You Can't Get Rested

Because that Tired Feeling is not the result of exertion. It is due to the unhealthy condition of your blood. This vital fluid should give nourishment to every organ, nerve and musele. But it cannot do this unless it is rich and pure. That is what you want to cure That Tired Feeling—pure, rich blood. Hood's Sersaparilla will help you "get rested." It will give you pure, rich blood, give you vigor and vitality and brace you up so that you may feel well all through the coming summer. If you have never tried Hood's Sarsaparilla do so now, and see how it energizes and so now, and see how it energizes at

> "AH WHY?" BY AGNES ELEN LOCKHART

'Tis but to sleep,-to dream,-to wake -perchance in better lands, When from Time's hour glass have run the last of life's frail sands! Some few perhaps may shed a tear, but

ere day's sun be set. They'll turn aside with laugh and jes -and ah !-so soon forget,-Forget indeed the sacrifice, the burde

that I bore, That while my heart in anguish ach ed,-a smile my poor lips wore. They'll never know how my brief lif has felt the minor strain.

That weirdly sighed amidst my hopes like ceaseless falling rain. Nor will they dream that cruel the

have pierced my throbbing brow,-When I am gone they'll praise, perhaps -but why not do it now?-A little word, -a kindly act, -a living,

breathing flower, Would lift the clouds of doubting pain and gladden many an hour Then why not praise?-My restle heart doss ever question, "Why?"

Why wait to write our virtues on headstones, when we die? I'd rather have the flowers now, an hear the kind words said .-Than have them carved in marble, o'er my grave, when I am dead!

AN ONROLY LEGACY

-8. H. Review.

ESTHER A. WAGGAMAN, in Sacred Heart Review

(Continued.) Prue answered his questions at random and she clasped her hands do. There are my books-and that the tears that were welling in her ing one by one. I wanted to ask eyes. She felt that his mechanical you whether you were reading them interest in her was more than she or is Jenkins a thief?" could bear. Hitherto her life had her father's comrade, counsellor and room. I suppose I should have put friend, and now to be thrown upon them back, but after I finished readthe hands of a man who seemed to ing them I felt that they had been

last, and then, before he could re- her, startled by her resemblance to cover from his surprise, she had her father. gone, and across the darkness of the hall be could hear her light, retreat- "I thought Mrs. Clash would try

ing footsteps on the stairs. For fully five minutes the Colonel pondered over her strange behavior without arriving at any conclusion he had never been intimate with any woman: Prue was a perpetual puzzle or reason? Is that your definition and surprize; then he lit a cigar and of amusement? I think I prefer my retired to the library to busy him- own society." self with his books, and the little episode at the dinner-table was for-

by in Stanhope, but Prue soon accus- received several invitations for you tomed herself to the new life. She from the people in town, but I dewas free-free to come and go as she clined them for you. I told them pleased, and with her liberty her you were too young to go out at lightheartedness returned, The sea night. was a constant solace to her, the tur- "Why," - she smiled, - "I've bulent waves, that came crashing towards her, as if they longed to have I've spent all night in the saddle her join them in their sport, were so wild, so untrammeled, so fierce in and I had to ride for a doctor, and their freedom, that she rever grew one year when the miners were on a tired of watching them. She would walk on the beach for hours all slone, father, I was so afraid be would be first lessons in the joy of solitude.

The winds sweeping across the great green waste whispered stories said at last. to her of other lands. Wrapped in her long black cloak she traveled far in fancy over the glimmering waters to the kingdoms that have grown hoary in bistory. She entered ed through ruined castles, she peered into feul dungeons, she stood upon royal battle fields and witressed her way to secret caverns; she spoke good woman but a great bore, I beto ghosts of famous outlaws; she lieve. You see I am singularly bedrove over steppes of drifting snow reft of friends. A 'bear' is not fit and climbed unsided to frezen for society. I was different when heights; then she would fly to some Phil knew me; now I am only a tangled forest to feel the warmth of lonely old man." a tropic sun, to watch the flight of gay plumaged birds, to drift along boughs and fanned by fragrant breezes. She lost herself in her im- charity. agination, and she was happy because this dream-world was all her she said timidly, holding out her own, and in the evenings, as soon as hand to him, " and perhaps we can dinner was done, she would hurry help each other." to her own room, and cuddling down he took her small hend, held it in by the great wood fire, she would his own for a moment and said, to her own room, and cuddling down read the books of travel, adventure "God bless you, child, perhaps we and romance which she found in the can," and then, as if ashamed of his Colonel's library.

