

The Higher Education of Women
As presented in Alma College, stands for all that is best in Collegiate training. The course of instruction is broad and practical and the staff of instruction specialists eminently successful in securing thorough work and in inspiring with high ideals. The expanding soul needs training in a specific, systematic and practical form in the laws of right living, of right thinking and right judging. This part of the training cannot be left to chance impressions, but should be carried on by systematic instruction.

ALMA LADIES COLLEGE
Twenty-fifth year begins Sept. 20th.
Broadly planned courses of study with thorough competent staff of teachers. Scholarship in College Course, Music, Fine Art, Education, Business and Domestic Science modern and progressive. All appointments, good board, cheerful rooms, personal oversight in habits, manners, care of room.
A residential college like Alma affords best conditions for a young lady's education. A trial of the constant aim of our college is to combine the care of the mother with the guidance and the power of the teacher.
For illustrated catalogue, address:
Rev. R. L. Warner, M.A., Principal, St. Thomas, Ont.

Eggs for Hatching

From Barred Plymouth Rocks, and Black Minorcas, all selected stock, good healthy birds. Received first prize at the Poultry Exhibition for Barred eggs, for setting of 13 eggs \$1, special price for large quantities.
All orders promptly filled.

W. W. Everitt,
Maple City, Ont.

SAUGREEN

MAGNETIC MINERAL WATER—
Southampton.
Is highly recommended by Prof. Fyfe, Dominion Analyst, Toronto, for persons suffering from either rheumatic pains of constitution, or habits of constipation. It is a most palatable table water, and is absolutely pure. Recommended by leading physicians. A trial will convince you that it has merit of a high order. For sale by Central Drug Store and F. A. Robert.

VACUUM OIL

Makes Machinery Run smoothly and cheaply. Saves wear and tear and fuel. Made by the Vacuum Oil Co., under the Vacuum process.
*** FARMERS ***
Invest upon your dealer furnishing Vacuum American Fuel. Take no other.

Canadian Office and Works
VACUUM OIL CO.
-60 Esplanade East Toronto

Ice Cream and Cream Soda

Wm. Somerville
PHONE 26. Next Standard Bank.

F. Marx

REAL ESTATE EXCHANGE AND BROKER'S OFFICE.

For sale at a bargain, on terms to suit the purchaser, a good sized house and lot on the corner of Barthe and Head streets.

Also
Two lots on S. side of Cornhill St., on monthly payments, interest at 5 per cent.
Money on mortgages at 4-1/2 to 5 per cent.

Beresford Cigar 10c

MANUFACTURED BY STIRTON & DYER, LONDON, FOR SALE AT

Bennett's Cigar Store

100, O. F. BUILDING.

Tecumseh Flour Mills

Morrison Bros., Props.
Custom Grinding
Flour, Feed, Buckwheat Flour and Cornmeal
Cor. Queen St. and Park Ave

You Can Wish

For nothing handomer and cheaper in fact, including all good quality food, are desirable in foodstuffs than the PRINCESS 30 CO. SHOES. In fact it is as stylish as any \$4.00 shoe in the market.

SIGN OF THE BIG CLOCK

A. A. JORDAN

PUZZLED THE CENSUS MAN

A Young Woman's Struggle to Fill Out the Schedule.

The young woman who boarded in the house was the only member of the family at home when the census man came. He had called in the morning without finding any one, and had left several blanks to be filled out. The young woman was wrestling with one of the blanks when the bell rang, and she greeted the mild-mannered census taker with effusion.

"You've come just in time to save my tottering reason," she said, cordially.

"Hey," said the census man, who evidently wasn't used to being treated with any civility.

"I've been trying to fill this thing out truthfully, and its so hard to be scrupulously truthful. Now about my color. You see I'm in a transition stage between my winter color and my summer color. My freckles aren't very bad yet, but I guess brown and lemon color would hit me off all right."

She looked very serious and sadly puzzled, and the census man, whose sense of humor wasn't his strong point, hastened to explain.

"Oh, you don't need to do that, I'd just call you white," he said.

"No, would you? That's good of you," she murmured, gratefully; "but there's something else that bothered me. I don't know the year of my birth."

