

RAVAGES OF COMMON COLDS ARE APPALLING

Is Most Prevalent of All Diseases and Causes More Death, Suffering and Decreased Efficiency Than All Wars and Epidemics.

COLDS ARE CURABLE AND PREVENTABLE

Instead of Being Treated as Trivial Affections, Colds Must be Recognized as a Serious Menace to Health.

The common cold is the most prevalent of all present-day diseases, and although vital statistics do not record the sum total of its ravages, leading authorities now state that the common everyday "cold" is responsible for more deaths, suffering, inconvenience, loss from work, and decreased efficiency than all wars and other epidemics.

The word "cold" means an acute infection of the lining membranes of the nose, throat, tonsils and larger bronchial tubes. The "cold" may be even more extensive and amount to a general infection of the entire body. All of the breathing apparatus, excepting the smaller portions of the lungs, may become involved, and, as a matter of fact, the

disease may, and often does, spread to these, thus producing pneumonia. Vital statistics show that pneumonia kills more people than any other disease, excepting tuberculosis and heart disease. Many cases of pneumonia begin as common colds, which have been neglected.

Persons of hereditary tubercular tendency should guard against colds and should take proper measures to stop their progress with the first symptoms. It is evident, therefore, that instead of being a trivial affection the common "cold" must be classed as a serious menace to public health.

Aspirin, the new scientific cold remedy, which has been accomplishing such remarkable results, probably provides the safest, surest and quickest, as well as the most practical, treatment for colds yet discovered.

This new remedy, according to the statements of the thousands who have used it, is almost magical in its effect. The first dose usually stops the tendency to sneezing and coughing and relieves the feeling of discomfort, and the second and third doses usually suffice to break up the most obstinate cold, no matter of how long standing.

The great superiority of Aspirin over the ordinary treatment heretofore prescribed is due to the fact that it is a combination treatment and acts as an antipyretic, expectorant, laxative and antiseptic, thereby removing the cause, while many other remedies relieve the symptoms only momentarily.

All druggists have been instructed to refund money in every case where it fails to give satisfactory results after three doses have been taken.

SPORT NEWS OF A DAY, HOME AND ABROAD

BOWLING.

New Single String Record.

The Firebirds set up a new mark for a single string in the Y. M. C. A. House League last evening when they turned in a score of 463 in the second string of a match with the Riverdales. The Riverdales took three points. The summary follows:

Firebirds	Total	Avg.
Nelson	79	80
Strain	80	81
M. McGowan	85	86
A. McGowan	83	84
Sommerville	101	102

408 463 385 1296

Riverdales—Total, Avg.

S. Pendleton	77	78
R. Pendleton	88	89
Jenkins	102	103
Ward	103	104

475 414 418 1307

Y. M. C. A. House League.

The Hawks took three points from the Eagles in the Y. M. C. A. House League game last night. The scores were as follows:

Eagles	Total	Avg.
Doherty	91	92
Kelly	84	85
McLaughlin	83	84
Cusack	77	78
Jennings	82	83

427 438 436 1291

Hawks—Total, Avg.

Reid	80	81
Howard	77	78
Power	86	87
Jarvis	93	94
Brown	115	116

461 423 452 1336

Garrison League.

The 9th Siege Battery took four points from the C. A. S. C. in the No. 1 R. C. C.

MONTH OLD BABY HAD SKIN TROUBLE

On Face and Hands. Itched and Burned. Cuticura Heals.

"My baby was only a month old when her face and hands started to get red and scaly. The eczema started in the form of water blisters and itched and burned. She was so cross and fretful she could not sleep.

"This lasted nine months when I tried Cuticura Soap and Ointment, and I used three cakes of Soap with two boxes of Ointment when she was healed." (Signed) Mrs. Oscar Pilon, Amherstburg, Ontario, May 7, 1918.

Cuticura Soap, Ointment and Talcum are all you need for all itches, rashes, eruptions, etc. Sold everywhere. Cuticura Soap shaves without using a razor.

7th Machine Gun—Total, Avg.

Markham	99	100
Barry	92	93
W. Nelson	79	80
Doucette	84	85
K. Nelson	78	79

492 398 404 1234

4th Siege Battery—Total, Avg.

A. Dodge	88	89
W. Connor	74	75
W. Evans	74	75
G. Wiley	84	85
F. Pike	89	90

409 441 426 1276

Greyhounds Win.

Walsh's Greyhounds took three points from Trainor's Regulars in a match game on Black's alley last evening, and for the losers, 1225. The line-ups were:—For the Greyhounds, McCormick, McAuley, Walsh, McGovern and Russell; for the Regulars, A. Trainor, Harrington, Hooper, Al Trainor and Morris Garvin.

CURLING.

A window that is attracting considerable attention is Lockhart & Ritchie's in Prince William street, where several beautiful trophies won by the Thistle Curling Club are on display.

BASEBALL.

Rochester, N. Y., Dec. 22.—Jimmy McAvoy, who was under suspension for two seasons for jumping the reserve clause law of baseball, declared last night that he had come to terms with Jack Dunn, Baltimore International League baseball club manager, and would be with the Orioles next season. McAvoy was a member of the Philadelphia Americans for two years.