One night, instead of pursuing her left her standing on the sands alone. usual plan, she followed the Colonel into his study. "I would like to speak to you," she said. Her man-ner had softened; there was some-of sternness on the Colonel's part

thing appealing in her tone. tioning her to a chair by the fire. want some money," she went on. Clash marvelled at her courage; she "I suppose if I spent a thousand made such inroads upon his

The Colonel regarded her with storm of rage; she joined him upon over the smouldering logs. marked disapproval. "I wouldn't his long daily walks and tried to intro- ." Where?" she said, with real advise such an expenditure," he said duce him into her dream world, but slowly. "What do you want with he could not follow her there, though "New York—and I will probably money? It's a curse from beginn. he was amused by her fancies, and be gone a week. It's an urgent busi-

ing to end. I have more than I know what to do with." "Then you can give it to me.

said, her face brightening. "Give it to you," he repeated, sur She was quick to note the effect of

their old fire. myself?" she cried, "There is a

> Is Baby Thin this summer? Then add a

SOOTT'S EMULSION to his milk three times a day. It is astonishing how fast he will improve. If he nurses, let the mother take the Emulsion. soc, and \$2.00; all druggion

reat deal of sickness among the fishermen; their buts are damp, the roofs leak. I wanted to repair them. it's your property, I believe," and turning, she left him without another

The next day when she was walkng on the beach the Colonel joined

"I wanted to tell you that the roofs of the buts will be repaired," he said. "I suppose I owe you an apology for misunderstanding you yesterday; you see, I have always been told of the extravagance of

"And you always believe what ou are told?" she asked, half mock-

"No," he admitted, twisting the

ends of the gray mustache, "but I have to accept general opinions about things I know nothing about." "Why don't you get acquainted

with one?" she suggested. "Because I have something else to together convulsively to keep back reminds me, my books are disappear-

"Poor Jenkins, I hope you haven't been so full of love; she had been accused tim. I have them in my find even her presence annoying- such good friends to me that I liked Oh! the pain in her heart—the heart to have them near me, where I could times I have been so lonely-so very "I don't believe you over cared lonely," She spoke like a tired for my father," she blurted out at child, and he turned and stared at

> "You are lonely?" he repeated. and amuse vou.

"Mrs. Clash!" she laughed merrily. "Poor Mrs. Clash! Have you ever heard the poor soul rattle on, a flood of words without rhyme

"Of course Mrs. Clash is a great fool," he said, "but I hoped you The days dragged monotonously know that you were lonely. I have

watched all night by a comp fire; when father was ill at the ranche strike I sat up for three nights with

hurt. Too young-I feel very old." The Colonel was plainly bewildered. "How old are you?" he

"Age is not always reckoned by

"And you are lonely?" he went on reflectively. "I had not thought of that, Would you like to have a governess? I have a cousin who might be willing to come; she is a

His stern face has softened. Prue looked up at him wonderingly and her heart warmed towards him. Her hours of solitude had broadened her

weakness, he turned abruptly and

But the barriers were down between them-they bad met on the common could make Prue forget that she had "Weli?" said the Colonel, mo- given him her friendship that morning on the beach, She laughed him But Prue did not sit down. "I out of his ill humors, and Mrs. dollars I would still have enough to time that Jenkins trembled lest this unusual affability be followed by a close to his side to warm her hand

when she made mistakes in building her castles in the air he told her of to at once." the realities he had seen in Europe and in the Orient. Sometimes on

prised and disappointed by her bold. gether, the Colonel mounted upon brows. "Don't try any polite formlittle mare that travelled along the you her words. Her eyes blazed with winding roads with the easy gait of a rocking horse. She often laughed she laughed good-naturedly-" and "You don't suppose I want it for and told the Colonel he was too care- be as rude as I know how," and so ful of her safety, and then he would saying she turned and left him stand-

say, half tenderly :-

to lose his keeper." time; and the cracked bell in the ivy bung tower was ringing persuasen benches and watched the people speak. come in. The church was crowded

beads with a fervor born of despair. The tapers faltered into fire upon was fragrant with incense; the beauderful sway; the Latin chant which has come echoing through the ages was answered by the piping little melodeon, and when Prue's deep ontralto voice took up the solemn train the rest of the congregation followed. The words were familiar from long practice, and the Colonel listened, lost in astonishment to hear men and women who knew neither with heartfelt piety the language of

classical scholars. The Colonel had visited many kneeling with clasped hands by his prices at the great retiring side, made him forget some of his sale of Doull & Gibson, and ower of Rome was all-embracing. He found himself wondering, as be vatched the peaceful, prayerful faces around him, whether he would find

any comfort in its clasp. "You have made me feel very far way from you," he said to Prue as they left the church. "Why?" she said, "because

"You prayed for me?" There "Why not? You surely don't ob

"No, I suppose not; but I'll never do you any credit.' "Suppose you try-" she suggesgaroux; I must speak to him," and

led from the little sacristy. He held "Ah! Prue, I have not seen you It is too bad that I must hurry away

from you, but I have promised to go talk to some poor men fifteen miles Oil ferther up the road." plainly disappointed at being cheated prices.