The census man looked weary. "Could you guess at your age," he asked apologetically.

"Oh, yes, I'm 33, but I can't subtract."

"You don't look it," said the man politely.

"Well, I don't know. I may look as if I could subtract, but I'm sure I don't look as if I could divide."

"Have you got a profession, ma'am?" They say being charming is a woman's profession. You might put that down.

He shook his head with uncompromising decision.

"Don't you do anything else?"

"Oh, I paint poor pictures between times," she admitted.

"Do you suppose I'd make a profession of being charming if I weren't single?"

He admitted the force of the logic.

"Now about the lady of the house."

"She's out."

"Yes, but you can tell me all I have to know."

"She's awfully white; but I don't know how old she is."

"Can you guess?"

"Oh yes I can guess. Thirty-five's a good respectable uncompromising sort of an age. Call her 35."

"Where was she born?"

"I don't know. She's lived in Washington and Denver and Boston and Columbus, Ohio and Jersey City. You can take your choice."

"You don't know in which of them she was born?"

"No, I know where she'd rather have been born than anywhere else."

The census man cheered up.

"Where?"

"Virginia. She just pointedly does adore Virginia."

"All right. I'll put her down in Virginia."

"That'll be a real comfort to her," said the boarder.

"What's your servant's name?"

"Her first name's Nora."

"No, and she's gone out. What do you think her name ought to be after Nora? Murphy would be all right, wouldn't it?"

"Why, yes, I guess I'll put it. Murphy. I don't want to come back again, you see. I ain't making much out of my district. The families are so small."

He looked distinctly abused; and the boarder promptly apologized.

"I'm awfully sorry there ain't more of us," she said humbly.

"Oh, it can't be helped," he sighed. "I wish you could be over in the tenement district, seventy and eighty folks in one house; and if they ain't in, you can put them in. Folks will believe anything about a tenement house. I told my cousin I wasn't doing very well, that there was only private houses and furnished room places in my district; and he says, 'Why furnish rooms for a cinch. You couldn't do better except in tenements. Mix up German and Irish names,' he says, 'and scatter them around in those furnished rooms and nobody can jump on you.' But they did get jumped on once for that sort of business and I guess I'll just get what I can on the square. There's so many maiden ladies and widows running these boarding and room places though, and they're so touchy about their ages. I wish I'd had a tenement district."

"I wish you had," said the boarder, with deep sympathy.

"You've been real pleasant and helpful. There ain't many that's as helpful as you."

"In such a good cause, I couldn't conscientiously be anything else," said the boarder, loftily. "It's a privilege to assist the Government in amassing all this valuable information."

"Yes'm," said the census man, as he closed the door behind him.

ECZEMA ON HANDS

So Bad that Water Would Ooze Out and Drop on the Floor. Hands Full of Water Blisters. Doctor Could Not Relieve. First Application of CUTICURA Stopped Itching and Induced Sleep. Cured in One Month.

I had eczema on my hands so bad that when I shut them, the matter would ooze out and drop on the floor. My hands were full of water blisters of a white color. I was under the care of a doctor for about a month, but he did not do me good. I was advised to try CUTICURA ointment, and did so, and it was wonderful what effect they had. The first application stopped that dreadful itching, itching, burning, and inflammation. I was cured in one month. CUTICURA, N. D.

BABY'S FACE MASS OF SORES

When my little sister was four months old her cheeks became red and inflamed. Small pimples broke out over her face and it was one mass of sores, which almost closed her eyes and reached to the corners of her mouth. For several weeks a physician attended her, but she derived little or no benefit from his treatment. I bought a cake of CUTICURA Soap and a box of CUTICURA Ointment. Her face healed, she grew healthy again. ROSA BURGER, Solomon, Kan.

BEGIN WITH THE BLOOD

CUTICURA TREATMENT begins with the blood and works through the system, purifying the blood and removing all impurities. It is a powerful purifier and cleanser of the blood, and it is the only remedy that can be used in all cases of skin disease, whether it be eczema, psoriasis, or any other skin ailment. It is a powerful purifier and cleanser of the blood, and it is the only remedy that can be used in all cases of skin disease, whether it be eczema, psoriasis, or any other skin ailment.

