

FIRST SERIES
OF
Fancy Drill,
Clubs, Wands,
Dumb Bells
AND
PARLOR QUARTER STAFF,
OR
ATTACK AND DEFENCE.

BY
STAFF-SERGT. T. PARR,

INSTRUCTOR TO THE
COLLEGE OF PEDAGOGY, NORMAL AND MODEL SCHOOLS, TORONTO.

AUTHORIZED BY
THE MINISTER OF EDUCATION.

TORONTO:
ROWSELL & HUTCHISON, PRINTERS.

1894.