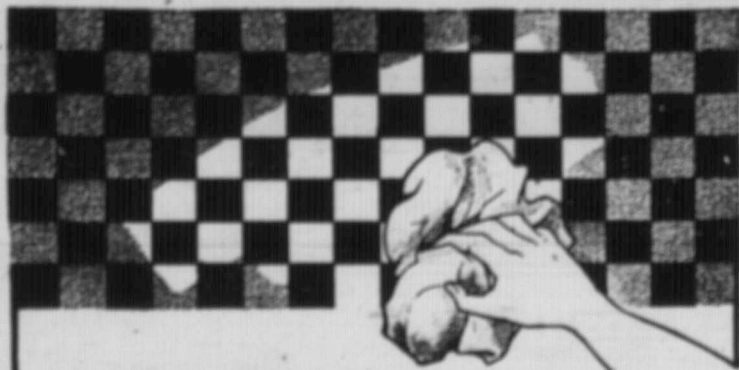




Clean tiled walls and floors with Old Dutch.

In fact you'll find Old Dutch is best for cleaning anything that's hard to clean throughout the house. Besides, it's more economical than soap or any other cleaning material.

Old Dutch Cleanser



New COAL OIL LIGHT FREE

Here's your opportunity to get the wonderful new Aladdin Coal Oil Mantle light **FREE**. Write quick for particulars. This great free offer will be withdrawn as soon as some distributor starts work in your neighborhood. You only need show the Aladdin to a few friends and neighbors; they will want one. We give you yours free for this help. Taken very little time, and no investment. Costs nothing to try it.

Burns 70 Hours on One Gallon

Common coal oil, no odor, smoke or noise, simple, no pumping up, no pressure, won't explode. Tests by Government and thirty-five leading universities show the Aladdin gives three times as much light as best rated with same lamp. Won Gold Medal at Panama Exposition. Over three million people already enjoying this powerful, white, steady light, nearest to sunlight. Guaranteed. And think of how you can get it without paying for a cent. All charges prepaid. Ask for our 10-day Free Trial Offer and learn how to get one free. **AGENTS WANTED** MINNAPOLIS



TWICE THE LIGHT ON HALF THE OIL

Spoiled Cakes Cost Money

Flour, eggs, milk, butter and sugar are high in price. A spoiled cake or batch of biscuits costs money.

To make sure of baking success use pure, strong, double-acting

EGG-O Baking Powder

The heavy war flours need the strength of Egg-O to make them light. Egg-O has two actions. It rises in the mixing bowl when cold water or milk is added and continues to rise in the heat of the oven, thus making a light cake doubly certain.

You can use sweet milk, sour milk, buttermilk or water with Egg-O—a different and better baking powder.

Egg-O Baking Powder Co.
Limited
Hamilton, Canada



Farm Women's Clubs

Epidemic Affects Club Work

OWING to the epidemic of influenza in the country, club work has been reduced to a minimum. Few, if any, meetings are being held. When club work resumes normal proportions The Guide will again extend its space for farm women's club work to six columns. The paper provides opportunity for planning an active club season when the epidemic ban shall be lifted.

Lunch at Chautauqua

We have now an active membership of 16 in our local and hope to have more. We are now taking an active interest, as a society, in Red Cross work. Heretofore we turned in our work to the local Red Cross Society, but now our committee get work from the local Red Cross Society and distribute it at the regular monthly meeting. The work is turned in during the month and more obtained at the next meeting. At our June meeting it was decided to again have a Girls' Contest in sewing, cooking and canning; small prizes being offered. One afternoon during Chautauqua week, we served a picnic lunch between afternoon and evening sessions. Some of the speakers partook with us and all had an enjoyable time.—Helen D. Patterson, press reporter, Acme, Alta.

Sends The Guide Overseas

The Woodlawn W.G.G.A. have held four very successful meetings. Early in the summer we subscribed to the Family Herald and Weekly Star, and also The Grain Growers' Guide, for one year, to be sent to the hospital overseas, to our soldier boys. This was donated by the Red Cross, which has been working steadily all summer, in spite of the busy season. In July we had a demonstrator, Miss Patrick, from the University, Saskatoon, with us. She explained how to use different substitutes for flour, and how to conserve sugar. Mrs. Campbell gave the report of Red Cross work. \$138.50 has been forwarded to the Million Dollar Fund. At our August meeting we were all much pleased to have Miss King with us. Miss King gave a splendid paper on "How to Make the Home Attractive to Hired Help," and also told us how she found the value of planning the daily work in the home, and arranging the meals ahead.