BABY'S SKIN

Fortune, good or ill, does not change men and women. It but develops their character.—Thackeray.

The contented man is never poor; the discontented man never rich.—Leighton.

The English "Society for the Prevention of Consumption," presided over by the Prince of Wales, was recently addressed by Sir William Broadbent, who stated that it was definitely known that every case of consumption began with a germ communicated from some other case. There is no such thing as inherited consumption.

There may be local weakness which tends to consumption, but the germ has absolutely to be planted in that weak spot before consumption can ensue. This ought to comfort thousands of people who have "weak chests" or "weak lungs," and who are not forever doomed victims of this dread disease.

All that is needed to bid absolute defiance to this deadly scourge, is to be able to strengthen the weak lungs and build up a strong body. The answer to this need is found in Dr. Pierce's Golden Medical Discovery. It so purifies the blood and increases the blood supply, that disease is thrown off, and the weak organs are nourished into perfect health, which defies germs of every kind. People, given up by doctors, and almost bleeding at the lungs, with obstinate, lingering coughs, are being cured every day by the use of "Golden Medical Discovery."

It is a strictly temperance medicine, containing no alcohol, whiskey or other intoxicant.

A good face is a letter of recommendation, and a good heart is a letter of credit.—Bulwer.

A Thousand Tongues

Could not express the rapture of Annie Springer, of Philadelphia, Pa., when Dr. King's New Discovery cured her of a hacking cough that for many years had made life a burden. She says: "After all other remedies and doctors failed, it soon removed the pain in my chest and I can now sleep soundly, something I could not do before. I feel like a new creature, and I feel like praising the universe." Dr. King's New Discovery is guaranteed to cure all troubles of the Throat, Chest or Lungs. Price 50c. and \$1. Trial bottles free at A. L. McCall & Co.'s Drug Store.

Purity of mind and conduct is the first glory of a woman.—Madame de Staël.

A Poor Millionaire

Lately starved in London because he could not digest a dinner. Early use of Dr. King's New Life Pills would have saved him. They strengthen the stomach, aid digestion, promote assimilation, improve appetite. Price 50c. Money back if not satisfied.

Vice stings us, even in our pleasures, but virtue keeps us, even in our pains.—C. C. Colton.

ASTONISHED THE EDITOR.

Editor S. A. Brown, of Benningville, S. C., was once immensely surprised. "Through long suffering from Dyspepsia," he writes, "my wife was greatly run down. She had no strength or vigor and suffered great distress from her stomach, but she tried Electric Bitters, which helped her at once, and, after using four bottles, she is entirely well, can eat anything, it's a grand tonic, and its gentle laxative qualities are splendid for torpid liver." For Indigestion, Loss of Appetite, Stomach and Liver Troubles it's a positive, guaranteed cure. Only 50c at A. L. McCall & Co.'s Drug Store.

Minard's Liniment Cures Burns, etc.

Whilst shame keeps its watch, virtue is not wholly extinguished in the heart.—Burke.

Chance happens to all, but to turn chance to good account is the gift of heaven.—Lord Lytton.

PINE OIL

Affords instant relief in all Aches and Pains. Tooth, Ear, Head, Rheumatism, Neuralgia, Lumbago, Internal and External. For sale by C. H. Gunn & Co., druggists, Chatham, Ont.

GOOD LOOKS IN WOMEN

The Great Enemy of Beauty Encountered by Women is Embonpoint.

very woman who values her good looks should not allow herself to grow too stout or too thin. The great enemy of beauty, most often encountered by women of the leisure classes, is embonpoint.

All the conditions of their life tends to foster it—getting up late, "eating generously all kinds of rich foods, walking little, having no more serious occupation than visiting their friends or their dressmakers." All this luxury and ease of life tend to engender obesity.

Women who are inclined to be too stout should avoid all enervating luxuries and habits. They should get up early, dress themselves without the aid of a maid, and take lots of active, joyful exercise in the open air.

A great many women think dancing during the party season takes the place of outdoor exercise.

This is a great mistake. It does nothing of the sort.

On the contrary, dancing in heated ballrooms, in overcast and stormy weather, is quite as likely to prove injurious as beneficial.