"I will go on the cars," continued the priest, "It will not take me "And you feel the weight of your long, the poor men are convicte; they are at work upon the railroad. You will pardon me, Colonel, if I leave you in this unceremonious way, and Kerosene Oil, you will come soon again?"-and having received the Colonel's assur tucking up his rusty cassock he hurried away, leaving his two visitors SEED! SEEDS! SEEDS standing alone in the wind blown

"I wish him luck," said the Colo convicts are hard cases, I hear; they are living in buts along the roadside. They come from the penitentiary sixty miles away; there's no jail here ome of them get away."

"I hope they will !" said Prue, abstractedly

"Well, I think it's kinder to hang

Colonel, as he helped Prue into the harrows, cultivators, etc. Repairs carriage that was waiting outside the of all kinds. Washing machine They reached home just at tea-time. lowest prices. Call and examine our Mrs. Clash with a telegram in her stock before purchasing elsewhere.

hand, met them at the door. The Colonel tore open the yellow envelcolonel tore open the yellow envelope, read the message, then followed W. Grants Co. "I will have to go away," he said, throwing the bit of paper into the fire

"I'm very sorry," she said at last. "You're sorry, be repeated, a frown TME fair afternoons they went riding to- gathering between his bushy eye Hercules, while Prue rode a pretty alities. I won't stand them from

"Then I'll take pattern by you"ing by the fire alone. That night at "A bear half tamed cannot afford parting the Colonel lifted Prue's small

hand to his lips. She drew back a One Sunday they started to call on trifle, abashed by this first sign of Pere Gargaroux. It was vesper affection. "God bless you, child; l hope you will miss me a little while I am gone," and then the front door ively. Prue prevailed upon the Col-slammed and Prue turned to face Mrs onel to enter the church. They sat Clash, who was standing on the steps

And in the days that followed Prue by a motley throng,—careworn wo did miss the Colonel in a way she did men clasping their ragged shawls with not understand. She grew tired o red, benumbed fingers; old sailors in her cherished books, and bringing their thick sou'westers; rosy cheeked them all back to the library she shu girls decked in all their shabby Sun them in their high glass cases, and ng to the door, but stilled their his blotting-pad-she did not know voices on the threshold and crept why. The tears were very near he

nto the pews with a reverence the eyes in those days—she who had been Colonel could not understand. Two called so fearless, so strong. Her or three weary mothers brought their long walks upon the beach wearied takes out pain and cures cuts, burns, babies, and wrapping them up, they her; she haunted the post-office for bruises, sprains, caked breasts, sore laid them in a warm corner while letters, but none came to her; she they knelt over them telling their was so tired so tired and so lonely Minard's Liniment for sale she must be ill-perhaps she was go ing to die; she wondered if the Colhe altar; Pere Gargaroux appeared onel would feel sorry when he heard in his rich satin vestments; the air the clumps of earth falling upon her sure and reliable worm expeller. coffin-lid. Would he remember her sure you get Low's. tiful ritual of Rome asserted its won only as a foolish, spoiled child? The Oolonel was so wise-he knew everything-some day he would marry bailliant woman, whild she, his ward, would remain to teach his children.

Men's and boys' Clothing. Tisn't ordinary values that we by MINARD'S LINIMENT wish you to call and see when we ask you to look at our now to read nor write pronouncing clothing Ordinary values you can get anywhere, but its a saving of at least 35 per cent. on your purchase. You ask cathedrals abroad, but he had never how can we do this? because

(To be continued.)

een so impressed by the dignity of we bought the goods at any religion before. Perhaps Prue, much lower than ordinary puritanical prejudices. Truly, the we give our customers the benefit. We always make it a rule when we buy at a bargain we sell at a bargain. J.B. Can all be permanently removed by McDonald & Co, Leaders in Burdock Blood Bitters. Mr. E. P.

All persons wanting employment and employers of labor in want of assistance will obtain help and situations by applying to Kent Street.

