

of the spirit, in the bonds of peace. If you should change your views, do not continue to eat the church's bread amid strife and disunion : honorably *resign*, and go about your business. Be FAITHFUL : the Primitive Methodist Churches have suffered greatly by nourishing and bringing up children, who have not rebelled, but who have deserted the home in which they had been born and trained. Many have been raised from the lowest *strata* to respectable position : they became popular : they spread their sails, and bore away : others, it is feared on the scent after *gain*, sneaked off. In most cases, these *loose fish* are never highly prized by those into whose nets they get drifted. Still, it must be allowed, in special cases, ministers may be justified in changing their church relations. But, Brethren, maintain *your* honor and manhood, and hold to your church as the BRIDE of your earlier affections, " for better for worse, for richer for poorer, in sickness and in health, till death do you part."

In order that your *intellect* may have range, take care of your *bodies* : do not impair them by useless wear and tear, especially in preaching *long sermons*, which, in this country, are insupportable, and which waste the congregations. In addition to your labours, do not join studies that are incompatible, such as dabbling in medicine, politics, or trading—abhor strong drink and tobacco : you cannot tamper with these things with impunity, and not suffer unspeakable loss.

Allow me, dear Friends, to urge you to CONSISTENCY and PUNCTUALITY. Never waste precious time in *lingering* in places of business, &c. ; or even, when on family visiting, stopping to indulge in idle conversation ; but, as you have your time at your own disposal, be ever employed, and *usefully* employed. Be cautious how you commit yourselves to declarations made : carefully examine both sides of a question, before reaching a decision, *Audi alteram par-*