AQUATIC.

New York, Dec. 22.—The New York Athletic Club swimming team defeated McGill University swimmers in an international meet here last night, 46 points to 13. New York won five of the six swimming events, and took the water polo game, 4 to 0. Vernon, who has starred for the McGill swimmers in their meets with U. S. universities' teams, secured first place in the 220-yard event.

HOCKEY.

St. Patrick's of Toronto defeated Ottawa at the capital last night by a score of 5 to 4 in one of the fastest and most thrilling matches on record. Not a penalty was issued during the game. "Iced" Stuart of Amherst displayed sterling defence work.

The Canadiens defeated Hamilton in Montreal by a score of 8 to 1. The game was a thriller and was witnessed by over 3,000 fans.

Those Suspensions.

Halifax, N. S., Dec. 22.—Referring to the action of the Maritime Branch of the A. A. U. of Canada in suspending thirteen hockey players, the Herald says:

"Every one of the thirteen suspended, who could be communicated with last night, specifically and categorically denied that he had ever received money for playing, and was at a loss to understand who made the affidavit or affidavits alleged to be the foundation of the suspension, or what ground there was for any such action by the amateur athletic officials.

"A warm time is promised at the meeting next Wednesday. President A. W. Covey of St. John, president of the Maritime Branch of the A. A. U. of Canada, will be here, and delegates of all clubs affiliated are entitled to be present. Last night it was feared that those suspended who belong to Dal-

HAS NEVER FELT THE RHEUMATISM

Since Taking "Fruit-a-lives" The Famous Fruit Medicine

P. O. Box 123, Parrsboro, N. S.

"I suffered with Rheumatism for five years, having it so badly at times I was unable to get up.

"I tried medicines I saw advertised, and was treated by doctors, but the Rheumatism always came back.

"In 1916 I saw in an advertisement that 'Fruit-a-lives' would stop Rheumatism, and took a box and got relief; then took 'Fruit-a-lives' right along for about six months, and I have never felt my Rheumatism since."

JOHN E. GUILDFORD.

50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

house were endeavoring to retain James McG. Stewart, prominent barrister and sport lover, to be with them at the meeting.

"It is certain that whether the thirteen men suspended are reinstated after Wednesday's meeting or not, that will not be the last of the affair. According to statements made last night legal action will be taken against a Montreal athlete who made the affidavit or affidavits, although it was said that somebody must be behind the thing, because 'nobody would make such statements off his own bat.'

Manager Rod Macdonald, of the Dalhousie hockey team, the club that seems, for the moment, to be the hardest hit, was worried when he heard of the suspensions. He has a flock of new material for his team and planned to take them to New Glasgow for a week's practice, arriving there on next Tuesday morning. When he heard that the meeting to investigate the matter was scheduled for Thursday, he got into touch with Mr. Covey, who consented to call the meeting for Wednesday morning, so as to let the Dalhousie team get away that afternoon.

Just a few cents bring the relief you would gladly give many dollars to obtain. Don't wait for the nerve splitting pains to remind you to send for Kumfort Headache Powders. Get them now. Keep them in the house. Carry one with you and take them at the first sign of a headache and you will save many moments of needless torture.

Price 15c. and 25c.

Kumfort HEADACHE POWDERS

JO-BEL THE WONDER SALVE

What could be a more welcome gift around Christmas time than something that would give peace and comfort to anyone suffering from eczema, piles, disfiguring sores, pimples, chafing, itching, etc., etc., and

JO-BEL WILL DO IT

as testified to by so many of your own well known people who themselves have been made happy by its use.

For sale all druggists. Price 50c. and \$1.00 box.

JOSEPH A. MURDOCH,
137 Orange Street

**DODD'S
KIDNEY
PILLS**

ALL KIDNEY DISEASES
BRIGAT'S DISEASES
4087 THE PHARMACY

O. C. took three points from the 15th Heavy Battery, and the 4th Siege Battery took three points from the 7th Machine Gun Brigade in the Garrison League last evening. The summaries follow:

6th Siege Battery—Total, Avg.

W. Kelly	82	83
Evans	95	96
Johnson	70	71
Ricketts	76	77
Gantolin	91	92

420 408 431 1239

C. A. S. C.—Total, Avg.

Duplisse	76	77
Wolfe	72	73
Neaves	81	82
DeVenne	89	90
McMurray	87	88

375 346 334 1055

No. 1 R. C. C.—Total, Avg.

Jones	75	76
Lamb	80	81
Wiggins	84	85
Salle	86	87
Heath	85	86

418 392 412 1217

10th Heavy Battery—Total, Avg.

Ryder	82	83
Reicker	77	78
Arthur	82	83
Millican	90	91
Dummy	60	61

397 405 361 1163

**BEECHAM'S
PILLS**

The Safest and Best Family Medicine

**Old Fashioned
Winters**

They're still with us, the days and days of bitter zero weather; the blizzards, blinding drives on country roads, the city streets piled deep with snow. Fortunately we have the old remedies for winter use.