The woman who is inclined to obesity must eschew all kinds of fattening foods, such as wheat, corn and all kinds of pork in all forms, and all meats containing a superabundance of fat; fish preserved in oil, such as salmon, sardines, anchovies; vegetables containing starch or sugar, such as peas, beans, carrots, oyster plant, egg plant and potatoes; macaroni, noodles, spaghetti, vermicelli, and sweets, puddings and pastry of all descriptions.

However it is much better for the woman who wants to reduce her weight to increase the expenditure rather than to limit the receipts of her system.

It is a good old rule that tells us we should always arise from the table feeling as though we could eat more.

But above all other things cultivate your mind; develop your intellect. It is undeniable that there exists a strong bond between intelligence and beauty. Intelligence is said to be the beauty of ugliness, but it is also the most vital and lasting charm of the beautiful woman.

A man may and does grow weary of the soft contour of a merely pretty face, but he is, and will be, always passionately attracted to the bright sparkle of the face lit up by a brilliant mind and cultivated intelligence that sparkle in the eyes and melt around the mouth as their clever owner talks or listens.

Intellectual exercise is just as beneficial in reducing corpulence as is physical exercise. Men who use their brains constantly and actively rarely grow too stout.

Women of leisure inclined to embonpoint should interest themselves in art, literature, study, anything, everything that tends to improve and cultivate their minds and give brightness and alertness to both character and expression.

Of course the woman who is inclined to be too thin must adopt a regimen the very opposite of the one followed by her stout sister.

As a rule thin people are inclined to be irritable, nervous, easily worried and annoyed. They take trifles to heart and are frightened at nothing. If they want to gain weight and look like stout women, they must combat this unhappy disposition; they must not think so much about themselves. Let them, instead, take up some interesting pursuit, which will leave them no time to worry and fret over trifles.

It is a wise adage that tells us to "laugh and grow fat." There is a great deal of truth in these terse little words. Thin people ought to sleep all night, eat rich, nourishing meats and starchy vegetables. But they should be careful not to overtax the digestion, as that uses up flesh quite as much as does violent exercise.

They should avoid all exciting stimulants, such as tea and coffee. On the contrary, they may drink malt liquors, such as beer and porter.

The thin woman would better avoid such meats as veal, lamb and all the meats known as "young meats," for they contain numerous half formed tissues, which are assimilated with difficulty.

The woman who wants to have a handsome, erect carriage and to walk easily must, by judicious and varied exercise, let no set of muscles fall into disuse.

CLEAR, WHITE SKINS.

By Harriet Hubbard Ayer.

The following is a splendid formula for a liquid whitening: One quart water (previously boiled and strained); alcohol, 30 drops; oxide of zinc, 1 ounce; bicarbonate of mercury, 8 grains; glycerine, 20 drops.

Take four ounces of the water and heat to boiling; dissolve the bicarbonate of mercury in this hot water, and add the alcohol. Mix the zinc and glycerine together in a bowl; pour the larger portion of the quart of water in; stir; then add all the diluted bicarbonate of mercury and alcohol. Bottle and shake always before using. Apply the liquid with a soft small velvet sponge.

A good, spring medicine for clearing the skin is sulphur and molasses. Get five cents' worth of sulphur precipitate. Put two teaspoonfuls in the bottom of a glass; see that there are no lumps in it; pour six teaspoonfuls of syrup or molasses on the sulphur and stir; take one teaspoonful of the mixture before breakfast and one just before going to bed for three days; omit for three days. Rest and omit for three days until you have taken the preparation for nine days.

If, as well as being shiny, the skin appears grayish also, you cannot do better than bathe it twice a day with a lotion made up of: Sulphate of zinc, 20 grains; Cologne, 1 ounce; rose water, 2 ounces.

Use a little good powder, and then rub gently with a piece of flannel or leather; this will remove the appearance of shininess quicker than anything. Do not take food that is highly seasoned. Eat all such things as you can the most easily digest, and have them plain and unseasoned.

Mrs. Bewford

writes: "During five long years I suffered from female weakness. I had information and education. My back ached most terribly. I lost my appetite. As soon as I began to take Dr. Coderre's Red Pills I grew stronger, until to-day I am perfectly cured. This remedy is the one that has given me the most satisfaction."

