CHOP STU

Crude oil advanced five making the price \$2.93 per barrel. The three-year-old child Willock, of Petrolia, died last week.

Chas. Clinton, of Petr fingers burned to a crisp with a hydro gun near Cl James Sinclair, of Flor misfortune to get a broker last week by his team while in the woods thro and panning him to a tree.

The Elgin County Co aided to pass a bylaw to t of the provision of the I provement Act in order roads throughout the coun

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Although she is 84 years J. A. Mayhew, of Thames; a deep interest in patriotic other ladies of that town actively engaged in knitt soldiers for some time past.

A 10-year-old Wallaceb was ringleader of a gang th

WARV

Mr. Cliff Freer is relatives at Petrolia.

My Cable, Birnam, clearing sale on Wed Charles Austin E Chatham, will speak Zion Methodist Chu Sunday at 2:30 p. m.

Mr. W. J. Seymour, turned home on 4 month's visit with Seymour, of Philadel

The annual meetin Liberal Reform Assoc in the Town Hall, W day, March 10th, at 1 afternoon. H. J. Pett Cormick, D McEache address the meeting.

Mrs. H. B. W. W number of friends to ing in honour of her n Doan, who after a two year with her daughter Mrs. C. Coristine, reti n'ask. Mr. and Mrs companioned Mrs. Doan.

The Wisbeach Patr hold a social evening i church 2nd line south, 17th. A patriotic prog commencing at eight which lunch will be collection will be taken Cross. Everybody a SEYMOUR, President.

There was a jolly i Ruth's 6th line, on Fr when about one hund bers took possession c remained until wee music was furnished and Higgins and danci in for the best part of was served and everyon to have a real good tim

A very enjoyable eve the home of Mr. and M brooke on Friday, Ma members of the Cheer-U were present with w dancing was indulged i when a dainty lunch w members of the club. I freshed, they took part ag in until the wee an morning. The music fished by the Clothier an was greatly appreciated.

Wrist Watches

A very pleasant time w people of the sixth line o on Friday evening near house in honor of three battalion, Messrs. Geo McLung and Jim McLa were present with w and the following addre

Watford, To Mr. G. GIBBS LUNG, MR SAM MCLUN our gratitude to you that and neighbors have assen social evening with you i parture from our midst. responded to your countr to assist in crushing the and his mind's system The patriotic spirit your actions is to be high and we realize that by en going to protect us and c as a token of our apprec to accept these wrist w they may be useful to yo as a remembrance. We l your safe return and may Pat's guide and protec time arrive.

Signed on behalf of the friends. John C Duque Duque John S

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