Sharp's Balsam
of
Horehound and Anise Seed

has been in demand for 70 years.

In 1854, R. D. McArthur, then proprietor of the Medical Hall, St. John, N. B., wrote:

"This is to certify that I have sold Sharp's Balsam of Horehound and Anise Seed for several years, and from expression of public opinion and those who have used the preparation, feel justified in recommending it to be a safe and reliable remedy for coughs, colds and pulmonary affections."

At all Drug and General Stores; one size, 25c. None Genuine Without the Name

CANADIAN DRUG CO., Ltd.
St. John, N. B.

GIFTS

He Will Appreciate

GIVE A MAN the things he wants in Furnishings from the store where he has been accustomed to making his purchase—and he will be more than pleased with his Christmas gifts. The store is a veritable Christmas bazaar—ready to offer you the kind of service that has made it an institution in this city.

Shirts	Caps
Collars	Overcoats
Ties	Suits
Pyjamas	Trousers
Socks	Fancy Vests
Mufflers	Dress Vests
Handkerchiefs	Mackinaws
	Raincoats

Semi-ready Store
87 Charlotte Street

**ONLY TWO MORE
SHOPPING DAYS**

Last Hour Gift Hint.

For Women

Gloves

To make Christmas momentous! A wide variety to select from. French Kid, Wool, Silk, Chamotte and others.

Hosiery

It is a practical gift, yet it has a dainty value to any woman. Silks, \$2 to \$4.50; Wool, \$1.25 to \$2.00.

Blouses

Here indeed is a beautiful, practical gift for mother, daughter, sister or intimate girl friends. There is the plain tailored models, beautifully embellished Crepe de Chines and Georges, and the gorgeous costume blouses. A beautiful gift to meet every purse—\$2.50 to \$80.00.

Silk Underwear

Is the most intimate and dainty gift of all, and one that is hoped for deep in the heart of every really feminine woman.

Dainty Kimonos

In bright colored Silks, Satins and Crepes, as well as beautiful two-toned Taffetas; and don't forget the cosy Velour Dressing Gown.

Festive Frocks

Can you think of anything that will please her more than a beautiful dance frock? Or perhaps a charming afternoon frock or a serge dress.

Sweaters

Of soft wool, their bright colors and new styles make them pretty enough for anyone—\$3.50 to \$11.50.

Umbrellas

That have a marked distinctiveness of their own. And are very swaggy looking in their bright colors as well as in black.

And then of course there are such suggestions as Underskirts, Wool Sport Skirts, Fur Collared Coats, Silk Scarfs, Leather Handbags and Vanity Bags, Handkerchiefs and many other things too!

FURS—HALF-PRICE—FURS

Women's Shop, 3rd Floor.

For Men

Sweaters

The kind to keep him warm. They are here in V neck style at \$4.50 to \$7.00, and the luxurious shawl collar styles at \$4.50 to \$15.

Gloves

An additional pair of Gloves on Christmas morning will always bring a happy smile. Whatever he likes you'll find here. Tan, Mochas, either wool or fur-lined, Grey Suedes, Cape, Buckskin, \$2.25 to \$7.00.

Negligee Shirts

It's surprising how many men like to get a new shirt or two for Christmas. We know. Here are hundreds of fine materials in new subdued pattern, \$7.50 to \$10.00.

Hosiery

The man who receives hosiery has a warm spot in his heart for the giver as well as for Christmas. This year fancy Heather and Wool Hose is very popular and so just as appropriate as the usual gift of fine silk hosiery. Silk Hosiery \$1.00 to \$2.25; Wool Hosiery, 65c. to \$1.50.

Handkerchiefs

He can't have too many handkerchiefs, and you'll find here a wonderful assortment to select from. Fine lawn at 25c. up to beautiful initialed silks at \$1.50 each.

Mufflers

Such as are sold in this "Man's Shop" are always satisfactory gifts. Here you'll find the great big cosy brushed wool mufflers, the very fine knitted silks for evening wear—and everything in between—\$1.75 to \$10.

Small Acceptable Gifts

Belts in Christmas boxes, \$1.50. Belts and Armbands, boxed, \$1.50. Garters and Armbands to match, 85 cents. Braces and Garters to match \$1.50. Braces in fancy boxes, 75c. to \$1.50.

Pyjamas

In Fancy Shaker, Ceylon Flannel and Silk. Put up in an individual Christmas box, make ideal gifts—\$3.50 to \$10.

Neckwear

Many Christmas problems are solved by giving Neckwear—but be sure and give the kind he likes—this can most easily be done by coming to this store—the Man's Store. Here you'll find wonderful Italian and Swiss Silks made up in superb color combinations and in the newest shapes. Thousands of them, economically priced—50c., 75c., \$1.00, \$1.50 to \$3.50.

Further Suggestions for Men

Umbrellas, Manicure Sets, Toilet Rolls, Shaving Sets, Shaving Brushes, Smokers' Stands, Ash Trays, Tobacco Pouches, Card Cases, Bill Folds, Key Holders, Military Brushes, Collar Bags, Jewelry.

OAK HALL

Street Floor
SCOVIL BRO., Ltd.
King Street