Queen Street

@XXXXXX W. Grant & Co, Importers from you, but I have promised to go and dealers, keep constantly on hand a large and choice assortment of the best groceries which they sell at lowest symptoms, common in kidney complaints I prices.

> Flour, Tea. Coffee. Fish, etc. etc.

A splendid selection of all peas, vetches, imported seed wheat, garden seeds, whole-

Having bought the entire LEPAGES OLD STAND, kinds of Farming Implements.

are also agents for the celebrated Mcman than to shut him up in jail all Laughlin Carriage Co., and the is life."

Laughlin Carriage Co., and the Deering Harvesting Co. We have always on hand a full line of ploughs, wringers, and wringer repairs.

All these goods are offered at the

April 26, 1899. ALL KINDS OF

Despatch at the HERALD

TERRIBLE

A Port Hope Lady Undergoes a trying experience, from which she is at last freed by the use of Milburn's Heart and Nerve Pills.

Mr. F. J. ARMSTRONG, one of Port Hope's best known citizens, speaks as follows:—
"My wife has had a terrible time with her "The pains were intense, and she had a

smothering feeling together with shortness of breath, weakness and general debility. Medicine seemed to do her no good, and we had about given up trying when she started to take Milburn's Heart and Nerve Pills. They have toned her up wonder-

been for months, thanks to Milburn's Heart and Nerve Pills. I am sure there can be no better remedy from their remarkable effects in Mrs. Armstrong's case." Laxa-Liver Pills oure Constipati Sick Headache and Dyspepsia. MISCELLANEOUS.

day finery, smiling happily upon the then sitting down in the Colonel's gaunt longshoremen who shambled cushioned chair she smoothed its worn by their sides. Children came rompoleather arms tenderly and cried over ball game myself this afternoon. Hagyard's Yellow Oll is a clean preparation to use, will not stain the skin or soil the clothing. It

throat, quinsy, etc. Price 25c.

DR. LOW'S WORM SYRUP is a safe

I was cured of Bronchitis and Asthma y MINARD'S LINIMENT. Lot 5, P.E.I. Mrs. A. Livingstone I was cured of a severe attack of Rheu-natism by MINARD'S LINIMENT. Mahone Bay. John Mader

One LAXA-LIVER PILL every night or thirty days makes a complete cure of iliousness and constipation. That is—

Colds, etc. Worms of all kinds are

PIMPLES ON THE FACE june 14-4i Barnaby, Merchant Tailor, Shelburne. N. S., says: "After paying out money to doctors and not getting cured, I tried B. B.B. After using it

SPRAINED BACK

prains, Strains and Injuries of the Back often cause Kidney Trouble. DOAN'S KIDNEY PILLS THE CURE

Falls are grand. Thave not been ill since taking them, which was over a year ago last winter, and can give them my warmest praise; for they restored me to health after 25 years of suffering. Twenty-five years ago I sprained my back severely, and ever since my kidneys have been in a very bad state. The doctors told me that my left kidney expecially was in a year, bad con-

I could not sleep, and suffered much from salt rheum.

"When I first commenced taking Doan's Kidney Pills I had little or no faith in them, but I thought I would try them; and it proved the best experiment I ever made. I had only taken two boxes when the pain left my back entirely. Three boxes more, or five in all, made a complete cure.

"After 25 years of suffering from kidney disease I am now healthy and strong again, and will be pleased to substantiate what I have said, should anyone wish to enquire."

Headache. They work without a gripe or pain, do not sicken or weaken or any bad after effects.

The season for tea parties will soon be here, and as usual we are prepared to meet

Groceries.

We keep everything that required in the baking line, and our prices are right. When in want of Pastry, Flour, Raisins, Currants, Peels, Spices, Flavorings,

Didn't Dare Eat Meat.

What dyspeptics need is not artificial digestants but something that will put their stomach right so it will manufacture its own digestive

Blood Bitters has been permanently curing severe cases of dyspepsia and

powerless to reach. Mr. James G. Keirstead, Collina, Kings Co., N.B., says: "I suffered with dyspepsia for years and tried everything I heard of, but got no relief until I took Burdock Blood Bitters.

being the best remedy for all stomach disorders and as a family medicine."

Bookkeeper—Can't you let me off this afternoon, Mr. Sellem? My grandmother

reduces swelling, allays inflammation, purges or sickens.

Bridgewater.

Minard's Liniment Cures

for a time the pimples all vanished bake off. A bottle or two of Dr.