At our September meeting it was decided to subscribe for the new publication, Social Welfare. The afternoon was devoted to music, and short readings on music, which were well discussed by the members. At the close of the meeting Mrs. Sparrow, secretary of our Sunshine fund, presented the secretary with a lovely china dish, with best wishes from the club, which was much appreciated.

In October we met at the home of Mrs. A. Doig. After opening the meeting in the usual manner, our president asked the members to give a little prayer of thankfulness in their hearts for our soldiers, for their recent victories. Each member took a sample of war cooking, and exchanged recipes. The meeting adjourned after a pleasant afternoon.—Mrs. J. L. Russell, secretary, Woodlawn W.G.G.A.

U.F.W.A. and Daylight Saving

Acme U.F.W.A. held a meeting recently at which eight members were present. War-time recipes were discussed, and also the matter of daylight saving. A resolution was passed asking that next year the daylight saving

scheme be not adopted, it being claimed that it was neither practical or convenient for farmers, and was detrimental to the health of country school children. The latter could not very well be sent to bed in broad daylight, the best time of the day for play being between seven and nine p.m. in the summer. This resolution will come before our annual convention. Other locals would do well to discuss the subject and have their delegates prepared to speak on it.

Big Day at Fairs

The Brownlee local is still busy. We have organized a branch of the Red Cross here and now have eight members, and have had three sewing meetings. We hold these twice monthly and have some work ready to send in. On fair day we are planning for a big day. Will have a booth where we expect to serve lunch and also sell fruit. Our members are all quite enthusiastic over this work and we hope to accomplish a great deal.—Bessie Buchanan, secretary, Brownlee W.G.G.A., Sask.

MacDonald Creek Active

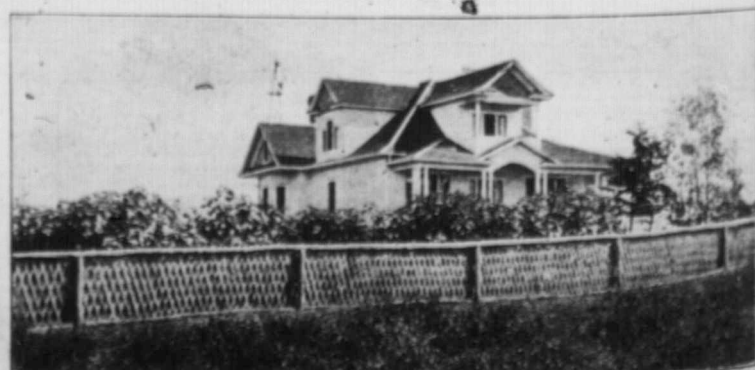
The Women's Section of MacDonald Creek G.G.A., are planning another entertainment to raise more money for Red Cross purposes. Although crops are a failure in this district, all are doing their bit. On September 7, our regular meeting was held at the home of Mrs. F. Pready. An interesting paper was given by Miss Ward, on "The Relation of the Home to the School," after which the packing of boxes for the soldiers was discussed.

The meeting of September 21 was held at Mrs. G. Hodgins', with nine members and three visitors present. Boxes were packed for the boys of this district who are fighting in France. Mrs. A. M. Morrison gave a paper on "Patriotism," which was enjoyed by all. We are looking forward to the next meeting, at Mrs. R. Hannon's, when Mrs. J. Switzer will give a paper on "The Necessity of the Daily Bath."—Mrs. W. J. Peel, club reporter, MacDonald Creek W.G.G.A.

Letter of Sympathy

"It is with very deep regret that news has been received at the Central office of the U.F.W.A. of the death of Mr. L. C. Keene. Mrs. Keene is a member of the U.F.W.A., and during his lifetime Mr. Keene took a very great interest in the work of the women's association as well as that of the men's. We feel that in his removal both associations have sustained considerable loss. On behalf of our Board of Directors I wish to extend sincere and heartfelt sympathy to his sorrowing widow and relatives in their sad bereavement.—M. W. Spiller, Provincial Secretary."

Blackie U.F.W.A. has just forwarded a cheque for \$100 as a donation to our Y.M.C.A. Hut Fund. This is certainly a splendid donation and we very much appreciate the efforts which have been made to raise it.



The Attractive Farm Home of Mrs. J. Fielders and Sons, near Edmonton.

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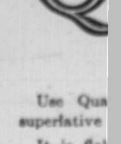
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Use Quaker
superlative
It is flat

Quaker

1 1/2 cups Quaker
2 teaspoons salt
1/2 cup sugar
2 cups boiling water
1 cake yeast
1/4 cup lukewarm water
5 cups flour

Mix together
Four over two
until lukewarm
dissolved in 1/4
5 cups of flour.

Knead slight
until light (also
form into two
again and bake
is used, a spoon
the liquid, the
This recipe

PETERB