Mrs. BEWFFORD,
29 Pitt Street, Detroit, Mich.

DR. CODERRE'S RED PILLS FOR PALE & WEAK WOMEN

Write for our FREE BOOK "PALE AND WEAK WOMEN." Our doctors give you consultations by letters or at their office every day until 6 p. m. Sunday excepted. Write for a FREE BOOK "PALE AND WEAK WOMEN." Our doctors give you consultations by letters or at their office every day until 6 p. m. Sunday excepted. Write for a FREE BOOK "PALE AND WEAK WOMEN." Our doctors give you consultations by letters or at their office every day until 6 p. m. Sunday excepted.

Dr. Coderre's Red Pills are not a purgative. They will take the bowels regular without the use of any other medicine. Dr. Coderre's Red Pills are not a purgative. They will take the bowels regular without the use of any other medicine. Dr. Coderre's Red Pills are not a purgative. They will take the bowels regular without the use of any other medicine.

THE FRANCO-AMERICAN CHEMICAL CO.,
Med. Department, 241 Tremont St., Boston, Mass.,
64 St. John St., Quebec, or
274 St. Denis St., Montreal, Canada.

For sale by C. H. Gunn & Co., druggist, Chatham, Ont.

GOLDSEEKERS PERISH

Tragic Fate Which Overtook a Party of Yukon Prospectors.

Tacoma, Wash., July 24.—Advices from Dawson give the details of another tragedy, four out of a party of five losing their lives as a result of a trip taken to the head waters of the Stewart river. The dead are: Antoine Perry, Charles Sandstrom, of Boston; Oscar Van Buren, of Boston; Louis Bouchard, who joined the party in Atlin.

George Saxholm, of Oakland, Cal., the only survivor of the party, was picked up below the mouth of the Stewart river, nearly dead. After gaining his senses he said he had been four days without anything to eat. The party left Atlin in the fall of 1898, and in November separated, Sandstrom and Van Buren never thereafter being heard from. Perry and Bouchard were drowned in the rapids by the capsizing of their craft.

Children Cry for CASTORIA.

Children Cry for CASTORIA.

CASTORIA

For Infants and Children.

What city is drawn more than any other? Cork.

I was cured of a severe cold by MINARD'S LINIMENT.

Oxford, N. S.

I was cured of a terrible sprain by MINARD'S LINIMENT.

Yarmouth, N. S.

I was cured of Black Erysipelas by MINARD'S LINIMENT.

Inglewille.

GRAND TRUNK SYSTEM

Miles—4186—Miles

UNDER ONE MANAGEMENT

Extending from the Atlantic Seaboard to CHICAGO and MILWAUKEE

The People's Popular Route

The Great Tourist Line

TO NIAGARA FALLS, BUFFALO, NEW YORK, PHILADELPHIA, WASHINGTON, and by its Principal Points in the South and West to all Principal Points in the Western States and Pacific Coast.

Through Tickets to all Foreign Points, etc., apply to G.T.R. System.

W. E. RISPIN, J. C. PRITCHARD
City Agt. Chatham, Depot Agt. Chatham

M. C. DICKSON,
Dist. Pass. Agt. Toronto.

Money to Loan

ON MORTGAGES
At 4% and 5%
Liberal Terms and privileges to borrowers.
Apply to
LEWIS & RICHARDS,
Barristers, Etc.,
King St. Chatham
44 Bellevue Temple,
Minard's Liniment for sale everywhere.

GRAND TRUNK

GOING WEST
NO. 60 R.R. EAST
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65
66
67
68
69
70
71
72
73
74
75
76
77
78
79
80
81
82
83
84
85
86
87
88
89
90
91
92
93
94
95
96
97
98
99
100

GOING WEST
NO. 60 R.R. EAST
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65
66
67
68
69
70
71
72
73
74
75
76
77
78
79
80
81
82
83
84
85
86
87
88
89
90
91
92
93
94
95
96
97
98
99
100

GOING WEST
NO. 60 R.R. EAST
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65
66
67
68
69
70
71
72
73
74
75
76
77
78
79
80
81
82
83
84
85
86
87
88
89
90
91
92
93
94
95
96