Here is the proof: Mrs. S. Horning, Glasgow Street, welph, Ont., says: "Doan's Kidney ills are grand. I have not been ill since

Laxa-Liver Pills are the mos erfect remedy known for the cure of Con stipation, Dyspepsia Biliousness and Sick

it with a well assorted stock of Prices

Iceing Sugar, etc., etc., go to

For twenty years now Burdock

indigestion that other remedies were

"I only used three bottles and now I am well, and can eat meat, well, and can eat meat, which I dared not touch before without being in great distress. I always recommend B. B. B. as

MISCELLANEOUS.

"Did that young canon call to see

ou again last evening?"
"Canon! He is a 13-inch gun!"
"Why so?"
"Such a bore!" If you want to be healthy during the warm weather see that your bow els move regularly every day. If they don't, take Laxa-Liver Pills, the natural laxative that never gripes,

HAGYARD'S YELLOW OIL cures sprains, bruises, sores, wounds, cuts, frost-bites, chilblains, stings of insects, burns, calds, contusions, etc. Price 25c.

Sprains, strains, contracted cords r painful swellings are always prompt relieved by Hagyard's Yellow Oil.

It is clean to use. Price 25c. Minards Liniment Relieves Neuralgia.

Laxa-Liver Pills have become the adies' favorite cathartic. They act without any griping, purging or sickening, and if persisted in for a time cure habitual Constipation.

Dr. Low's Pleasant Worm Syrup is the safest and most effectual emedy to give children for worms of all kinds. No need of Castor Oil afterwards as it contains its own Cath

PASSED 15 WORMS.

"I purchased a bottle of Dr. Low's Worm Syrup for my little girl 2½ years old and gave her the medicine as directed, the result was she passed fifteen round worms in five days."-Mrs. B. Roy, Kilmanagh, Ont.

Often people catch a worse cold in he summer than in the winter. Don't neglect it. Check it at ouce by using Dr. Wood's Norway Pine Syrup, the best remedy, for all kinds f lung and throat affections. Summer Coughs are hardest to

Wood's Norway Pine Syrup, though, ures the severest coughs, colds, oarseness or sore throat.

Keep Minard's Liniment in

Always relieved promptly by Dr. Fowler's Ext. of Wild Strawberry.

cramps or doubled up with Colic, you want a remedy you are sure will give you You don't want an untried something that MAY help you. You want Dr. Fowler's Extract of Wild Strawberry, which every one knows will positively cure Cramps and Hawke, Coldwater, Ont., who writes: "Dr. Fowler's Extract of Wild Strawberry is a wonderful cure for

and pains in the stomach. I was a grea sufferer until I gave it a trial, but now

3344

Hammocks ! 1111 Right. HASZARD

> MOORE. Sunnyside.

From Maker To Wearer

Profits Paid To Manufacturers,

Every Dollar Paid for Labor Given to Our Own Citizens.

THE

Ready-to-wear Clothing

Sold by us is manufactured by skilled hands on the pre mises, in Morris Block. We pay no profits to clothing manufacturers, but sell direct from maker to wearer. We are therefore in a position to give you up to-date Clothing made from this season's materials at lower prices than you can get elsewhere.

Don't allow anyone to persuade you that you must send your money out of this Province to get the best value. You can do better by getting the home-made.

All-Wool Tyke Pattern Serge Suits \$9.25 All-Wool Oxford Tweed Suits - -All-Wool Twilled Worsted Suits - - 9.50 Trousers made from Oxford Tweed 1.75

Morris Block, Victoria Row.

Kalsomine, Alabastine. Petrol, Magnite,

And all other requisites for housecleaning.

Fennell & Chandler,

A Large Assortment of

HEADSSONES To be cleared out quick, AT GREATLY REDUCED

Agents will tell you they can sell as cheap as you can buy from the manufacturer.

Buy from us direct, and we will convince you that thi is told to effect a sale and make something out of you. We employ no agents, as we prefer to make all sales right in our shop, where customers can see what they are

Cairns & McFadyen.

North British and Mercantile EPPS'S COCOA INSURANCE COMPANY Quality and Nutritive Proper-ties. Specially grateful and comforting to the nervous and dyspeptic. Sold only in quarter ib. tins, labelled JAMES EPPS & ASSETS - - SEVENTY MILLION DOLLARS

The strongest Fire Insurance Com-BREAKFAST

A. A. MCLEAN, LL B., Q. C Barrister, Solicitor, Notary,

This Company has done business

Island for forty years, and is vell known for prompt and liberal P. E. I. Agency, Charlottetown.

Kent Street, Charlottetown

BROWN'S BLOCK. MONEY TO LOAN. Queen St, Dec. 21, 1898.